TOWN OF PUTNAM
COMMISSION ON AGING
200 SCHOOL STREET, PUTNAM CT 06260
860-963-6800 ~ www.putnamct.us
Meeting Minutes
TUESDAY, October 3, 2023 at 5:00 PM

Present: Louise Brodeur, Paul Desautels, Laura Crosetti, JoAnne Sorel, Ann Russo, Sheila Coderre, Rec Director Willie Bousquet, (plus 11 guests)

Absent: Stephanie Jarmolowicz, Linda Lamoureux, Melody Cassio

1. **Call To Order**: The meeting was called to order at 5:01 p.m. by Co-Chair Louise Brodeur
2. **Approval of Minutes** from September 12, 2023: Paul D made a motion to approve the minutes, 2nd by Laura C. Discussion: none. Motion carried.
3. Petitions and Communications: None
4. Unfinished Business:
   - A) Community Room/Kitchen Update:
     - i Annual inspection will be done before due date of November.
   - B) TVCCA Update: No updates
   - C) Best Wishes Committee (Marcy): No updates
   - D) **Senior Van(s) Update**:
     - i ARPA funds app / New Van Status
       1. Van & invoice received, town made payment, registration to come, ARPA reimbursement will be submitted soon, according to rules
     - ii Current older van
       1. Still running well except for A/C, work will be scheduled to keep it at its best once new van is in use
   - E) Celebration Meals: 10/3 birthdays, 10/11 ethnic - dumplings
   - F) Community Room Programming
     - i **UPCOMING BUS TRIP / TRIP CLUB** – ***NEW RULES – must pay at time of signing up in order to avoid any confusion)***. Sign ups available for:
       1. October 19, Thursday 10 AM: Royal Buffet, Willimantic CT, $15 *(trip club fun games Thurs 10/12*)
       2. November 16, Thursday 10 AM: Wright's Chicken Farm, Burrillville, RI, $15 *(trip club fun games Thurs 11/9)*
     - ii **PAST** Gregg's swap trip in Warwick: 63 attended
   - G) Topical program ideas:
     - i **"File of Life" Cards:** Vital info placed on refrigerators for 1st Responders.
       1. Proof passed around showing cover featuring 2 sponsors: Archambault Ins and Jen Lehto of Kazantzis Realty. Possible future sponsor may be available for future batch.
     - ii **UPCOMING SENIOR DANCES** at the Elks 6-9pm, with possible time changes to come. Flyers and promos ongoing
       1. Wed October 11, Halloween Spooktacular – *Christopher Heights sponsoring*
       2. Wed November 8, Gobble Up The Dance Floor – *Matulaitis sponsoring, with Putnam EMTs and Fire Department*

3 Wed December 6, Christmas Party w/pizza, salad, dessert – *Generations sponsoring w/ Putnam PD*

4 **PAST** 9/13 was 1950's theme, **50** attended, night of tornadoes

iii **UPCOMING Fall Senior Forum**: October 3, 2023 (instead of a senior fall fair) after this COA meeting the Senior Forum with 2 topics/presentations, pizza @ intermission, room 112.

5 5:30-6:20 Gabbi Labonte on Probate issues, Room 109

6 6:40-8:00 Alzheimer's Association CT Chapter, Room 109

iii **CANCELLED** Mobile Mammography Van scheduled for Thursday, November 2, 8am-1:30pm Cancelled due to circumstances beyond our control

iv **UPCOMING Lifestyle Care (Monitor My Health)** – Weekly 9 month ongoing program, sessions are 90 minutes (1 hour info in library + 30 minutes exercise activity in Room 113). Thursday mornings. Start 11/2/23. Sign up with them online or by phone. Flyers on website & in community room.

v **PAST**: DKH Fall Prevention Presentation, Wed 9/27, **17** attended

H) Public Comments: Willie spoke of the positivity that so many local communities have events going on, but we do get inundated with requests to share them all, and will continue to focus first on Putnam COA events and mission.

Adjournment: A motion was made by Ann R, 2nd by Laura C to adjourn the meeting at 5:23 p.m. Motion carried.

Next Meeting: Tuesday, November 14th, 2023, 6pm – Room 201 due to Election Day

Respectfully Submitted: *Marcy B. Dawley*, Acting Secretary

Current Members: Co-Chairs: Stephanie Jarmolowicz & Louise Brodeur. Secretary: Melody Cassio Linda Lamoureux, Paul Desautels, Sheila Coderre, Laura Crosetti, Ann Russo, JoAnne Sorel

Meetings 1st Tuesday each month, unless otherwise noted