

# FCUSD Middle & High School Lunch Menu 2023-2024

## Daily Entrées

PIZZA: Cheese (V), Pepperoni (B, T), 4 Meat (B, T), or French Bread Pizza (V)  
Deli Sandwich — Variety (T)  
Garden Salad with Croutons, Dinner Roll and Italian Vinaigrette (V)  
Chicken Caesar Salad with Croutons and Dinner Roll (C)  
Yogurt, Muffin & String Cheese (V)  
Hamburger (B), Cheeseburger (B) or Veggie Burger (V) with Lettuce & Tomato  
Bean & Cheese Burrito (V)  
Peanut Butter & Jelly Sandwich (V) (*High School only*)  
Hummus & Crackers (V)

## Monday

Mandarin Orange Chicken & Rice (C)  
Chile Relleno Burrito (V)

## Tuesday

Chicken Strips with Crackers (C)  
Chana Masala with Rice (V)  
Pork & Fiesta Rice Burrito (P)

## Wednesday

Macaroni & Cheese (V)  
Chicken Wraps Variety (C)

## Thursday

Crispy Chicken Sandwich (C)  
Chicken & Veggie Potstickers (C)

## Friday

Bosco Cheese Sticks with Marinara Sauce (V)  
Wings of Fire w/ Veggie Sticks & Dinner Roll (C)

### Key Code

#### for Entrées:

(B) Beef

(C) Chicken

(F) Fish

(T) Turkey

(P) Pork

(V) Vegetarian

One lunch  
available  
at NO COST  
to enrolled  
students.

Meal includes  
a choice of  
fruits and  
vegetables,  
plus either  
1% white milk  
or non-fat  
chocolate milk



Menu  
subject  
to change  
without  
notice