

# Year 11 Health and Social Care Curriculum Overview 2023/24

	M M		M M M			M M M																														
	Term 1 Component 2						Term 2 Component 3						Term 3 Component 3						Term 4 Component 3						Term 5 Component 3						Term 2 Component 3					
	Component 2						PSA		PPE		A1, Factors affecting health and well-being Physical and lifestyle factors						B1, Physiological indicators			B2, Lifestyle indicators			C1, Health and well-being improvement plans			C2, Obstacles to implementing plans										
	A3 Barriers to accessing services To include financial barriers																																			
	B1 Skills and attributes in health and social care																																			
	B2 Values in health and social care; The nursing 6 Cs																																			
	B3 The obstacles individuals requiring care may face																																			
	B4 The benefits to individuals of the skills, attributes and values in health and social care practice; Service users																																			
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	Component 2 PSA (Controlled Assessment)																																			
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	<b>Half Term</b>																																			
	Component 2 PSA (Controlled Assessment)																																			
	PPE																																			
	A1 Understand an overview of Component 3																																			
	PPE																																			
	A1 Definition of health and well-being																																			
	A1 Genetic inheritance																																			
	A1 Ill health																																			
	A1 Diet																																			
	A1 Exercise																																			
	A1 Substance use																																			
	A1 Personal hygiene																																			
	A1 Social interactions																																			
	A1 Stress																																			
	A1 Willingness to seek help or access services																																			
	<b>Christmas Holidays</b>																																			
	Component 1 PSA Resit (Drop-down day)																																			
	A1 Financial resources																																			
	A1 Environmental conditions																																			
	A1 Housing																																			
	A1 Relationship changes and changes in life circumstances																																			
	B1 Health indicators																																			
	B1 Resting pulse rate and recovery after exercise																																			
	B1 Blood pressure																																			
	B1 Peak flow																																			
	B1 Body mass index (BMI)																																			
	B1 Using published guidelines to interpret health indicators																																			
	B1 Risks to physical health of abnormal readings																																			
	<b>Half Term</b>																																			
	PPE - Progress testing – Practice Assessment																																			
	PPE																																			
	B2 Interpreting lifestyle data (including smoking)																																			
	B2 Interpreting lifestyle data on alcohol																																			
	B2 Interpreting lifestyle data on inactivity																																			
	C1 The importance of a person-centred approach																																			
	C1 Recommended actions to improve health and well-																																			
	C1 Short- and long-term targets																																			
	C1 Sources of support																																			
	<b>Easter Holidays</b>																																			
	C2 Potential obstacles to implementing plans																																			
	C2 Emotional/psychological obstacles																																			
	C2 Time constraints																																			
	C2 Availability of resources																																			
	C2 Unachievable targets																																			
	C2 Lack of support																																			
	C2 Ability/disability and addiction																																			
	C2 Barriers to accessing identified services																																			
	COMPONENT 3 Exam 7th May																																			
	Exams																																			
	Exams																																			
	<b>Half Term</b>																																			
	Exams & Study Leave																																			
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Learning outcomes																																				
How LO are assessed	Weekly worksheets / booklets for knowledge and understanding of the tasks												Practice exam questions																							
Homework	Homework booklets												Research tasks embedded into the lessons. Complete booklet for the relevant sections and research cases																							
Key Vocabulary/literacy opportunities																																				
Connected knowledge	C & C – Black History Month and Family Diversity. Sociological and Psychological Theories including Functionalist, Marxist and biological.																																			
C&C	Link to all topics. All topics interlink.																																			