



County of Sacramento

October 13, 2020

Dear Families:

These are indeed unprecedented times; and 2020 has turned out to be a year like no other! We thank you all for your patience as we strive to navigate the challenges brought on by this pandemic, and help our communities get through to a safe re-opening of our schools and businesses. In the past month, we have seen a steady decline in cases of COVID-19, and on September 29th, Sacramento County Public Health advanced to the red tier, which means that starting today, schools can re-open for all grade levels.

In order for us to continue this downward trend in cases and to be able to keep our schools open, we all have to continue to remain vigilant in following the preventive measures put in place to prevent the spread of the virus. As we work towards moving more activities back onto school campuses, we have asked schools to make some big changes to how they operate. I have outlined a few of these changes below and I am asking that you support the school staff and work together to keep our schools and our communities healthy.

Face Coverings will be

- Strongly encouraged for children age 2 through second grade.
- Required for grades 3 and up in all indoor spaces and outdoors when distancing of 6 feet or greater cannot be achieved and consistently maintained.
- Required for all adults on campus (with some exceptions).

Hygiene – everyone is reminded to

- Wash their hands with soap and water often.
- Use alcohol-based hand sanitizer when soap and water are not available.
- Cover your nose and mouth with a tissue or your sleeve (not your hands) when sneezing or coughing and always wash or sanitize your hands after.

Monitoring Your Health – everyone should

- Be checked daily for COVID-19 symptoms before coming to school.
- Have temperature checked every morning before coming to school.
- Stay home if they have symptoms that could be related to COVID and check with a healthcare provider.

Physical Distancing – everyone should

- Maintain physical distancing of 6 feet or more from others. This may mean changes in school schedules, classroom configurations, and different procedures for lunch, recess or activities.
- Avoid large gatherings such as assemblies, rallies and parties. There may also be restrictions on some activities such as sports, music, and clubs.

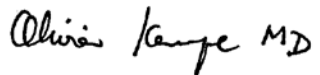
Quarantine and Isolation – make sure to

- Notify your school immediately if a member of your household tests positive for COVID-19
- Follow quarantine/ isolation instructions for all members of the household.
- Work with school and public health officials if a member of your household is suspected to have or has confirmed COVID-19.

We also ask that you make sure that you and your household members get your flu shot. The flu vaccine will not protect against COVID-19, but it is highly recommended to help keep you healthy. When a COVID-19 vaccine becomes available, we will share more information at that time.

Thank you again for your attention to these matters. We know the changes required by the COVID-19 pandemic are disruptive for all of us, but by working together and adhering to these guidelines, we can help minimize the risk of spread of disease and keep our communities healthier as well as accelerate a return to life without restrictions.

Sincerely,



Olivia Kasirye, MD, MS
Public Health Officer

COVID-19 Resources

To learn more about COVID-19, please visit:

www.cdc.gov/coronavirus/2019-ncov/index.html (CDC)

covid19.saccounty.net (Sacramento County)