

**Hartgrove Behavioral Health System  
is pleased to announce that the  
Chatham Family Counseling Center  
Is Now Open**

**1111 East 87<sup>th</sup> Street - Suite 300 - Chicago, IL  
(773) 413-1818**

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Chatham Family Counseling Center (CFCC) provides a full range of behavioral health services, including individual therapy, couple and family therapy, group therapy, psychiatric evaluation, and medication management. Commonly-addressed concerns include:

- Depression and other mood problems
- Anxiety and trauma-related symptoms
- ADHD and other disruptive behavior problems
- Oppositional Defiant Disorder
- Self-injurious and aggressive behaviors
- Family conflict and other relationship concerns

Additionally, Dr. Cyndee Langley, the staff clinical psychologist at CFCC, can provide specialized services for trauma. These services incorporate a type of treatment called Eye Movement Desensitization and Reprocessing (EMDR). EMDR can be utilized to target single trauma events, such as car accidents. In addition, it can target long-term trauma, such as childhood abuse. Additionally, she has specialized training in utilizing EMDR with children with attachment disorders and with adults experiencing severe trauma.

Chatham Family Counseling Center is located at 1111 E. 87th St. Suite 300. If you need additional information or would like to schedule an appointment, please call 773-413-1818.