



A Support Group for Parents of Drug Using Teens & Young Adults:
"Recovery Does Happen"

Parents of drug-using teens & young adults have many struggles in the process of their child's use, intervention and recovery. Many find themselves confused about what is helpful/support vs. enabling and what is having healthy boundaries vs. being callous just to name two examples. Moreover, many parents are alone, unable to talk about it at work, with friends, and don't really understand what their own healing around this issue looks like and how to get started. This group will be a safe container for this work to occur. It can be a place to explore your own family history of addiction, co-dependency or other issues which can participate in your child's illness, and how you react to it.

You are not alone and don't have to be alone. You deserve recovery just as much as your child. Your child has the love, guidance, support and healthy challenge from their own counselor and possibly group, yet many parents need the same space for their own education and healing around these issues. This group is about creating that space for parents to come together, learn, and work on a path of recovery.

Location: 7996 Old Winding Wy #100 (Basement Rm)
Fair Oaks, CA 95628 -- Fridays, from 5:30pm -6:15pm.
www.recoveryhappens.com

Fee: \$15.00 per parent (space is limited, so please call to R.S.V.P and check availability)

Contact Amy Rose, with Recovery Happens Counseling Services for Details at
916-595-5224.

**** Do not just show up, please call ahead****