

# OTS Advisory 2020-21

“If you don’t first secure students’ hearts, you don’t have a shot at their brains.”

<https://www.angelamaiers.com/>  
Originator of #YOUMATTER

# Advisory 2020-21

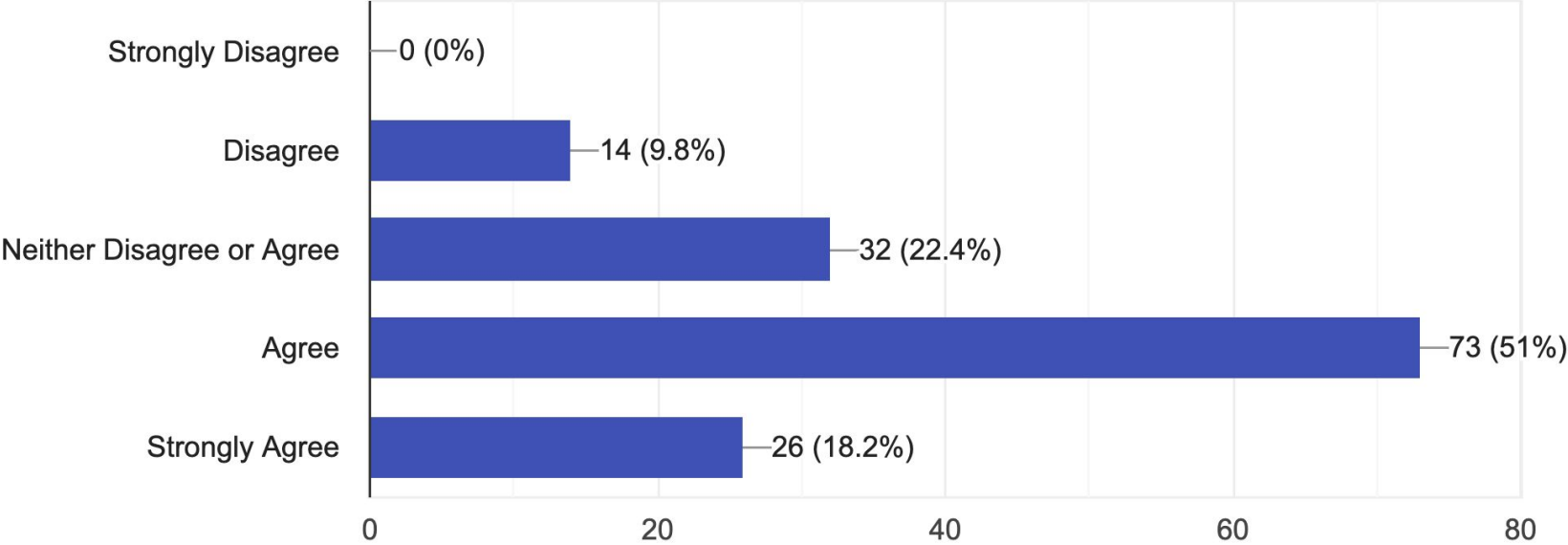
Advisory is during homeroom from 7:35 - 7:50 for OTS students.

In an advisory system, each student has an adult who knows them and helps them navigate middle school. Each student needs to know they have at least one adult who they can go to for advice, help, and support. Advisory groups ideally will be around 10 students and have the same advisor for their three years at OTS. During Advisory the advisor will facilitate a meaningful activity, such as check-ins, that helps to meet the goals of our advisory. Daily advisory will provide times for advisor to talk and consult with students on issues relating to academic, social, and emotional.

