

TITAN TIMES



Photo by: Mr. Nessman

Junior and Senior Students pose in front of the UCLA Bruin mascot alongside alumni Calista Miramontes ('23) and Gretchen Reyes ('23).

EXPLORING FUTURES

By Sara Sanchez (11) & Valerie Arredondo (11)

Last Wednesday, students from the senior and junior classes toured USC and UCLA campuses and explored the possibility of continuing their education at these institutions. At the USC campus, students were shown around with the help of a tour guide and were able to see Heritage Hall. At UCLA, students were greeted with a surprise visit from Gretchen Reyes and Calista Miramontes, alumni of Notre Dame and graduates of the class of 2023. "It was a good experience to learn about college and different opportunities, and I had fun and got good food." - Justin Martinez (11)



Photo by: Mr. Nessman

Students pose in front of USC mascot Tommy Trojan, while touring USC.

WHAT'S NEW

By Elyza Lansang (11)



Google photos

What Just Happened?

Notre Dame students came out to enjoy a slice of pizza at the MOD Pizza Fundraiser! Juniors and Seniors also visited CA colleges! Everyone (except for teachers) enjoyed a 3-day weekend.



Coming Up This Week

PINK WEEK!

10/02: Students celebrate Pink Week! Where all Notre Dame students come out to support all those women struggling with Breast Cancer!

10/03: Notre Dame is having a Chipotle Fundraiser, so come on out and have a bite at Chipotle!

10/05: We will be having a Cor Unum assembly as well as a Pink Breakfast in the morning!

10/06: Minimum Day on Friday and Family Movie Night—hosted by Peer Ministry! Come on out to watch The Prince of Egypt!



Wallpaper Cave

Bible Verse

"I command you: be strong and steadfast! Do not fear nor be dismayed, for the Lord, your God, is with you wherever you go."

-Joshua 1:9

Rizz Realities

By Bianca Avila (12), Rubi Alvarez(12), & Lubianca Gaitan(11)

Last week we went around asking people their best pickup lines to see who has the best 'Rizz'. Our winner of the week? **Aidan Taylor!** Here are some of his great original pickup lines:

"Don't know if that's an abrasion, laceration, medial or lateral side, but I got it falling for you (Athletic training rizz)."
-Aidan Taylor (12)

"I never passed Mr. A's class, but I think what we have is what I would call chemistry."
-Aidan Taylor (12)

"Girl, I'm glad you're not an FRQ, cause I would never cheat on you."
-Aidan Taylor (12)



Photo by: Joshua Avila

Now, here are some **honorable mentions:**

"Do you like almonds... What about dates?"
-Aaliyah Mitchell (12)

"Are you my fielding statistics? Because you're pretty bad."
-Michaela Rodriguez (10)

"Are you the number 14? Because I'm the one 4 you."
-Zachary Crochet (12)

Boys Water Polo

By Serena Waked (11)



Photo by: Serena Waked

Brandon Sanchez (11), has been playing water polo for one year. Dominating in the pool as only a second-year player is absolutely remarkable. To opponents, he's a dangerous competitor, having a record of 17 blocks in one game while playing on the field. "Brandon is the most valuable player on our team, an all-around player who can do it all," said Julian Rodriguez (11).

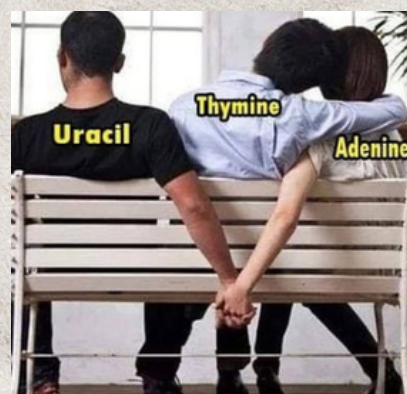
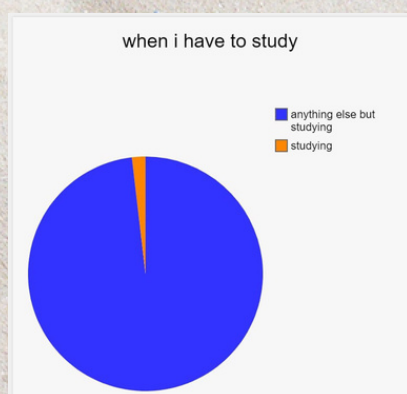
Jayden Garcia (12), said, "he's very proud of his team, and they are on track to having the best record in Notre Dame history; everyone on the team has improved greatly." "Jayden is the fastest on the team, and he is cracked on the sprints." - Chris Campbell, 12)



