

Welcome to Teens and Technology

Let's play a game.

Watch the following videos and see if
you can follow along.

Try this one first



Were you able to see the changes? Why or why not?

You'll get this one for sure



By the time you were shown the second
video
your brain was **activated** and you were
concentrating . You were looking
for **details** .

Why is this important when it comes to learning?

Now imagine ... this



**How many notifications do you think
your student receives in a class period?**

What studies have shown....Not surprising....

Students can't multitask!!

“Further, in psychology, research on multitasking generally finds negative effects on learning and task completion and, more generally, research has shown that cell phones distract and negatively impact reaction times, performance, enjoyment of focal tasks, and cognitive capacity.”

Harvard Graduate School of Education, www.gse.harvard.edu/ideas/news/22/08/weighing-costs-and-benefits-cellphones-schools. Accessed 19 Sept. 2023.



SKHS Cell Phone Policy

Any cell phone or (PED), being used for non -educational purposes must be put away and not visible during class time.

1st offense: Student sent to the office with device to meet with Dean. The device will be kept in a secure location for the day and the student will be permitted to pick up the device in the office after the school day has ended. Incident will be documented.

2nd offense: Student sent to the office with device, parent/guardian will be contacted. The student will be permitted to pick up the device in the office after the school day has ended this last time. Incident will be documented.

3rd and/subsequent offense(s): Detention will be assigned, and parent/guardian must pick up the device. A plan will be created with parent and student, such as keeping the device at home or checking in at the office upon arrival. Incident will be documented.

But I have an emergency!

We understand emergencies happen! We ask that any parent/guardian wishing to reach their student during the school day to please call the main office at 360 874 -5600 and a note will be delivered to that student with either a message or a request to text/call. At this point, if the message is a request to call, a student may obtain teacher permission to either step in the hall and call on their cell phone or come to the main office and call.

Questions?