

2019-20 VHS Athlete Totals

<b>School Year</b>	<b>School Name</b>	<b>CIF Section</b>	<b>School City</b>	<b>Public or Private</b>	<b>Total Enrollment</b>	<b>Male Students</b>	<b>Female Students</b>	<b>Total Participants (male)</b>	<b>Total Participants (female)</b>	
2019-20	Vista Del Lago High School	Sac Joaquin	Folsom	Public	1825	878	947	530	352	

Sport	Season	Varsity	JV	Frosh/Soph	Totals
Baseball-Boys	Spring	17	13	13	43
Basketball-Boys	Winter	16	12	16	44
Basketball-Girls	Winter	12	13	11	36
Competitive Sport Cheer	Spring	22			22
Cross Country-Boys	Fall	21	7	8	36
Cross Country-Girls	Fall	6	5	7	18
Football-Boys	Fall	32	30	36	98
Football-Girls	Fall				0
Golf-Boys	Spring	8	12		20
Golf-Girls	Fall	9			9
Lacrosse - Boys	Spring	24	28		52
Lacrosse - Girls	Spring	26	19		45
Soccer-Boys	Winter	21	19	18	58
Soccer-Girls	Winter	19	17	18	54
Softball-Girls	Spring	16	15		31
Swim & Dive-Boys	Spring	7	12		19
Swim & Dive-Girls	Spring	16	16		32
Tennis-Boys	Spring	20			20
Tennis-Girls	Fall	17			17
Track & Field-Boys	Spring	42	35		77
Track & Field-Girls	Spring	21	35		56
Volleyball-Boys.	Spring	10	12		22
Volleyball-Girls.	Fall	13	10	9	32
Wrestling-Boys	Winter	16	6	19	41
Wrestling-Girls	Winter				0

	Varsity	JV	Frosh/Soph	Totals
Total Male Athletes	234	186	110	530
Total Female Athletes	177	130	45	352
<b>Grand Totals</b>				<b>882</b>