# OTS Student Feedback

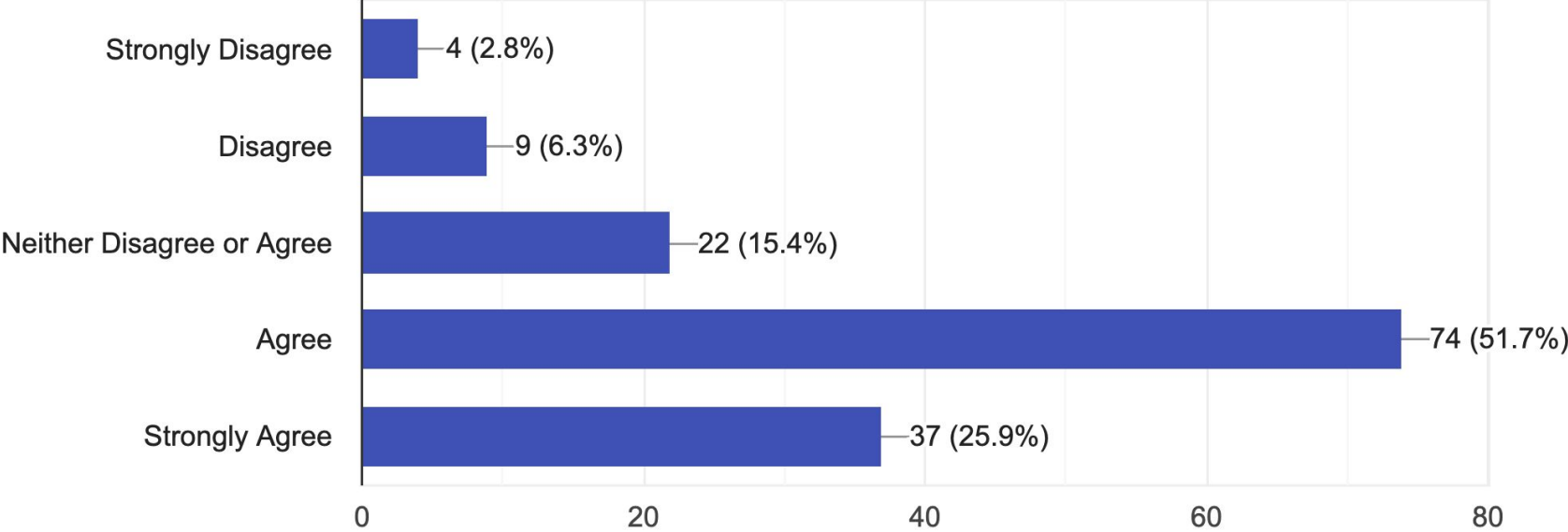
My weekly Advisory meetings provide me the opportunity to discuss with students and/or my teachers matters pertaining to academics as well as other matters coming up in school or in my life.

143 responses



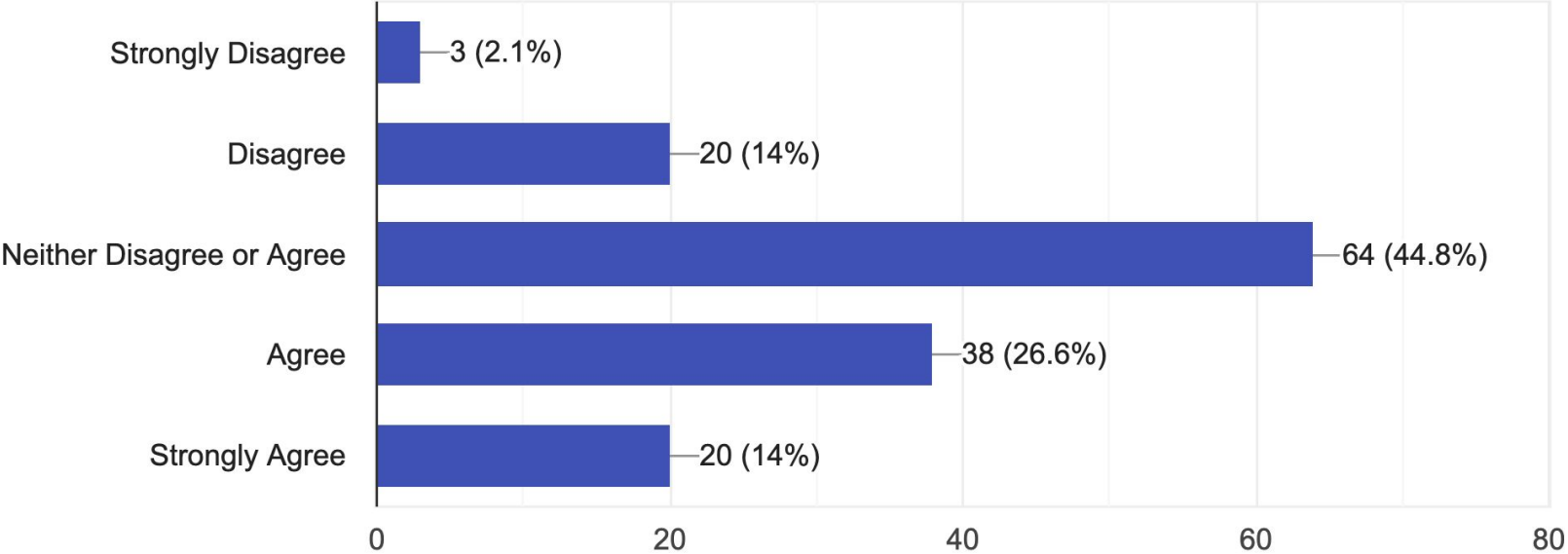
# My weekly Advisory meetings gives me the chance to get to know my advisor and other students in my advisory group.

