

# CALIFORNIA HEALTHY KIDS SURVEY



Bella Vista High Secondary 2022-2023 Main Report





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## **PREFACE**

#### HYPERLINK FEATURE

The digital version of this report has been hyperlinked. Click on the title of a section or a table in the List of Tables and you will be automatically directed to the actual content section or table in the report.

This report provides the detailed results for each question from the 2022-23 California Healthy Kids Survey (CHKS) for schools within this school. The CHKS, along with its two companion surveys—the California School Staff Survey (CSSS) and the California School Parent Survey (CSPS)—form the California Department of Education's California School Climate, Health, and Learning Survey (CalSCHLS) System. CalSCHLS is the largest, most comprehensive state effort in the nation to regularly assess students, staff, and parents to provide key data on school climate and safety, learning supports and barriers, stakeholder engagement, and youth development, health, and well-being. Exhibit 1, at the end of the Preface, presents the major domains and constructs assessed by CalSCHLS. The Appendix provides more information about CHKS questions.

These surveys grew out of the California Department of Education's (CDE) commitment to helping schools create more positive, safe, supportive, and engaging environments and to promoting the successful cognitive, social, emotional, and physical development of all students. They provide a wealth of information to guide school improvement and **Local Control and Accountability Plan** (LCAP) efforts, particularly in regard to the state priorities of enhancing school climate, pupil engagement, parent involvement, and addressing the needs of vulnerable groups.

Factsheets, guidebooks, and other resources to help in understanding and using CHKS results are available for downloading from the CalSCHLS website (<u>calschls.org</u>). The California Safe and Supportive Schools website (<u>ca-safe-supportive-schools.wested.org</u>) provides information and tools helpful in implementing effective strategies to address the needs identified by the survey.

The CalSCHLS Regional Centers offer data workshops and coaching to help identify local needs and develop action plans to meet those needs.

#### THE SURVEY

CDE has funded the CHKS since 1997 to provide data to assist schools in: (1) fostering safe and supportive school climates, social-emotional competencies, and engagement in learning; (2) preventing youth health-risk behaviors and other barriers to academic achievement; and (3) promoting positive youth development, resilience, and well-being. A thorough understanding of the scope and nature of student behaviors, attitudes, experiences, and supports is essential for guiding school improvement and academic, prevention, and health programs. The Appendix includes a brief guide to key CHKS Core Module indicators designed to help survey users more easily understand and interpret their findings.

The CHKS is not just a standalone instrument but a data collection system that districts can customize to meet local needs and interests. The secondary-school CHKS consists of a required general Core Module and a series of optional, supplementary topic-focused modules that districts can elect to administer. Districts may also add their own questions of local interest in a custom module. Table 1 indicates the modules administered by the district/school.

#### **Core Module**

As summarized in the Appendix, the Core Module consists of key questions that are considered most important for schools to guide improvement of academic, health, and prevention programs and promote student achievement, college and career readiness, positive development, and well-being. The majority of the questions are school-specific, including the following indicators:

- student grades, truancy, boredom at school, attendance, academic motivation, and school connectedness, as indicators of engagement;
- developmental supports (protective factors) that promote positive academic, social, and emotional outcomes: experiences of caring adult relationships, high expectations, and opportunities for meaningful participation at school;
- perceived school safety, bullying, and victimization; and
- violence perpetration, substance use, and crime-related behavior (e.g., weapons possession).

The Core Module also assesses indicators of student well-being in general, including the scope and nature of substance use and mental health and wellness (chronic sadness, social and emotional distress, life satisfaction, and contemplation of suicide). These questions provide insight into important barriers to learning and development.

A wide range of demographic questions help districts identify differences among student groups and to better address the needs of significant and vulnerable students, including those required to be included in LCAP efforts. These include differences in the results related to race/ethnicity, gender, sexual orientation, and socioeconomic status; homeless and foster status; and English language proficiency.

## **Trauma Module (Supplementary)**

The Student Trauma Module was developed in 2022 to provide LEAs with data to assess factors related to community trauma and implementation of trauma-informed practices. Developed in collaboration with a state advisory group, the module assesses family-, peer-, and school co-regulation supports (supports that help students cope with trauma); emotional safety at school; impacts of trauma on student wellness; emotion regulation; and stress-associated health conditions (somatic symptoms).

## **School Climate Module (Supplementary)**

To further support school improvement efforts and the LCAP process, a supplementary School Climate Module is available. It provides additional data on student academic mindset, school academic supports, discipline/order, supports for social-emotional learning, bullying prevention, peer relationships, respect for diversity, and the quality of the physical environment (calschls.org/survey-administration/downloads).

## Social Emotional Health Module (Supplementary)

The Social Emotional Health Module (SEHM) greatly enhances the value of the CHKS as a strength-based assessment of positive emotions, engagement, ability to build and maintain relationships, and other social-emotional capacities linked to student mental health and well-being and academic success. It includes 43 items that capture core adolescent psychological assets. The combination of the SEHM and Core Module yields a comprehensive set of data to inform decisions about mental health and social-emotional learning programs.

#### SURVEY ADMINISTRATION AND SAMPLE

School staff administered the survey, following detailed instructions provided by CDE that were designed to assure the protection of all student and parental rights to privacy and to maintain confidentiality. Students were surveyed only with the consent of parents or guardians. Each student's participation was voluntary, anonymous, and confidential.

• Table A1.1 describes the target sample of students and the final number and percent of students who completed the survey (the participation response rate).

#### THE REPORT

The report tables, organized by topic, provide the percentage of students that responded to each question response option by grade level. Percentages are rounded to the nearest whole number.

#### Racial/Ethnic and Gender Results

Summary tables provide key findings (e.g., safety, harassment, developmental supports, school connectedness) disaggregated by race/ethnic categories and gender. Districts can subscribe to the District CalSCHLS data dashboard to disaggregate their CHKS results by the race/ethnicity or gender of students or by other demographic categories.

#### ONLINE DATA DASHBOARDS

**Public Dashboard**. Anyone can examine online key state, county, and district CHKS results on the public CalSCHLS Data Dashboard (<u>calschls.org/reports-data/dashboard</u>). The dashboard can be used to graphically display statewide, county, and district key indicators from the Core and School Climate Module, trends over time, and disparities in survey outcomes across subgroups. Group differences by gender, race/ethnicity, parental education, parent military status, homeless status, afterschool participation, gender identity, and sexual orientation can be examined. In addition, results can be displayed for English learners, free and reduced-priced meal eligible students (before 2021-22), and foster youth – three important LCAP priority groups. In addition to displaying results interactively on the web, dashboard results can be exported as Image and PDF files for dissemination. District data are publicly posted on the dashboard by the end of November of the year following survey administration.

The District Dashboard Option. Districts may also purchase a two-year subscription to a password protected, private data dashboard that displays up to eight years of CalSCHLS data at not only the district level but also the *individual school level*. The dashboard provides designated staff with graphical data displays for the district as a whole, for all schools in the district on the same page to enable comparisons across schools, and for a single, individual school. At both the district and school level, viewers can:

- compare their data with district and state averages;
- make comparisons across groups such as race/ethnicity, sexual orientation, gender identity, and afterschool participation; and
- examine data trends over time overall and by different demographic groups.

Viewers at both the district level and the school level have the option to download data displays as a PDF document which can be shared with stakeholders.

#### UNDERSTANDING THE DATA

Care must be taken to understand the factors that can impact the quality, validity, and generalizability of the results. These include changes that occur in survey content, administration, and/or sample characteristics between administrations. The following are a few of the key issues that should be kept in mind.

#### Representativeness

Among the most important factors affecting the quality of survey results is the level and type of student participation. The validity and representativeness of the results will be adversely affected if the student response rate is lower than 70 percent (see Table A1.1 and Appendix I for student response rates). One indication of the survey's representativeness is how accurately the sample reflects the gender and ethnic composition of the student enrollment. Even if the response rate is low, the results provide an indication of what those students who did respond felt about the school and their experiences and behavior.

#### **Changes Between Survey Administrations**

Many factors besides real changes in behavior, attitudes, or experiences among students may account for changes in results from administration to administration. Changes may be due to differences over time in the characteristics or size of the sample of students who completed the survey, changes in the questions themselves, or differences between time periods in which the survey was administered (e.g., some risk behaviors tend to increase as students age, or may increase during holidays or social events).

#### **RESOURCES**

<u>CalSCHLS.org</u> contains numerous guidebooks and other resources for using and understanding survey results.

- CHKS **factsheets** analyze key topics at the state level, show how data variables are related, and offer suggestions for how data can be analyzed at the local level (calschls.org/resources/factsheets).
- *Making Sense of School Climate* provides a discussion of CalSCHLS survey items that relate to school climate (data.calschls.org/resources/S3\_schoolclimateguidebook\_final.pdf).
- The California Center for School Climate (<u>ca-safe-supportive-schools.wested.org/california-center-for-school-climate/</u>) provides free support and trainings on school climate and data use to LEAs in California. The website provides archived virtual events and other school climate improvement resources.
- The *California Safe and Supportive Schools Newsletter* provides monthly announcements of resources, tools, webinars and workshops, and research. Sign up on <a href="mailto:calschls.org/resources">calschls.org/resources</a>.
- CDE's California Safe and Supportive Schools website (<u>ca-safe-supportive-schools.wested.org</u>) contains a wealth of information and tools related to school climate improvement and social-emotional learning. It includes factsheets analyzing CalSCHLS data and *What Works Briefs* that provide guidance on strategies to implement.
- The CalSCHLS Item Crosswalk (<u>calschls.org/resources/#resources\_and\_tools</u>) is a handy table listing all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found, to assist in the comparison of findings among students, staff, and parents.

#### **NEXT STEPS**

Receiving this report is just a beginning step in a data-driven decision-making process of continuous improvement. The following describes some additional steps you should take and some custom services (additional fees apply) available from the CalSCHLS Regional Centers. These will help in fostering effective use of the results and provide additional information to support school and program improvement efforts and the LCAP process.

#### Engage Students, Staff, and Parents in Reviewing the Results and Action Planning

Engage students, parents, and school/community stakeholders in reviewing and exploring the meaning of the results. Obtain their input into how the school might better meet the identified school and student needs and into developing a detailed action plan to guide school/community collaborative efforts. This communicates to stakeholders that you value their input into how to improve the school/community and gives them an opportunity for meaningful participation. By enlisting their collaboration, you also increase the prospect that the identified needs will be successfully addressed.

As part of this process, WestEd staff can facilitate a *Data Workshop* designed to identify local needs based on the survey results and engage adult stakeholders in developing a detailed plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS Regional Center 562.799.5164 or email <u>calschls@wested.org.</u>

#### **Compare Results with Other Data**

The value of your CHKS results will be greatly enhanced if examined in the context of the following sources of related data.

- Staff and Parent Surveys. If your school district has administered the CalSCHLS school staff and parent surveys, obtain these results and compare them to those provided by students. It is important to determine how consistent are student, staff, and parent perceptions and experiences. To facilitate these comparisons, the CalSCHLS Survey Item Crosswalk (calschls.org/resources/#resources\_and\_tools) lists all the constructs and questions that are on two or more of the CalSCHLS surveys, along with the report table number where results can be found. If your district did not administer these companion surveys, urge them to do so next time.
- Elementary CHKS Results. Examine how the results from 9<sup>th</sup> and 11<sup>th</sup> graders compare with those from 5<sup>th</sup> and 7<sup>th</sup> graders if your district also administered the CHKS at these school levels. The elementary, middle, and high school surveys contain common indicators that will enable you to gain a sense of the developmental trajectory in these indicators and explore what programs at the elementary and middle school levels might help mitigate problems that are evident among older students.
- Other Data. Examine how the results compare with other youth data collected within the district that relate to the variables assessed. Other relevant school-related data include discipline referrals, school demographic information, school vandalism costs, and behavioral observations in classrooms.
- Similar District and Statewide Results. The results from the biennial state administration of the CHKS, which provide representative state norms, can be downloaded from the CalSCHLS website (data.calschls.org/resources/Biennial\_State\_1921.pdf) or examined on the CalSCHLS Data Dashboard (calschls.org/reports-data/dashboard). If there is a school district that you consider similar to your own, you can also check to see if they have administered the survey and download the results for comparison (calschls.org/reports-data/search-lea-reports). How

you compare to state and district results can provide some context for your results, but the most important consideration is what your own results say about the students in your school/community.

## **Data Workshop**

To assist in your review of the survey results, you can request your CalSCHLS Regional Center to conduct a structured, customized *Data Workshop*. In this workshop, a survey specialist works with district stakeholders to promote better understanding of the results and to identify local needs that need to be addressed. The workshops can also include engaging stakeholders in developing a detailed Action Plan and timetable for meeting those needs using evidence-based strategies. For more information, contact your CalSCHLS Regional Center (562.799.5164) or email <u>calschls@wested.org</u>.

## Request Additional Reports and Data

As you review your data with stakeholders, you may find that additional data needs emerge. The following custom services are available through the CalSCHLS Regional Centers to help delve more deeply into your survey results and foster more effective use of the results in support of school and program improvement efforts and the LCAP process.

## **School Climate Report Cards and Mental Health Reports**

In addition to this school-level report with all the survey results, two additional reports are available:

- A short, user-friendly, graphic **School Climate Report Card** that provides trends across key indicators of school climate and provides two-year state averages on those indicators (calschls.org/reports-data/#scrc)
- A graphic **Mental Health Report** that describes key indicators of mental health by grade level and by survey administration year (<a href="https://calschls.org/reports-data/#scrc">https://calschls.org/reports-data/#scrc</a>)

## **Disaggregated Reports**

The staff of the CalSCHLS Regional Centers can produce full reports that look at how results vary by demographic subgroups (e.g., race/ethnicity), or by other characteristics of youth, such as those who are low in academic motivation compared to those who are high. This can be valuable for identifying what subgroups need to be targeted with what resources and programs. Given the LCAP requirement that districts identify and address the needs of underserved subgroups, doing this would be a natural next step for addressing subgroup disparities.

## **Additional Analysis of Data**

The complete dataset is available electronically for additional analysis (<u>calschls.org/reports-data</u>). The dataset enables analyses of patterns in the results, how they are interrelated, and how they vary by different subgroups of students and across schools within a district. You can also request an analysis by WestEd staff of any topic of interest.

## **Add Questions to Your Next Surveys**

Determine what additional information is needed from students to guide school improvement efforts and add questions to your next CHKS, staff, or parent surveys. All three surveys are designed so that schools can add additional questions to help them conduct a more individualized and comprehensive assessment.

For more information about survey planning or technical assistance in understanding survey results and developing effective action plans to address identified needs, call the CalSCHLS helpline (562.799.5164) or email calschls@wested.org.

Exhibit 1
Major School-Related Domains and Constructs Assessed by CalSCHLS in Secondary Schools

·	Student Core	Student School Climate	Student Social Emotional Health	Staff Survey	Parent Survey
Student Learning Engagement					
Academic mindset			✓		
Academic motivation	✓	✓		✓	✓
Academic performance (grades)	✓				
Attendance (absences and reasons absent)	✓			✓	
School boredom	✓				
School connectedness	✓				
Student Social-Emotional and Physical Well-being					
Alcohol, tobacco, and drug use	✓			✓	✓
Behavioral self-control			✓		
Bedtime	✓				
Collaboration			✓		
Emotional self-regulation			✓		
Empathy			✓		
Gratitude			✓		
Life satisfaction	✓				
Optimism	✓				
Perceived safety	✓			✓	✓
Persistence			✓		
Problem solving			✓		
Self-awareness			✓		
Self-efficacy			✓		
Social-emotional competencies and health			✓	✓	
Social-emotional distress	✓				
Violence and victimization (bullying)	✓			✓	✓
Zest			✓		
School Climate Conditions					
Academic rigor and norms				✓	✓
College and career supports				✓	✓
Family support			✓		
High expectations	✓			✓	✓
Meaningful participation and decision-making	✓			✓	<b>√</b>
Parent involvement	✓			✓	✓
Physical environment	<b>√</b>	<b>√</b>		<b>√</b>	<b>√</b>
Relationships among staff				✓	
Relationships among students		✓	✓	✓	✓
Relationships between students and staff	✓			<b>√</b>	<b>√</b>
Respect for diversity and cultural sensitivity		<b>√</b>		<b>√</b>	<b>√</b>
Teacher and other supports for learning		✓		✓	<b>√</b>
School Climate Improvement Practices					
Bullying prevention		✓		✓	<b>√</b>
Discipline and order (policies, enforcement)		✓		<b>√</b>	<b>√</b>
Services and policies to address student needs				<b>√</b>	
Social-emotional/behavioral supports		✓		<b>√</b>	✓
Staff supports				✓	

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Thomas Hanson, Ph.D. CalSCHLS Director, WestEd

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# **Survey Module Administration**

Table 1
CHKS Survey Modules Administered

Survey Module	Administered
A. Core (Required)	X
B. Alcohol and Other Drugs (AOD) Module	X
C. Behavioral Health Module	
D. Closing the Achievement Gap (CTAG) Module	
E. Community Health Module	
F. Community Schools Module	
G. District Afterschool Module (DASM)	
H. Drug-Free Communities (DFC) Module	X
I. Gang Risk Awareness Module (GRAM)	
J. Gender Identity & Sexual Orientation-Based Harassment Module	
K. Mental Health Supports Module	
L. Military-Connected School Module	
M. Physical Health & Nutrition Module	
N. Resilience & Youth Development Module	
O. Safety & Violence Module	
P. School Climate Module	
Q. Sexual Behavior Module	
R. Social Emotional Health Module (SEHM)	
S. Tobacco Module	
T. Trauma-Informed Practice Module	
Z. Custom Questions	

# **Core Module Results**

# 1. Survey Sample

Table A1.1 Student Sample for Core Module

•	C 1.0	G 1 11
	Grade 9	Grade 11
Student Sample Size		
Target sample	520	439
Final number	202	155
Response Rate	39%	35%

Table A1.2

Number of Respondents by Instructional Model

	Grade 9	Grade 11
In-school learning only	202	153
Remote learning only	0	2

# 2. Summary of Key Indicators

Table A2.1

Key Indicators of School Climate

Rey Indicators of School Camate	Grade 9 %	Grade 11	Table
School Engagement and Supports			
School connectedness <sup>†#</sup> ( <i>In-School Only</i> )	50	49	A6.4
School connectedness $^{\dagger\psi}$ (Remote Only)			A6.4
Academic motivation <sup>†</sup>	57	57	A6.4
School is really boring <sup>±</sup>	41	55	A6.11
School is worthless and a waste of time <sup>±</sup>	11	13	A6.11
Monthly Absences (3 or more)	15	11	A6.2
Maintaining focus on schoolwork $^{\dagger\Gamma}$	27	29	A6.10
Caring adult relationships <sup>‡</sup>	56	59	A6.4
High expectations-adults in school <sup>‡</sup>	64	72	A6.4
Meaningful participation <sup>‡</sup>	23	24	A6.4
Facilities upkeep $^{\dagger\Phi}$	22	32	A6.15
Promotion of parental involvement in school <sup>†</sup>	32	31	A6.4
School Safety and Cyberbullying			
School perceived as very safe or safe $^{\Phi}$	50	48	A8.1
Experienced any harassment or bullying§	43	50	A8.2
Had mean rumors or lies spread about you§	41	35	A8.3
Been afraid of being beaten up $^{\S\Phi}$	28	15	A8.3
Been in a physical fight <sup>§ ©</sup>	11	4	A8.4
Seen a weapon on campus $^{\S\Phi}$	17	13	A8.6
Cyberbullying <sup>§</sup>	27	33	A8.3

<sup>&</sup>lt;sup>†</sup>Average percent of respondents reporting "Agree" or "Strongly agree."

