

Ramsey County Aging & Disability Services

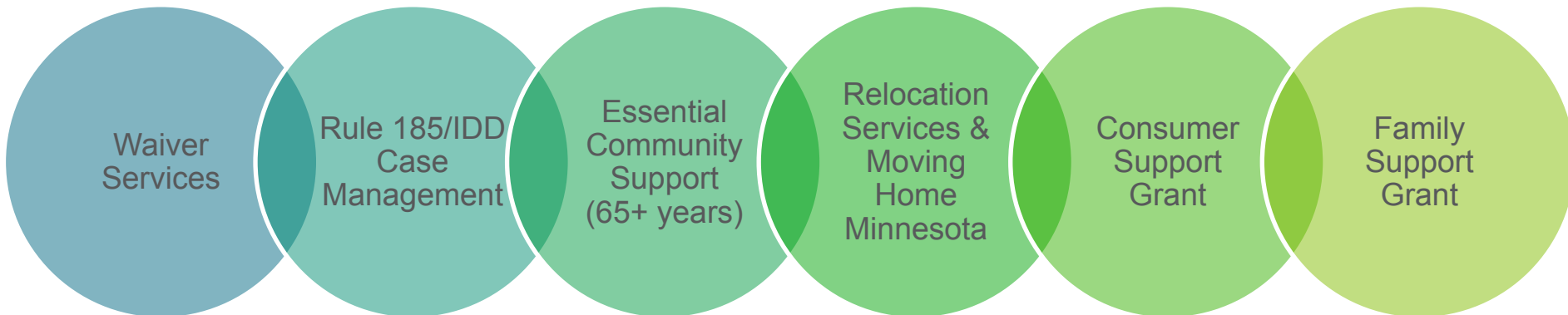
Ramsey County



- Aging & Disability Services is a division of the Social Services Department.
- In our area, we help children and adults with disabilities.

Aging & Disability Services

- ❑ 270+ Social Workers/Case Managers, Support Staff and Management employed by Ramsey County and 22 contracted community agencies.
- ❑ Responsible for providing case management to nearly 8700 people, 1200 under the age of 21.

