


Bilton School – Planning for progress over time. Netball

Intent – For students to become competent, confident and masters in a broad range of physical activities and sport. To be able to analyse and evaluate their own and peer’s performance. Develop the confidence and interest to get involved in exercise, sports and activities out of school and in later life. To understand and apply long-term participation health benefits of physical activity that promotes an active healthy lifestyle.

	Year 7					Year 8					Year 9					Year 10					Year 11				
	Big Picture- Understand basic skills and rules of the game of netball, including conditioned games to develop the sense of outwitting an opponent. Analyse own performance compared to previous ones and demonstrate improvement to achieve personal best.					Big picture- Develop positional and tactical play to outwit opponents during direct competition. Analyse own performance compared to previous ones and demonstrate improvement to achieve personal best.					Big Picture- To develop knowledge of rules and set plays to outwit opponents. Analyse own performance compared to previous ones and demonstrate improvement to achieve personal best.					Big Picture- To master skills, techniques and tactics and strategies to overcome opponents. Evaluate their performances compared to previous ones demonstrating improvement across a range of skills, tactics and strategies.					Big Picture- to develop all round learners with the use of Sport Education with the development of a team mentality. Evaluate their performances compared to previous ones demonstrating improvement across a range of skills, tactics and strategies.				
	Week 1	Week 2	Week 3	Week 4	Week 5	Week 1	Week 2	Week 3	Week 4	Week 5	Week 1	Week 2	Week 3	Week 4	Week 5	Week 1	Week 2	Week 3	Week 4	Week 5	Week 1	Week 2	Week 3	Week 4	Week 5
	L2 Passing – chest, overhead, bounce & shoulder pass	L2 Movement on Court	L2 Defending the Player	L2 Attacking, dodging and quick feet	L2 Game Play	L2 Fluent Footwork	L2 Holding Space	L2 Game play focusing on holding space in D for Shooting	L2 Marking Space	L2 Game Play	L2 Passing the ball on the move	L2 Linking holding space and timing of movement	L2 Rules and umpiring	L2 Defending, assessing whether to mark, ball/space/player	L2 Game Play	L2 Passing the ball on the move	L2 Linking holding space and timing of movement	L2 Rules and umpiring	L2 Defending, assessing whether to mark, ball/space/player	L2 Game Play	L2 SPORT EDUCATION- Attacking	L2 SPORT EDUCATION- Centre play set plays	L2 SPORT EDUCATION- Passing on the move	L2 SPORT EDUCATION- Marking space	L2 SPORT EDUCATION- final tournament
	L1 Passing	L1 Footwork- stopping/landing & pivoting	L1 Positioning	L1 Defending the Ball	L1 Creating space	L1 Choosing Correct Pass	L1 Creating space in D for Shooting	L1 Timing of movement on court	L1 Jumping for interception (Defensive game Play)	L1 Attack is first line of defence (Keeping Possession)	L1 Receiving the ball fluently	L1 Rules and Umpiring	L1 Attacking play- centre pass set play	L1 Defending against set play	L1 Attacking play- working around the D	L1 Receiving the ball fluently	L1 Rules and Umpiring	L1 Attacking play- centre pass set play	L1 Defending against set play	L1 Attacking play- working around the D	L1 SPORT EDUCATION- Roles	L1 SPORT EDUCATION- Defending	L1 SPORT EDUCATION- Passing drills	L1 SPORT EDUCATION- Back line set plays	L1 SPORT EDUCATION- Working around the D
End Point	At the end of the year 7 netball unit students will be able to: <ol style="list-style-type: none"> 1. Explain how to defend the ball and player 2. Know the positions on the netball court and their roles 3. Understand basic rules of a netball game They will be able to do this by: <ul style="list-style-type: none"> • Taking part in conditioned skill practices • Taking part in conditioned games • Playing a full game of netball 					At the end of the year 8 netball unit students will be able to: <ol style="list-style-type: none"> 1. Understand key defensive tactics 2. Understand key attacking tactics to beat an opponent 3. Understand what make an effective attacking performance They will be able to do this by: <ul style="list-style-type: none"> • Taking part in conditioned games • Evaluating their own and peers performances 					At the end of the year 9 netball unit students will be able to: <ol style="list-style-type: none"> 1. Apply defensive tactics to a game situation 2. Apply attacking tactics to beat an opponent in a game 3. Be able to apply rules in a game situation They will be able to do this by: <ul style="list-style-type: none"> • Taking part in game situations • Umpiring both conditioned and full game situations. 					At the end of the year 10 netball unit students will be able to: <ol style="list-style-type: none"> 1. Apply advanced attacking tactics to a skill practice 2. To understand advanced skills and apply to skill practices 3. To understand the mechanics of advanced skills and how these make an effective performance. They will be able to do this by: <ul style="list-style-type: none"> • Taking part in conditioned skill practices • Umpiring both conditioned and full games • Take part in conditioned and full games 					At the end of the year 11 netball unit students will be able to: <ol style="list-style-type: none"> 1. To apply their knowledge of attacking and defensive tactics to skill practices 2. To develop set plays to outwit opponents 3. To evaluate performance to be able to improve as a team They will be able to do this by: <ul style="list-style-type: none"> • Leading and working in a team to develop their performance • Play in tournaments • To design their own skill practices that lead to improvement. 				

IMPLEMENTATION

Progress and Assessment	Assessment to take place throughout the block of lessons with looking at skills on a weekly basis. Final lesson- rotation of teachers to moderate assessment			
Key Vocabulary/ Literacy	Possession Movement Teamwork Evaluation/ Analysis			
Connected Knowledge <i>Connectives to ??????</i> <i>Theme/topic/year group?</i> <i>Cross-curricular themes?</i>	Muscles in warm-up to VCERT and GCSE key terminology Effects of exercise- Science	Character and culture / lifelong participation in health and fitness Com of fit Methods/principles of training	Impact of exercise on body systems	
Impact	Links to NCPE of assessment and evaluation of own and peers skills. Links to NCPE with Use a range of tactics to overcome opponents in a team sport.			