143 responses



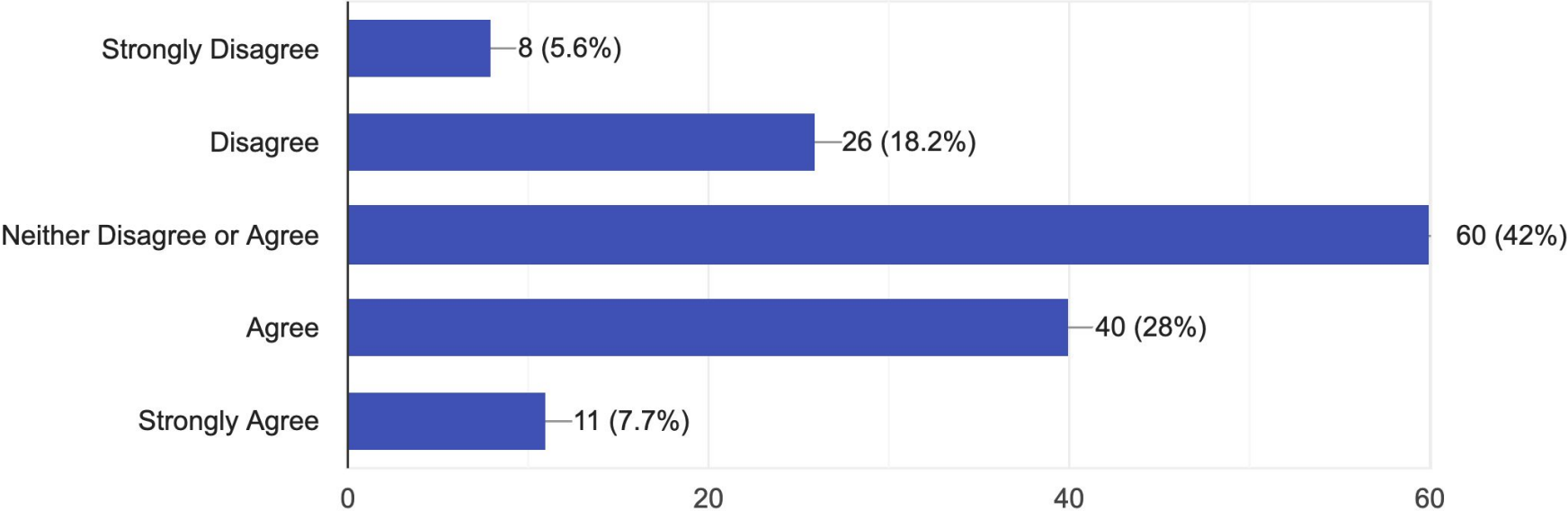
# Weekly Advisory meetings help me feel better about school.

