

Menu



Mayfield Girls School

WEEK 7	Monday 09/10	Tuesday 10/10	Wednesday 11/10	Thursday 12/10	Friday 13/10	Saturday 14/10	Sunday 15/10
Cooked Breakfast	Herby diced potato, fried egg, plum tomatoes	Continental croissant with ham, cheese & tomato	Sausage & fried egg muffin with hash browns & breakfast tomatoes	Bacon, scrambled egg, beans & bloomer	Pancakes with berry compote & Greek yoghurt	Bacon, scrambled egg, mushrooms & baked beans	n o l u n c h s e r v i c e
Lunch Main Meal	Margarita flatbread pizza	BBQ chicken thighs	Boston slow cooked beef chilli	Buttermilk chicken burger with chilli jam	Founders day	Ham & cheese croque monsieur	
Lunch Vegetarian	Chunky vegetable ratatouille with pesto & croutons	BBQ cauliflower wings	Sweet potato & black bean enchiladas	Mixed seed lentil burger		Mushroom & spinach croque monsieur	
Lunch Side Dishes	Garlic green beans & tomato salad	Homemade potato wedges Courgettes with chilli & lemon oil & coleslaw	Grilled corn on the cob Rice & beans	Pretzel rolls, coleslaw & fries		Crisps & salad	
Salad Bar Specials	Turkish bulgur pilaf with chickpea and tomato salad	Chimichurri potato salad	Greek chicken chopped salad with lemon tahini vinaigrette	Roast beetroot, orange, feta and rocket salad	Cauliflower rice tabbouleh	Salad of the day	
	Second daily salad will be a sustainable salad						
Jacket Potato & Topping	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans	Baked Beans
		Tuna & sweetcorn		Coronation chicken			
Lunch Dessert	Churros with chocolate sauce	Apricot & white chocolate tart with apricot coulis	Lemon posset	Pear & cranberry pie with custard	Milk chocolate cheesecake with chocolate sauce	Dessert of the Day	Dessert of the Day
Supper Main Meal	Chicken katsu	Spaghetti Bolognese	Noodle bar -choice of pork belly or tofu, sweet chilli sauce or hoisin	Beef stroganoff	Three bean chilli	Pork Kaprow	Chicken goujons
Supper Vegetarian	Sweet potato katsu	Quorn Bolognese		vegetable tagine		Spiced lentil Kaprow	Mozzarella sticks with tomato relish
Supper Side Dishes	Coconut rice and steamed greens	Roast broccoli	Stir fried mange tout and Chinese leaf	rice & broccoli	Nachos, cheese, guacamole, sour cream, salsa	Rice & Tenderstem	Curly fries, slaw and BBQ beans
Salad Bar	A variety of salads available daily, including mixed side salads, pasta salads, grain salads & meat & cheese boards See separate salad bar menu for daily offerings						
Jacket Potatoes	Jacket potatoes or baked sweet potatoes with beans served daily						
Dessert	Fresh fruit & jellies served everyday. Ice cream will be served one evening a week.						
Dietary Requirements	All our food is made fresh on site every day. We always make sure we have gluten free and dairy free options on both our hot counters and cold counters.						