

# AISD SHAC MEETING MINUTES

September 19, 2023

Esly DeLuna- Parent	Jennifer Henthorn- LVN AJH
Alicia Haro- Parent/Admin	Erica Vyers- Reach Across Johnson
Amber Hill- Mind Above Matter	Candi Howard- AIS Nurse
Tim Payovich-AISD Police	Kerry Hargrove- AIS PE
Brian Welch- AEN PE	Leigh Williams- AHS
Ashlee Reed- AEN Principal	Katie Franklin- AHS Athletics
Angela Taylor- AHS Nurse	Nikki Bowman-Reach Across Johnson
Lori Nunez- ADM	Jessica Lewis- AHS Student
Juan Sanchez- AES PE	Ana Encinas- District RN
Lynleigh Hazard- Student	Tracy Melson- AEN/Parent
Griselda Ponce- Admin	Abigail Trevino- AISD CN Director
Sandra Salinas- Parent	Ashley Harryman- AEN nurse
Taylor Childress- LES PE	Debbie Towns- AIS Counselor

The SHAC meeting was called to order at 1:34pm by Abigail Trevino. She welcomed all in attendance and discussed the agenda for the SHAC meeting. Reviewed agenda items for today's meeting.

The meeting minutes from May 16, 2023 were reviewed and approved.

**Roles and Responsibilities of SHAC:** Mission-Vision- Goals, review the roles and responsibilities in slides

**Nutritional Services:** Abigail Trevino introduced herself to new members and talked about the suggested 21- day cycle menu for breakfast. There are two menus presented. The first menu is for the High School. It provides more breakfast options than the menu that was approved last year. Some of the new options include a yogurt bar, breakfast burritos, and breakfast sandwiches at the request of the high school athletes who participate in the School Breakfast Program. The Elementary menu does not have as many options as the High School menu, but it does offer a more heart menu for grades PK-8. No employees of the FSMC are present at today's meeting for compliance purposes. Both menus were voted on and unanimously approved to begin in October. She showed members how to find the online menu and how to use the tools within the menu. The board-approved Wellness Policy is posted online on the AISD website. Trevino talks about the Local Wellness Policy and the Local Wellness Plan. The

Triennial Assessment she conducted at the May meeting showed areas we needed improvement on to meet Board policy goals. The results from the Triennial Assessment are posted online as well.

**Parent/Community Involvement:** Back to School Bash discussion. Members partnered up to discuss the positive and negative outcomes of the event. Positives included the amount of food the food bank brought this year. Negatives mentioned were that the vendors could not help direct parents because they didn't have maps of where the other vendor tables were set up. Discuss the REACH Johnson County Prom pop-up in November's meeting.

**Counseling, Psychological & Social Services:** RISE Mental health conference Oct 13-14, 2023 introduction. Jess Ekstrom, professional speaker and author, Alex Korb, Neuroscientist and bestselling author, Cassandra LeClair, communication professor and motivational speaker, and Cheyanne Davis, Pastor and addiction survivor will all be at the conference. Invitation to students and educators to get resources to better their mental health. Breakout sessions for Friday and Saturday. Free continuing education credits offered at the conference.

**Health Services:** Drug and Alcohol awareness presented by Mrs. Williams. She has taken continuing education and drug-free world to help educate on different types of drugs. She educates scholars on marijuana use before the age of 25 and the effects of it. Anxiety and depression are often more prevalent in young users. This has all been instrumental in our athletes. Fentanyl Awareness, the dangers, and what we can do as a district to be aware and make staff aware of Narcan training. A personal friend of Mrs. Williams lost a child to a Fentanyl overdose, this epidemic hits close to home for her. CPR Washburn is NOT present to discuss. Ana Encinas discusses the abstinence program for the Jr. High and discusses the education the scholars receive during the program. She works with both boys and girls to deliver the program. If anyone is interested in being certified to teach the program with Nurse Encinas, she can help you with that. Ana spoke about updates in the clinic and the most common positives and negatives regarding Strep and Covid.

**Physical Education:** Fit Bit program for the Elementary, excited to be part of the program once again. Coach Welch talks about ways the elementary teams decided to track the use of Fit Bits in the physical education classes.

**Meeting End** at 2:30 PM

**All SHAC members were thanked for coming to the meeting and participating. The next SHAC meeting is scheduled for Tuesday, November 28, 2023 at 1:30pm in the AISD Boardroom.**