143 responses



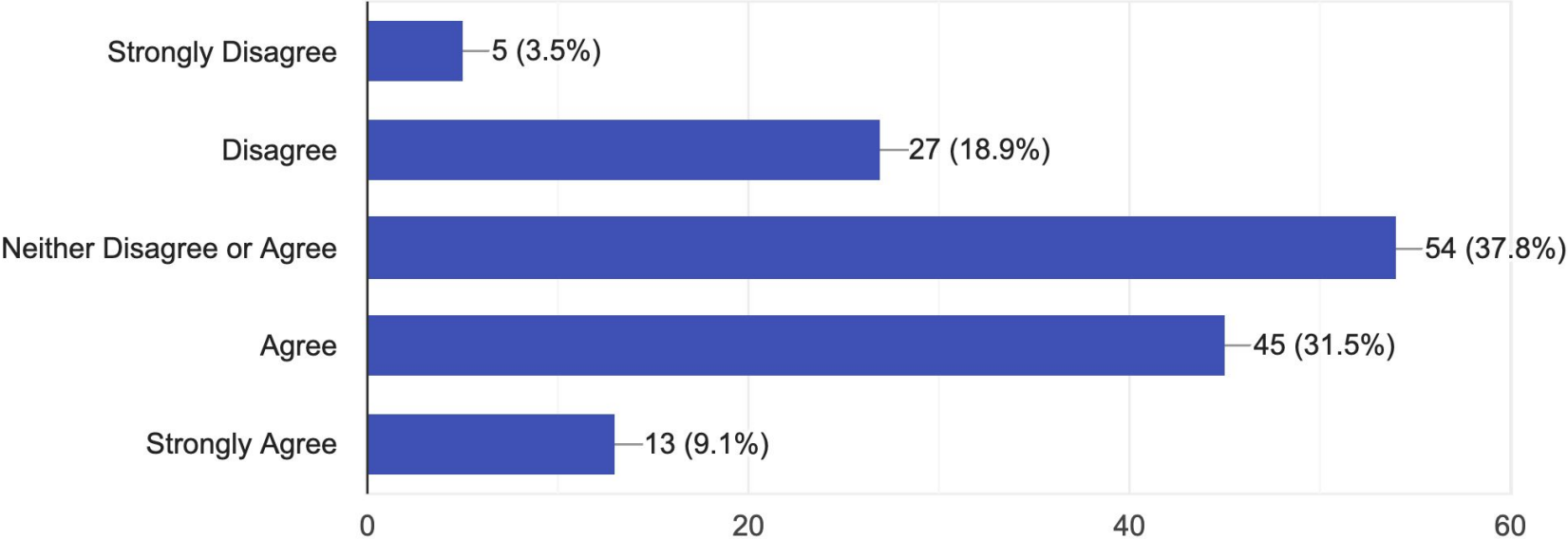
# Weekly Advisory meetings help me learn new ways to manage school and life problems.

143 responses



# Weekly Advisory meetings help support health and wellness learning experiences.

143 responses





# Any other feedback or comments you have can be shared here.

*I like just keeping to myself, but I do enjoy Advisory*

*Keep advisory please, it is perfect as is.*

*I think we should keep the Advisory because we are able to talk to other classmates and learn what we are going to do in class*

*During virtual school we don't do homeroom or Advisory anymore, we used to comment on Google Classroom, but we don't anymore. During school though, I think homeroom or Advisory is great!*

*It is a place where I can get everything organized and interact with my friends to relieve stress.*

