HAVE YOU HERD THE BUZZ? VOLUME 1, ISSUE 1

The Buffalo Buzz

MID-EAST CAREER AND TECHNOLOGY CENTERS - BUFFALO CAMPUS EST. 2023 OCTOBER 2023

Big Turnout for Mid-East Buffalo Car, Truck, and Bike Show

by Owen Williams

The Mid-East CTC Buffalo Campus hosted its 5th annual Car, Truck, and Bike show on Saturday, September 30th. The weather was wonderful and attendance was high, as over 70 entries showed up for a chance at winning one of 22 categories, thus earning a one-of-a-kind, student made trophy.

Registration opened at 10:00am, and the judging began at noon. Participants enjoyed a full concession stand, music, and outdoor games that were made available. Buffalo Campus SkillsUSA students helped with registration, concessions, photography, and t-shirt prinitng throughout the event.

The show was organized by Auto Technologies intructor Mr. Dave Calendine, as well as the other SkillsUSA advisors. This was the biggest car show the Buffalo Campus has hosted to date. The money raised through registrations, concessions, trophy sponsorships, and t-shirt sales will go towards the local SkillsUSA student chapter. The earnings will help students pay for uniforms, hotel rooms, meals, and registration for regional, state, and national competition trips.

Organizers would like to thank all of the sponsors who helped support the efforts of the Buffalo Campus SkillsUSA chapter. All involved hope it was a great experience for attendees and that all participants will be back for next year's show.

photo by Tyler Long

The view of the Mid-East Buffalo Campus parking lot at the 2023 Mid-East Car, Truck, and Bike Show. There were more than 70 entries this year's show.

photo by Nataleigh Reigle

Mid-East GAD seniors checking out the new Buffalo Buzz newspaper. Copies are at the front door, in the commons, and at the top of the ramp.

Announcing the Buffalo Buzz

by Owen Williams

The Mid-East CTC Graphic Art and Design students would like to announce the launch of The Buffalo Buzz. This new project will be a monthly publication with the hope of being a useful resource for Mid-East CTC students at the Buffalo Campus.

The student run newspaper will include regular features such as a top story, monthly calendar of events, staff spotlight interview, question of the month poll, puzzles and games, comics, and much more. Keep an eye for upcoming issues in the following months.

Graphic Art and Design seniors will be designing and publishing the newspaper with help from the English and Government teachers and their students.

Possible features in future issues may include a classifieds section, program spotlight, school counselor's corner, college information, job listings, and photo galleries with student submitted photos.

Next month will feature special election coverage.

CAMPUS CALENDAR

OCT 2	Yearbook meeting during PM SOAR in GAD lab
OCT 4	NHS Meeting during PM SOAR in Commons
OCT 6	SkillsUSA/BPA/FFA Club meetings (Club schedule)
OCT 13	Red Cross Blood Drive in Multi Skilled Health Tech
OCT 20	End of the 1st Nine Weeks
OCT 23-27	Red Ribbon Week - See posters for themes
OCT 24	Fall Festival 5:30pm - 7:00pm
NOV 2	Parent Teacher Conferences
NOV 5	Daylight Savings Time (Set clocks back 1 hour)
NOV 6-10	Showcase Week Job Shadow, College Visit, Community Service, Homework packets

TreeRing Yearbooks

Scan to set up your account now. Purchase by Oct 31st, to get 10% off your order.

Scan to sign up and start customizing your two free custom pages with your favorite pics!

YEAR BOOK

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News Wire: The Associated Press, NBC News

Staff Spotlight: Mr. Arnold

by Keith Arnold

Can you share a bit about your background and what led you to pursue a career in school administration?

This is my eighth year as the Director (Principal) of the Buffalo Campus, and I spent nine years in administration at Meadowbrook High School serving in the roles of principal, assistant principal, and athletic director. Prior to stepping into administration I taught grade school and middle school for eight years. I also coached high school basketball for almost 25 years with the last 15 as a head coach. Former coaches and my parents were my encouragement to enter into education. Once in education I realized quickly I enjoyed the challenges of being in leadership roles beyond the classroom and made the decision to enter into administration.

What are some of your favorite hobbies or activities that you enjoy outside of education?