<sup>\*</sup>The scale was based on five survey questions for in-school respondents.

 $<sup>^{\</sup>psi}$ *The scale was based on four questions for remote respondents.* 

 $<sup>\</sup>pm$ Rating of 7 or higher.

 $<sup>^{\</sup>Gamma}$ Survey question was reverse-coded.

 $<sup>^{\</sup>Phi}$ *In-School only.* 

<sup>‡</sup>Average percent of respondents reporting "Pretty much true" or "Very much true."

<sup>§</sup> Past 12 months.

Table A2.2

Key Indicators of Substance Use, Remote Learning, and Student Well-Being

	Grade 9 %	Grade 11	Table
Substance Use			
Current alcohol or drug use <sup>¶</sup>	11	15	A9.5
Current marijuana use <sup>¶</sup>	7	8	A9.5
Current binge drinking <sup>¶</sup>	4	1	A9.5
Very drunk or "high" 7 or more times, ever	7	7	A9.7
Been drunk or "high" on drugs at school, ever	6	5	A9.9
Current cigarette smoking <sup>¶</sup>	0	0	A10.4
Current vaping <sup>¶</sup>	8	2	A10.4
Current tobacco vaping <sup>¶</sup>	6	2	A10.5
Current marijuana vaping <sup>¶</sup>	6	2	A10.5
Routines			
Eating of breakfast	61	55	A4.1
Bedtime (at 12 am or later)	24	31	A4.2
Learning from Home			
Average days worked on schoolwork $(\geq 5)^{\P\delta}$			A5.1
Synchronous instruction (4 days or more) $^{\parallel\delta}$			A5.1
Interest in schoolwork done from home $^{\dagger\delta}$			A5.3
Meaningful opportunities $^{\ddagger\delta}$			A5.2
Social and Emotional Health			
Social emotional distress <sup>‡</sup>	33	38	A7.5
Experienced chronic sadness/hopelessness§	42	43	A7.1
Considered suicide <sup>§</sup>	22	19	A7.2
Optimism <sup>‡</sup>	38	46	A7.3
Life satisfaction <sup>∓</sup>	58	57	A7.4

<sup>¶</sup>Past 30 days.

Today.

 $<sup>^{\</sup>delta}$ *Remote only.* 

<sup>&</sup>lt;sup>∥</sup>Past 7 days.

<sup>&</sup>lt;sup>†</sup>Average percent of respondents reporting "Agree" or "Strongly agree."

<sup>&</sup>lt;sup>‡</sup>Average percent of respondents reporting "Pretty much true" or "Very much true."

<sup>§</sup>Past 12 months.

<sup>&</sup>lt;sup>∓</sup>Average percent of respondents reporting "Satisfied" or "Very satisfied."

# 3. Demographics

Table A3.1 School Schedule, Past 30 Days

	Grade 9 %	Grade 11 %	
In-School Model	100	99	
Remote Learning Model	0	1	

Question HS/MS A.1: Which of the following best describes your school schedule during the past 30 days? Notes: Cells are empty if there are less than 10 respondents.

In-School Model - Respondents selecting "I went to school in person at my school building for the entire day, Monday through Friday."

Remote Learning Model - Respondents selecting "I participated in school from home for the entire day on most or all weekdays and did not go to school in person."

Table A3.2

Gender of Sample

	Grade 9 %	Grade 11 %
Male	49	50
Female	48	43
Nonbinary	1	4
Something else	3	3

*Question HS/MS A.3: What is your gender?* 

Table A3.3
Sexual Orientation

	Grade 9 %	Grade 11 %
Straight (not gay)	70	70
Lesbian or Gay	5	1
Bisexual	9	10
Something else	5	7
Not sure	6	7
Decline to respond	7	5

Question HS/MS A.5: Which of the following best describes you?

Note: Cells are empty if there are less than 10 respondents.

Table A3.4

Gender Identity

	Grade 9 %	Grade 11 %	
No, I am not transgender	90	89	
Yes, I am transgender	3	5	
I am not sure if I am transgender	2	2	
Decline to respond	6	5	

Question HS/MS A.4: Some people describe themselves as transgender when how they think or feel about their gender is different from the sex they were assigned at birth. Are you transgender?

Table A3.5

Race or Ethnicity

	Grade 9 %	Grade 11 %	
American Indian or Alaska Native, non-Hispanic	2	2	
Asian or Asian American, non-Hispanic	7	5	
Black or African American, non-Hispanic	3	2	
Hispanic or Latinx	25	23	
Native Hawaiian or Pacific Islander, non-Hispanic	1	1	
White, non-Hispanic	49	55	
Multiracial, non-Hispanic	10	11	
Something else, non-Hispanic	4	1	

Question HS/MS A.6: What is your race or ethnicity? (Mark All That Apply.)... American Indian or Alaska Native... Asian or Asian American... Black or African American... Hispanic or Latinx... Native Hawaiian or Pacific Islander... White... Something else.

Note: Cells are empty if there are less than 10 respondents.

Table A3.6

Living Situation

	Grade 9 %	Grade 11 %
A home with one or more parent or guardian	94	95
Other relative's home	1	1
A home with more than one family	1	1
Friend's home	0	0
Foster home, group care, or waiting placement	1	1
Hotel or motel	0	0
Shelter, car, campground, or other transitional or temporary housing	1	0
Other living arrangement	3	2

Question HS/MS A.9: What best describes where you live? A home includes a house, apartment, trailer, or mobile home.

Table A3.7

Highest Education of Parents

	Grade 9 %	Grade 11 %	
Did not finish high school	7	7	
Graduated from high school	10	16	
Attended college but did not complete four-year degree	13	14	
Graduated from college	59	55	
Don't know	11	9	

Question HS/MS A.10: What is the highest level of education your parents or guardians completed? (Mark the educational level of the parent or guardian who went the furthest in school.)

Note: Cells are empty if there are less than 10 respondents.

Table A3.8

Language Spoken at Home

	Grade 9 %	Grade 11 %	
English	83	89	
Spanish	9	6	
Mandarin	0	1	
Cantonese	0	0	
Taiwanese	0	1	
Tagalog	0	0	
Vietnamese	1	1	
Korean	2	1	
Arabic	0	0	
Other	6	3	

Question HS/MS A.12: What language is spoken most of the time in your home?

Table A3.9

English Language Proficiency Among Students Speaking a Language Other Than English at Home

	Grade 9	Grade 11
How well do you	%	%
How well do you		
understand English?		
Very well	84	65
Well	13	18
Not well	3	18
Not at all	0	0
speak English?		
Very well	74	59
Well	26	24
Not well	0	12
Not at all	0	6
read English?		
Very well	87	65
Well	13	24
Not well	0	12
Not at all	0	0
write English?		
Very well	71	53
Well	26	41
Not well	3	6
Not at all	0	0
English Language Proficiency Status		
Proficient	74	53
Not proficient	26	47

Question HS/MS A.12, 12A-12D: What language is spoken most of the time in your home?... How well do you understand, speak, read, and write English?... Understand English... Speak English... Read English... Write English.

*Notes: Cells are empty if there are less than 10 respondents.* 

English Language Proficiency was determined by creating a scale score using four survey questions: how well do you understand... speak... read... and write English? Response options are reverse coded so higher values indicate higher English proficiency level ("Not at all" (1); "Not well" (2); "Well" (3); and "Very well" (4)). The scale score was computed by averaging the survey responses. Respondents are categorized as "Proficient" or "Not Proficient" based on the English language proficiency scale.

Proficient: students with average item response > 3.5; and

*Not Proficient: students with average item response* < 3.5.

Table A3.10
Number of Days Attending Afterschool Program (In-School Only)

	Grade 9 %	Grade 11 %	
I do not attend my school's afterschool program	85	86	
1 day	3	2	
2 days	4	2	
3 days	2	3	
4 days 5 days	2	2	
5 days	4	5	

Question HS/MS A.16: How many days a week do you usually go to your school's afterschool program? Note: Cells are empty if there are less than 10 respondents.

Table A3.11

Military Connections

	Grade 9 %	Grade 11
No	95	97
Yes	3	3
Don't know	2	1

Question HS/MS A.11: Is your father, mother, or guardian currently in the military (Army, Navy, Marines, Air Force, National Guard, or Reserves)?

# 4. Routines

Table A4.1

Eating of Breakfast

	Grade 9 %	Grade 11 %
No	39	45
Yes	61	55

Question HS/MS A.14: Did you eat breakfast today?

Note: Cells are empty if there are less than 10 respondents.

Table A4.2 *Bedtime* 

	Grade 9 %	Grade 11 %
Before 7:00 pm	1	0
7:00-7:59 pm	1	0
8:00-8:59 pm	1	3
9:00-9:59 pm	12	12
10:00-10:59 pm	33	30
11:00-11:59 pm	28	25
12:00-12:59 am	13	17
After 1:00 am	11	14
Bedtime at 12 am or later	24	31

Question HS/MS A.13: What time did you go to bed last night?

# 5. Learning from Home

Table A5.1

Remote Learning Schedule and Instructional Time (Remote Only)

	Grade 9 %	Grade 11 %
Time spent on learning and completing schoolwork from home on the average weekday	70	70
Less than 1 hour		
Between 1 and 2 hours		
Between 2 and 3 hours		
Between 3 and 4 hours		
Between 4 and 5 hours		
More than 5 hours		
Number of days in the past week participating in an online class from home where your teacher talked to students		
0 days		
1 day		
2 days		
3 days		
4 days		
5 days		
Number of weekdays participating in school from home for the entire school day		
0 days		
1 day		
1 day 2 days		
· · · · · · · · · · · · · · · · · · ·		
2 days		

Question HS/MS A.17, 18, 19: In the past 30 days, how many weekdays in an average week did you participate in school from home for an entire school day? On the average weekday, how much of your day did you spend learning and completing schoolwork from home?... How many days in the past week did you participate in an online class from home where your teacher talked to students from a computer, phone, or tablet (iPad)?

Table A5.2

Interesting Activities Provided for Student in Remote Learning (Remote Only)

	Grade 9 %	Grade 11 %	
Not at all true			
A little true			
Pretty much true			
Very much true			

Question HS/MS A.46: There is a teacher or some other adult from my school... who provides me with interesting activities to do while I am participating in school from home.

Note: Cells are empty if there are less than 10 respondents.

Table A5.3

Interest in Schoolwork Done from Home (Remote Only)

	Grade 9 %	Grade 11
Strongly disagree		
Disagree		
Neither disagree nor agree		
Agree		
Strongly agree		

Question HS/MS A.37: How strongly do you agree or disagree with the following statements?... I am interested in the schoolwork I do when participating in school from home.

# 6. School Performance, Engagement, and Supports

Table A6.1 Grades, Past 12 Months

	Grade 9 %	Grade 11
Mostly A's	27	23
A's and B's	26	34
Mostly B's	10	12
B's and C's	23	21
Mostly C's	4	3
C's and D's	7	6
Mostly D's	1	1
Mostly F's	2	1

Question HS/MS A.21: During the past 12 months, how would you describe the grades you mostly received in school?

Note: Cells are empty if there are less than 10 respondents.

Table A6.2

Absences, Past 30 Days

	Grade 9 %	Grade 11 %	
I did not miss any days of school in the past 30 days	42	49	
1 day	24	21	
2 days	18	18	
3 or more days	15	11	

Question HS/MS A.15, 20: In the past 30 days, how often did you miss an entire day of school for any reason? [In-School only]. In the past 30 days, how often did you miss an entire day of remote learning classes for any reason? [Remote only]

Table A6.3

Reasons for Absence, Past 30 Days

	Grade 9 %	Grade 11
Does not apply; I didn't miss any school	39	42
Illness (feeling physically sick), including problems with breathing or your teeth	41	47
Were being bullied or mistreated at school ( <i>In-School Only</i> )	2	2
Felt very sad, hopeless, anxious, stressed, or angry	13	18
Didn't get enough sleep	11	14
Didn't feel safe at school or going to and from school ( <i>In-School Only</i> )	1	0
Had to take care of or help a family member or friend	4	5
Wanted to spend time with friends	2	1
Used alcohol or drugs	1	0
Were behind in schoolwork or weren't prepared for a test or class assignment	5	11
Were bored or uninterested in school	6	10
Had no transportation to school (In-School Only)	5	1
Other reason	20	12

Question HS/MS A.22, 23: In the past 30 days, did you miss a day of school for any of the following reasons? (Mark All That Apply.) [In-School only]... In the past 30 days, did you miss a day of school from home for any of the following reasons? (Mark All That Apply.) [Remote only]

Notes: Cells are empty if there are less than 10 respondents.

Total percentages may exceed 100% for "mark all that apply" items.

Table A6.4
School Environment, School Connectedness, Academic Motivation, and Promotion of Parental Involvement Scales

	Grade 9 %	Grade 11 %	Table
Total school supports	48	52	
Caring adults in school <sup>‡</sup>	56	59	A6.5
High expectations-adults in school <sup>‡</sup>	64	72	A6.6
Meaningful participation at school <sup>‡</sup>	23	24	A6.7
School connectedness <sup>†#</sup> ( <i>In-School Only</i> )	50	49	A6.8
School connectedness $^{\dagger \psi}$ ( <i>Remote Only</i> )			A6.8
Academic motivation <sup>†</sup>	57	57	A6.9
Promotion of parental involvement in school <sup>†</sup>	32	31	A6.13

Notes: Cells are empty if there are less than 10 respondents.

Table numbers refer to tables with item-level results for the survey questions that comprise each scale.

<sup>‡</sup>Scales are based on average of respondents reporting "Pretty much true" or "Very much true."

<sup>†</sup>Scales are based on average of respondents reporting "Agree" or "Strongly agree."

<sup>\*</sup>The scale was based on five survey questions for in-school respondents.

 $<sup>\</sup>psi$ The scale was based on four questions for remote respondents.

Table A6.5

Caring Relationships Scale Questions

	Grade 9 %	Grade 11
Caring adults in school		
Average reporting "Pretty much true" or "Very much true"	56	59
There is a teacher or some other adult from my school		
who really cares about me.		
Not at all true	15	6
A little true	31	34
Pretty much true	34	32
Very much true	20	28
who notices when I'm not there.		
Not at all true	20	12
A little true	31	35
Pretty much true	35	32
Very much true	13	22
who listens to me when I have something to say.		
Not at all true	12	7
A little true	23	29
Pretty much true	35	38
Very much true	29	27

Question HS/MS A.44, 47, 50: There is a teacher or some other adult from my school... who really cares about me... who notices when I'm not there... who listens to me when I have something to say.

Table A6.6

High Expectations Scale Questions

	Grade 9 %	Grade 11 %	
High expectations-adults in school			
Average reporting "Pretty much true" or "Very much true"	64	72	
There is a teacher or some other adult from my school			
who tells me when I do a good job.			
Not at all true	13	9	
A little true	31	18	
Pretty much true	32	45	
Very much true	25	28	
who always wants me to do my best.			
Not at all true	7	3	
A little true	20	21	
Pretty much true	41	37	
Very much true	32	39	
who believes that I will be a success.			
Not at all true	10	9	
A little true	27	24	
Pretty much true	33	37	
Very much true	30	30	

Question HS/MS A.45, 48, 51: There is a teacher or some other adult from my school... who tells me when I do a good job... who always wants me to do my best... who believes that I will be a success.

**Table A6.7** *Meaningful Participation Scale Questions* 

	Grade 9	Grade 11
Meaningful participation at school	%	%
Average reporting "Pretty much true" or "Very much true"	23	24
At school/When I participate in school,		
I do interesting activities.		
Not at all true	14	15
A little true	37	43
Pretty much true	31	29
Very much true	19	13
I help decide things like class activities or rules.		
Not at all true	56	50
A little true	29	27
Pretty much true	14	17
Very much true	2	6
I do things that make a difference.		
Not at all true	37	35
A little true	40	37
Pretty much true	18	19
Very much true	5	10
I have a say in how things work.		
Not at all true	51	50
A little true	31	35
Pretty much true	16	8
Very much true	2	7
I help decide school activities or rules.		
Not at all true	74	70
A little true	18	18
Pretty much true	6	9
Very much true	2	3

Question HS/MS A.52-61: At school [In-School only],... When I participate in school [Remote only],... I do interesting activities... I help decide things like class activities or rules... I do things that make a difference... I have a say in how things work... I help decide school activities or rules.

Table A6.8
School Connectedness Scale Questions

	Grade 9	Grade 11
	%	%
School connectedness <sup>#</sup> (In-School Only)		
Average reporting "Agree" or "Strongly agree"	50	49
School connectedness $^{\psi}$ (Remote Only)		
Average reporting "Agree" or "Strongly agree"		
I feel close to people at/from this school.		
Strongly disagree	4	6
Disagree	9	18
Neither disagree nor agree	26	19
Agree	47	40
Strongly agree	15	16
I am happy with/to be at this school.		
Strongly disagree	8	4
Disagree	12	16
Neither disagree nor agree	31	40
Agree	38	34
Strongly agree	10	6
I feel like I am part of this school.		
Strongly disagree	8	5
Disagree	9	16
Neither disagree nor agree	41	36
Agree	37	34
Strongly agree	6	9
2 TIGATG 1.24.21 TI 1.1	.1 .1 .6 11	

Question HS/MS A.24-31: How strongly do you agree or disagree with the following statements?... I feel close to people at this school. [In-School only]... I feel close to people from this school. [Remote only]... I am happy to be at this school. [In-School only]... I am happy with this school. [Remote only]... I feel like I am part of this school.... The teachers at this school treat students fairly. [In-School only]... The teachers treat students fairly. [Remote only]... I feel safe in my school. [In-School only]

<sup>\*</sup>The scale was based on five survey questions for in-school respondents.