*Great time 10/10!*

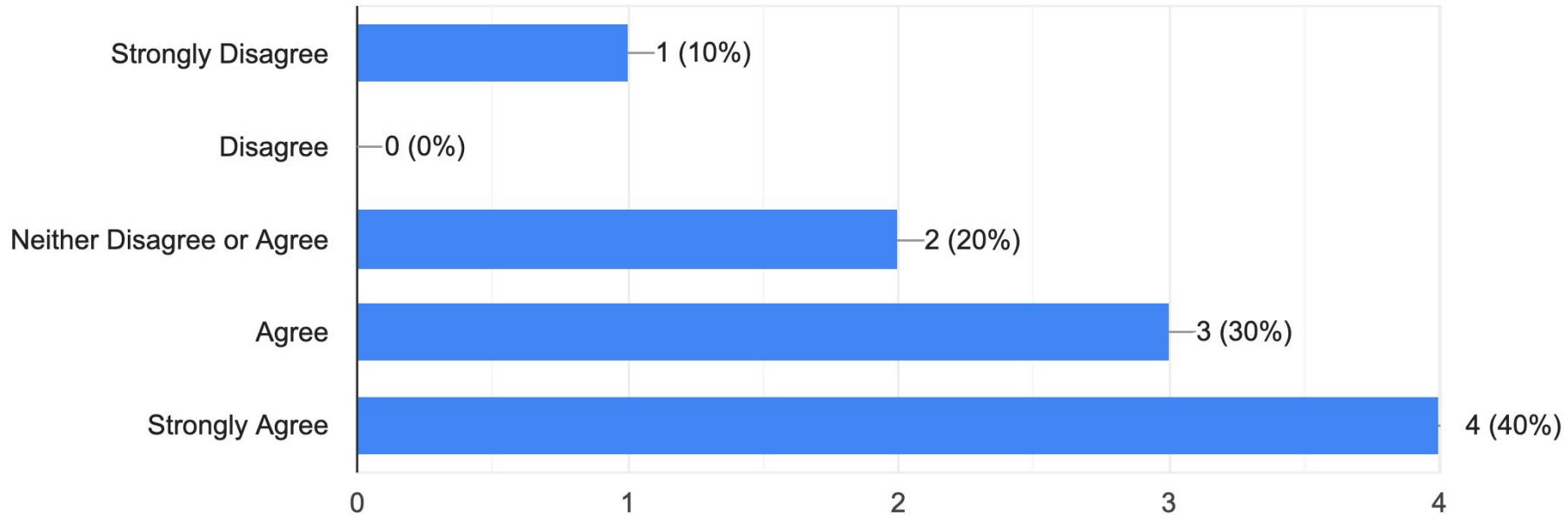
*I feel like if I needed to talk to the teacher about my work or if I'm confused about something I think Advisory/ homeroom time isn't the best time because there are a lot of other students and distraction. I think E&R is better for talking to the teacher about something.*