Photo by: Serena Waked

Laughology

By Chris Campbell (12)





Artist: Sarah Escobar
Photo by: Sarah Escobar



Artist: Elise Sepulveda
Photo by: Elise Sepulveda

The Arts

By Rubi Alvarez (12)

This week we are highlighting pieces coming to us from our textiles class! Textile art is art that uses varying materials and fibers to produce decorative, artistic objects. The class has been working hard on completing their first project of the school year. The first piece we are highlighting is brought to us by Sarah Escobar, who embroidered oranges along with leaves and small flowers. The second piece we are highlighting is brought to us by Elise Sepulveda, who embroidered Mike Wazowski. These are only two examples from a variety of beautifully embroidered pieces from our school's textile class!

Dish Diaries

By Carter Worthington (12)

This week's dish diaries feature a very special dish from the MOD Pizza fundraiser! This is the Caspian, a barbecue chicken pizza, topped with mozzarella and gorgonzola cheese, sliced red onions, and a barbecue sauce drizzle. The crust was thin and crispy, and the cheese was not too "melty," so it still had a chew and maintained its flavor. The barbecue sauce was not too overpowering, but there was still enough that you could taste it in each bite. The chicken and red onions dotted the top and made for a great eating experience. I'd recommend this pizza and MOD for those looking for a quick and easy food stop.



Photo by: Carter Worthington

Scholar

By Lubianca Gaitan (11)



Photo by: Joshua Avila

This week many students excelled in so many classes, it was hard to just pick one. But we did. Starting off with Seniors this time, Alex Navarro (above) is doing a great job in his AP Economics class, so props to him.

Next, let's go into the Juniors, and this week's special scholar is... drumroll please... Serena Waked (below)! Coming from Dr. Bakhsh herself, Serena has been putting in effort and really showing improvement in her Honors Pre-calc class. Way to go!



Photo by: Joshua Avila

Spotlight!

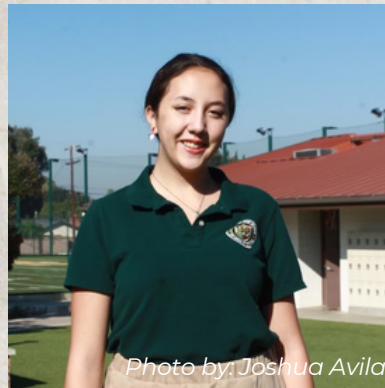


Photo by: Joshua Avila

For sophomores, Gabriela Jablonski (above) has been really putting in the effort and hard work into her Spanish II class with Mr. Alcalá.

And last but not least, Freshmen. In Mr. Avila's Theology I class, we have Minh Lai, who truly demonstrates what it means to be an attentive



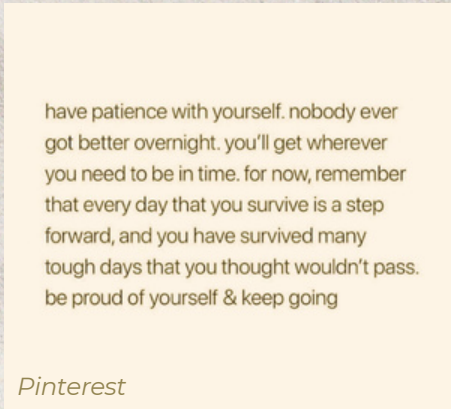
Photo by: Joshua Avila

student in class. Good job to everyone and keep up the good work! Just a reminder, keep working hard in your classes for a chance to be featured in next week's issue.