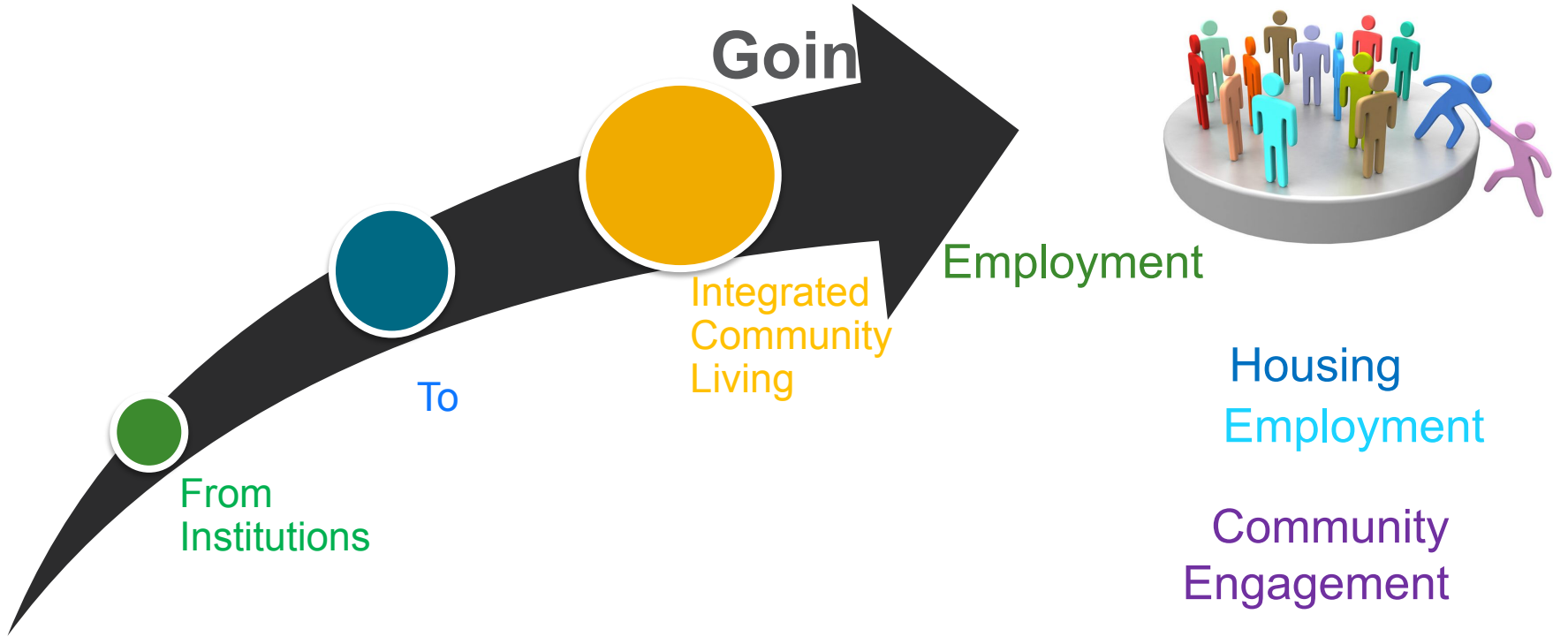


Vendor Case Management Agencies

We have 22 Contracted Case Management Agencies.

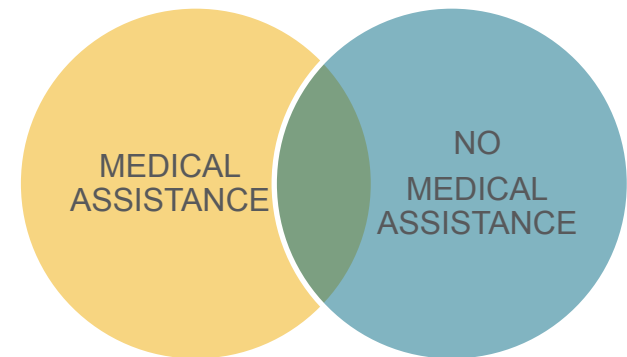
- AXIS/Allina Healthcare
- Bestview Care Options
- Catholic Charities
- Dungarvin
- Fraser
- Handy Help
- Jewish Family Services
- Keystone Community Services
- Kindred Services
- Life Foundation
- MCIL
- Meridian Services
- Minnesota Brain Injury Alliance
- Minnesota Care Counseling Services
- New Path Services
- People Incorporated
- Phoenix Service Corp
- Pinnacle Services
- Placement Partners
- Redeemer Services
- Shakir Consulting Services
- Thomas Allen Inc

Where We Came From and Where We Are



What Programs are Offered?

- Personal Care Assistance (PCA)
- Community Support Grant (CSG)
- **Family Support Grant (FSG)**
- Moving Home Minnesota
- Relocation Service Coordination
- **Rule 185/IDD Case Management**
- Disability Waivers
 - Community Access for Disability Inclusion Waiver
 - Community Alternative Care Waiver
 - Brain Injury Waiver
 - Developmental Disability Waiver
 - Elderly Waiver
 - Alternative Care Waiver
- Consumer-Directed Community Supports Option
 - (Must be eligible for a waiver)



Intellectual and Developmental Disability Case Management

Case Management for a person with a developmental disability or related conditions (i.e., Autism, Cerebral Palsy).

- **IDD/Rule 185 Case Management: Eligibility**
 - A comprehensive diagnostic evaluation must indicate that the person has a diagnosis of developmental disability or a related condition
 - A child under the age of five years without a conclusive diagnosis must demonstrate significant sub-average intellectual function concurrent with demonstrated deficits in adaptive behavior
 - An entitlement with mandatory 2 Face to Face + visits a year.
- **Vulnerable Adult/Intellectual & Developmental Disability Targeted Case Management: Eligibility**
 - IDD Case Management without Waiver

What is Case Management?