*I do not think that Advisory is necessary, though sometimes it can be fun.*

# OTS Teacher Feedback

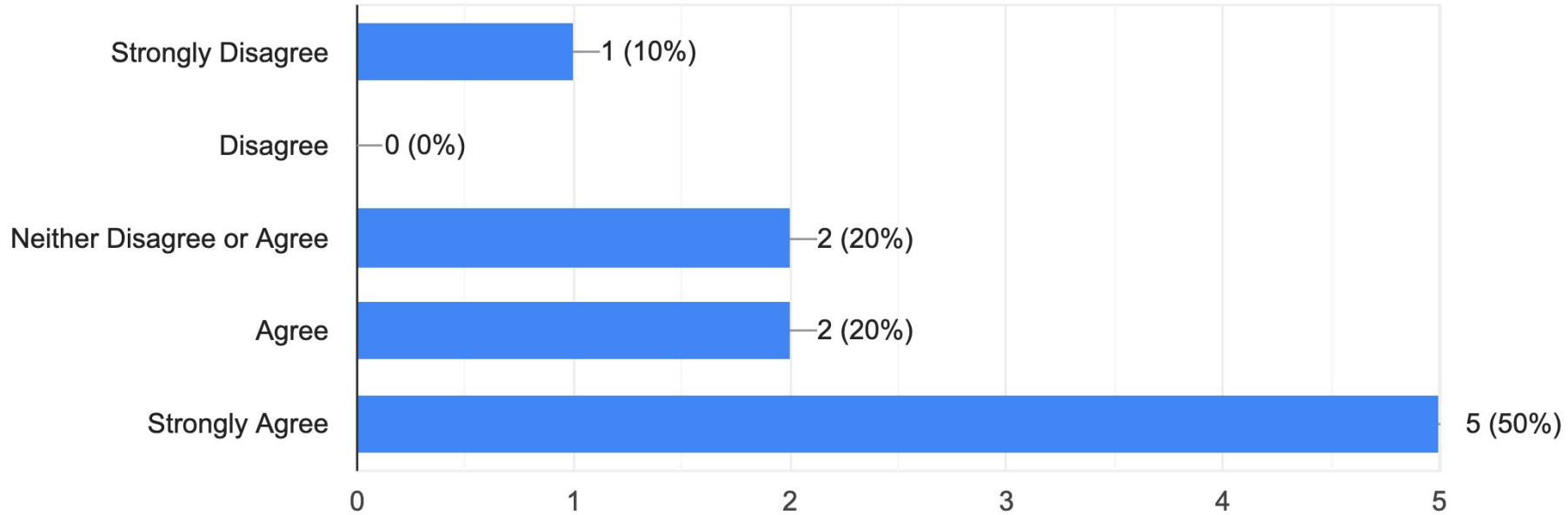
My weekly Advisory meetings provide me the opportunity to discuss with students matters pertaining to academics as well as other matters coming up in school or in my life.

10 responses



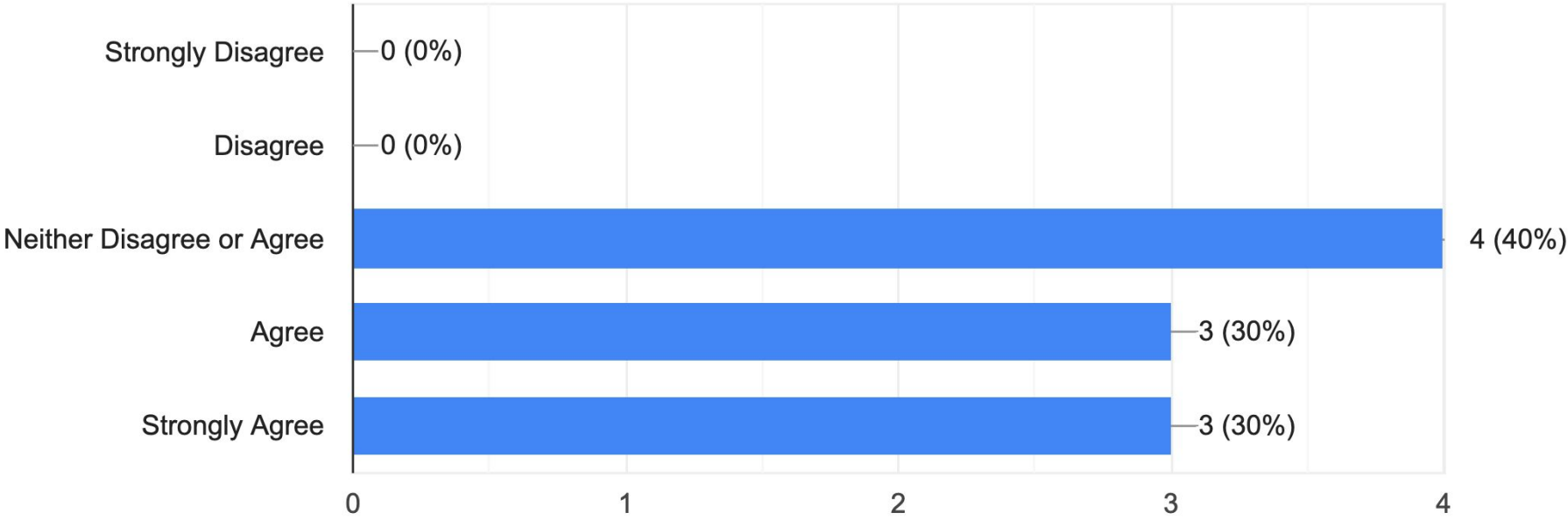
My weekly Advisory meetings gives me the chance to get to know students in my advisory group.