I love spending time with my family, I enjoy anything where I'm outdoors, hunting, visiting the ocean, and reading. My favorite sports teams are the Buckeyes, Steelers, Lakers, and Cavs.

Can you tell us about an experience or moment in your life, or perhaps a specific person, that has shaped who you are today?

I've been fortunate to have a variety of positive mentors in my life but my father has been the most influential person to me. He has a gift in being able to connect with anyone in a room and making them feel like they matter. He is also the most giving, positive, and self sacrificing person I have ever met.

What is something you want to share with everyone who is just starting at Mid-East this year?

The advantages of attending or working at Mid-East are numerous but there is one overriding achievement all our students who attend and finish their high school careers with us earn. Students at Mid-East prove to themselves they are capable of stepping outside of their comfort zones to attend a brand new school where they know only a

few people or maybe none and yet find a way to acclimate to new surroundings and successfully achieve goals and complete rigorous programs. The lessons and experiences gained through completing our programs bring learning, life skills and confidence which will last a lifetime and relate to any career path one chooses as an adult.

Kids and teens are inundated with phone prompts day and night

Justine Goode; NBC News / Getty Images

by Erika Edwards and Kate Snow, NBC News

New research Common Sense Media released Tuesday finds about half of 11- to 17-year-olds get at least 237 notifications on their phones every day. About 25% of them pop up during the school day, and 5% show up at night.

In some cases, they get nearly 5,000 notifications in 24 hours. The pop-ups are almost always linked to alerts from friends on social media.

"They're constantly forced to respond socially on Snapchat or TikTok or whatever to their friends," said Jim Steyer, the founder and CEO of Common Sense Media, a group that studies the impact of media and technology on kids and families. said. "It's a dominant factor in all of their personal lives."

Dr. Benjamin Maxwell, the interim director of child and adolescent psychiatry at Rady Children's Hospital-San Diego, said he is "immensely concerned" by the findings.

Such a "highly stimulating environment" may affect kids' "cognitive ability, attention span and memory during a time when their brains are still developing," Maxwell said. "What are the long-term consequences? I don't think we know." Maxwell was not involved with the Common Sense report.

The study is based on surveys of 203 young people ages 11 through 17. The subjects also agreed to install an app on their phones for nine days so researchers could track their smartphone use. The app provided time-stamped data about which apps were running and when, as well as the numbers of notifications that popped up.

The social media apps tracked in the survey included TikTok, Snapchat, Facebook, Instagram and Discord.

Fifty-nine percent of kids were online from midnight to 5 a.m. While some were engaging with social media, many were listening to music or white noise to wind down and get to sleep.

The vast majority — 97% — were on their phones during typical school hours. While prompts from smartphones could distract kids from paying attention in class, the report's authors did not suggest that schools should crack down on smartphone use or ban it altogether.

"This raises some questions about how schools can work with young people to help them have some control over their phone use," said the report's lead researcher, Dr. Jenny Radesky, an associate professor of pediatrics at the University of Michigan's C.S. Mott Children's Hospital.

Many kids said they used their phones to communicate with parents during the school day. Others reported that time on their phones provided them with a way to "disengage when their brain needed a rest," Radesky said. "School feels hard and stressful for a lot of kids. The phone is one way that they give their brain a break."

But the Common Sense study also found that many try to control their online activity by using the "do not disturb" settings on their smartphones.

"We definitely heard that as teens got older, they developed more of that sense of planning for when and how they wanted to use their phone," Radesky said. They realize that there are times when "they don't want to feel bombarded with notifications or like their attention to be split."

Question of the Month

Which staff member should we spotlight next?

Scan to vote for a chance to win a gift card!

Mr. Bell **Mrs. Warehime**

Mr. Neff **Mrs. Vincent**

	8	9			5	1	4	
3			8	1	7			6
7	1		6		4	3	8	
	4	3	9					
9	7						1	4
					8	7	3	
	9	6	4		2		7	1
4			1	5	9			2
	2	1	7			4	9	

SUDOKU PUZZLE
The rules for sudoku are simple. A 9×9 square must be filled in with numbers from 1-9 with no repeated numbers in each line, horizontally or vertically. To challenge you more, there are 3×3 squares marked out in the grid, and each of these squares can't have any repeat numbers either.