







## PLEASE KEEP STUDENTS WITH SYMPTOMS OUT OF SCHOOL

This list is school instructions, not medical advice. Please contact your health care provider with health concerns.

| SYMPTOMS OF ILLNESS  | THE STUDENT MAY RETURN AFTER...<br>*The list below tells the shortest time to stay home.<br>A student may need to stay home longer for some illnesses.  |
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|  <b>Fever:</b> temperature of 100.4°F (38°C) or greater   | <b>*Fever-free for 24 hours</b> without taking fever-reducing medicine.   |
|  New <b>cough</b> illness   | <b>* Symptoms improving for 24 hours</b> (no cough or cough is well-controlled).  |
|  New <b>difficulty breathing</b>  | <b>* Symptoms improving for 24 hours</b> (breathing comfortably). <i><b>Urgent medical care may be needed.</b></i>  |
|  <b>Diarrhea:</b> 3 loose or watery stools in a day <b>OR</b> not able to control bowel movements | <b>*Symptom-free for 48 hours OR</b> with orders from doctor to school nurse.   |
|  <b>Vomiting:</b> one or more episode that is unexplained                                       | <b>*Symptom-free for 48 hours OR</b> with orders from doctor to school nurse.   |
|  <b>Headache with stiff neck and fever</b>  | <b>*Symptom-free OR</b> with orders from doctor to school nurse. Follow fever instructions above. <i><b>Urgent medical care may be needed.</b></i>  |
| <b>Skin rash or open sores</b>   | <b>*Symptom free</b> , which means rash is gone OR sores are dry or can be completely covered by a bandage <b>OR</b> with orders from doctor to school nurse.   |
| <b>Red eyes with colored drainage</b>  | <b>*Symptom-free</b> , which means redness and drainage are gone <b>OR</b> with orders from doctor to school nurse.   |
| <b>Jaundice:</b> new yellow color in eyes or skin  | <b>*After the school has orders</b> from doctor or local public health authority to school nurse.   |
| <b>Acting differently without a reason:</b> unusually sleepy, grumpy, or confused.   | <b>*Symptom-free</b> , which means return to normal behavior <b>OR</b> with orders from doctor to school nurse.   |
| <b>Major health event</b> , like an illness lasting 2 or more weeks OR a hospital stay, <b>OR health condition requires more care than school staff can safely provide.</b>        | <b>*After the school has orders</b> from doctor to school nurse <b>AND</b> after measures are in place for the student's safety. Please work with school staff to address special health-care needs so the student may attend safely. |