

BTEC Sport Year 13 (Year 2)

INTENT
learners will develop transferable and higher order skills. Study of sport particularly encourages the development of skills and behaviours such as teamwork, leadership, performance analysis, resilience, evaluation, analysis and synthesising concepts. These skills are developed through the variety of approaches to teaching and learning enabled by the specification.

	Term 1 Unit 2 Fitness Training and Programming	Term 2 Unit 2 Fitness Training and Programming	Term 3 Unit 3 Professional Development in the Sports Industry	Term 4 Unit 3 Professional Development in the Sports Industry	Term 5 Unit 3 Professional Development in the Sports Industry	Term 6 Unit 3 Professional Development in the Sports Industry
Dates	04/09/2023 11/09/2023 18/09/2023 25/09/2023 02/10/2023 09/10/2023 16/10/2023 23/10/2023	06/11/2023 13/11/2023 20/11/2023 27/11/2023 04/12/2023 11/12/2023 18/12/2023	08/01/2024 15/01/2024 22/01/2024 29/01/2024 05/02/2024	19/02/2024 26/02/2024 04/03/2024 11/03/2024 18/03/2024	08/04/2024 15/04/2024 22/04/2024 29/04/2024 06/05/2024 13/05/2024 20/05/2024	03/06/2024 10/06/2024 17/06/2024 24/06/2024 01/07/2024 08/07/2024 15/07/2024
Year 10	L1 Lifestyle Factors - Exercise L2 Lifestyle Factors - Exercise L3 Lifestyle - Diet L4 Lifestyle - Diet L1 Lifestyle - Alcohol L2 Lifestyle - Alcohol L3 Health Screening Tests L4 Health Screening Tests L1 DIRT L2 Modification Tech L3 Modification Tech L4 Modification Tech L1 Q2 Assessment L2 Diet L3 Nutrition Strategy L4 Q3 Assessment L1 DIRT L2 Training Methods L3 Training Methods L4 Training Methods L1 Training Methods L2 Training Methods	L1 Training Methods L2 Training Methods L1 DIRT L2 Programme Design L1 Q5 Assessment L2 DIRT L1 Justification L2 Q6 Assessment L1 Revision L2 Revision L1 Revision L2 Revision L1 Revision L2 Revision L1 Revision L2 Revision	L1 AB.D1 L2 AB.D1 L1 AB.D1 L2 AB.D1 L1 CP5 L2 CP5 L1 CP6 L2 CP6 L1 CM4 L2 CM4	L1 CM4 L2 CM4 L1 D.P7 L2 D.P7 L1 D.M5 L2 D.M5 L1 D.M5 L2 D.M5 L1 CD.D2 L2 CD.D2	L1 CD.D3 L2 CD.D3 L1 CD.D3 L2 CD.D3 L1 1 st submission L2 1 st submission L1 Improvements L2 Improvements L1 Resubmission L2 Resubmission L1 Resit revision L2 Resit revision L1 External Assessment Window L2 External Assessment Window	L1 External Assessment Window L2 External Assessment Window L1 L2 L2 L2 L1 L2 L2 L2 L1 L2 L2 L2 L1 L2 L2 L2
End Points	Students will show knowledge and understanding of: <ul style="list-style-type: none"> Positive lifestyle factors and their effects on health and well-being Negative lifestyle factors and their effects on health and well-being Lifestyle modification techniques Screening Processes Health monitoring tests Interpreting the results of health monitoring tests Components of a balanced diet Nutritional strategies for individuals taking part in training programmes Components of fitness to be trained Training methods for physical fitness-related components Training methods for skill-related fitness components 	Students will show knowledge and understanding of: <ul style="list-style-type: none"> Training methods for physical fitness-related components Training methods for skill-related fitness components Principles of fitness training programme design. 	Students will complete an assignment that shows understanding of how to: <ul style="list-style-type: none"> Justify how own skills audit outcomes and development action plan aligns to chosen career pathway, based on a comprehensive knowledge and understanding of the career. <ul style="list-style-type: none"> Prepare appropriate documentation for use in selection and recruitment activities. Participate in the selection interviews and activities as an interviewee. In interviews and activities, demonstrate analytical responses and questioning and activities to allow assessment of skills and knowledge. 	Students will complete an assignment that shows understanding of how to: <ul style="list-style-type: none"> Review own performance in role in the interviewing activities, supported by an updated SWOT analysis. <ul style="list-style-type: none"> Analyse the results of the process and how your skills development will contribute to your future success. Demonstrate individual responsibility and effective self-management during the recruitment activity. 	Students will complete an assignment that shows understanding of how to: <ul style="list-style-type: none"> Evaluate how well the documents prepared, and own performance in the interview activities, supported the process for accessing the selected career pathway. 	
Progress & assessment	Internal Assessment – students have 2 submission attempts per assignment with feedback in line with internal assessment guidelines after first submission.	Internal Assessment – students have 2 submission attempts per assignment with feedback in line with internal assessment guidelines after first submission..	End of Topic Tests every 6 th lesson in line with school marking and feedback policy	End of Topic Tests every 6 th lesson in line with school marking and feedback policy	End of Topic Tests every 6 th lesson in line with school marking and feedback policy	Internal Assessment – students have 2 submission attempts per assignment with feedback in line with internal assessment guidelines after first submission.
Key Vocabulary/literacy opportunities	Command words explored to indicate to students what is required to meet the objectives of Pass, Merit and Distinction for each task.	Command words explored to indicate to students what is required to meet the objectives of Pass, Merit and Distinction for each task.	Key terms vocab sheet provided at the start of each topic	Key terms vocab sheet provided at the start of each topic	Key terms vocab sheet provided at the start of each topic	Command words explored to indicate to students what is required to meet the objectives of Pass, Merit and Distinction for each task.