

VHS - CONTACTS AND INFORMATION

Sport/Activity: Swimming

For more information, please see also the "Activity Disclosure Statement" for this sport/activity.

Head Coach: Jessica Trauner

• Email: jtrauner@dsdmail.net Phone: 3173138187

Assistant Coaches:

- Siana Smith _____
- Tanner Grossman _____
- _____
- _____
- _____

Tryout Information:

- NOTE: A current physical will be required prior to tryouts or participation in this sport/activity.
- Tryouts Required: YES NO
- Dates: 10/2-10/4
- Times: 2:40-4:00
- Location: SDRC

Season Schedule: See attached.

Extended Travel:

- NOTE: Up to \$2,000 can be charged to participating students for extended travel related to a team/group. Our sport/activity could possible travel.
- Do you plan to travel with this team/group: YES NO
- Tentative Month of Travel: January
- Tentative Price of Travel: \$170

Fundraisers:

Fundraiser #1: Thanksgiving Invite

- Purposes for fundraising:
- Coaches
 - Purchase own team equipment

Fundraiser #2: Thanksgiving Invite - Sponsors

- Purposes for fundraising:
- Cover season fees per athlete
 - Coaches

Fundraiser #3: TBD

- Purposes for fundraising:
- _____
 - _____

Fundraiser #4: _____

- Purposes for fundraising:
- _____
 - _____

Fundraiser #5: _____

- Purposes for fundraising:
- _____
 - _____

Meet Schedule & Season timeline: (So far... Super tentative... could very likely change)

-Do not have start times yet, but assume most meets will start between 2 - 3

October 2nd – Try-outs/Team Selection

October 2nd-February 8th – Required Practices -everyday after school 2:40-4

November 3rd – Meet @ Roy vs. Northridge (might be at Clearfield, might be at Roy – TBD)

November 7th- Meet @ Herriman - JL Sorenson Center

November 17th-18th – Thanksgiving Invite @ SDRC –no bus

November 21st- Meet @ Corner Canyon – TBD on location, I believe it is Draper Rec Center

November 28th- Meet @ Bear River vs. Northridge (Bear River HS)

December 5th – Meet @ Layton (Surf n Swim)

December 8th- Region Invite PART 1 (WX, NR, VHS, Clearfield) @Clearfield

December 16th – Davis District Invite @ SDRC – no bus

January 4th- Meet @ Ogden High School - @Ogden HS

January 5th -Meet @ SDRC – no bus

January 12-13th - Cedar City - TENTATIVE

January 18th – Meet @ Box Elder vs. WX @Box Elder HS

January 19th - Mayors Cup @ SDRC – no bus

-add a meet if Cedar City is canceled-

February 9th -Region @ SDRC – no bus

February 23rd-24th -State @ BYU