



## STAFFORD COUNTY SCHOOL NUTRITION SERVICES MEAL CHARGE AND OPT OUT FORM

All students who do not have money to purchase a meal will be allowed to charge a complete meal regardless of the amount of their negative debt. School Nutrition Services has a “no shaming” policy and strongly avoids the practice of taking back a student’s meal once they have received their tray.

Therefore, parents wishing to OPT OUT of school meals, must give Nutrition Services permission to take back the meal from their student when they go to the cafeteria register.

Please complete and return the signed document to your school’s Nutrition Manager or Kristen Swartz, Nutrition Services Information Specialist at [swartzka@staffordschools.net](mailto:swartzka@staffordschools.net).

**Check all that apply:**

- \_\_\_\_\_ I do not want my child receiving breakfast in the cafeteria
- \_\_\_\_\_ I do not want my child receiving lunch in the cafeteria
- \_\_\_\_\_ I do not want my child purchasing a la carte **snacks** in the cafeteria
- \_\_\_\_\_ I do not want my child purchasing a la carte **drinks** in the cafeteria
- \_\_\_\_\_ I do not want my child to “charge or purchase on credit” breakfast in the cafeteria
- \_\_\_\_\_ I do not want my child to “charge or purchase on credit” lunch in the cafeteria
- \_\_\_\_\_ I want to OPT my child out of all meal, snack, and beverage services in the cafeteria

**I give the nutrition staff permission to take back the meal from my student(s) in accordance to the above checked statement.**

Student Name: \_\_\_\_\_ School Name: \_\_\_\_\_

Parent Name: \_\_\_\_\_ Signature: \_\_\_\_\_

Date: \_\_\_\_\_