

2023-2024 HEALTHY MEALS



Lunch

Student Lunch	\$6.25	Adult Lunch	\$7.00
Student Entrée Only	\$5.50	Pizza Slice	\$3.50

Beverages

Milk	\$0.75	100% Juice 4 oz.	\$1.25
Bottled Water 8 oz./16 oz.	\$1.00/\$1.50	Flavored Seltzer	\$1.50
Sports Drink/Ice Water	\$2.75	Snapple/Iced Tea	\$2.00

À La Carte Snacks

Fresh or Chilled Fruit	\$1.25	Yogurt 4 oz.	\$1.25
Vegetable Side	\$1.25	Soft Pretzel	\$1.25
Small Side Salad	\$1.65	Fresh Baked Cookie	\$0.75/\$1.25
Savory Soup	\$2.50	Ice Cream	\$1.75/\$2.25
Yogurt Parfait	\$2.50	Rice Krispies Treat	\$1.50
Assorted Cereal	\$1.50	Whole Grain Dutch Waffle	\$2.00
Nutri-Grain/Cereal Bar	\$1.50	Muffin	\$2.00
Fruit Roll-Up	\$1.00	Whole Grain Cheez-Its	\$0.75
Assorted Baked Chips	\$1.50	Whole Grain Goldfish	\$0.75
Pop-Tarts	\$1.50		



QUESTIONS OR COMMENTS?

Please call us at (973) 598-0005 to speak to one of Maschio's Registered Dietitian Nutritionists.

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Healthy meals grow

healthy kids!