

# CACFP Infant Meal Form

## Participant Information

Infant's Full Name: \_\_\_\_\_

Birthdate: \_\_\_\_\_

Center Offers: \_\_\_\_\_

Date Enrolled: \_\_\_\_\_

Formula Type: \_\_\_\_\_

## Requirements

- Centers must offer at least one type of iron-fortified infant formula (IFIF) and required foods.
- Parent/guardians may choose to:
  - Decline offered formula and supply a different formula or breast milk, expressed or by breastfeeding, on-site.
  - Provide their own foods in place of center-provided foods.
  - Parents/guardians cannot be required to provide infant formula or foods.

## Form Instructions

- Complete this form for each infant and update as needed.
- Complete the information section at the top of this form.
- Keep this form on file to support the monthly claim.
- Check the appropriate boxes in the Components Offered section for items the parent supplies.
- Check the appropriate box in the Components Offered section when the infant is developmentally ready for a component.
- Record and date changes and updates in the Notes section when a new component is started, or changes are made (i.e. infant switches from breastmilk to a center provided IFIF).

## Components Offered

Meal Components	Developmentally Ready	Parent Supplies	Changes/Updates	Date	Staff Initials
Breast Milk					
IFIF					
Iron-Fortified Infant Cereal					
Meat/Meat Alternate					
Fruit/Vegetable					
Grains					

**Notes:**

Parent Supplies	Changes/Updates	Date	Staff Initials

**Reminders**

- Only 2 meals and 1 snack **or** 1 meal and 2 snacks can be claimed per infant, per day.
- Record a meal or snack when:
  - Center supplies all components
  - Parent/guardian supplies only one (1) component.
  - Expressed breast milk is a component.
  - Parent supplies breast milk or IFIF and center provides all other foods.
- Do not record a meal or snack when:
  - Parent/guardian supplies **more than** one component
  - Center supplies infant cereal and parent supplies breast milk and fruits
  - Center supplies formula and parent supplies all other foods

## CACFP Infant Meal Pattern

### Breakfast, Lunch, Supper

Component	Birth – 5 Months	6 – 11 Months
<b>Breastmilk or Infant Formula</b>	4–6 fl. oz. breastmilk or formula	6–8 fl. oz. breastmilk or formula
<b>Grains or Meat/Meat Alternates, or a combination</b>	(not required)	<ul style="list-style-type: none"> <li>• 0—½ oz eq (0–4 Tbsp) infant cereal;</li> <li>• or 0–4 Tbsp meat, fish, poultry, whole eggs, cooked dry beans or peas;</li> <li>• or 0–2 oz. cheese;</li> <li>• or 0–4 oz. cottage cheese;</li> <li>• or 0–4 oz. (½ cup) yogurt;</li> <li>• or a combination of the above</li> </ul>
<b>Vegetables, Fruit, or both</b>	(not required)	0–2 Tbsp vegetables, fruit, or both

### Snacks

Component	Birth – 5 Months	6 – 11 Months
<b>Breastmilk or Infant Formula</b>	4–6 fl. oz. breastmilk or formula	2–4 fl. oz. breastmilk or formula
<b>Grains</b>	(not required)	<ul style="list-style-type: none"> <li>• 0—½ oz eq bread;</li> <li>• or 0—¼ oz eq crackers;</li> <li>• or 0—½ oz eq (0–4 Tbsp) infant cereal;</li> <li>• or 0—¼ oz eq ready-to-eat cereal</li> </ul>
<b>Vegetables, Fruit, or both</b>	(not required)	0–2 Tbsp vegetables, fruit, or both

Abbreviations: fl. oz. = fluid ounces    oz eq = ounce equivalent    Tbsp = tablespoons