



Responsibility

PurposeFULL
People

1st Grade Family Connection

Overview

This month we are talking about Responsibility. One way to define Responsibility is “taking action and understanding the impact of our choices.” Taking action can mean doing the right thing or completing the tasks you have been assigned. Understanding the impact of our choices means that our actions matter. Positive and responsible actions can help people and irresponsible actions can hurt others.

Responsibility is 1 of 3 traits we will focus on throughout the year that helps students Be Strong.

Throughout the school, students will be developing skills like focusing, organizing, and goal-setting.

In The Classroom

Focusing can be a challenge and takes practice! In 1st grade, we are learning focusing strategies alongside Responsibility. Focusing on a task, instructions, or even a conversation helps us practice Responsibility and be more successful.

Strategies to focus our minds:

- Breathe it out (take a nice deep breath and remind yourself to pay attention)
- Move it out (get a drink or get some wiggles out, then refocus)
- Ignore or move away from distractions

Remind your student about these strategies at home when they are having trouble focusing!

Color in Responsibility



Conversation Starters

- Can you share or show what it means to be Responsible?
- What are strategies you can use to help you focus and practice being Responsible?





Responsibility

PurposeFull Pursuits

PurposeFULL
People

Have some fun connecting as a family this month while practicing Responsibility. Here are 3 "PurposeFull Pursuits" for you to complete together. How many can you do this month?

Pursuit #1

As a family, think of ways in which you might make someone's life a little easier by helping a neighbor or family friend with 1 of their Responsibilities. Could you bring the garbage to the chute or out to the curb? Could you carry things in from the grocery store? Could you invite someone over for a meal or a show?

Pursuit #2

Review Responsibility as a family! Responsibility is taking action and understanding how our choices affect others. Choose 1 household chore (or more!) that requires multiple steps. Then have each member of the family select 1 step to complete to help get the job done!

Maybe it is washing the dishes, doing laundry, cleaning the living room, or unloading the groceries - whatever it is, see who can be the quickest or most effective at their task!



Pursuit #3

We have all demonstrated Responsibility in our lives. Many of us have seen people practice Responsibility in ways that have inspired us. Stories are powerful tools for connecting as a family. Protect time this week to share stories about Responsibility with each other (you can use the story prompts to get started). At the end of the conversation, think of 1 way you can practice Responsibility this week.

Story Prompts:

- A time I (or someone else) showed Responsibility was _____.
- An act of Responsibility that changed/challenged me was _____.

