



2024 Open Enrollment

San Diego County Office of Education

2024 Highlights

Virtual Visits Copay for UHC HMO Plans

To ensure consistency and access across all of the UHC HMO plans, VEBA will waive copays across all networks for virtual visits with approved providers. By creating a more accessible virtual benefit, we can reduce barriers to care for you, as well as deliver a fiscally smart benefit.

Virtual appointments are available to UHC HMO plan members for \$0 copay through these designated networks: Optum, AmWell, Dr. on Demand, and Teladoc.

Various cost share applies for all other VEBA plans. To learn more or get started, visit uhc.com/virtualvisits.

VEBA Advocacy

Need help managing your care? Navigating the health care system can be confusing and complicated, but VEBA is here to help.

The VEBA Advocacy team can help you resolve various issues like:

- Scheduling appointments
- Bill payment
- Quality of care
- And more!

Contact the VEBA Advocacy team Monday-Friday from 8 am-5 pm: [888-276-0250](tel:888-276-0250) or visit vebaonline.com/contact to submit a request. For Urgent requests, please click the "Urgent" box located on the contact form. Inquiries typically receive a response within one business day of receipt.



Fertility Solutions with Kindbody

Kindbody is a comprehensive family-building benefit for UHC HMO plan subscribers. Kindbody provides diverse end-to-end fertility services – including fertility assessments, IVF, and IUI. In addition to clinical guidance, they offer dedicated Kindbody care navigation, digital tools, and education to help members maneuver their personalized path to parenthood.

Since your needs may span many phases, Kindbody isn't just a fertility benefit. They offer menopause support and dynamic, integrated holistic support that goes beyond a traditional treatment plan.

Note: Employees and spouses/partners enrolled on the California Schools VEBA-sponsored Kaiser plan will have access to VEBA discounted rates at Kindbody Signature clinics. Additionally, VEBA members seeking services for fertility preservation (i.e., egg freezing) will have access to discounted rates at Kindbody Signature clinics. These direct discounts are offered directly by Kindbody and not through the California Schools VEBA benefit program.

Find out more at kindbody.com/activate.

HealthInvest HRA for UHC Journey Plan

Available to you as part of the UHC Harmony Journey HMO plan, the HealthInvest HRA gives you a flexible savings option for future health care costs.

For 2024, the contribution amount is \$1,000 for single coverage. Other amounts are \$1,600 for two-party and \$2,200 for family. Funds will be distributed on or before March 1, 2024.

To learn more, call [844-342-5505](tel:844-342-5505) or visit healthinvesthra.com.