Quarterly Check-in: The Mental Health Maze

By Sara Sanchez (11)

As Quarter finals approach, so does more stress. Students are constantly trying to juggle their academics with their sports and social lives. During these stressful times, it's important to remember your mental health is your first priority. When asked about the subject of mental health and tips on how to deal with stress, Mrs. Serrato commented that she recommends making a study plan, incorporating your coping skills, such as listening to music, and practicing your superman or superwoman the day of your test in which you "stand up straight, you put your arms on your hips, and you hold your head up high, and tell yourself that you will be okay." This is great advice from one of our school counselor. Whenever you are feeling stressed, just remember that you are doing your best and that is all that matters.



Pinterest

Teacher Feature: Mr. Norman

By Bianca Avila (12)



Photo by: Joshua Avila

A big shout-out to Mr. Norman! This will be Mr. Norman's third year at Notre Dame; he teaches Theology III and philosophy. Mr. Norman is a teacher highly admired by many students and is a role model to everyone he teaches. Mr. Norman is a teacher who makes students feel comfortable and heard with their problems; his advice has helped countless students navigate their problems and questions. Additionally, Mr. Norman's devoted faith life has inspired many to build a deeper connection to God. Mr. Norman has helped innumerable students expand their creative horizons, whether it's by moderating a club or a trip to the capital. Mr. Norman is a great role model and teacher for all his students, with many qualities esteemed by students.

Advice Archives

Q: I am in love with my best friend's girlfriend, and they have no idea. What do I do to prevent myself from ruining their relationship and ours?

A: Wow, that's a lot. The first thing I would do is cut communication with your friend's SO. There should be no reason for you to talk to them, and continuing would make your feelings even stronger. Try to notice their "icks" and just think about how, EVEN IF you were to get together, how weird it would be to know your (ex?) bsf was with them. Being delulu is not the solulu here 🙅



Q: I just found out that my boyfriend lied to me about passing his AP exams...he's never passed a single one... If he lied about this, AND I'M HIS BSF, can I even trust him anymore?

A: Well, first thing is, did he tell you? If he did, then that's the first step of rebuilding your trust. I know that there are more serious things he could've lied about, but the fact that he couldn't even tell you his AP scores is very suspicious. Maybe he was embarrassed because he wanted you to believe he was smarter than he really was; that still doesn't make it okay, though. Hopefully, moving forward, he is honest with you as long as you talk it out. If he didn't tell you, make sure the info is 100% true, and you can either ask him about it straight up and work it out, or just let it go and keep your guard up.

Q: My classmate really smells and I've been dropping plenty of hints since the school year started, what else can I say?

A: Yikes... maybe you can get your cologne or perfume and "accidentally" spray them.. Jk. You should ask your teacher to move you to a different seat or you don't and just try to move away from them and just sit far far away,



Submit an Advice Request!

Music

By Valerie Arredondo (11)



Last week's contest winner for album review was Frankie Cramer (12)! That makes this week's music rec Don Toliver's album, "Life of a Don". Life of Don features incredible artists such as Travis Scott, Kali Uchis, Baby Keem, and many more! Cactus Jack and Atlantic Records published it with Don's amazing production. The album came out in October of 2021 with a run time of 51 minutes and 34 seconds. Don't forget to check out our [playlist on Spotify](#).

Film

By Lubianca Gaitan (11)

This week's movie recommendation is She's all that! It is a classic rom-com that I think anyone can enjoy. The story follows a teenage girl, Laney Boggs, and the most popular guy in school, Zack Siler. After his girlfriend leaves him for a tv star, his friends make a bet that he cant turn any girl into the prom queen.



As he tries to change her, he starts to fall for her. I recommend this movie to anyone who loves those cheesy 1990s romantic comedies. Anyone can watch it and it'll make your hopeless romantic-self melt.

Contest of the week: Art showcase
Interested in sharing a new piece of art that you've worked on? Submit an image using [our link](#) for a chance to be featured in next week's issue!