 $<sup>\</sup>psi$  The scale was based on four questions for remote respondents.

Table A6.8
School Connectedness Scale Questions – Continued

	Grade 9	Grade 11 %
The teachers at this school treat students fairly/The teachers treat students fairly.	,,	,,,
Strongly disagree	6	2
Disagree	9	14
Neither disagree nor agree	38	35
Agree	39	43
Strongly agree	8	5
I feel safe in my school. (In-School Only)		
Strongly disagree	7	4
Disagree	6	8
Neither disagree nor agree	35	34
Agree	46	50
Strongly agree	6	4

Question HS/MS A.29-31 How strongly do you agree or disagree with the following statements?... The teachers at this school treat students fairly. [In-School only]... The teachers treat students fairly. [Remote only]...I feel safe in my school. [In-School only]

Table A6.9
Academic Motivation Scale Questions

	Grade 9	Grade 11
	%	%
Academic motivation		
Average reporting "Agree" or "Strongly agree"	57	57
I try hard to make sure that I am good at my schoolwork.		
Strongly disagree	3	0
Disagree	5	6
Neither disagree nor agree	18	21
Agree	46	48
Strongly agree	27	26
I try hard on my schoolwork because I am interested in it.		
Strongly disagree	9	9
Disagree	24	27
Neither disagree nor agree	38	33
Agree	23	26
Strongly agree	7	5
I work hard to try to understand new things when doing my schoolwork.		
Strongly disagree	5	4
Disagree	10	7
Neither disagree nor agree	31	28
Agree	43	52
Strongly agree	10	9
I am always trying to do better in my schoolwork.		
Strongly disagree	2	2
Disagree	4	9
Neither disagree nor agree	21	24
Agree	55	49
Strongly agree	17	16

Question HS/MS A.38-41: How strongly do you agree or disagree with the following statements?... I try hard to make sure that I am good at my schoolwork... I try hard on my schoolwork because I am interested in it... I work hard to try to understand new things when doing my schoolwork... I am always trying to do better in my schoolwork.

Table A6.10

Maintaining Focus on Schoolwork

	Grade 9 %	Grade 11 %
It is hard for me to stay focused when doing my schoolwork.		
Strongly disagree	7	4
Disagree	21	25
Neither disagree nor agree	23	22
Agree	33	34
Strongly agree	17	15

Question HS/MS A.36: How strongly do you agree or disagree with the following statements?... It is hard for me to stay focused when doing my schoolwork.

Table A6.11 School Boredom and Value of School

	Grade 9 %	Grade 11 %
School boredom		
Low (0-3)	16	13
Medium (4-6)	43	32
High (7-10)	41	55
Value of school		
High (0-3)	62	59
Medium (4-6)	27	28
Low (7-10)	11	13

Question HS/MS A.42, 43: How strongly do you agree or disagree with the following statements?... School is really boring... School is worthless and a waste of time.

Table A6.12A
School Boredom Profile Groups - 9th Grade

			School is really boring (Grade 9)									
		0 Strongly Disagree	1	2	3	4	5	6	7	8	9	10 Strongly Agree
o o	Strongly Disagree 0	Low	Bored	om &		Mid	Boredo	om &		High	Bored	lom &
tim	1	High Value		Hi	gh Val	ue		High Value		lue		
e of	2	15%			30%		18%					
a waste of time	3											
	4	Low	Bored	om &		Mid	Boredo	om &		High	Borec	lom &
ss ar	5	М	id Valı	ue <sup>₹</sup>		M	id Val	ue	Mid Value		lue	
School is worthless and	6						12%		14%			
WOI	7											
ol is	8	Low	Bored	om &		Mid	Boredo	om &		High	Borec	lom &
cho	9	Lo	w Val	ue <sup>₹</sup>		Lo	w Valı	ıe <sup>₹</sup>		L	ow Va	lue
	10 Strongly Agree										9%	

Question HS/MS A.42, 43: How strongly do you agree or disagree with the following statements?... School is really boring... School is worthless and a waste of time.

Notes: Cells are empty if there are less than 10 respondents.

Percentages may not add up to 100% because categories with very low responses are not reported.

 $<sup>^{</sup>ar{\overline{\wedge}}}$  Results are not reported due to a very small number of responses.

Table A6.12B
School Boredom Profile Groups - 11th Grade

			School is really boring (Grade 11)									
		0 Strongly Disagree	1	2	3	4	5	6	7	8	9	10 Strongly Agree
42	Strongly Disagree 0	Low	Bored	om &		Mid	Boredo	om &		High	Bored	lom &
tim	1	High Value		Hi	gh Val	ue	High Value			lue		
e of	2	12%			24%		24%					
a waste of time	3											
ıd a	4	Low	Bored	om &		Mid	Boredo	om &		High	Bored	lom &
ss ar	5	М	id Valı	ıe <sup>⊼</sup>		M	id Val	ue	Mid Value		ue	
thle	6						6%		20%			
WOI	7											
ol is	8	Low	Bored	om &		Mid	Boredo	om &		High	Bored	lom &
School is worthless and	9	Lo	w Val	ue <sup>₹</sup>		Lo	w Valu	ıe <sup>₹</sup>		L	ow Val	lue
<i>y</i>	10										12%	
	Strongly Agree											

Question HS/MS A.42, 43: How strongly do you agree or disagree with the following statements?... School is really boring... School is worthless and a waste of time.

Notes: Cells are empty if there are less than 10 respondents.

Percentages may not add up to 100% because categories with very low responses are not reported.

 $<sup>^{</sup>ar{\overline{\wedge}}}$  Results are not reported due to a very small number of responses.

Table A6.13

Promotion of Parental Involvement Scale Questions

	Grade 9	Grade 11	
	%	%	
Promotion of parental involvement in school			
Average reporting "Agree" or "Strongly agree"	32	31	
Teachers at this school communicate with parents about what students are expected to learn in class.			
Strongly disagree	7	6	
Disagree	19	25	
Neither disagree nor agree	36	37	
Agree	30	26	
Strongly agree	8	6	
Parents feel welcome to participate at this school.			
Strongly disagree	3	3	
Disagree	7	16	
Neither disagree nor agree	53	49	
Agree	34	27	
Strongly agree	3	6	
School staff take parent concerns seriously.			
Strongly disagree	11	9	
Disagree	15	18	
Neither disagree nor agree	53	44	
Agree	20	26	
Strongly agree	1	4	

Question HS/MS A.33-35: How strongly do you agree or disagree with the following statements?... Teachers at this school communicate with parents about what students are expected to learn in class... Parents feel welcome to participate at this school... School staff take parent concerns seriously.

Table A6.14

Checking Student Progress

	Grade 9 %	Grade 11 %	
A teacher or some other adult from my school checks on how I am feeling.			
Not at all true	35	31	
A little true	27	30	
Pretty much true	22	17	
Very much true	15	22	

Question HS/MS A.49: There is a teacher or some other adult from my school... who checks on how I am feeling. Note: Cells are empty if there are less than 10 respondents.

Table A6.15

Quality of School Physical Environment (In-School Only)

	Grade 9 %	Grade 11 %
My school is usually clean and tidy.		
Strongly disagree	13	7
Disagree	28	30
Neither disagree nor agree	37	31
Agree	21	29
Strongly agree	2	3

Question HS/MS A.32: How strongly do you agree or disagree with the following statements?... My school is usually clean and tidy.

## 7. Social and Emotional Health

Table A7.1

Chronic Sad or Hopeless Feelings, Past 12 Months

	Grade 9	Grade 11	
No	58	58	—
Yes	42	43	

Question HS A.150/MS A.143: During the past 12 months, did you ever feel so sad or hopeless almost every day for two weeks or more that you stopped doing some usual activities?

*Note: Cells are empty if there are less than 10 respondents.* 

Table A7.2
Seriously Considered Attempting Suicide, Past 12 Months

	Grade 9	Grade 11
	%	%
No	78	81
Yes	22	19

Question HS A.151/MS A.144: During the past 12 months, did you ever seriously consider attempting suicide? Note: Cells are empty if there are less than 10 respondents.

Table A7.3

Optimism Scale Questions

	Grade 9 %	Grade 11 %
Optimism		
Average reporting "Pretty much true" or "Very much true"	38	46
Each day I look forward to having a lot of fun.		
Not at all true	18	20
A little true	45	36
Pretty much true	23	30
Very much true	14	14
I usually expect to have a good day.		
Not at all true	22	19
A little true	38	35
Pretty much true	26	35
Very much true	14	11
Overall, I expect more good things to happen to me than bad things.		
Not at all true	25	26
A little true	37	25
Pretty much true	23	25
Very much true	15	23

Question HS A.157-159/MS A.150-152: Please tell us how true each statement is of you... Each day I look forward to having a lot of fun... I usually expect to have a good day... Overall, I expect more good things to happen to me than bad things.

Table A7.4

Life Satisfaction Scale Questions

	Grade 9	Grade 11
Life satisfaction	%	%
Average reporting "Satisfied" or "Very satisfied"	58	57
		51
I would describe my satisfaction with		
my family life as		
Very dissatisfied	8	2
Dissatisfied	8	3
A little dissatisfied	10	16
A little satisfied	14	16
Satisfied	38	36
Very satisfied	23	26
my friendships as		
Very dissatisfied	5	2
Dissatisfied	4	4
A little dissatisfied	5	9
A little satisfied	17	12
Satisfied	42	36
Very satisfied	27	36
my school experience as		
Very dissatisfied	12	6
Dissatisfied	8	13
A little dissatisfied	14	21
A little satisfied	32	32
Satisfied	25	19
Very satisfied	9	9

Question HS A.160-162/MS A.153-155: Please describe your level of satisfaction below. I would describe my satisfaction with... my family life as... my friendships as... my school experience as...

Table A7.4

Life Satisfaction Scale Questions – Continued

	Grade 9 %	Grade 11 %
I would describe my satisfaction with		
myself as		
Very dissatisfied	10	7
Dissatisfied	10	13
A little dissatisfied	11	13
A little satisfied	19	20
Satisfied	32	34
Very satisfied	18	13
where I live as		
Very dissatisfied	6	3
Dissatisfied	2	1
A little dissatisfied	5	7
A little satisfied	13	16
Satisfied	40	34
Very satisfied	35	39

Question HS A.163, 164/MS A.156, 157: Please describe your level of satisfaction below. I would describe my satisfaction with... myself as... where I live as...

Table A7.5
Social Emotional Distress Scale Questions

	Grade 9	Grade 11	
	%	%	
Social emotional distress			
Average reporting "Pretty much true" or "Very much true"	33	38	
I had a hard time relaxing.			
Not at all true	28	25	
A little true	38	34	
Pretty much true	23	19	
Very much true	12	23	
I felt sad and down.			
Not at all true	30	25	
A little true	34	33	
Pretty much true	21	21	
Very much true	15	20	
I was easily irritated.			
Not at all true	23	19	
A little true	29	28	
Pretty much true	25 20		
Very much true	22 33		
It was hard for me to cope and I thought I would panic.			
Not at all true	49	50	
A little true	27	23	
Pretty much true	12	10	
Very much true	12	17	
It was hard for me to get excited about anything.			
Not at all true	48 46		
A little true	29 30		
Pretty much true	10	13	
Very much true	13	12	

Question HS A.152-156/MS A.145-149: Over the past 30 days, how true do you feel these statements are about you?... I had a hard time relaxing... I felt sad and down... I was easily irritated... It was hard for me to cope and I thought I would panic... It was hard for me to get excited about anything.

## 8. School Violence, Victimization, and Safety

Table A8.1

Perceived Safety at School (In-School Only)

	Grade 9 %	Grade 11 %
Very safe	7	9
Safe	43	39
Neither safe nor unsafe	40	44
Unsafe	4	5
Very unsafe	5	3

Question HS A.114/MS A.107: How safe do you feel when you are at school?

Table A8.2

Reasons for Harassment on School Property, Past 12 Months

	Grade 9	Grade 11
	%	%
Race, ethnicity, or national origin		
0 times	79	80
1 time	6	8
2 or more times	15	13
Religion		
0 times	90	87
1 time	3	7
2 or more times	7	7
Gender		
0 times	84	76
1 time	4	3
2 or more times	11	20
Because you are gay, lesbian, or bisexual or someone thought you were		
0 times	87	91
1 time	4	3
2 or more times	9	7
A physical or mental disability		
0 times	92	92
1 time	1	2
2 or more times	7	6
Any of the above five reasons	33	39

Question HS A.134-138, 141-145/MS A.127-131, 134-138: During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?... Your race, ethnicity, or national origin [In-school only]... Your religion [In-school only]... Because you are gay, lesbian, or bisexual or someone thought you were [In-school only]... A physical or mental disability [In-school only]... During the past 12 months, how many times did students from your school harass you or bully you for any of the following reasons?... Your race, ethnicity, or national origin [Remote only]... Your religion [Remote only]... Your gender [Remote only]... Because you are gay, lesbian, or bisexual or someone thought you were [Remote only]... A physical or mental disability. [Remote only]

Table A8.2

Reasons for Harassment on School Property, Past 12 Months – Continued

	Grade 9 %	Grade 11 %	
You are an immigrant or someone thought you were			
0 times	92	92	
1 time	1	3	
2 or more times	6	5	
Any other reason			
0 times	73	69	
1 time	8	5	
2 or more times	18	25	
Any harassment	43	50	

Question HS A.134-147/MS A.127-140: During the past 12 months, how many times on school property were you harassed or bullied for any of the following reasons?... Your race, ethnicity, or national origin [In-school only]... Your religion [In-school only]... Your gender [In-school only]... Because you are gay, lesbian, or bisexual or someone thought you were [In-school only]... A physical or mental disability [In-school only]... You are an immigrant or someone thought you were [In-school only]... Any other reason [In-school only]... During the past 12 months, how many times did students from your school harass you or bully you for any of the following reasons?... Your race, ethnicity, or national origin [Remote only]... Your religion [Remote only]... Your gender [Remote only]... Because you are gay, lesbian, or bisexual or someone thought you were [Remote only]... A physical or mental disability [Remote only]... You are an immigrant or someone thought you were [Remote only]... Any other reason. [Remote only]

**Table A8.3**School Violence Victimization Scale Questions

	Grade 9	Grade 11
	%	%
School violence victimization (In-School Only)	25	21
Average reporting "1 or more times"	35	31
During the past 12 months, how many times on school property have you		
been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around? ( <i>In-School Only</i> )		
0 times	72	76
1 time	13	11
2 to 3 times	6	9
4 or more times	9	4
been afraid of being beaten up? (In-School Only)		
0 times	72 85	
1 time	16	11
2 to 3 times	6	3
4 or more times	6	1
During the past 12 months, how many times have you		
had mean rumors or lies spread about you?		
0 times	59	65
1 time	16	12
2 to 3 times	13	13
4 or more times	11	10
had sexual jokes, comments, or gestures made to you?		
0 times	63	57
1 time	9	11
2 to 3 times	13	11
4 or more times	16	20

Question HS A.115, 116, 118, 119, 130, 131/MS A.108, 109, 111, 112, 123, 124: During the past 12 months, how many times on school property have you... been pushed, shoved, slapped, hit, or kicked by someone who wasn't just kidding around? [In-school only]... been afraid of being beaten up? [In-school only]... had mean rumors or lies spread about you? [In-school only]... had sexual jokes, comments, or gestures made to you? [In-School only]... During the past 12 months, how many times did students from your school... spread mean rumors or lies spread about you? [Remote only]... make sexual jokes, comments, or gestures toward you? [Remote only] Note: Cells are empty if there are less than 10 respondents.

**Table A8.3**School Violence Victimization Scale Questions – Continued

	Grade 9 %	Grade 11 %
During the past 12 months, how many times on school property have you/did students from your school	<i>,</i> c	70
had your property stolen or deliberately damaged? (In-School Only)		
0 times	76	89
1 time	12	4
2 to 3 times	7	5
4 or more times	5	2
been made fun of because of your looks or the way you talk?		
0 times	51	57
1 time	16	12
2 to 3 times	14	16
4 or more times	19	15
been made fun of, insulted, or called names?		
0 times	57	55
1 time	13	15
2 to 3 times	10	16
4 or more times	21	14
During the past 12 months, how many times did other students spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone?		
0 times (never)	73	67
1 time	13	10
2 to 3 times	7	16
4 or more times	7	8

Question HS A.120, 121, 129, 132, 133, 148/MS A.113, 114, 122, 125, 126, 141: During the past 12 months, how many times on school property have you... been made fun of because of your looks or the way you talk? [In-school only]... had your property stolen or deliberately damaged, such as your car, clothing, or books? [In-school only]... been made fun of, insulted, or called names? [In-school only]... During the past 12 months, how many times did students from your school... make fun of you because of your looks or the way you talk? [Remote only]...make fun of you, insult you, or call you names? [Remote only]... During the past 12 months, how many times did other students spread mean rumors or lies, or hurtful pictures, about you online, on social media, or on a cell phone? Note: Cells are empty if there are less than 10 respondents.

**Table A8.4** School Violence Perpetration Scale Questions (In-School Only)

	Grade 9 %	Grade 11 %	
School violence perpetration	%	70	
Average reporting "1 or more times"	10	7	
During the past 12 months, how many times on school property have you			
been in a physical fight?			
0 times	89	96	
1 time	7	3	
2 to 3 times	1	1	
4 or more times	4	0	
been offered, sold, or given an illegal drug?			
0 times	77	76	
1 time	9	13	
2 to 3 times	4	7	
4 or more times	9	3	
damaged school property on purpose?			
0 times	93	95	
1 time	1	4	
2 to 3 times	4	0	
4 or more times	2 1		
carried a gun?			
0 times	97	99	
1 time	0	0	
2 to 3 times	0	0	
4 or more times	3	1	
carried any other weapon (such as a knife or club)?			
0 times	94	98	
1 time	1 0		
2 to 3 times	1	1	
4 or more times	4	2	

Question HS A.117, 122-125/MS A.110, 115-118: During the past 12 months, how many times on school property have you... been in a physical fight?... been offered, sold, or given an illegal drug?... damaged school property on purpose?... carried a gun?... carried any other weapon (such as a knife or club)?

