



Folsom Middle School
Sports Code of Conduct and Student-Athlete Contract

Congratulations on earning the privilege to represent Folsom Middle School athletics. All student-athletes and their parents are required to *read, sign and return the bottom portion of this student-athlete contract in order to be eligible.

Goals, Objectives and Guidelines:

Academics

- All athletes at Folsom Middle School are “Student-Athletes.” It’s important to know that academics and school behavior come first.
- A GPA of 2.0 is required to be eligible.

Promote Good Sportsmanship and a Positive Attitude

- Student-athletes are representing Folsom Middle School, their families and themselves. While competing, each student-athlete shall carry him/herself with a positive attitude.
- A student-athlete shall NEVER be disrespectful to a referee.
- At no time should a student-athlete use profanity or taunt members of the other team.
- If a student-athlete receives a technical foul for poor sportsmanship, he/she may be subject to discipline from the coach at the following practice, up to and including removal from the team.

Work to Develop the Total Athlete

- Student-athletes are expected to maintain a positive attitude to grow.
- Student-athletes will take every practice seriously and eliminate wasted time.
- Coach will provide student-athletes with growth in personal skill level.
- Coach will provide student-athletes with growth in working with a team.
- Coach will prepare student-athletes for play at the high school level.

Parents

- Parents are asked to be positive and encouraging to all players, coaches, and referees.
- Parents are encouraged to stay away from the team’s bench, locker room, student-athletes and coaches during gameplay. **Unless there is an injury to your child**
- Please encourage your student-athlete to communicate with the coach if they have questions or concerns.
- If a parent has any questions or concerns, please wait 24 hours to request a time to meet with the coach.
- Coaches will return emails and phone calls within 24-48 hours.

Practice

- Practice will be Mon-Thurs from 3:40-5:00 PM unless otherwise noted from the coaches.
- All student-athletes are expected to wear appropriate clothing to each game and practice.



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Unexcused absences

- Missing a practice may result in limited or no playing time.
- Detentions and suspensions are unexcused absences. Further team disciplinary action may result.

Role Responsibility

- Student-athletes should put the team before themselves.
- Playing time is determined by team needs, attitude and effort at practice/gameplay.

Behavior in School/On the Bus

- All student-athletes are expected to be positive members of the school community (i.e., classrooms, hallways, buses, multi. etc.)
- Disruption of the classroom or bus-riding environment will not be tolerated.
 - Any student-athlete sent out of class on multiple occasions or who receives more than one discipline referral on the bus will meet with the coaches and/or administration for disciplinary action and/or possible dismissal from the team.
- We maintain a zero tolerance policy on fighting, bullying, and demonstrating disrespect toward a teacher/staff member.
 - Upon review, these actions may lead to immediate dismissal from the team.

Coaches

- Student-athletes will not argue with a coach.
- Disrespect will not be tolerated.
- The coaches have the final word on all roster decisions.



I have carefully read the goals, objectives and guidelines for the **Folsom Middle School Sports Code of Conduct and Student-Athlete Contract**. I understand that my grades and behavior in school will affect my involvement with the team. It is understood that by signing this form, I will abide by the **Folsom Middle School Sports Code of Conduct and Student-Athlete Contract**. Please return this document with all signatures to the Head Coach no later than the first game.

STUDENT NAME: _____

STUDENT SIGNATURE: _____ DATE: _____

PARENT/GUARDIAN SIGNATURE: _____ DATE: _____