

Benefits Committee Meeting Notes 10.23.17

In Attendance:	
Ana Simental, Employee Benefits	Kerri Kaye, Health Services
Anthony Ruiz, FCEA	Leean Dessaussois, EPIC
Angelika Miklos, FCEA	Rhonda Crawford, CFO
Chiara Galloway, EPIC	Rob Thomas, CSEA
Don Ogden , Human Resources	Steve Hanson, CSEA
Joan E. Sornborger-Diel, SSS	Terri Ezaki, EPIC
Jonathan Johnson, FCLA	Lorena Venzon
Invited Guests:	
Chris Brown, Account Manager	
Dr. Diane Dailey, Physician Ambassador	
Juan Barillas, Engagement Specialist	

- **Kaiser Reports** – presented by Chris Brown and Dr. Diane Dailey
 - **Partnership in Health Reports** (Dr. Dailey)
 - 638 subscribers with 1,100 members-includes dependents of employees
 - Average age -48.8 years (. 7.5 years older than the Kaiser regional average [KRA])
 - 70.2% women-of employees only
 - Average family size - 1.7 (similar to the KRA)
 - **Prevention and Lifestyle Risks Overview**
 - Adult weight- % of adult members who are overweight or obese - 69.5% (greater than the KRA)
 - Childhood weight - 23.0% - improved over the last 2 years and lower than KRA
 - Exercise - % of adults who aren't meeting the minimum exercise requirement of 150 minutes per week - 64.1% (lower than KRA)
 - Pre-diabetes-% of adults who had a pre-diabetic test result-27.4% (lower than KRA)
 - Diabetes -% of adults who had a diabetic test result-13.0% (higher than KRA)
 - Cholesterol - % of adults with borderline high or high total cholesterol - 37.3% (higher than KRA)
 - Blood pressure-% of adults with blood pressure -8.4% (lower than KRA)
 - Smoking - % of adults who smoke - 7.3% - decreased over the last 2 years and lower than KRA
 - Breast cancer screening- % of eligible population screened -85.4% - decreased over the last 2 years and lower than the KRA
 - Cervical cancer screening - % of eligible population screened - 89.8% (lower than KRA)
 - Colorectal cancer screening - % of eligible population screened (age 50 and over)
 - Childhood immunization rates - % of eligible population screened- Insufficient sample size to make comparison
 - You can access health programs, services, and advice in print, audio, or video formats at www.Kp.org. There is also a Wellness Coaching by Phone line available to get information by phone.
 - **Chronic Conditions Report** (diabetes, asthma, coronary artery disease, heart failure, Chronic obstructive pulmonary disease, chronic kidney disease, and depression)
 - 24.5% of our members with chronic conditions account for 63.7% of the costs

- **Engagement Profile**

- 79.2% of our members (longer than 1 year) are registering and signing on to kp.org (significantly higher than KRA)
 - Saves time by viewing lab results, ordering prescriptions, and emailing physicians online

- **Additional Information**

- Pamphlets

1. Kaiser Permanente flu shot dates and locations
2. Downtown Commons Medical Office – scheduled to open spring 2018 - may be further away, but there may be some employees that reside in that area, also, there is a new location coming downtown off of J street and will have the same type of services as you have in Folsom, Rancho Cordova.
3. Better Health - KP.org with different links that are available for your reference

- Riverside is having a huge expansion on 80 and building a 5 story medical office. This will double the size of the medical offices that are there, plus a huge pharmacy and tearing what is there and building a huge parking garage. Also, another tower will be built at the Roseville hospital adding over 100 beds.

- Future hospital in the Folsom and Natomas area - not until 2022

- **Employee Survey Regarding UC Davis for 2018**

- Survey to be distributed the 1st week of December by email, hardcopy and posted on the district digest.
- Union representatives to inform employees at their November meeting
- Currently we have 97 employees individually affected and 168 employees that have at least 1 family member that are affected (97 is part of the 168).
- Those who want to stay with UC Davis – the best option would be to stay with WHA for the possibility of a referral for special circumstances.
- USF will be available to WHA members affected January 1, not as primary care physicians, but as referrals.
- The WHA Provider Forum is scheduled for Monday, October 30. An email will be sent to the 167 employees affected.

- **Next Meeting**

- February 2018 (Date TBD)