

VHS - CONTACTS AND INFORMATION

Sport/Activity: Wrestling

For more information, please see also the "Activity Disclosure Statement" for this sport/activity.

Head Coach: Luke Gibbs

• Email: viewmontwrestlingcoach@gmail.com

Phone: 8015606799

Assistant Coaches:

• Abe Millet

• Brandon Ripplinger

• Mike Lee

• Jaron French

• Tyson Zesiger

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Tryout Information:

• NOTE: A current physical will be required prior to tryouts or participation in this sport/activity.

• Tryouts Required: YES NO

• Dates: _____

• Times: _____

• Location: _____

Season Schedule: See attached.

Extended Travel:

• NOTE: Up to \$2,000 can be charged to participating students for extended travel related to a team/group. Our sport/activity could possible travel.

• Do you plan to travel with this team/group: YES NO

• Tentative Month of Travel: _____

• Tentative Price of Travel: _____

Fundraisers:

Fundraiser #1: Viewmont Invitational Tournament

Purposes for fundraising: • Raise funds for operation of team including tournament fees, equipment, mats, gear, etc.

• _____

Fundraiser #2: DSD Junior High Wrestling Tournament

Purposes for fundraising: • Raise funds for operation of team including tournament fees, equipment, mats, gear, etc.

• _____

Fundraiser #3: _____

Purposes for fundraising: • _____

• _____

Fundraiser #4: _____

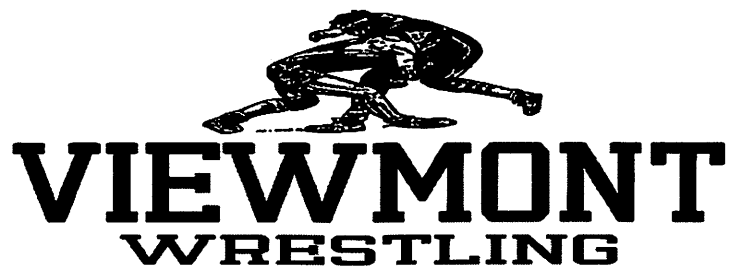
Purposes for fundraising: • _____

• _____

Fundraiser #5: _____

Purposes for fundraising: • _____

• _____



VIEWMONT WRESTLING

Competition and Practice Schedule 2023-2024

Nov. 6	Wrestling Practice Begins (Practices generally run Monday – Friday from 2:45pm - 5:00pm. Practice schedule may change due to competitions and the needs of the team.)
Nov. 17/18	Hydration testing @ Davis High School (All Wrestlers 6:15PM)
Nov. 22	Davis Duals @ Davis High School
Nov. 23-26	Thanksgiving Moratorium (no practice)
Nov. 29	Dual @ Clearfield (JV at 6:00, Varsity at 7:00)
Dec. 1-2	Layton Invitational @ Layton H.S. (1:00 PM Fri., 9:30 AM Sat.)
Dec. 6	Olympus @ Viewmont (JV at 6:00, Varsity at 7:00)
Dec. 7	Northridge @ Viewmont (JV at 6:00, Varsity at 7:00)
Dec. 13	Dual @ Bountiful (JV at 6:00, Varsity at 7:00)
Dec. 15-16	Viewmont Invitational @ Viewmont (3:15 PM Fri., 9:30 AM Sat.)
Dec. 19	Dual @ Maple Mountain (JV at 5:30, Varsity at 7:00)
Dec. 21-26	Christmas Moratorium (No practice)
Dec. 27-30	Winter Break Practices (7 AM – 11 AM) (Mandatory)
Jan. 1	Moratorium (No practice)
Jan. 2	Winter Break Practice (7AM - 11 AM) (Mandatory)
Jan. 4	Roy @ Viewmont (JV at 6:00, Varsity at 7:00)
Jan. 5-6	Richardson Memorial @ Box Elder H.S. (3 PM Friday, 9:30 AM Sat.)
Jan. 8	Dual @ Lehi (JV at 5:30, Varsity at 7:00)
Jan. 9	All Star Match @ UVU (TBA)
Jan. 11	Woods Cross @ Viewmont (JV at 6:00, Varsity at 7:00)
Jan. 18	Dual @ Bonneville (JV at 6:00, Varsity at 7:00)
Jan. 20	5A Duals @ Mt. View H.S. (Varsity only)
Jan. 20	NS Tournament @ North Summit High School (Non-Varsity only)
Jan. 25	Box Elder @ Viewmont (JV at 6:00, Varsity at 7:00)
Feb. 2-3	Divisional A @ (TBA)
Feb. 13	JV State Tournament @ UVU(TBA)
Feb. 16-17	State Tournament @ UVU (TBA)