# Bullying Presentation

West Georgia RESA

#### WHAT IS BULLYING?

Intentional, repeated harmful acts, words, or other behavior, such as name calling, threatening, and/or shunning, committed by one or more children against another.



#### CHARACTERISTICS OF BULLYING

- Intentional
- Repeated
- Harmful (include a range of acts, words, & other behaviors)
- Committed by one or more persons against another



## TYPES OF BULLYING

Physical bullying Verbal bullying Emotional bullying



# PHYSICAL BULLYING

Includes punching, poking, strangling, hair pulling, beating, biting, & even excessive tickling.





## VERBAL BULLYING

# Includes such acts as hurtful name calling, teasing, and gossip





# EMOTIONAL BULLYING

Rejecting, extorting, humiliating, blackmailing, rating/ranking of personal characteristics, manipulating friendships, isolating, ostracizing, and peer pressure.





# CYBERBULLYING

Sometimes referred to as electronic bullying, can involve:

- sending mean, vulgar, or threatening messages or images
- posting sensitive, private information about another person
- pretending to be someone else in order to make that person look bad
- intentionally excluding someone from an online group





# CYBERBULLYING VEHICLES

Cyberbullying can be done using social media, e-mail, instant messaging, text or digital imaging messages sent on cell phones, web pages, blogs, & chat rooms.







Every System, Every Day

#### SOCIAL MEDIA





#### SOCIAL MEDIA





## THREAT

A communication that threatens to kill or do bodily injury to a person or any member of his or her family and places the person in reasonable fear of death or bodily injury.



#### HARASSMENT

To repeatedly annoy or attack a person or group in such a way as to cause anxiety or fear for safety. Several different types of harassment are against Georgia law.



#### **EXTORTION**

Obtaining property from another person by using or threatening to use violence or other criminal means to cause harm to a person, their reputation, or their property.



#### EFFECTS ON CHILDREN WHO ARE BULLIED

- Depression & Anxiety
- Increased feelings of sadness



- Loss of interest in activities previously enjoyed
- Many of these feelings can persist for many years



#### IMPACT OF BULLYING





## TALK WITH YOUR CHILD!

# Cultivate & maintain open, candid communication





#### **CONVERSATION STARTERS**

"There have been a lot of news stories about people being bullied lately, do you know of people dealing with this?"

"Have you ever had any problems with people on the internet?"

"Has anyone ever bothered or threatened you?"



#### **CONVERSATION STARTERS**

"Do you know of kids who are picked on in school?"

"How can I help you make it stop, without embarrassing you?"

"What are strategies you can use if you encounter cyber bullying?"



#### IMAGE CREDITS

#### <u>FREEPIK</u>

PHONE ABSORPTION IMAGE - FREEPIK

VERBAL BULLYING - FREEPIK

**EMOTIONAL BULLYING - FREEPIK** 

**TEEN ON PHONE - FREEPIK** 

**EFFECTS ON BULLIED CHILDREN - FREEPIK** 

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