Case management include but not limited to the following:

- Coordinate services
- Develop a service plan based on people's assessed needs and preferences
- Evaluate and monitor services identified in the service plan
- Assist with accessing social, health, educational, vocational, and other community and natural supports
- Identify, refer, and link the person to potential service providers
- Inform people or their legal representative of service options
- Provide information about resources to the participants and/or the guardian
- Attend and participate in the Individualized Educational Plan meeting to assist with service coordination

dhs.state.mn.us- CBSM

What should you expect?

Case managers are required to use person centered practices and to ensure informed choice when service planning.

In other words, help people lead lives that are meaningful to them.

Person-centered practices and principles: A way of ensuring people who receive supports and services have the same rights and responsibilities as other people. This includes having control over their lives, making their own choices and contributing to the community in a way that makes sense for themselves. Person-centered practices include:

- Tools everyone can use to learn more about a person
- Person-centered planning
- Person-centered changes made in schools and human services settings.

What is a Waiver?

- Diverts Medical Assistance funding that would have been used for institutional care to services in the community
- Waivers are organized around the type of institution in which the person would have lived without the waiver

Institutional
Care

Informed
Choice

Community-Based
Services



What is Level of Care?

- **Level of Care** is the intensity of effort required to diagnose, treat, preserve or maintain an individual's physical or emotional status.
- Person must meet the level of care that would have placed them in the institution:
 - Nursing Facility
 - Hospital (or Neurobehavioral Hospital)
 - Intermediate Care Facility for People with Intellectual and Developmental Disabilities (ICF/DD)
- Level of Care eligibility is determined through the MnCHOICES Assessment

Services Available in a Person's Home

- We can coordinate services to help keep a person's home clean and livable:
 - Homemaker
 - Chore Service
 - Home-Delivered Meals
- We can coordinate services to help keep a person safe in their home:
 - 24-hour emergency assistance
 - Specialized Equipment & Supplies (including Personal Emergency Response Systems- PERS)
 - Environmental Accessibility Adaptations



Services in a Person's Home (cont.)

- We can coordinate services to help people have a productive, fulfilling day:

- Adult Day Services
- Day Support Services
- Employment Services

- Independent Living Skills (ILS) Training
- Individualized Home Supports



- We can coordinate services to help people in finding new housing:

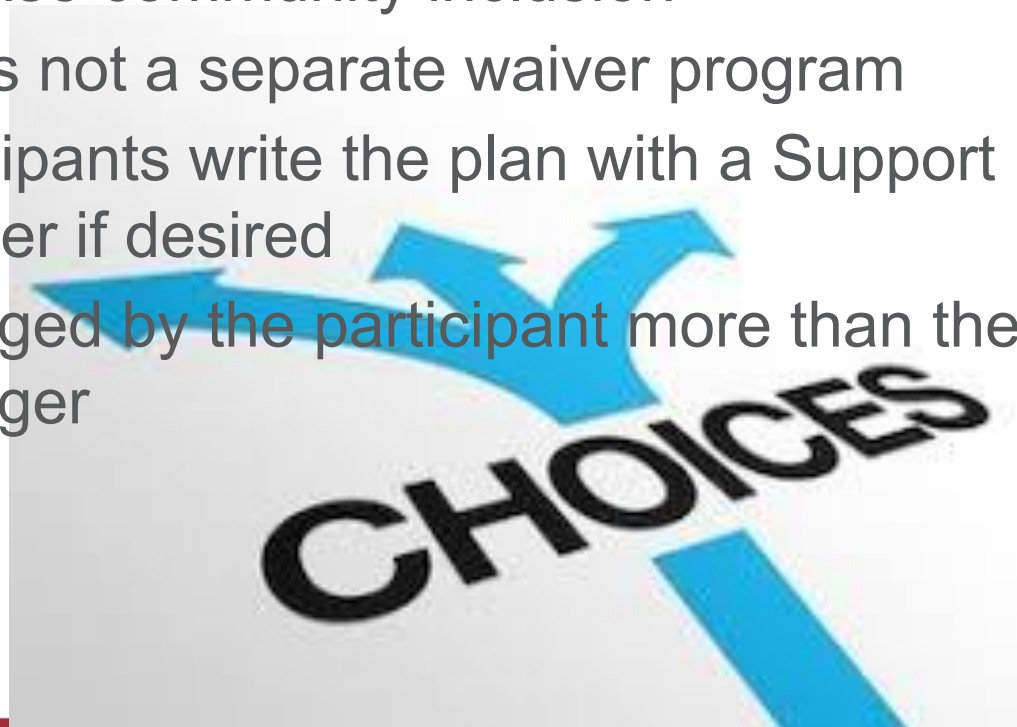
- Housing Stabilization Services Referral

