

Little Elm ISD			Reviewer: SHAC Committee
Date: October 4, 2023			Grades: Pre K-12
<b>I.</b>			<b>Public Involvement</b>
Yes			We encourage the following to participate in the development, implementation, and evaluation of our wellness policy: Administrators, School Board Members, Food Service Staff, School Health Professionals, P.E. Teachers, Students, Parents, Public
Yes			We have a designee in charge of compliance: Toni Nelson, Health Services Coordinator
Yes			We make our policy available to the public - LEISD Website, SHAC page, CN page
Yes			We measure the implementation of our policy goals and communicate results to the public - Triennial Assessment, post on LEISD website, Child Nutrition link
<b>II.</b>			<b>Nutrition Education</b>
Yes			Our district's written wellness policy includes measurable goals for nutrition education - District Curriculum
Yes			We offer standards based nutrition education in a variety of subjects
Yes			We offer nutrition education to students in: Elementary School, Middle School, High School
<b>III.</b>			<b>Nutrition Promotion</b>
Yes			Our district's written wellness policy includes measurable goals for nutrition promotion; classroom education
Yes			We promote healthy eating and nutrition education with signage, use of creative menus, posters, bulletin boards, etc.
Yes			We place fruits and vegetables where they are easy to access (e.g. near the cafeteria cashier or near the front of the line).
Yes			We ensure students have access to hand-washing facilities prior to meals
Yes			We annually evaluate how to market and promote our school meal program(s)
Yes			We regularly share school meal nutrition, calorie, and sodium content information with students and families - Meal Viewer
Yes			We offer taste testing or menu planning opportunities to our students
Yes			We promote nutritious foods and beverages on school grounds (e.g. buildings, playing fields, etc.).
Yes			We offer fruits or non-fried vegetables in - ala carte and culinary class
Yes			We allow limited celebrations that involve food during school days to be held after the campus lunch service
Yes			We provide teachers with samples of alternative reward options other than food or beverages - Principal folder & shared drive
Yes			We prohibit the use of food and beverages as a reward or punishment
<b>IV.</b>			<b>Nutrition Guidelines</b>
Yes			Our district's written wellness policy addresses nutrition standards for USDA reimbursable meals.
Yes			We operate the School Breakfast program - before school begins
Yes			We follow all nutrition regulations for the National School Lunch Program (NSLP)
		n/a	We operate an Afterschool Snack Program. The District does not qualify for the program for the 23/24 school year
Yes			Each campus has staff with ServSafe Manager Certification.
Yes			All food service staff other than the two Certified Food Managers have the Food Handlers certification
Yes			We have adopted and implemented Smart Snacks nutrition standards for ALL items sold during school hours with exception of exemption days.
<b>V.</b>			<b>Physical Activity</b>
Yes			Our district's written wellness policy includes measurable goals for physical activity.
Yes			We provide physical education for elementary students on a weekly basis.
Yes			We provide physical education for middle school during a term or semester.
Yes			We require physical education credit for graduation (high schools only).
Yes			We provide recess for elementary students on a daily basis.

Yes			We provide opportunities for physical activity integrated throughout the day. All Grades.
Yes			We prohibit staff and teachers from keeping kids in from recess for punitive reasons.
Yes			We offer before or after school physical activity - competitive sports, clubs
<b>VI.</b>		<b>Other School Based Activities</b>	
Yes			Campuses will set schedules that allow a minimum of 10 minutes to eat breakfast and 20 minutes to eat lunch (does not include standing in line)
Yes			Wellness for students and their families will be promoted at suitable school activities
Yes			Mental health information is provided to all students through the District Counseling Department
Yes			Employee wellness education and involvement will be promoted at suitable school activities, including the District sponsored Employee Assistance Program
<b>VII.</b>		<b>Progress report</b>	
Yes			This assessment is conducted on the District's Wellness Policy and Plan.
<b>VIII.</b>		<b>Contact Information</b>	
For more information about this school's wellness policy/practices, or ways to get involved, contact the Wellness Committee Coordinator			
Name	Toni Nelson, Health Services Coordinator		
Email	<a href="mailto:tnelson@littlelmsd.net">tnelson@littlelmsd.net</a>		
Phone	972.947.9443 ext. 20023		
This institution is an equal opportunity provider. This product is funded by the USDA.			