Table A8.5

Threats and Injuries with Weapons at School, Past 12 Months (In-School Only)

	Grade 9 %	Grade 11 %
During the past 12 months, how many times on school property have you		
been threatened with harm or injury?		
0 times	82	86
1 time	11	6
2 to 3 times	2 6	
4 or more times	4	2
been threatened or injured with a weapon (gun, knife, club, etc.)?		
0 times	92	98
1 time	3	1
2 to 3 times	2	1
4 or more times	3	1

Question HS A.126, 128/MS A.119, 121: During the past 12 months, how many times on school property have you... been threatened or injured with a weapon (gun, knife, club, etc.)?... been threatened with harm or injury? Note: Cells are empty if there are less than 10 respondents.

Table A8.6
Weapons Possession on School Property, Past 12 Months (In-School Only)

	Grade 9 %	Grade 11 %	
During the past 12 months, how many times on school property have you			
seen someone carrying a gun, knife, or other weapon?			
0 times	83	87	
1 time	10	9	
2 to 3 times	3	4	
4 or more times	4	0	

Question HS A.127/MS A.120: During the past 12 months, how many times on school property have you... seen someone carrying a gun, knife, or other weapon?

## 9. Alcohol and Other Drug Use

Table A9.1
Summary Measures of Level of AOD Use and Perceptions

	Grade 9 %	Grade 11 %	Table
Lifetime illicit AOD use to get "high" <sup>⊼</sup>	26	32	A9.2
Lifetime alcohol or drug use	27	34	A9.2
Lifetime marijuana use	14	17	A9.2
Lifetime very drunk or high (7 or more times)	7	7	A9.7
Current alcohol or drug use <sup>¶</sup>	11	15	A9.5
Current marijuana use <sup>¶</sup>	7	8	A9.5
Current heavy drug use <sup>¶</sup>	6	5	A9.5
Current heavy alcohol use (binge drinking)¶	4	1	A9.5
Current alcohol or drug use on school property $^{\P\Phi}$	7	2	A9.8
Harmfulness of occasional marijuana use <sup>B</sup>	34	26	A9.11
Difficulty of obtaining marijuana <sup>C</sup>	7	4	A9.12

 $<sup>^{\</sup>bar{\wedge}}$ Excludes prescription pain medication.

<sup>¶</sup>Past 30 days.

 $<sup>^{\</sup>Phi}$ In-School only.

 $<sup>^</sup>B$ Great harm.

<sup>&</sup>lt;sup>C</sup>Very difficult.

Table A9.2
Summary of AOD Lifetime Use

	Grade 9 %	Grade 11	
Alcohol	17	26	
Marijuana	14	17	
Inhalants	3	1	
Cocaine, methamphetamine, or any amphetamines	2	1	
Ecstasy, LSD, or other psychedelics	2	3	
Prescription pain medication (opioids)	6	7	
Cold/cough medicines or other over-the-counter medicines to get "high"	6	6	
Any other drug, pill, or medicine to get "high"	3	4	
Any of the above AOD use	27	34	
Any illicit AOD use to get "high".	26	32	

 $<sup>\</sup>bar{\ \ }$  Excludes prescription pain medication, tranquilizers or sedatives, diet pills, and prescription stimulant.

Table A9.3

Lifetime AOD Use

	Grade 9 %	Grade 11 %
Alcohol (one full drink)	70	7/0
0 times	83	74
1 time	6	6
2 to 3 times	5	7
4 or more times	6	13
Marijuana (smoke, vape, eat, or drink)		
0 times	86	83
1 time	3	1
2 to 3 times	5	3
4 or more times	7	13
Inhalants		
0 times	97	99
1 time	1	1
2 to 3 times	1	0
4 or more times	1	0
Cocaine, methamphetamine, or any amphetamines		
0 times	98	99
1 time	1	0
2 to 3 times	0	1
4 or more times	1	1
Ecstasy, LSD, or other psychedelics		
0 times	98	97
1 time	0	0
2 to 3 times	1	1
4 or more times	1	1
Prescription pain medication		
0 times	94	93
1 time	1	1
2 to 3 times	2	4
4 or more times	3	2

Question HS A.65-68, 70, 71/MS A.66-68: During your life, how many times have you used the following? One full drink of alcohol (such as a can of beer, glass of wine, wine cooler, or shot of liquor)... Marijuana (smoke, vape, eat, or drink)... Inhalants (things you sniff, huff, or breathe to get "high" such as glue, paint, aerosol sprays, gasoline, poppers, gases)... Cocaine, methamphetamine, or any amphetamines (meth, speed, crystal, crank, ice)... Ecstasy, LSD, or other psychedelics (acid, mescaline, peyote, mushrooms)... Prescription pain medication (Vicodin, OxyContin, Percodan, Fentanyl).

Table A9.3

Lifetime AOD Use – Continued

	Grade 9 %	Grade 11 %
Cold/cough medicines or other over-the-counter medicines to get "high"		
0 times	94	94
1 time	1	1
2 to 3 times	2	1
4 or more times	3	4
Any other drug, pill, or medicine to get "high" or for reasons other than medical		
0 times	97	96
1 time	1	1
2 to 3 times	2	0
4 or more times	1	4

Question HS A.72, 73/MS A.70: During your life, how many times have you used the following?... Cold/cough medicines or other over-the-counter medicines to get "high"... Any other drug, pill, or medicine to get "high" or for reasons other than medical.

Table A9.4

Methods of Marijuana Consumption

	Grade 9 %	Grade 11 %
During your life, how many times have you used marijuana in any of the following ways		
Smoke it?		
0 times	90	86
1 time	1	3
2 to 3 times	2	2
4 or more times	6	9
In a vaping device?		
0 times	89	87
1 time	2	3
2 to 3 times	2	3
4 or more times	7	7
Eat or drink it in products made with marijuana?		
0 times	92	89
1 time	2	2
2 to 3 times	2	4
4 or more times	4	4

Question HS A.77-79/MS A.74-76: During your life, how many times have you used marijuana in any of the following ways... Smoke it?... In a vaping device (vape pens, mods, or portable vaporizers)?... Eat or drink it in products made with marijuana?

Table A9.5 Current AOD Use, Past 30 Days

	Grade 9 %	Grade 11 %
Alcohol (one or more drinks of alcohol)	7	10
Binge drinking (5 or more drinks in a row)	4	1
Marijuana (smoke, vape, eat, or drink)	7	8
Inhalants	1	0
Prescription drugs to get "high" or for reasons other than prescribed	1	0
Other drug, pill, or medicine to get "high" or for reasons other than medical	2	2
Any drug use	8	8
Heavy drug use	6	5
Any AOD Use	11	15
Two or more substances at the same time	3	2

Question HS A.83-89/MS A.80-84: During the past 30 days, on how many days did you use... one or more drinks of alcohol?... five or more drinks of alcohol in a row, that is, within a couple of hours?... marijuana (smoke, vape, eat, or drink)?... inhalants (things you sniff, huff, or breathe to get "high")?... prescription drugs to get "high" or for reasons other than prescribed?... any other drug, pill, or medicine to get "high" or for reasons other than medical?... two or more substances at the same time (for example, alcohol with marijuana, ecstasy with mushrooms)?

Notes: Cells are empty if there are less than 10 respondents.

Heavy drug use was calculated based on pattern of combined current drug use on three or more days (marijuana, inhalants, prescription pain medicine to get "high" (high school only), or any other illegal drug/pill to get "high").

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Table A9.6
Frequency of Current AOD Use, Past 30 Days

	Grade 9 %	Grade 11 %
Alcohol (one or more drinks)		
0 days	93	90
1 or 2 days	4	9
3 to 9 days	2	0
10 to 19 days	0	1
20 to 30 days	1	0
Binge drinking (5 or more drinks in a row)		
0 days	96	99
1 or 2 days	3	0
3 to 9 days	1	1
10 to 19 days	0	0
20 to 30 days	0	0
Marijuana (smoke, vape, eat, or drink)		
0 days	93	92
1 or 2 days	1	3
3 to 9 days	2	3
10 to 19 days	1	1
20 to 30 days	3	1

Question HS A.83-85/MS A.80-82: During the past 30 days, on how many days did you use... one or more drinks of alcohol?... five or more drinks of alcohol in a row, that is, within a couple of hours?... marijuana (smoke, vape, eat, or drink)?

Table A9.7

Lifetime Drunk or "High"

	Grade 9	Grade 11
Very drunk or sick after drinking alcohol	%	<u>%</u>
0 times	94	92
1 to 2 times	3	7
3 to 6 times	2	1
7 or more times	1	1
"High" (loaded, stoned, or wasted) from using drugs		
0 times	89	86
1 to 2 times	3	2
3 to 6 times	1	5
7 or more times	7	7
Very drunk or "high" 7 or more times	7	7

Question HS A.74, 75/MS A.71, 72: During your life, how many times have you been... very drunk or sick after drinking alcohol?... "high" (loaded, stoned, or wasted) from using drugs?

Table A9.8

Current AOD Use on School Property, Past 30 Days (In-School Only)

	Grade 9 %	Grade 11 %	
Alcohol			
0 days	96	100	
1 to 2 days	2	0	
3 or more days	1	0	
Marijuana (smoke, vape, eat, or drink)			
0 days	95	98	
1 to 2 days	1	0	
3 or more days	4	2	
Any other drug, pill, or medicine to get "high" or for reasons other than medical			
0 days	98	100	
1 to 2 days	1	0	
3 or more days	1	0	
Any of the above	7	2	

Question HS A.93-95/MS A.88-90: During the past 30 days, on how many days on school property did you... have at least one drink of alcohol?... use marijuana (smoke, vape, eat, or drink)?... use any other drug, pill, or medicine to get "high" or for reasons other than medical?

*Note: Cells are empty if there are less than 10 respondents.* 

Table A9.9
Lifetime Drunk or "High" on School Property

3 3			
	Grade 9 %	Grade 11 %	
0 times	94	95	
1 to 2 times	2	2	
3 to 6 times	2	1	
7 or more times	2	1	

Question HS A.76/MS A.73: During your life, how many times have you been... drunk on alcohol or "high" on drugs on school property?

Table A9.10

Cessation Attempts

	Grade 9 %	Grade 11
Alcohol	~	76
Does not apply, don't use	95	92
0 times	2	6
1 time	2	2
2 to 3 times	1	0
4 or more times	0	0
Marijuana		
Does not apply, don't use	91	91
0 times	2	8
1 time	2	1
2 to 3 times	2	0
4 or more times	3	0

Question HS A.65, 66, 111, 112: During your life, how many times have you used the following?... One full drink of alcohol (such as a can of beer, glass of wine, wine cooler, or shot of liquor)... Marijuana (smoke, vape, eat, or drink)... How many times have you tried to quit or stop using... alcohol?... marijuana?

Notes: Cells are empty if there are less than 10 respondents.

Respondents reporting "0 Times" on lifetime alcohol and marijuana use are coded as "Does not apply, don't use" on alcohol and marijuana cessation attempts, respectively.

Table A9.11
Perceived Harm of AOD Use

	Grade 9 %	Grade 11 %
Alcohol - drink occasionally		
Great	27	27
Moderate	26	31
Slight	29	27
None	18	16
Alcohol - 5 or more drinks once or twice a week		
Great	47	52
Moderate	27	30
Slight	11	6
None	15	12
Marijuana - use occasionally		
Great	34	26
Moderate	35	33
Slight	16	25
None	15	16
Marijuana - use daily		
Great	63	49
Moderate	18	30
Slight	6	7
None	13	14

Question HS A.101-104/MS A.96-99: How much do people risk harming themselves physically and in other ways when they do the following?... Drink alcohol (beer, wine, liquor) occasionally... Have five or more drinks of alcohol once or twice a week... Use marijuana occasionally (smoke, vape, eat, or drink) ... Use marijuana daily. Note: Cells are empty if there are less than 10 respondents.

Table A9.12

Perceived Difficulty of Obtaining Alcohol, Marijuana, and Prescription Drugs to Get "High"

	Grade 9 %	Grade 11 %
Alcohol		
Very difficult	7	4
Fairly difficult	13	12
Fairly easy	23	18
Very easy	23	33
Don't know	34	33
Marijuana		
Very difficult	7	4
Fairly difficult	7	10
Fairly easy	23	22
Very easy	27	29
Don't know	35	35
Prescription drugs to get "high" or for reasons other than prescribed		
Very difficult	7	5
Fairly difficult	15	14
Fairly easy	17	17
Very easy	18	20
Don't know	43	43

Question HS A.107-109/MS A.102-104: How difficult is it for students in your grade to get any of the following if they really want them?... Alcohol... Marijuana... Prescription drugs to get "high" or for reasons other than prescribed.

## 10. Tobacco Use

Table A10.1
Summary of Key CHKS Tobacco Indicators

Summary of Rey CIIKS Tobacco Indicators	Grade 9	Grade 11	Table
Use Prevalence and Patterns	, :	, =	
Ever smoked a whole cigarette	2	5	A10.2
Current cigarette smoking <sup>¶</sup>	0	0	A10.4
Current cigarette smoking at school <sup>¶⊕</sup>	0	0	A10.6
Ever tried smokeless tobacco	1	1	A10.2
Current smokeless tobacco use <sup>¶</sup>	0	1	A10.4
Current smokeless tobacco use at school $^{\P\Phi}$	1	0	A10.6
Ever used vape products	16	14	A10.2
Current use of vape products <sup>¶</sup>	8	2	A10.4
Current tobacco vaping <sup>¶</sup>	6	2	A10.5
Current marijuana vaping <sup>¶</sup>	6	2	A10.5
Current vaping at school <sup>¶⊕</sup>	5	2	A10.6
Cessation Attempts			
Tried to quit smoking or vaping tobacco or nicotine	7	2	A10.8
Attitudes and Correlates			
Harmfulness of occasional cigarette smoking <sup>B</sup>	36	32	A10.9
Harmfulness of smoking 1 or more packs/day <sup>B</sup>	68	72	A10.9
Harmfulness of vaping occasionally <sup>B</sup>	33	37	A10.10
Harmfulness of vaping several times a day <sup>B</sup>	73	78	A10.10
Difficulty of obtaining cigarettes <sup>C</sup>	7	5	A10.11
Difficulty of obtaining vape products <sup>C</sup>	5	3	A10.11
Anti-Tobacco Policy			
School bans tobacco use and vaping	73	85	A10.12

<sup>¶</sup>Past 30 days.

 $<sup>^{\</sup>Phi}$ In-School only.

 $<sup>^</sup>BGreat\ harm.$ 

<sup>&</sup>lt;sup>C</sup>Very difficult.

Table A10.2

Lifetime Tobacco Use

	Grade 9 %	Grade 11 %
A whole cigarette	70	70
0 times	98	95
1 time	1	1
2 to 3 times	1	3
4 or more times	1	1
Smokeless tobacco		
0 times	99	99
1 time	1	0
2 to 3 times	0	0
4 or more times	0	1
Vape products		
0 times	84	86
1 time	5	4
2 to 3 times	3	4
4 or more times	8	7

Question HS A.62-64/MS A.63-65: During your life, how many times have you used the following?... A whole cigarette... Smokeless tobacco (dip, chew, or snuff)... Vape products.

Table A10.3
Substances Ever Vaped

	Grade 9 %	Grade 11 %
Vaped tobacco or nicotine		
0 times	87	88
1 time	5	4
2 to 3 times	2	3
4 or more times	6	5
Vaped marijuana or THC		
0 times	89	91
1 time	3	1
2 to 3 times	2	1
4 or more times	7	7
Vaped other product		
0 times	98	98
1 time	0	1
2 to 3 times	1	0
4 or more times	1	1

Question HS A.64A-64C/MS A.65A-65C: During your life, how many times have you used the following?... Vaped tobacco or nicotine... Vaped marijuana or THC... Vaped other product.

Table A10.4

Any Current Use and Daily Use

	Grade 9 %	Grade 11 %
Cigarettes		
Any	0	0
Daily (20 or more days)	0	0
Smokeless tobacco		
Any	0	1
Daily (20 or more days)	0	0
Vape products		
Any	8	2
Daily (20 or more days)	2	0

Question HS A.80-82/MS A.77-79: During the past 30 days, on how many days did you use... cigarettes?... smokeless tobacco (dip, chew, or snuff)?... vape products?

Table A10.5
Substances Vaped, Past 30 Days

	Grade 9 %	Grade 11
Vaped tobacco or nicotine?	70	//
0 days	94	98
1 or 2 days	2	1
3 to 9 days	1	0
10 to 19 days	2	1
20 to 30 days	2	0
Vaped marijuana or THC?		
0 days	94	98
1 or 2 days	1	2
3 to 9 days	2	0
10 to 19 days	2	0
20 to 30 days	2	0
Vaped other product?		
0 days	98	100
1 or 2 days	1	0
3 to 9 days	0	0
10 to 19 days	0	0
20 to 30 days	1	0

Question HS A.82A-82C/MS A.79A-79C: During the past 30 days, on how many days did you use vape products?... Vaped tobacco or nicotine... Vaped marijuana or THC... Vaped other product?

Table A10.6

Current Smoking on School Property, Past 30 Days (In-School Only)

	Grade 9 %	Grade 11 %
Cigarettes	,,,	,
0 days	100	100
1 or 2 days	0	0
3 to 9 days	0	0
10 to 19 days	0	0
20 to 30 days	0	0
Smokeless tobacco		
0 days	99	100
1 or 2 days	1	0
3 to 9 days	0	0
10 to 19 days	0	0
20 to 30 days	0	0
Vape		
0 days	95	98
1 or 2 days	2	1
3 to 9 days	0	0
10 to 19 days	1	0
20 to 30 days	2	1

Question HS A.90-92/MS A.85-87: During the past 30 days, on how many days on school property did you... smoke cigarettes?... use smokeless tobacco (dip, chew, or snuff)?... vape?

Table A10.7
Secondhand Smoke on School Property, Past 30 Days (In-School Only)

	Grade 9 %	Grade 11 %	
Breathed the smoke or vapor from someone who was using cigarettes or e-cigarettes			
0 days	92	98	
1 day	1	0	
2 days	1	2	
3-9 days	2	1	
10-19 days	1	0	
20-30 days	4	0	

Question HS A.96/MS A.91: During the past 30 days, on how many days on school property did you... breathe the smoke or vapor from someone who was using cigarettes or e-cigarettes?