10 responses



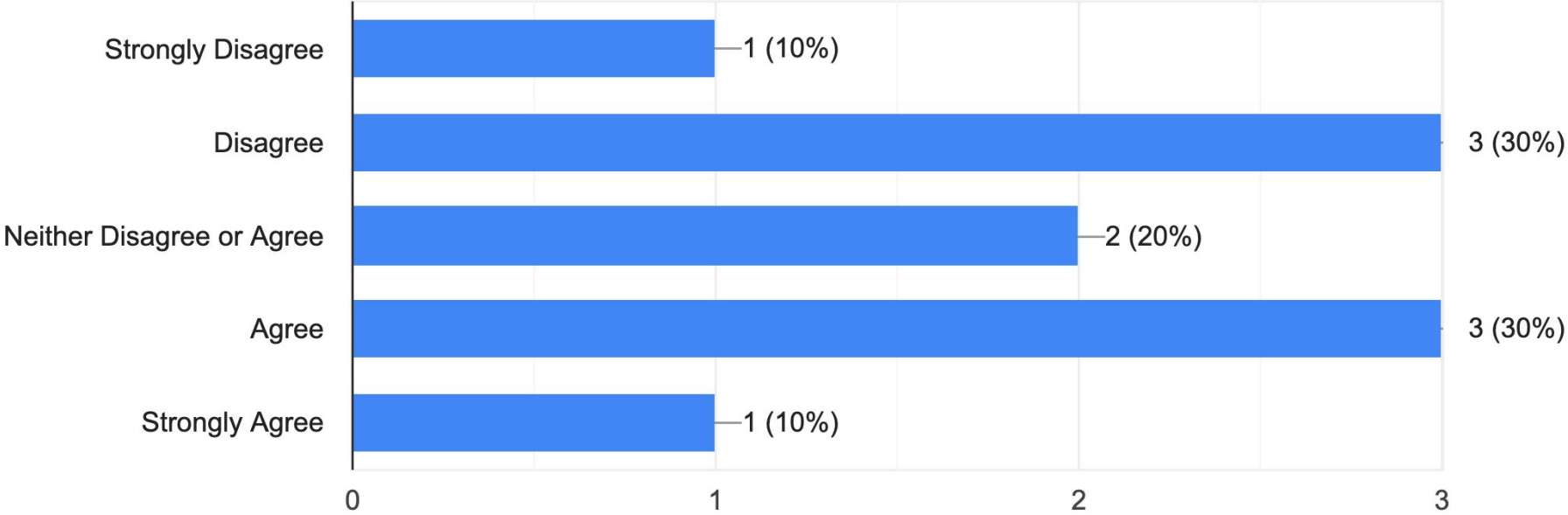
# Weekly Advisory meetings help students feel better about school.

