

FCUSD Middle & High School Lunch Menu 2023-2024

Daily Entrées

PIZZA: Cheese (V), Pepperoni (B, T), 4 Meat (B, T), or French Bread Pizza (V)
Deli Sandwich — Variety (T)
Garden Salad with Croutons, Dinner Roll and Italian Vinaigrette (V)
Chicken Caesar Salad with Croutons and Dinner Roll (C)
Yogurt, Muffin & String Cheese (V)
Hamburger (B), Cheeseburger (B) or Veggie Burger (V) with Lettuce & Tomato
Bean & Cheese Burrito (V)
Peanut Butter & Jelly Sandwich (V) (*High School only*)
Hummus & Crackers (V)

Monday

Mandarin Orange Chicken & Rice (C)
Chile Relleno Burrito (V)

Tuesday

Chicken Strips with Crackers (C)
Chana Masala with Rice (V)
Pork & Fiesta Rice Burrito (P)

Wednesday

Macaroni & Cheese (V)
Chicken Wraps Variety (C)

Thursday

Crispy Chicken Sandwich (C)
Chicken & Veggie Potstickers (C)

Friday

Bosco Cheese Sticks with Marinara Sauce (V)
Wings of Fire w/ Veggie Sticks & Dinner Roll (C)

Key Code

for Entrées:

(B) Beef

(C) Chicken

(F) Fish

(T) Turkey

(P) Pork

(V) Vegetarian

One lunch available at NO COST to enrolled students.

Meal includes a choice of fruits and vegetables, plus either 1% white milk or non-fat chocolate milk



Menu subject to change without notice