*Note: Cells are empty if there are less than 10 respondents.* 

Table A10.8

Cigarette Smoking and Vaping Cessation Attempts

	Grade 9 %	Grade 11 %
Does not apply, don't use	92	95
0 times	1	3
1 time	3	2
2 to 3 times	2	0
4 or more times	2	0

Question HS A.62, 64, 110: During your life, how many times have you used the following? A whole cigarette... Vape products... How many times have you tried to quit or stop using... smoking or vaping tobacco or nicotine? Notes: Cells are empty if there are less than 10 respondents.

Respondents reporting "0 Times" on lifetime cigarette or vape product use are coded as "Does not apply, don't use" on cigarette smoking and vaping cessation attempts.

Table A10.9

Perceived Harm of Cigarette Smoking

	Grade 9 %	Grade 11 %
Smoke cigarettes occasionally		
Great	36	32
Moderate	32	42
Slight	16	14
None	16	13
Smoke 1 or more packs of cigarettes each day		
Great	68	72
Moderate	12	13
Slight	3	2
None	17	14

Question HS A.97, 98/MS A.92, 93: How much do people risk harming themselves physically and in other ways when they do the following?... Smoke cigarettes occasionally... Smoke 1 or more packs of cigarettes each day. Note: Cells are empty if there are less than 10 respondents.

Table A10.10

Perceived Harm of Using Vape Products

	Grade 9 %	Grade 11 %
Vape tobacco or nicotine occasionally		
Great	33	37
Moderate	42	42
Slight	10	9
None	15	11
Vape tobacco or nicotine several times a day (100 puffs or more)		
Great	73	78
Moderate	10	9
Slight	4	0
None	13	13

Question HS A.99, 100/MS A.94, 95: How much do people risk harming themselves physically and in other ways when they do the following?... Vape tobacco or nicotine occasionally... Vape tobacco or nicotine several times a day (100 puffs or more).

Table A10.11
Perceived Difficulty of Obtaining Cigarettes and Vape Products

	Grade 9	Grade 11
Cigarettes	<u>%</u>	%
Very difficult	7	5
Fairly difficult	15	11
Fairly easy	28	25
Very easy	15	22
Don't know	36	37
Vape products		
Very difficult	5	3
Fairly difficult	4	2
Fairly easy	23	19
Very easy	40	44
Don't know	28	33

Question HS A.105, 106/MS A.100, 101: How difficult is it for students in your grade to get any of the following if they really want them?... Cigarettes... Vape products.

Note: Cells are empty if there are less than 10 respondents.

Table A10.12
School Bans Tobacco Use and Vaping

	Grade 9	Grade 11
	%	%
No	8	2
Yes	73	85
Don't know	19	12

Question HS A.113/MS A.105: Does your school ban tobacco use and vaping on school property and at school sponsored events?

### 11. Other Health Risks

Table A11.1

Gang Involvement (In-School Only)

	Grade 9 %	Grade 11 %	
No	98	98	
Yes	2	3	

Question HS A.149/MS A.142: Do you consider yourself a member of a gang?

#### 12. Race/Ethnic Breakdowns

Table A12.1 School Engagement and Supports by Race/Ethnicity

	Grade 9	Grade 11
School Connectedness <sup>†#</sup> (In-School Only)	%	%
American Indian or Alaska Native	(7	
Asian or Asian American	67	
Black or African American		
Hispanic or Latinx	41	45
Native Hawaiian or Pacific Islander		
White	54	54
Mixed (two or more) ethnics	44	31
Something else		
School Connectedness <sup>†</sup> (Remote Only)		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx		
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		
Academic Motivation <sup>†</sup>		
American Indian or Alaska Native		
Asian or Asian American	54	
Black or African American		
Hispanic or Latinx	53	52
Native Hawaiian or Pacific Islander		
White	58	58
Mixed (two or more) ethnics	73	64
Something else		

<sup>&</sup>lt;sup>†</sup>Average percent of respondents reporting "Agree" or "Strongly agree."

<sup>\*</sup>The scale was based on five survey questions for in-school respondents.

 $<sup>^{\</sup>psi} \textit{The scale was based on four questions for remote respondents}.$ 

Table A12.1
School Engagement and Supports by Race/Ethnicity – Continued

	Grade 9	Grade 11
	%	%
School is really boring $^{\pm}$		
American Indian or Alaska Native		
Asian or Asian American	42	
Black or African American		
Hispanic or Latinx	45	56
Native Hawaiian or Pacific Islander		
White	36	52
Mixed (two or more) ethnics	44	69
Something else		
School is worthless and a waste of time $^\pm$		
American Indian or Alaska Native		
Asian or Asian American	0	
Black or African American		
Hispanic or Latinx	11	13
Native Hawaiian or Pacific Islander		
White	11	13
Mixed (two or more) ethnics	13	13
Something else		
Monthly Absences (3 or more)		
American Indian or Alaska Native		
Asian or Asian American	0	
Black or African American		
Hispanic or Latinx	20	9
Native Hawaiian or Pacific Islander		
White	12	13
Mixed (two or more) ethnics	12	0
Something else		

 $<sup>^{\</sup>pm}$ Rating of 7 or higher.

Table A12.1
School Engagement and Supports by Race/Ethnicity – Continued

	Grade 9	Grade 11
	%	%
Maintaining focus on schoolwork <sup>†</sup>		
American Indian or Alaska Native		
Asian or Asian American	33	
Black or African American		
Hispanic or Latinx	21	22
Native Hawaiian or Pacific Islander		
White	27	31
Mixed (two or more) ethnics	50	19
Something else		
Caring adult relationships <sup>‡</sup>		
American Indian or Alaska Native		
Asian or Asian American	53	
Black or African American		
Hispanic or Latinx	45	49
Native Hawaiian or Pacific Islander		
White	66	66
Mixed (two or more) ethnics	44	54
Something else		
High expectations-adults in school <sup>‡</sup>		
American Indian or Alaska Native		
Asian or Asian American	58	
Black or African American		
Hispanic or Latinx	55	68
Native Hawaiian or Pacific Islander		
White	73	76
Mixed (two or more) ethnics	56	69
Something else		

<sup>&</sup>lt;sup>†</sup>Average percent of respondents reporting "Agree" or "Strongly agree."

 $<sup>^{\</sup>ddagger}$ Average percent of respondents reporting "Pretty much true" or "Very much true."

Table A12.1
School Engagement and Supports by Race/Ethnicity – Continued

	Grade 9	Grade 11
# · 0 1	%	%
Meaningful participation <sup>‡</sup>		
American Indian or Alaska Native		
Asian or Asian American	18	
Black or African American		
Hispanic or Latinx	26	18
Native Hawaiian or Pacific Islander		
White	23	28
Mixed (two or more) ethnics	14	25
Something else		
Cacilities upkeep <sup>†</sup> (In-School Only)		
American Indian or Alaska Native		
Asian or Asian American	58	
Black or African American		
Hispanic or Latinx	12	19
Native Hawaiian or Pacific Islander		
White	25	33
Mixed (two or more) ethnics	19	56
Something else		
Promotion of parental involvement in school <sup>†</sup>		
American Indian or Alaska Native		
Asian or Asian American	44	
Black or African American		
Hispanic or Latinx	26	28
Native Hawaiian or Pacific Islander		
White	35	33
Mixed (two or more) ethnics	23	33
Something else		

<sup>&</sup>lt;sup>†</sup>Average percent of respondents reporting "Agree" or "Strongly agree."

<sup>‡</sup>Average percent of respondents reporting "Pretty much true" or "Very much true."

Table A12.2 School Safety by Race/Ethnicity

	Grade 9	Grade 11
	%	%
School perceived as very safe or safe ( <i>In-School Only</i> )		
American Indian or Alaska Native		
Asian or Asian American	50	
Black or African American		
Hispanic or Latinx	46	48
Native Hawaiian or Pacific Islander		
White	54	55
Mixed (two or more) ethnics	50	13
Something else		
Experienced harassment due to five reasons $^{\lambda \S}$		
American Indian or Alaska Native		
Asian or Asian American	50	
Black or African American		
Hispanic or Latinx	36	46
Native Hawaiian or Pacific Islander		
White	29	30
Mixed (two or more) ethnics	36	50
Something else		
Experienced any harassment or bullying <sup>§</sup>		
American Indian or Alaska Native		
Asian or Asian American	50	
Black or African American		
Hispanic or Latinx	39	58
Native Hawaiian or Pacific Islander		
White	39	45
Mixed (two or more) ethnics	64	50
Something else		

 $<sup>^{\</sup>lambda}$ The five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.

<sup>§</sup>Past 12 months.

Table A12.2
School Safety by Race/Ethnicity – Continued

	Grade 9	Grade 11
Had mean rumors or lies spread about you <sup>§</sup>	%	%
American Indian or Alaska Native		
Asian or Asian American	18	
Black or African American		
Hispanic or Latinx	47	46
Native Hawaiian or Pacific Islander	.,	
White	40	31
Mixed (two or more) ethnics	50	33
Something else		
Been afraid of being beaten up§ (In-School Only)		
American Indian or Alaska Native		
Asian or Asian American	8	
Black or African American		
Hispanic or Latinx	19	14
Native Hawaiian or Pacific Islander		
White	32	13
Mixed (two or more) ethnics	36	27
Something else		
Been in a physical fight <sup>§</sup> (In-School Only)		
American Indian or Alaska Native		
Asian or Asian American	0	
Black or African American		
Hispanic or Latinx	11	7
Native Hawaiian or Pacific Islander		
White	13	1
Mixed (two or more) ethnics	7	13
Something else		

<sup>§</sup> Past 12 months.

Table A12.2 School Safety by Race/Ethnicity – Continued

	Grade 9 %	Grade 11 %
Seen a weapon on campus <sup>§</sup> (In-School Only)	70	70
American Indian or Alaska Native		
Asian or Asian American	0	
Black or African American		
Hispanic or Latinx	11	19
Native Hawaiian or Pacific Islander		
White	19	11
Mixed (two or more) ethnics	29	13
Something else		

Table A12.3

Cyberbullying by Race/Ethnicity

	Grade 9 %	Grade 11 %
Cyberbullying <sup>§</sup>		
American Indian or Alaska Native		
Asian or Asian American	8	
Black or African American		
Hispanic or Latinx	28	50
Native Hawaiian or Pacific Islander		
White	29	25
Mixed (two or more) ethnics	43	36
Something else		

<sup>§</sup> Past 12 months.

<sup>§</sup>Past 12 months.

Table A12.4
Substance Use by Race/Ethnicity

	Grade 9	Grade 11
Current alcohol or drug use <sup>¶</sup>	%	%
American Indian or Alaska Native		
Asian or Asian American	8	
Black or African American		
Hispanic or Latinx	15	10
Native Hawaiian or Pacific Islander		
White	6	17
Mixed (two or more) ethnics	20	13
Something else		
Current marijuana use <sup>¶</sup>		
American Indian or Alaska Native		
Asian or Asian American	0	
Black or African American		
Hispanic or Latinx	8	6
Native Hawaiian or Pacific Islander		
White	6	6
Mixed (two or more) ethnics	7	13
Something else		
Current binge drinking¶		
American Indian or Alaska Native		
Asian or Asian American	0	
Black or African American		
Hispanic or Latinx	11	3
Native Hawaiian or Pacific Islander		
White	1	0
Mixed (two or more) ethnics	0	0
Something else		

<sup>¶</sup>Past 30 days.

Table A12.4
Substance Use by Race/Ethnicity – Continued

	Grade 9	Grade 11
	%	%
Very drunk or "high" 7 or more times, ever		
American Indian or Alaska Native		
Asian or Asian American	0	
Black or African American		
Hispanic or Latinx	13	3
Native Hawaiian or Pacific Islander		
White	4	9
Mixed (two or more) ethnics	0	0
Something else		
Been drunk or "high" on drugs at school, ever		
American Indian or Alaska Native		
Asian or Asian American	0	
Black or African American		
Hispanic or Latinx	10	10
Native Hawaiian or Pacific Islander		
White	7	5
Mixed (two or more) ethnics	0	0
Something else		
Current alcohol use¶		
American Indian or Alaska Native		
Asian or Asian American	8	
Black or African American		
Hispanic or Latinx	13	6
Native Hawaiian or Pacific Islander		
White	2	13
Mixed (two or more) ethnics	13	0
Something else		

<sup>¶</sup>Past 30 days.

Table A12.4
Substance Use by Race/Ethnicity – Continued

	Grade 9	Grade 11
m.	%	%
Current alcohol use at school <sup>¶</sup> ( <i>In-School Only</i> )		
American Indian or Alaska Native		
Asian or Asian American	0	
Black or African American		
Hispanic or Latinx	5	0
Native Hawaiian or Pacific Islander		
White	1	0
Mixed (two or more) ethnics	13	0
Something else		
Current cigarette smoking <sup>¶</sup>		
American Indian or Alaska Native		
Asian or Asian American	0	
Black or African American		
Hispanic or Latinx	0	0
Native Hawaiian or Pacific Islander		
White	0	0
Mixed (two or more) ethnics	0	0
Something else		
Current vaping <sup>¶</sup>		
American Indian or Alaska Native		
Asian or Asian American	0	
Black or African American		
Hispanic or Latinx	10	0
Native Hawaiian or Pacific Islander		
White	7	1
Mixed (two or more) ethnics	7	6
Something else		

<sup>¶</sup>Past 30 days.

Table A12.4
Substance Use by Race/Ethnicity – Continued

	Grade 9 %	Grade 11
Current tobacco vaping¶	70	70
American Indian or Alaska Native		
Asian or Asian American	0	
Black or African American		
Hispanic or Latinx	10	0
Native Hawaiian or Pacific Islander		
White	4	1
Mixed (two or more) ethnics	7	6
Something else		
Current marijuana vaping <sup>¶</sup>		
American Indian or Alaska Native		
Asian or Asian American	0	
Black or African American		
Hispanic or Latinx	8	0
Native Hawaiian or Pacific Islander		
White	6	0
Mixed (two or more) ethnics	7	6
Something else		

<sup>¶</sup>Past 30 days.

Table A12.5

Routines by Race/Ethnicity

	Grade 9 %	Grade 11 %
Cating of breakfast	70	70
American Indian or Alaska Native		
Asian or Asian American	77	
Black or African American		
Hispanic or Latinx	55	61
Native Hawaiian or Pacific Islander		
White	67	50
Mixed (two or more) ethnics	50	69
Something else		
edtime (at 12 am or later)		
American Indian or Alaska Native		
Asian or Asian American	31	
Black or African American		
Hispanic or Latinx	30	33
Native Hawaiian or Pacific Islander		
White	22	25
Mixed (two or more) ethnics	22	44
Something else		

Today.

Table A12.6

Learning from Home by Race/Ethnicity (Remote Only)

	Grade 9 %	Grade 11 %
Average days worked on schoolwork (5 or more)¶	,,	,,,
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx		
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		
Synchronous instruction (4 days or more)		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx		
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		
Interest in schoolwork done from home <sup>†</sup>		
American Indian or Alaska Native		
Asian or Asian American		
Black or African American		
Hispanic or Latinx		
Native Hawaiian or Pacific Islander		
White		
Mixed (two or more) ethnics		
Something else		

<sup>¶</sup>Past 30 days.

<sup>&</sup>lt;sup>∥</sup>Past 7 days.

<sup>&</sup>lt;sup>†</sup>Average percent of respondents reporting "Agree" or "Strongly agree."

Table A12.6

Learning from Home by Race/Ethnicity – Continued (Remote Only)

	Grade 9 %	Grade 11 %	
Meaningful opportunities <sup>‡</sup>			
American Indian or Alaska Native			
Asian or Asian American			
Black or African American			
Hispanic or Latinx			
Native Hawaiian or Pacific Islander			
White			
Mixed (two or more) ethnics			
Something else			

<sup>‡</sup>Average percent of respondents reporting "Pretty much true" or "Very much true."

Table A12.7 Social and Emotional Health by Race/Ethnicity

	Grade 9	Grade 11
	%	%
Social emotional distress <sup>‡</sup>		
American Indian or Alaska Native		
Asian or Asian American	27	
Black or African American		
Hispanic or Latinx	33	42
Native Hawaiian or Pacific Islander		
White	34	37
Mixed (two or more) ethnics	35	39
Something else		
Experienced chronic sadness/hopelessness§		
American Indian or Alaska Native		
Asian or Asian American	42	
Black or African American		
Hispanic or Latinx	50	58
Native Hawaiian or Pacific Islander		
White	39	39
Mixed (two or more) ethnics	50	36
Something else		
Considered suicide§		
American Indian or Alaska Native		
Asian or Asian American	17	
Black or African American		
Hispanic or Latinx	23	27
Native Hawaiian or Pacific Islander		
White	25	15
Mixed (two or more) ethnics	8	7
Something else		

<sup>‡</sup>Average percent of respondents reporting "Pretty much true" or "Very much true."

<sup>§</sup>Past 12 months.

Table A12.7
Social and Emotional Health by Race/Ethnicity – Continued

	Grade 9 %	Grade 11 %
Optimism <sup>‡</sup>	,,	,,
American Indian or Alaska Native		
Asian or Asian American	44	
Black or African American		
Hispanic or Latinx	38	41
Native Hawaiian or Pacific Islander		
White	39	45
Mixed (two or more) ethnics	33	57
Something else		
ife satisfaction <sup>∓</sup>		
American Indian or Alaska Native		
Asian or Asian American	59	
Black or African American		
Hispanic or Latinx	49	49
Native Hawaiian or Pacific Islander		
White	63	61
Mixed (two or more) ethnics	59	54
Something else		

 $<sup>^{\</sup>ddagger}$ Average percent of respondents reporting "Pretty much true" or "Very much true."

 $<sup>^{\</sup>mp}$ Average percent of respondents reporting "Satisfied" or "Very satisfied."

#### 13. Gender Breakdowns

Table A13.1 School Engagement and Supports by Gender

	Grade 9	Grade 11
School Connectedness <sup>†#</sup> (In School Only)	%	%
School Connectedness <sup>†#</sup> (In-School Only)	5.1	E 1
Male	51	51
Female	50	46
Nonbinary		
Something else		
School Connectedness $^{\dagger\psi}$ (Remote Only)		
Male		
Female		
Nonbinary		
Something else		
Academic Motivation <sup>†</sup>		
Male	52	52
Female	63	65
Nonbinary		
Something else		
School is really boring $^\pm$		
Male	39	55
Female	40	60
Nonbinary		
Something else		
School is worthless and a waste of time <sup>±</sup>		
Male	15	19
Female	4	5
Nonbinary		
Something else		

 $<sup>^{\</sup>dagger}$ Average percent of respondents reporting "Agree" or "Strongly agree."