10 responses



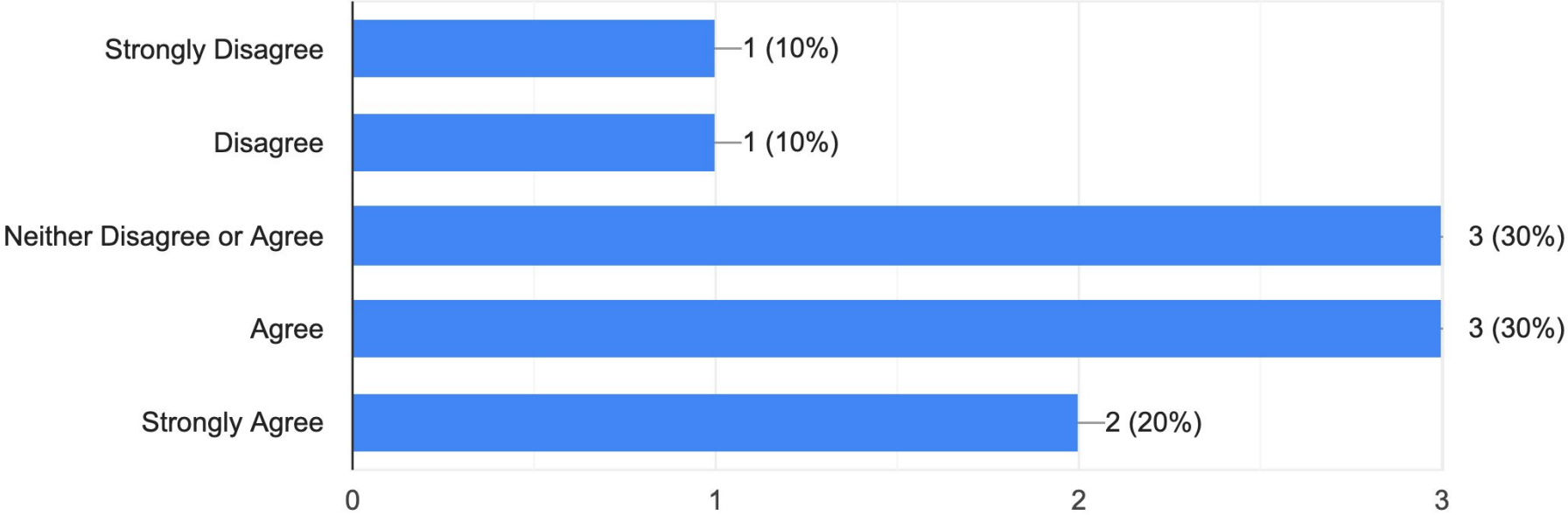
# Weekly Advisory meetings help students learn new ways to manage school and life problems.

10 responses



# Weekly Advisory meetings help support health and wellness learning experiences for students.

10 responses



## Any other feedback or comments you have can be shared here.

*Mary has been doing a great job giving us ideas for activities and discussions :)*

*Students are not comfortable sharing their problems in a large group. We use the time to talk casually and prepare for the day.*

*I have focused most of my advisory time on getting to know the students and them getting to know each other. This is mostly due to the fact that time was so limited, I wanted to make it something that they would look forward to. Moving forward, it is my goal to get more involved in academic and wellness issues. I probably need some help with this part.*

*The more authentic the better.*



# OTS Advisory

Professional Development



# Lessons Learned and Affirmed

POZM-Γ-OMX

- Pursuit of meaningful goals
- Challenging assumptions
- Cognitive flexibility
- Growth through suffering
- Action in the face of fear
- Emotion regulation - *NOT emotion suppression*
- Sense of agency
- Social support

# Lessons Learned and Affirmed

What brings out the best in young people?

THINK SMALL?!?

KEEP IT MANAGEABLE SO YOU ACTUALLY DO IT!

SERVICE

Random acts of kindness

Group sanctioned activity

Pushing in everybody's chair

Holding the door

Picking up something that drops

Saying "thank you" at the end of a lesson

Saying "hi" to someone you usually don't

Penny pick ups

# Lessons Learned and Affirmed

## “GO TO” ACTIVITY

No matter what, during any gathering you can choose...

One word shares

Rose, thorn, bud

Highs and lows

Revisiting Advisory Goals

Interpret

Choose

Rewrite

Favorite quotes or poems

Affirmations

Finding beauty

Gratitudes

Thumb indicators

# OTS Advisory

2021-22 School Year



# Goals to Focus on For 2021-22

- *Smaller advisory groups to facilitate a deeper and more meaningful connection between students and advisors.*
- *Do more listening than talking - active listening.*
- *Ask open ended questions - avoiding the why and favoring the how.*
- *Let our students know us!*
- *Focus on sharing because we care, both about students and their lives.*
- *Be prepared to turn on a dime; flexibility reigns!*
- *Monitor and nip any shame, embarrassment, exclusion, bias, and create a safe space.*
- *Model openness and compassion.*
- *Professional Development*