



October 2023

Pittsburg Community Schools USD 250



PHS

Mon	Tue	Wed	Thu	Fri
<p>2</p> <p>Lunch: Teriyaki Chicken Nuggets, Lo Mein, Fresh Veggies, Strawberries and Bananas</p>	<p>3</p> <p>Lunch: Super Nachos, Shredded Lettuce, Refried Beans, Tomato Salsa, Fresh Mixed Fruit</p>	<p>4</p> <p>Lunch: Chicken Drumstick, Leafy Mix Salad, Broccoli and Cheese, Mandarin Oranges</p>	<p>5</p> <p>Lunch: Fruit, Yogurt, & Granola, Broccoli Florets, Carrots, Fruit Cocktail</p>	<p>6</p> <p>Lunch: Dragon Bowl w/ Roll, Garden Salad, Fresh Pineapple</p>
<p>9</p> <p>Lunch: Mini Meatball Sub, Potato Wedges, Leafy Mix Salad, Peaches</p>	<p>10</p> <p>Lunch: Chicken Chili Crispito, Romaine Lettuce, Green Beans, Tomato Salsa, Applesauce</p>	<p>11</p> <p>Lunch: Chicken Bacon Ranch Sandwich, Baby Bakers, Baked Beans, Grapes</p>	<p>12</p> <p>Lunch: Fish Sticks, Mac'n'cheese, Broccoli Florets, Cherry Tomatoes, Tropical Fruit, Choc Chip Cookie</p>	<p>13</p> <p>Lunch: Hot Dog, Roasted Red Potatoes, Garden Salad, Apple</p>
<p>16</p> <p>No School</p>	<p>17</p> <p>Lunch: Chicken and Waffles, Carrots and Celery Sticks, Cherry Tomatoes, Banana</p>	<p>18</p> <p>Lunch: PBJ, Leafy Mix Salad, Baked Beans, Fresh Mixed Fruit, Royal Brownie</p>	<p>19</p> <p>Lunch: Taco Crunch, Shredded Lettuce, Cheese, Tomato Salsa, Corn, Mixed Berries</p>	<p>20</p> <p>No School</p>
<p>23</p> <p>Lunch: Chicken Dumplings, Fried Rice, Steamed Veggies, Red Bell Peppers, Apricots</p>	<p>24</p> <p>Lunch: Soft Tacos, Shredded Lettuce, Cheese, Tomato Salsa, Corn, Pineapple</p>	<p>25</p> <p>Lunch: Rodeo Burger, Garden Salad, Carrots and Celery, Pears, Banana</p>	<p>26</p> <p>Lunch: Popcorn Chicken, Roll, Creamy Cole Slaw, Bean Salad, Fresh Strawberries</p>	<p>27</p> <p>Lunch: Cooks Choice!</p>
<p>30</p> <p>Lunch: Pancake w/ Eggs and Sausage, Diced Potatoes, Fresh Veggies, Orange</p>	<p>31</p> <p>Lunch: Taco Burger, Lettuce, Tomato, Tomato Salsa, Refried Beans, Corn, Fresh Mixed Fruit</p>		<p>Everyday Choice: Hamburger, Pizza, Popcorn Chicken, or PB&J, milk and fruit.</p>	<p>Menu Subject to Change without Notice. This institution is an equal opportunity provider.</p>