



CONTACTS

Medical plans

Blue Cross Blue Shield of Kansas City

Group number: 29748000
Member services: 816.395.3558
Member portal: www.mybluekc.com or
download the MyBlueKC mobile app

Mindful by Blue KC

833.302.MIND(6463)
Website: www.mindfulbluekc.com

Employee assistance program

New Directions

Inpatient mental health, substance dependency,
and counseling services: 800.624.5544
Website: www.ndbh.com
Company code: SJSD

Dental

Delta Dental

Customer service: 800.335.8266
Website: www.deltadentalmo.com

Flexible spending accounts (FSAs)

TASC

Customer care: 800.422.4661
Website: www.tasconline.com

Health savings account (HSA)

UMB

Customer service: 866.520.4HSA (4472)
Website: www.hsa.umb.com

Nodaway Valley Bank

Customer service: 877.217.4682
Website: www.nvb.com

Additional HSA information

IRS HSA information:
www.irs.gov/publications/p969

Dept. of Treasury information:
[www.treasury.gov/resource-center/faqs/taxes/
pages/health-savings-accounts.aspx](http://www.treasury.gov/resource-center/faqs/taxes/pages/health-savings-accounts.aspx)

Identity protection

Norton LifeLock

Customer service: 800.607.9174
Website: my.norton.com

Life & AD&D, optional life/AD&D

The Hartford

Customer service: 800.523.2233
Website: www.thehartford.com

Vision

VSP

Customer service: 800.877.7195
Website: www.vsp.com

Voluntary insurance plans

The Hartford

Customer service: 800.523.2233
Website: www.thehartford.com

- Short term disability (STD)
- Accident
- Critical illness
- Hospital indemnity