<sup>\*</sup>The scale was based on five survey questions for in-school respondents.

 $<sup>^{\</sup>psi}$ The scale was based on four questions for remote respondents.

 $<sup>\</sup>pm$ Rating of 7 or higher.

Table A13.1
School Engagement and Supports by Gender – Continued

	Grade 9 %	Grade 11 %
Monthly Absences (3 or more)	7.0	70
Male	11	5
Female	19	17
Nonbinary		
Something else		
Maintaining focus on schoolwork <sup>†</sup>		
Male	26	31
Female	29	22
Nonbinary		
Something else		
Caring adult relationships <sup>‡</sup>		
Male	55	64
Female	57	55
Nonbinary		
Something else		
High expectations-adults in school <sup>‡</sup>		
Male	63	74
Female	67	71
Nonbinary		
Something else		
Meaningful participation <sup>‡</sup>		
Male	19	26
Female	26	23
Nonbinary		
Something else		

<sup>&</sup>lt;sup>†</sup>Average percent of respondents reporting "Agree" or "Strongly agree."

<sup>&</sup>lt;sup>‡</sup>Average percent of respondents reporting "Pretty much true" or "Very much true."

Table A13.1
School Engagement and Supports by Gender – Continued

	Grade 9 %	Grade 11 %
Facilities upkeep <sup>†</sup> ( <i>In-School Only</i> )		
Male	17	35
Female	28	26
Nonbinary		
Something else		
Promotion of parental involvement in school <sup>†</sup>		
Male	34	33
Female	32	26
Nonbinary		
Something else		

<sup>&</sup>lt;sup>†</sup>Average percent of respondents reporting "Agree" or "Strongly agree."

<sup>‡</sup>Average percent of respondents reporting "Pretty much true" or "Very much true."

Table A13.2 School Safety by Gender

	Grade 9	Grade 11
Cahaal namaiyad ag yawy gafa ay gafa (In Cahaal Out)	%	%
School perceived as very safe or safe (In-School Only)	~ A	<b>7.1</b>
Male	54	51
Female	51	43
Nonbinary		
Something else		
Experienced harassment due to five reasons $^{\lambda \S}$		
Male	37	28
Female	26	51
Nonbinary		
Something else		
Experienced any harassment or bullying§		
Male	45	43
Female	37	55
Nonbinary		
Something else		
Had mean rumors or lies spread about you§		
Male	32	24
Female	50	54
Nonbinary		
Something else		
Been afraid of being beaten up§ (In-School Only)		
Male	27	13
Female	29	17
Nonbinary		
Something else		

 $<sup>^{\</sup>lambda}$ The five reasons include race, ethnicity, or national origin; religion; gender (being male or female); sexual orientation; and a physical or mental disability.

<sup>§</sup>Past 12 months.

Table A13.2 School Safety by Gender – Continued

	Grade 9	Grade 11
Been in a physical fight <sup>§</sup> (In-School Only)	<u>%</u>	%
Male	18	6
Female	6	2
Nonbinary		
Something else		
Seen a weapon on campus <sup>§</sup> (In-School Only)		
Male	23	13
Female	12	13
Nonbinary		
Something else		

Table A13.3

Cyberbullying by Gender

	Gr	ade 9 %	Grade 11 %	
Cyberbullying <sup>§</sup>				
Male		17	18	
Female		38	48	
Nonbinary				
Something else				

<sup>§</sup>Past 12 months.

<sup>§</sup>Past 12 months.

Table A13.4
Substance Use by Gender

	Grade 9	Grade 11
Current alcohol or drug use <sup>¶</sup>	%	%
Male	8	15
Female	15	15
Nonbinary	13	13
Something else		
Current marijuana use <sup>¶</sup>		
Male	8	8
Female	7	8
	/	0
Nonbinary Something also		
Something else		
Current binge drinking <sup>¶</sup> Male	2	1
	3	1
Female	5	0
Nonbinary		
Something else		
Very drunk or "high" 7 or more times, ever		
Male	12	7
Female	3	7
Nonbinary		
Something else		
Been drunk or "high" on drugs at school, ever		
Male	9	3
Female	5	9
Nonbinary		
Something else		
Current alcohol use¶		
Male	3	10
Female	12	12
Nonbinary		
Something else		

<sup>¶</sup>Past 30 days.

Table A13.4
Substance Use by Gender – Continued

	Grade 9	Grade 11
	%	%
Current alcohol use at school (In-School Only)		
Male	3	0
Female	5	0
Nonbinary		
Something else		
Current cigarette smoking <sup>¶</sup>		
Male	0	0
Female	0	0
Nonbinary		
Something else		
Current vaping <sup>¶</sup>		
Male	9	0
Female	7	6
Nonbinary		
Something else		
Current tobacco vaping <sup>¶</sup>		
Male	6	0
Female	7	4
Nonbinary		
Something else		
Current marijuana vaping <sup>¶</sup>		
Male	6	0
Female	7	4
Nonbinary		
Something else		

<sup>¶</sup>Past 30 days.

Table A13.5

Routines by Gender

	Grade 9 %	Grade 11
Eating of breakfast		
Male	60	58
Female	60	53
Nonbinary		
Something else		
Bedtime (at 12 am or later)		
Male	25	27
Female	23	34
Nonbinary		
Something else		

Aerobic physical fitness standards—at least 150 minutes of moderate-intensity or 75 minutes of vigorous-intensity physical activity per week.

Today.

Table A13.6

Learning from Home by Gender (Remote Only)

	Grade 9 %	Grade 11 %
Average days worked on schoolwork (5 or more)¶	70	70
Male		
Female		
Nonbinary		
Something else		
Synchronous instruction (4 days or more)		
Male		
Female		
Nonbinary		
Something else		
Interest in schoolwork done from home <sup>†</sup>		
Male		
Female		
Nonbinary		
Something else		
Meaningful opportunities <sup>‡</sup>		
Male		
Female		
Nonbinary		
Something else		

<sup>¶</sup>Past 30 days.

<sup>&</sup>lt;sup>∥</sup>Past 7 days.

<sup>&</sup>lt;sup>†</sup>Average percent of respondents reporting "Agree" or "Strongly agree."

<sup>‡</sup>Average percent of respondents reporting "Pretty much true" or "Very much true."

Table A13.7
Social and Emotional Health by Gender

	Grade 9	Grade 11
G • • • • • • • • •	%	%
Social emotional distress <sup>‡</sup>		
Male	27	28
Female	37	49
Nonbinary		
Something else		
Experienced chronic sadness/hopelessness§		
Male	33	29
Female	49	58
Nonbinary		
Something else		
Considered suicide§		
Male	18	12
Female	24	25
Nonbinary		
Something else		
Optimism <sup>‡</sup>		
Male	43	52
Female	35	38
Nonbinary		
Something else		
Life satisfaction <sup>∓</sup>		
Male	59	62
Female	58	50
Nonbinary		
Something else		

<sup>‡</sup>Average percent of respondents reporting "Pretty much true" or "Very much true."

<sup>§</sup>Past 12 months.

<sup>&</sup>lt;sup>∓</sup>Average percent of respondents reporting "Satisfied" or "Very satisfied."

# **Alcohol and Other Drugs (AOD) Module**

# 1. Module Sample

Table B1.1 Student Sample for AOD Module

	Grade 9	Grade 11
Student Sample Size		
Target sample	520	439
Final number	155	117
Response Rate	30%	27%

## 2. Summary of Key Indicators

Table B2.1

Key Indicators of Alcohol and Other Drug Use

	Grade 9 %	Grade 11	Table
Alcohol and Marijuana Consumption Patterns			
Usually drank until felt it a lot	1	1	B3.4
Usually used marijuana or other drugs until felt it a lot	4	5	В3.5
Driving under the influence experiences	7	10	B3.6
Consequences of AOD Consumption			
Caused one or more problems	7	7	B4.2
Caused one or more dependency-related experiences	8	8	B4.3
Supports to Reduce AOD Use			
Very likely to find help at school for quitting or reducing use	17	22	B5.2
Strong Personal Disapproval of AOD Use			
Having one or two drinks of any alcoholic beverage nearly every day	51	53	B7.1
Trying marijuana once or twice	32	26	B7.1
Using marijuana once a month or more	52	36	B7.1

### 3. ATOD Consumption Patterns

Table B3.1

Lifetime Use of Heroin, Sedatives, Appetite Suppressants, and Prescription Stimulant

	Grade 9 %	Grade 11 %
Heroin		
0 times	97	99
1 time	0	0
2 to 3 times	1	1
4 or more times	2	0
Tranquilizers or sedatives		
0 times	96	97
1 time	1	2
2 to 3 times	1	0
4 or more times	2	1
Appetite suppressants		
0 times	93	92
1 time	1	1
2 to 3 times	1	3
4 or more times	5	3
Ritalin or Adderall or other prescription stimulant		
0 times	95	97
1 time	1	0
2 to 3 times	1	0
4 or more times	2	3

Question HS B.6-9: During your life, how many times have you used the following?... Heroin... Tranquilizers or sedatives (Xanax, Klonopin, Ativan, Valium)... Appetite suppressants (Didrex, Dexedrine, Xenadrine, Skittles, M&Ms)... Ritalin or Adderall or other prescription stimulant.

Table B3.2 Age of Onset - AOD Use

	Grade 9 %	Grade 11 %
Alcohol (one full drink)	///	/U
Never	75	65
10 years or under	5	3
11-12 years old	7	2
13-14 years old	9	10
15-16 years old	3	16
17 years or older	0	3
Marijuana (smoke, vape, eat, or drink)		
Never	87	82
10 years or under	1	0
11-12 years old	1	3
13-14 years old	8	8
15-16 years old	3	7
17 years or older	0	1
Any other illegal drug or pill to get "high"		
Never	94	95
10 years or under	1	1
11-12 years old	0	0
13-14 years old	3	2
15-16 years old	1	2
17 years or older	0	1

Question HS/MS B.1, 4, 5: About how old were you the first time you tried any of these things?... A drink of an alcoholic beverage (other than a sip or two)... Marijuana (smoke, vape, eat, or drink)... Any other illegal drug or pill to get "high."

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Table B3.3

Age of Onset – Tobacco Use

	Grade 9 %	Grade 11 %
Smoked part or all of a cigarette		
Never	92	92
10 years or under	3	3
11-12 years old	1	1
13-14 years old	3	2
15-16 years old	1	2
17 years or older	0	1
A vape product such as an e-cigarette, vape pen, or mod		
Never	85	84
10 years or under	3	1
11-12 years old	2	3
13-14 years old	6	7
15-16 years old	3	3
17 years or older	0	2

Question HS/MS B.2, 3: About how old were you the first time you tried any of these things?... Part or all of a cigarette... A vape product such as an e-cigarette (JUUL), vape pen, or mod.

Note: Cells are empty if there are less than 10 respondents.

Table B3.4
Usual Alcohol Consumption Level

	Grade 9 %	Grade 11 %	
I don't drink alcohol	91	89	
Just enough to feel it a little	5	7	
Enough to feel it moderately	3	3	
Until I feel it a lot or get really drunk	1	1	

Question HS B.10/MS B.6: If you drink alcohol, how much do you usually drink?

Table B3.5
Usual Drug Consumption Level

	Grade 9 %	Grade 11 %	
I don't use drugs	89	84	
Just enough to feel a little high	3	3	
Enough to feel it moderately	4	8	
Until I feel it a lot or get really high	4	5	

Question HS B.11: If you use marijuana or other drugs, how "high" (stoned, faded, wasted, trashed) do you usually like to get?

Note: Cells are empty if there are less than 10 respondents.

Table B3.6

Driving Under the Influence Experiences, Lifetime

	Grade 9 %	Grade 11 %	
Driven a car when you had been using alcohol or drugs, or been in a car driven by a friend who had been using			
Never	93	90	
1 time	1	2	
2 times	1	1	
3 to 6 times	2	5	
7 or more times	3	3	

Question HS B.35: During your life, how many times have you ever driven a car when you had been using alcohol or drugs, or been in a car driven by a friend when he or she had been using?

# 4. Reasons for and Consequences of AOD Consumption

Table B4.1

Reasons for AOD Use, Past 12 Months

	Grade 9 %	Grade 11 %
Does not apply, I haven't used alcohol, marijuana, or other drugs in the past 12 months.	82	78
To experiment (try using)	9	9
To get high	8	9
To have a good time with friends	6	14
To fit in with a group you like	2	0
Because of boredom	6	8
To relax	6	11
To get away from problems	6	9
Because of anger or frustration	4	7
To get through the day	4	3
Because it made you feel better	4	4
To seek deeper insights and understanding	3	2
None of the above	5	6

Question HS B.12/MS B.7: Have you used alcoholic beverages, marijuana, or other drugs in the past 12 months for any of the following reasons? (Mark All That Apply.)

Notes: Cells are empty if there are less than 10 respondents.

Table B4.2

Problems Caused by AOD Use

	Grade 9 %	Grade 11
Does not apply; I've never used alcohol or drugs	87	81
I've used alcohol or drugs but never had any problems	8	13
Have problems with emotions, nerves, or mental health	5	4
Get into trouble or have problems with the police	2	1
Have money problems	1	0
Miss school	1	1
Have problems with schoolwork	3	2
Fight with others	3	0
Damage a friendship	3	1
Physically hurt or injure yourself	3	0
Have unwanted or unprotected sex	2	1
Forget what happened or pass out	2	1
Been suspended from school	1	0
One or more problems	7	7

Question HS B.13: Has using alcohol, marijuana, or other drugs ever caused you to have any of the following problems? (Mark All That Apply.)

Notes: Cells are empty if there are less than 10 respondents.

Table B4.3

Alcohol or Other Drug Use Caused Negative Experiences

	Grade 9 %	Grade 11 %
Does not apply; I have not used alcohol or drugs	87	81
I use alcohol or drugs but have not experienced any of these things	5	11
Found you had to increase how much you use to have the same effect as before	2	2
Frequently spent a lot of time getting, using, or being hung over from using alcohol or other drugs	2	0
Used alcohol or drugs a lot more than you intended	2	2
Used alcohol or drugs when you were alone	4	7
Your use of alcohol or drugs often kept you from doing a normal activity	1	1
You didn't feel OK unless you had something to drink or used a drug	1	0
Thought about reducing or stopping use	3	1
Told yourself you were not going to use but found yourself using anyway	3	1
Spoke with someone about reducing or stopping use	3	1
Attended counseling, a program, or group to help you reduce or stop use	0	0
One or more negative experiences	8	8

Question HS B.14: If you use alcohol, marijuana, or another drug, have you had any of the following experiences? (Mark All That Apply.)

Notes: Cells are empty if there are less than 10 respondents.

Table B4.4

Likelihood of Suspension, Expulsion, Transfer Because of AOD Use/Possession

	Grade 9 %	Grade 11 %	
Very likely	36	32	
Likely	32	35	
Not likely	18	15	
Don't know	14	18	

Question HS B.17: In your opinion, how likely is it that a student will be suspended, expelled, or transferred if caught on school property using or possessing alcohol or other drugs?

### 5. Supports to Reduce AOD Use

Table B5.1

Needed Counseling for Use

	Grade 9 %	Grade 11 %	
No, I never used alcohol or other drugs	87	85	
No, but I do use alcohol or other drugs	9	13	
Yes, I have felt that I needed help	4	2	

Question HS B.15: Have you ever felt that you needed help (such as counseling or treatment) for your alcohol or other drug use?

*Note: Cells are empty if there are less than 10 respondents.* 

Table B5.2

Likelihood of Finding Help at School for Quitting or Reducing Use

	Grade 9 %	Grade 11 %	
Very likely	17	22	
Likely	30	39	
Not likely	31	19	
Don't know	23	20	

Question HS B.16: In your opinion, how likely is it that a student could find help at your school from a counselor, teacher, or other adult to stop or reduce using alcohol or other drugs?

*Note: Cells are empty if there are less than 10 respondents.* 

Table B5.3

Talked with Parent About AOD Use

	Grade 9 %	Grade 11 %
No	45	52
Yes	55	48

Question HS B.23/MS B.13: During the past 12 months, have you talked with at least one of your parents or guardians about the dangers of alcohol or drug use?

# 6. Availability

Table B6.1 Sources for Obtaining Alcohol

	Grade 9 %	Grade 11 %
At school	16	14
At parties	22	39
At concerts or other social events	8	18
At their own home	30	31
From adults at friends' homes	15	19
From friends or another teenager	30	35
Get adults to buy it for them	11	19
Buy it themselves from a store	13	18
At bars, clubs, or gambling casinos	1	3
Other	5	6
Don't know	64	52

Question HS B.18/MS B.8: How do most students at your school who drink alcohol usually get it? (Mark All That Apply.)

Notes: Cells are empty if there are less than 10 respondents.

Table B6.2
Sources for Obtaining Marijuana

	Grade 9 %	Grade 11 %
At school	22	23
At parties	15	26
At concerts or other social events	10	14
At their own home	21	23
From an adult acquaintance	10	23
From friends or another teenager	27	37
Buy it at a marijuana dispensary	8	17
At bars or clubs	2	3
Other	8	5
Don't know	69	59

Question HS B.19/MS B.9: How do most kids at your school who use marijuana usually get it? (Mark All That Apply.)

Notes: Cells are empty if there are less than 10 respondents.

### 7. Influences on ATOD Use

Table B7.1

Personal Disapproval of AOD Use

	Grade 9 %	Grade 11 %
Having one or two drinks of any alcoholic beverage nearly every day	70	70
Neither approve nor disapprove	33	25
Somewhat disapprove	16	23
Strongly disapprove	51	53
Trying marijuana once or twice		
Neither approve nor disapprove	44	55
Somewhat disapprove	25	18
Strongly disapprove	32	26
Using marijuana once a month or more regularly		
Neither approve nor disapprove	35	40
Somewhat disapprove	13	24
Strongly disapprove	52	36

Question HS B.20-22/MS B.10-12: How do you feel about someone your age doing the following?... Having one or two drinks of any alcoholic beverage nearly every day... Trying marijuana once or twice... Using marijuana once a month or more regularly.