- We can coordinate services to give caregivers a break:

- Crisis & Respite Services

Consumer Directed Community Supports

- An option through all waiver programs
 - Flexible
 - Self-directed goods and services
 - Increase community inclusion
 - It is not a separate waiver program
 - Participants write the plan with a Support Planner if desired
 - Managed by the participant more than the Case Manager



Consumer Support Grant

People eligible for CSG:

- Are eligible for Medical Assistance
- Are eligible to receive home care services from an MA-certified home care agency
- Have a functional limitation that requires ongoing supports to live in the community - Live in a natural home setting
- CSG and PCA services will transition to Community First Services & Supports (CFSS).

Personal Care Assistance and Consumer Support Grant will transition to Community First Services & Supports (CFSS) in late 2023 (tentative).

Semi-Independent Living Services

- A person is eligible to receive SILS if he/she meets all of the following criteria:
 - Age 18 or older
 - Determined to have a developmental disability or related condition
 - **NOT** at risk of placement in an Intermediate Care Facility for People with Developmental Disabilities (ICF/DD)

Family Support Grant



- Under the age 25
- Who live in their biological or adoptive family home
- Whose family has an annual adjusted gross income of less than \$113,000.00
 - Except in cases where there is extreme hardship.
- Who have been certified disabled by Social Security or the State Medical Review Team (SMRT) process

Residential Services

- Customized Living
 - Individualized package of scheduled health-related and supportive services provided to a person who resides in a qualified, registered housing with services establishment. This includes component services designed to meet the person's assessed needs & goals.
- Community & Family Residential Services
 - Individual waiver services provided to people who live in a home licensed as foster care. Foster care services are individualized, based on the needs of the person and service rates must be determined accordingly.



Intermediate Care Facility for Persons with Developmental Disabilities (ICF/DD)

- Residential facility licensed as a health care institution and certified by the Minnesota Department of Health to provide health or rehabilitative services for persons with developmental disability or a related condition who require active treatment.
- Eligibility Criteria:
 - Have a developmental disability or a related condition
 - Need a 24-hour plan of care
 - Need continuous active treatment
 - Cannot apply skills learned in one environment to a new environment without intensive and consistent training



Getting Started

How do I obtain a MnCHOICES Assessment?

Call MnCHOICES Intake Line:

(651) 266-3613 OR

[Submit Online MnCHOICES Referral Form](#)



Service Center Navigator (8 a.m. - 4:30 p.m.)

You may contact the Service Center Navigators by calling 651-266-0600.

- Ramsey County's Service Centers offer assistance with a wide range of county programs and services.
- Visit a service center to get help from a county Navigator, access a computer, or drop-off documents.

Ramsey County Service Centers

Ramsey County Service Centers and Related Sites

- 1 Metro Square
- 2 Ramsey County Library— Maplewood
- 3 Ramsey County Library— Roseville



[Service Center Referral Form](#)

Thank you!