Table B7.2

Parent Disapproval of ATOD Use

	Grade 9	Grade 11
	%	%
Take one or two drinks of alcohol nearly every day		
Very wrong	76	82
Wrong	16	11
A little wrong	4	6
Not at all wrong	4	2
Smoke tobacco		
Very wrong	82	82
Wrong	9	17
A little wrong	5	1
Not at all wrong	4	1
Use vape products such as e-cigarettes, vape pens, or mods		
Very wrong	84	84
Wrong	8	13
A little wrong	5	3
Not at all wrong	3	1
Use marijuana (smoke, vape, eat, or drink)		
Very wrong	78	74
Wrong	13	13
A little wrong	4	11
Not at all wrong	4	3
Use prescription drugs to get high or for reasons other than prescribed		
Very wrong	86	88
Wrong	7	8
A little wrong	4	3
Not at all wrong	4	1

Question HS B.25-29/MS B.15-19: How wrong do your parents or guardians feel it would be for you to do the following?... Take one or two drinks of alcohol nearly every day... Smoke tobacco... Use vape products such as e-cigarettes (JUUL), vape pens, or mods... Use marijuana (smoke, vape, eat, or drink)... Use prescription drugs to get high or for reasons other than prescribed.

Table B7.3

Peer Disapproval of ATOD Use

	Grade 9 %	Grade 11 %
Take one or two drinks of alcohol nearly every day	, c	,,,
Very wrong	52	56
Wrong	28	30
A little wrong	15	11
Not at all wrong	5	4
moke tobacco		
Very wrong	57	58
Wrong	22	30
A little wrong	15	9
Not at all wrong	6	4
Use vape products such as e-cigarettes, vape pens, or mods		
Very wrong	58	58
Wrong	19	27
A little wrong	15	12
Not at all wrong	8	4
Jse marijuana (smoke, vape, eat, or drink)		
Very wrong	57	48
Wrong	21	18
A little wrong	12	17
Not at all wrong	10	17
Use prescription drugs to get high or for reasons other than prescribed		
Very wrong	67	70
Wrong	20	21
A little wrong	10	8
Not at all wrong	4	1

Question HS B.30-34/MS B.20-24: How wrong would your close friends feel it would be if you did the following?... Take one or two drinks of alcohol nearly every day... Smoke tobacco... Use vape products such as e-cigarettes (JUUL), vape pens, or mods... Use marijuana (smoke, vape, eat, or drink)... Use prescription drugs to get high or for reasons other than prescribed.

Table B7.4

Heard, Read, or Watched Any Anti-ATOD Messages, Past 12 Months

	Grade 9 %	Grade 11 %
No	30	33
Yes	70	67

Question HS B.24/MS B.14: During the past 12 months, have you heard, read, or watched any messages about not using alcohol or drugs?

# **Drug-Free Communities (DFC) Module**

# 1. Module Sample

Table H1.1 Student Sample for DFC Module

	Grade 9	Grade 11
Student Sample Size		
Target sample	520	439
Final number	131	104
Response Rate	25%	24%

# 2. Prescription Drug Use

Table H2.1

Prescription Drug Use, Past 30 Days

	Grade 9 %	Grade 11 %
No	94	96
Yes	6	4

Question HS/MS H.2: During the past 30 days, have you used prescription drugs not prescribed to you? Note: Cells are empty if there are less than 10 respondents.

# 3. Disapproval of Prescription Drug Use

Table H3.1

Parental Disapproval of Prescription Drug Use

	Grade 9 %	Grade 11 %	
Very wrong	85	86	
Wrong	9	11	
A little wrong	3	3	
Not at all wrong	3	1	

Question HS/MS H.4: How wrong do your parents feel it would be for you to use prescription drugs not prescribed to you?

*Note: Cells are empty if there are less than 10 respondents.* 

Table H3.2

Peer Disapproval of Prescription Drug Use

	Grade 9 %	Grade 11
Very wrong	61	73
Wrong	26	22
A little wrong	9	4
Not at all wrong	4	1

Question HS/MS H.5: How wrong do your friends feel it would be for you to use prescription drugs not prescribed to you?

### 4. Perceived Harm of Substance Use

Table H4.1

Perceived Risks Associated with Marijuana and Prescription Drug Use

	Grade 9 %	Grade 11 %
Smoke marijuana once or twice a week		
Great risk	36	34
Moderate risk	37	36
Slight risk	21	23
No risk	6	8
Use prescription drugs that are not prescribed to them		
Great risk	55	69
Moderate risk	31	27
Slight risk	9	2
No risk	5	2

Question HS/MS H.1, 3: How much do you think people risk harming themselves physically or in other ways if they smoke marijuana once or twice a week?... How much do you think people risk harming themselves physically or in other ways if they use prescription drugs that are not prescribed to them?

## **Appendix**

# CHKS Content Overview, 2022-23

This brief guide to key CHKS Core Module indicators is designed to help survey users more easily understand and interpret their findings. References are provided to the tables in CHKS reports where results for the indicators discussed can be found. References are also made to other relevant CHKS reports, factsheets, and resources that can be downloaded from the CalSCHLS website (calschls.org) for further information. What Works Briefs that provide guidance on best practices related to areas assessed by the survey are available from the California Safe and Supportive Schools website (ca-safe-supportive-schools.wested.org/resources).

Special attention is directed toward indicators related to the requirements of California's Local Control and Accountability Plans (LCAP). For a summary of state-level LCAP-related baseline CHKS data, see Factsheet #15.2

#### MAIN CONTENT FOCUS: SCHOOL CLIMATE AND THE NEEDS OF THE WHOLE CHILD

The main purpose of the CHKS Core Module is to assess indicators of school climate, pupil engagement, and students supports, all three key priorities required of the LCAP. It provides schools with essential data to determine the degree to which they provide the conditions and supports that all youth need to succeed in learning and developmentally thrive. Forty-nine items assessing 14 school climate domains included in a *School Climate Report Card (SCRC)* that districts can request at the district and school level.<sup>3</sup> All districts receive a district-level SCRC and can request school-level SCRCs. The items used in the SCRC assess school connectedness, developmental supports (e.g., caring adult relationships), and safety, including bullying and victimization.

School climate, as measured by the CHKS, is strongly related to student performance on standardized academic tests. Data for high school students show that as school climate improves—as the schools became safer, more supportive, and more engaging—test performance increased as well.<sup>4</sup>

In a ground-breaking analysis, a positive school climate was a distinguishing characteristic of California secondary schools that "beat the odds" academically and consistently performed better on the state's standardized tests than *would be predicted* based on the characteristics of their students (i.e., comparing schools with similar student demographics). The more positive the school climate, the greater the probability there was for beating the odds. School climate was more strongly associated with beating the odds than a school's level of personnel resources.<sup>5</sup>

In addition, the CHKS Core Module provides data to help understand the degree to which schools address the needs of the whole child. CHKS data show that California secondary schools made greater progress in raising standardized test scores over a one-year period when they had higher percentages of students who reported: (1) being less engaged in risky behaviors such as substance use and violence; (2) being

<sup>&</sup>lt;sup>1</sup> To see how local results compare with state averages in California, download a copy of the latest Biennial State CHKS report (<u>calschls.org/reports-data/#state-level\_reports</u>). The Biennial State data are derived from a randomly-selected, representative state sample. County level reports are also available on the CHKS website. Biennial State CHKS and county level data can also be examined interactively on the CalSCHLS Data Dashboard (<u>calschls.org/reports-data/dashboard</u>).

<sup>&</sup>lt;sup>2</sup> Austin. (2016). Download calschls.org/docs/factsheet-15.pdf

<sup>&</sup>lt;sup>3</sup> See <u>calschls.org/reports-data/#scrc</u>

<sup>&</sup>lt;sup>4</sup> O'Malley & Hanson. (2012). Download <u>data.calschls.org/resources/S3factsheet3\_API\_20120716.pdf</u>

<sup>&</sup>lt;sup>5</sup> Voight, Austin, & Hanson. (2013). Download www.wested.org/online pubs/hd-13-10.pdf

more likely to eat nutritiously and exercise; and (3) experiencing caring adult relationships and high expectations at school.<sup>6</sup> These results suggest that addressing the health and developmental needs of youth is a critical component of a comprehensive strategy for meeting accountability demands for improved academic performance.

#### **GRADE-LEVEL PATTERNS**

More than twenty years of survey administration has demonstrated that as youth progress through secondary school, they become: (1) less likely to report feeling connected to school and being academically motivated; and (2) more likely to report truancy, involvement in substance use, and chronic sadness and hopelessness. Here are some additional grade-level patterns in CHKS data:

- Seventh graders report the highest rates of harassment and victimization, as well as participation in a physical fight and seeing a weapon on campus.
- Ninth graders report the lowest rates of developmental support.
- Nontraditional (continuation school) students report risk behavior (e.g., binge drinking, fighting at school) prevalence rates at least twice those of 11<sup>th</sup> graders in traditional comprehensive high schools. <sup>7</sup> They also exhibit lower perceived school safety, school connectedness, and developmental supports. Continuation school students are a highly vulnerable population in need of a wide range of academic, social, emotional, and behavioral supports and intervention services. <sup>8</sup>

# DEMOGRAPHIC CHARACTERISTICS AND POPULATION GROUP DIFFERENCES (Section 3)

Indicators of the demographic and background characteristics of the survey respondents help users gain a better sense of how representative the survey sample is compared to the student population overall. They also enable users to analyze how survey results vary by important groups in the school and help them to identify, and target programs for, youth most in need. School districts can use these data to meet LCAP requirements to demonstrate actions across state priorities in regard to socioeconomically disadvantaged students, English learners, and foster youth, as well as other indicators such as race/ethnicity, homeless youth, and LGBTQ youth.

In the standard CHKS report, breakdowns for selected key indicators are provided by race/ethnicity and gender. For selected key indicators, the CalSCHLS Data Dashboard (<u>calschls.org/reports-data/dashboard</u>) can be used to display group differences by gender, race/ethnicity, parental education, parent military status, homeless status, afterschool participation, gender identity, and sexual orientation. Results can also be displayed for English learners, free and reduced-priced meal eligible students (prior to 2021-22), and foster youth—three important LCAP priority groups. Districts/schools can also subscribe to the District CalSCHLS private data dashboard to disaggregate their CHKS results by demographic groups for each school (call 562.799.5164 or email calschls@wested.org).

#### **Racial-Ethnic Group Identification**

Respondents self-report their identification with six racial/ethnic groups. In one study of CHKS data, both academic performance and school well-being—the degree to which students feel safe at, supported by,

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<sup>&</sup>lt;sup>6</sup> Hanson & Austin. (2003). Download data.calschls.org/resources/FACTSHEET-3.pdf

<sup>&</sup>lt;sup>7</sup> In interpreting the results for 11<sup>th</sup> graders, note that many youth who are most disengaged and involved in high risk behaviors may have already dropped out of school or did not participate in the survey because of truancy or absenteeism.

<sup>&</sup>lt;sup>8</sup> Austin, Dixon, & Bailey. (2007). Download data.calschls.org/resources/FACTSHEET-7.pdf

and connected to the school—varied consistently and persistently across schools by racial/ethnic groupings. They were highest in schools with large proportions of white and Asian students, as well as in middle- and high-income schools. Controlling for socioeconomic status and other school demographic characteristics reduced these racial/ethnic group differences, but the disparities still remained. This suggests that school climate factors related to student well-being may also play a role in racial/ethnic group differences in achievement. One strategy to close the gap may be to enhance learning supports that foster caring adult relationships, high expectations, meaningful participation, safety, and connectedness in schools serving large proportions of low-income African American and Hispanic students.

In the majority of cases, with notable exceptions for Asians, the racial/ethnic gaps in performance, engagement, perceived support, and safety are greater within-schools than between-schools. <sup>10</sup> White students feel more safe, engaged, and supported than their African American, Latino, and Asian peers within the same school. Inequities in these factors can possibly contribute to the achievement differences. Further, these findings suggest that practices designed to ensure equitable access to academic resources, opportunities, learning supports, and promotion of common experiences may be effective in ameliorating the gap.

#### Youth in Foster Care

Compared to youth who live with their parents, youth in foster care settings report much higher rates of substance abuse, poor school attendance and grades, more violence-related behaviors, more harassment, and higher depression risk.<sup>11</sup> They were also more likely to be low in caring adult relationships and total developmental support.

#### **Sexual Orientation and Gender Identity**

Lesbian, gay, bisexual, transgender, and questioning or queer (LGBTQ) youth are at elevated risk for bullying and violence victimization, mental health problems, drug and alcohol use, and exhibiting poor performance in school. <sup>12</sup> <sup>13</sup> For example, analysis of the Biennial CHKS data indicate that LGBTQ youth <sup>14</sup> are:

- about 30 percentage points more likely than non-LGBTQ youth to experience harassment and bullying at school;
- 30-to-40 percentage points more likely to exhibit chronic sadness;
- 2-to-3 times more likely to smoke cigarettes, binge drink, and to have been drunk or high at school; and
- receive substantially fewer social supports from teachers and peers at school than their counterparts who do not identify as LGBTQ.

Because of such disparities, it is important to examine disparities across LGBTQ and non-LGBTQ youth to identify needs and support the development of practices that promote the healthy development and safety of all youth.

<sup>&</sup>lt;sup>9</sup> Austin, Hanson, Bono, & Zheng. (2008). Download <u>data.calschls.org/resources/factsheet</u> 8.pdf

<sup>10</sup> Hanson, Austin, & Li. (2012). Download data.calschls.org/resources/FACTSHEET-13 20120405.pdf

<sup>11</sup> Austin, Jones, & Annon. (2007). Download <u>data.calschls.org/resources/FACTSHEET-6.pdf</u>

<sup>12</sup> Hanson, T., Zhang, G., Cerna, R., Stern, A., & Austin, G. (2019) Understanding the experiences of LGBTQ youth in California. San Francisco, CA: WestEd. <u>Download wested.org/resources/lgbtq-students-in-california/</u>

<sup>&</sup>lt;sup>13</sup> Russell, S. T., & Fish, J. N. (2016). Mental health in lesbian, gay, bisexual, and transgender (LGBT) youth. *Annual Review of Clinical Psychology*, 12, 465-487.

<sup>14</sup> See calschls.org/reports-data/dashboard/

#### SCHOOL PERFORMANCE, SUPPORTS, AND ENGAGEMENT (Section 6)

A major focus of the CHKS is providing data to gauge the level of pupil engagement, an LCAP state priority on which districts are required to show improvement. Enhancing student engagement has been identified as the key to addressing problems of low achievement, high levels of student misbehavior, alienation, and high dropout rates. <sup>15</sup> CHKS and other surveys consistently show that as youth progress through the school system, indicators of engagement decline.

It is important to look at engagement from three perspectives: behavioral, emotional, and cognitive. The CHKS provides data on all three types. As discussed below, the Academic Motivation scale, school boredom, and self-reported grades provide insight into cognitive engagement; the School Connectedness scale and school value item into emotional engagement; and attendance data into behavioral engagement. Other behavioral engagement indicators on the survey include substance use at school and violence perpetration. Research shows that student engagement is malleable and that all three types of engagement are influenced by the level to which students perceive the school as having a positive environment.

The CHKS Developmental Supports scales provide insight into whether students experience three protective factors in their school (caring relationships, high expectations, and opportunities for meaningful participation). These protective factors characterize a positive school climate and are linked to school connectedness and positive academic, behavioral, and health outcomes. Other school climate factors assessed are the level of parent involvement and the quality of the school physical environment, both also LCAP priorities. The likelihood that students will be motivated and engaged is increased to the extent that their teachers, family, and friends effectively support their purposeful involvement in learning and in school.

#### **Self-Reported Grades**

The CHKS asks students to indicate what grades they received in school in the past 12 months. Although self-reports are not as accurate as actual report card data, they provide a general sense of the school performance of the survey respondents from their self-perception.

#### **Academic Motivation**

A four-item scale gauges student academic motivation by asking how strongly they agree that they try hard to do well on schoolwork, try hard because they are interested in the work, work hard to understand new things at school, and always try to do better. On the 2019-21 State CHKS, the percentage of students agreeing with the questions on this scale ranged from 64 percent in 11<sup>th</sup> grade to 71 percent in 7<sup>th</sup>. <sup>16</sup>

In order to achieve rigorous academic goals, students need not only a challenging and engaging curriculum, but they need to be emotionally connected to their learning. Student perceptions of the school environment and their degree of school connectedness influence their achievement motivation. But students may be behaviorally and/or emotionally invested in a given activity without actually exerting the necessary mental effort to understand and master the knowledge, craft, or skill that the activity promotes. This scale provides insight into the overall level of that mental effort.

In addition, the supplementary School Climate Module includes an Academic Mindset and Learning Engagement scale and a series of questions about supports for learning and academic rigor.

<sup>&</sup>lt;sup>15</sup> Wang, M-T, & Eccles, J. (2013). School context, achievement motivation, and academic engagement: A longitudinal study of school engagement using a multidimensional perspective. *Learning and Instruction*, 28, 12-23.

<sup>16</sup> Download data.calschls.org/resources/Biennial State 1921.pdf

#### School Boredom - School Value

Boredom is commonly experienced among secondary students, but its meaning and effects vary from student to student. Student boredom can be associated with specific subjects and academic tasks or it can be a pervasive response to school activities. Frequent boredom is associated with poor academic and mental health outcomes. Two CHKS questions ask about students' school boredom (school is really boring) and how much they value their schooling experience (school is worthless and a waste of time). Combined, these two survey questions are used to identify School Boredom Mindset Profiles. <sup>17,18</sup>

							School	is reall	y boring				
			Low Boredom			М	Mid Boredom			High Boredom			
		0 Disagree	1	2	3	4	5	6	7	8	9	10 Agree	
	0 Disagree Optin		imal										
<u> </u>	/alue	1		•	1			4		7			
of time	High Value	Low Boredom-High Value			Mid Boredom-High Value			High Boredom-High Value					
ste (		3	Students did not think school was boring and valued school highly					Students valued school highly with mid-level school boredom			Students indicated school was very boring, yet they valued it highly		
a waste	ne	4	2			5			8				
ess,	Mid Value	5	Low	Boredo	m-Mid Va	alue	Mid Bo	Mid Boredom-Mid Value Students with mid-level school boredom and school value		High Boredom-Mid Value			
School is worthless,	Mic	6								Students indicated school was very boring, and valued it at a mid level			
is w		7									Sub	optima	ıl
000	Low Value	8	8 3		6		9						
Sch	Low Boredom-Low Value		Mid Boredom-Low Value			High Boredom-Low Value			Value				
	Lc	10 Agree	Only a low percentage of students' responses place them				n in groups	s 2, 3, and 6.		ery boring,	icated scho and valued low level		

Students with high school boredom and low school-value, a suboptimal profile, report substantially poorer well-being than students with low boredom combined with elevated school-value, an optimal profile. Moreover, students with high school boredom and high school-value may be experiencing episodic or task-specific boredom, which requires different types of support than students who exhibit the suboptimal pattern. The percentage of students falling in each of these profile groups is presented in the CHKS report so that school personnel can monitor the boredom experiences of students to best address their academic and social emotional needs.

<sup>&</sup>lt;sup>17</sup> Furlong, M. J., Smith, D. C., Springer, T., & Dowdy, E. (2021). Bored with school! Bored with life? Well-being characteristics associated with a school boredom mindset. *Journal of Positive School Psychology*, *5*(1), 42–64. <a href="https://www.covitalityucsb.info/ewExternalFiles/10.%20Furlong%20et%20al%20Boredom-JPSP..pdf">https://www.covitalityucsb.info/ewExternalFiles/10.%20Furlong%20et%20al%20Boredom-JPSP..pdf</a>

<sup>&</sup>lt;sup>18</sup> See D. Michael Furlong's RISE 360 School Boredom Resource to learn more about school boredom and how these two items are combined to identify School Boredom Mindset Profiles <a href="https://rise.articulate.com/share/evs7SLqtz3xvWkgVnQjW6YNu1vFyRm6\_#/">https://rise.articulate.com/share/evs7SLqtz3xvWkgVnQjW6YNu1vFyRm6\_#/</a>

#### **Absenteeism**

Before good teachers with quality curriculums and engaging activities can improve academic performance, the students have to show up. The CHKS provides data to identify what proportion of respondents are at risk of chronic absenteeism (missed 2 or more days during the past 30 days) and what were the reasons for absences.

Poor attendance is a marker of a wider variety of other problems, including low school connectedness and learning engagement. Both the US Department of Education and the California Office of the Attorney General have launched initiatives designed to raise awareness about and combat chronic absenteeism, generally defined as missing 10 percent of school days. According to a report by Attendance Works, the nation's large and persistent achievement gaps are rooted in a largely hidden crisis of chronic absenteeism, especially among low-income and minority children.<sup>19</sup>

Biennial State CHKS data indicate that the most common reasons for being absent in secondary school, after illness, are generally not getting enough sleep and anxiety or stress, followed by being behind in schoolwork, and being bored or uninterested in school, another good indicator of disengagement.<sup>20</sup>

#### **Developmental Supports**

Research shows that when schools (or families or communities) provide three developmental supports—caring adult relationships, high expectations, and opportunities for meaningful participation—students are more likely to report more positive academic, social-emotional, and health outcomes, including higher grades, school connectedness, attendance, and perceived safety. CHKS measures these supports using multi-item scales. Results overall suggest that the great majority of students do not receive sufficient levels of support and that the supports received are lower in high school than in middle school, even though student need for them is arguably higher. 21 22 23 24 25 26

#### **School Connectedness**

School connectedness is one of the indicators of school climate that a California school district must address in its LCAP. Research shows that school connectedness is associated with multiple positive academic, social-emotional, and health outcomes.<sup>27</sup> It also shows that youth who feel safe at school, experience caring adults, and have opportunities for engagement and other developmental supports are more likely to feel connected to the school. The CHKS five-item School Connectedness scale is an important differentiator between low-performing and high-performing high schools and has value as an indicator of school quality. The online Query CalSCHLS system (calschls.org/reports-data/query-calschls/) enables examination of how key survey indicators vary by school connectedness.

School connectedness appears to have increased in California in the second half of the last decade, but it still declines markedly after elementary school. A substantial minority of middle and high school students are not connected to their schools. On the 2017-19 State CHKS, the average percentage of students

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<sup>&</sup>lt;sup>19</sup> Attendance Works & Everyone Graduates Center. (2017, September). *Portraits of Change: Aligning School and Community Resources to Reduce Chronic Absence*. Download <a href="https://www.attendanceworks.org/portraits-of-change/">www.attendanceworks.org/portraits-of-change/</a>

<sup>&</sup>lt;sup>20</sup> Austin, Hanson, Polik, & Zheng. (2018). Download <u>data.calschls.org/resources/Biennial State 1517.pdf</u>

<sup>&</sup>lt;sup>21</sup> Hanson & Austin. (2002). Download <u>data.calschls.org/resources/factsheet.pdf</u>

<sup>&</sup>lt;sup>22</sup> Hanson & Austin. (2002). Download data.calschls.org/resources/FACTSHEET-3.pdf

<sup>&</sup>lt;sup>23</sup> Hanson. (2011). Download data.calschls.org/resources/S3factsheet1 caring 20120223.pdf

<sup>&</sup>lt;sup>24</sup> Hanson. (2012). Download data.calschls.org/resources/S3factsheet2 participation 20120224.pdf

<sup>&</sup>lt;sup>25</sup> O'Malley & Amarillas. (2011). Download <u>data.calschls.org/resources/S3</u> WhatWorksBrief1 CaringRelationships final.pdf

<sup>&</sup>lt;sup>26</sup> O'Malley & Amarillas. (2011). Download <u>data.calschls.org/resources/S3 WhatWorksBrief2 MeaningfulPart final.pdf</u>

<sup>&</sup>lt;sup>27</sup> National Research Council and the Institute of Medicine. (2004). *Engaging schools: Fostering high school students' motivation to learn*. Washington, D.C.: The National Academies Press.

agreeing to these scale questions declined from 62 percent in 7<sup>th</sup> grade to 53 percent in 11<sup>th</sup>, a decline similar to that found for the Academic Motivation scale.<sup>28</sup> This may be related at least in part to their lower levels of developmental support. Prior analyses have indicated that the lowest rates of both connectedness and test scores are in low-income schools.<sup>29</sup> <sup>30</sup>

#### Parent Involvement

Parent involvement, including promoting parental participation in school programs, is one of the LCAP state priorities. A three-item scale assesses student perceptions (level of agreement) of three components of parent involvement: teachers communicating with parents about what students are expected to learn in class, parents feeling welcome to participate at this school, and school staff taking parent concerns seriously. The same questions also are asked on the staff and parent surveys so that perceptions can be compared across all three stakeholder groups. A large and growing body of evidence has linked school success to the manner and degree to which a school communicates with parents, engages them both in school activities and education, and fosters a school climate that parents perceive as warm, inviting, and helpful.<sup>31</sup>

#### **Facilities and Physical Environment**

As an indicator of student perceptions of the school's physical environment, the CHKS includes a question asking students how much they agree the school "is usually clean and tidy." Additional questions are included in the supplementary School Climate Module. An analysis of 2015/17 data from the questions on both modules found that a plurality of students report that their school facilities are in good condition, but a non-trivial minority of students were dissatisfied with the condition of their school facilities.<sup>32</sup> Between 20 percent and 25 percent of students disagree or strongly disagree on the quality of the physical environment items. Almost one-third of schools serving 11<sup>th</sup> graders were categorized as having low quality physical environments based on student reports on the clean and tidy item. Student perceptions of the quality of their school's physical environment were strongly related to student achievement.

#### SCHOOL VIOLENCE, VICTIMIZATION, AND SAFETY (Section 8)

The CHKS asks students a wide range of questions to ascertain the scope and nature of physical and verbal violence and victimization that occurs on campus, as well as vandalism, and the overall level of school safety.<sup>33</sup> Physical violence and weapons on campus have long been a major public concern. Equally disruptive are the uncounted acts of bullying, teasing, and other nonviolent misbehavior among youth, such as substance use and sales on campus.<sup>34</sup> These behaviors adversely affect not only students' ability to learn and willingness to attend school, but also the overall school environment, the ability of teachers to teach, and the willingness of adults to enter the teaching profession.<sup>35</sup> <sup>36</sup> <sup>37</sup>

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<sup>&</sup>lt;sup>28</sup> Austin, Hanson, Zhang, & Zheng. (2020). Download data.calschls.org/resources/Biennial State 1719.pdf

<sup>&</sup>lt;sup>29</sup> Austin, Hanson, & Voight. (2013). Download <u>data.calschls.org/resources/S3factsheet5</u> <u>connectedness</u> <u>20130827.pdf</u>

<sup>&</sup>lt;sup>30</sup> O'Malley & Amarillas. (2011). Download <u>data.calschls.org/resources/S3 WhatWorksBrief4 Connectedness final.pdf</u>

<sup>&</sup>lt;sup>31</sup> Wilder, S. (2014). Effects of parental involvement on academic achievement. A meta-synthesis. *Educational Review*, 66:3, 377-397.

<sup>&</sup>lt;sup>32</sup> Hanson & Austin. (2018). Download calschls.org/docs/facilities 2-18-1.pdf

<sup>&</sup>lt;sup>33</sup> The CHKS also includes two violence-related questions that are not school based: the frequency students experienced cyberbullying and whether they are gang members.

<sup>&</sup>lt;sup>34</sup> Juvonen, J., & Graham, S. (2001). Peer harassment in school: The plight of the vulnerable and victimized. New York: Guilford Press.

<sup>&</sup>lt;sup>35</sup> Barton, P. E. (2001). Facing the hard facts in education reform. Princeton, NJ: Educational Testing Service.

<sup>&</sup>lt;sup>36</sup> O'Malley & Amarillas. (2011). Download <u>data.calschls.org/resources/S3 WhatWorksBrief5 ViolencePerpetration final.pdf</u>

<sup>&</sup>lt;sup>37</sup> O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3 WhatWorksBrief6 ViolenceVictimization final.pdf

#### **Perceived Safety**

Perceived safety is another indicator that districts/schools are required to monitor as part of their LCAP school climate priority. School safety is more than the antithesis of violence. Perceived school safety is psychological as well as physical. Feelings of insecurity can have multiple sources, not all of which correctly reflect the level of danger and violence on a school campus, such as verbal bullying. Both physical and psychological safety are essential for high quality teaching and learning. It is a key factor in students feeling connected to school. Another indicator important for attendance is the percentage of students who report missing school because they didn't feel safe (Table A6.3).

If students report low levels of perceived school safety, further examination of all the indicators related to bullying and victimization is warranted. Consider conducting follow-up student voice and feedback sessions such as focus groups or Student Listening Circles and integrating questions on why students do not feel safe.<sup>38</sup>

#### **Harassment and Victimization**

Most of the safety-related questions on the survey assess victimization. Because a relatively small number of students can victimize a large number of their peers, victimization questions provide important insight into the overall school climate. Nonviolent harassment in any form—threats, intimidation, rumors, and ostracism—can instill a sense of vulnerability, isolation, frustration, and fear among its victims, leading to engagement in health risk behaviors or avoidance behaviors such as missing school and social isolation. This type of misbehavior, vastly more common than any other, ruins the school day for many students. In *Bruised Inside* (2000), the National Association of Attorneys General describes harassment by peers as one of the two causes for kids to express anger using guns, knives, and fists.<sup>39</sup>

The CHKS asks about the frequency with which students experienced any bullying/harassment related to six bias-related categories (gender, race/ethnicity, disability, sexual identity, religion, immigrant status), as well as for any other reason (Table A8.2). About three-in-ten secondary students report experiencing some harassment in the past year on the 2017-19 State CHKS, with the percentages declining between 7<sup>th</sup> and 11<sup>th</sup> grades. <sup>40</sup> Analyses show that victims of harassment are more likely to not feel safe at, and connected to, school; to have higher truancy; and to experience lower developmental (resilience) supports at school. <sup>41</sup> <sup>42</sup> They report higher rates of fighting and weapons possession at school, as well as risk of depression. Students who report bias-related harassment, particularly for disability and sexual orientation, have poorer well-being than students who were only harassed for other reasons.

Different forms of verbal harassment at school are assessed by asking students about: mean rumors or lies; sexual-related jokes, comments, or gestures; being made fun of because of looks or speech; and, more generally, being made fun of, insulted or called names. Physical victimization is assessed by questions about having been pushed/shoved, threatened with harm or injury (without or without weapon), and being afraid of being beaten up. Students are also asked whether they have ever been in a physical fight as a measure of general violence.

The supplementary School Climate Module includes Bullying Prevention and Respect for Diversity scales to provide insight into what the school is doing to reduce the problem.

<sup>&</sup>lt;sup>38</sup> O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3 WhatWorksBrief3 Safety final.pdf

<sup>&</sup>lt;sup>39</sup> Horn, D. M., National Association of Attorneys General., & Washington (State). (2000). *Bruised inside: What our children say about youth violence, what causes it, and what we need to do about it: A report of the National Association of Attorneys General (NAAG)*. Washington, DC: National Association of Attorneys General.

<sup>&</sup>lt;sup>40</sup> Austin, Hanson, Zhang, & Zheng. (2020). Download <u>data.calschls.org/resources/Biennial\_State\_1719.pdf</u>

<sup>&</sup>lt;sup>41</sup> Heck, Russell, O'Shaughnessy, Laub, Calhoun, & Austin. (2005). Download <u>data.calschls.org/resources/FACTSHEET-4.pdf</u>

<sup>&</sup>lt;sup>42</sup> Austin, Nakamoto, & Bailey, (2010), Download data.calschls.org/resources/FACTSHEET-10.pdf

#### **Vandalism and Weapons**

Two other safety-related areas assessed by the survey are school vandalism and weapons possession. Students are asked whether they damaged school property or had their property damaged at school and whether they carried a knife or other weapon to school or observed someone else doing these things.<sup>43</sup> Overall, weapons possession is not common. Statewide, only about two percent of secondary students report carrying a gun and 4-5 percent report carrying another weapon.<sup>44</sup> About 14 percent of 7<sup>th</sup> and 9<sup>th</sup> graders report seeing someone carrying a weapon compared to 11 percent of 11<sup>th</sup> graders.

#### SUBSTANCE USE (Sections 9 and 10)

An important barrier to learning, positive youth development, and health, substance use is assessed by the CHKS Core.

#### Alcohol and Other Drug Use (Section 9)

The misuse of alcohol and other drugs (AOD) continues to be among the most important issues confronting the nation. For schools, the problem is particularly relevant. Years of research have shown that adolescent substance use is closely connected to academic performance and contributes to raising the level of truancy and absenteeism, special education, disciplinary problems, disengagement and dropout rates, teacher turnover, and property damage.

Reflecting this, on the California School Staff Survey, 39 percent of high school staff statewide reported that alcohol and drug use are a moderate to severe problem at their school.<sup>45</sup>

#### Alcohol and Other Drug Use at School (Section 9)

AOD use at school is especially troubling. This is behavior that threatens not only the user's learning ability but also the school's efforts to educate all youth. It also is an indirect indicator of school disengagement. An analysis of CHKS data found that substance use and intoxication at school, being offered drugs at school, and lifetime intoxication were significantly related to changes in California achievement test scores one year later. 46 Schools with proportionately large numbers of students who reported these behaviors exhibited smaller gains in test scores than other schools. 47 48

### **Cigarette Smoking (Section 10)**

Students who report smoking cigarettes are significantly more likely than those who do not to engage in alcohol and other drug use, be involved in violence and gang membership, and experience school-related problems and disengagement. To a lesser extent, students who smoke are also more likely to be victims of violence and harassment, feel unsafe at school, and experience incapacitating sadness and loneliness. These results suggest that efforts to reduce student smoking may be more successful if embedded in approaches that address a broad range of risk behaviors and problems.<sup>49</sup> 50

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<sup>43</sup> Students who participated in school exclusively via remote learning were not asked these questions in 2020-21.

<sup>44</sup> Austin, Hanson, Polik, & Zheng. (2018). Download data.calschls.org/resources/Biennial State 1517.pdf

<sup>45</sup> Statewide CSSS. (2018). Download calschls.org/docs/statewide 1517 csss.pdf

<sup>&</sup>lt;sup>46</sup> Hanson, T. L., Austin, G. A., & Lee-Bayha, J. (2004). Ensuring that No Child is Left Behind: How are Student Health Risks & Resilience Related to the Academic Progress of Schools. San Francisco: WestEd.

<sup>47</sup> Hanson & Austin. (2003). Download data.calschls.org/resources/FACTSHEET-3.pdf

<sup>&</sup>lt;sup>48</sup> O'Malley & Amarillas. (2011). Download data.calschls.org/resources/S3 WhatWorksBrief8 AOD final.pdf

<sup>&</sup>lt;sup>49</sup> Hanson & Zheng. (2006). Download <u>data.calschls.org/resources/factsheet2update.pdf</u>

<sup>&</sup>lt;sup>50</sup> Austin, McCarthy, Slade, & Bailey. (2007). Download data.calschls.org/resources/FACTSHEET-5.pdf

#### **MENTAL HEALTH (Section 7)**

Student mental health can have a big impact on their health and well-being. The CHKS Core provides four measures for assessing mental health among students: (1) whether they experience chronic, incapacitating sadness or hopelessness; (2) whether they ever contemplated suicide; (3) social and emotional distress; and (4) life satisfaction. Students who experience chronic sadness, compared to their peers who do not, are at elevated risk of a wide range of educational, health, social, and emotional problems, including lower school attendance, performance, and connectedness.<sup>51</sup> They also report lower levels of the developmental supports in their schools and communities that have been shown to mitigate these problems. Similar findings are found among youth who have contemplated suicide.<sup>52</sup>

CHKS data also show that students who report bias-related harassment, particularly for disability and sexual orientation, have poorer overall mental health than students who are harassed for other reasons or not harassed. Students who report any harassment are about twice as likely to experience chronic sadness/hopelessness than their non-harassed peers.<sup>53</sup> <sup>54</sup>

See also the percentage of students who report missing school because they "felt very sad, hopeless, anxious, stressed, or angry." In addition, the supplementary School Climate Module includes a Social and Emotional Supports scale that provides insight from students on what the school does to help promote mental health and foster of social-emotional competencies.

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<sup>&</sup>lt;sup>51</sup> Austin, Nakamoto, & Bailey, (2010), Download data, calschls.org/resources/FACTSHEET-11.pdf

<sup>&</sup>lt;sup>52</sup> Austin, Cragle, Delong-Cotty. (2012). Download data.calschls.org/resources/FACTSHEET-12.pdf

<sup>&</sup>lt;sup>53</sup> Heck, Russell, O'Shaughnessy, Laub, Calhoun, & Austin. (2005). Download <u>data.calschls.org/resources/FACTSHEET-4.pdf</u>

<sup>&</sup>lt;sup>54</sup> Austin, Nakamoto, & Bailey. (2010). Download data.calschls.org/resources/FACTSHEET-10.pdf