

School Health Advisory Council
Meeting Minutes
September 25, 2023
Special Programs Gym

Present: Billye Trader, Jo Johnson, Wanda Anderson, Carrie Rife, Curtis Daugherty, Susy Parker, Julie Walton, James Miller, Janci Alfaro, Dr. Dustin Bromley, Tyler Bryan, Cathy Crate, Kristen Milburn, Kristi Cox, Hannah Westmoreland, Valerie Marcott, Maya DeLange, Manal Elhaj, Charles Cagen, Kat Yarbrough.

Kat Yarbrough called the meeting to order and introductions were made at 4 pm.

- Janci Alfaro, Coordinator, Social Emotional Learning & Student Wellness for LPISD, spoke on the services available in the district. School Counselor Framework = Guidance Curriculum, Responsive Services, Individual Planning, and System Support. Tier 1 - All students, Tier 2 - More support; groups, Tier 3 - Individual support, individual counseling. TCHAT, CYS, CIS, Clear Hope, and Bacoda are all available for our students. They will start a Parent University Series on October 19; My Child's Anxiety, offering 6 sessions, a parent night w/pizza & door prizes.
- DAEP has added a support counselor. Adding, if you are caught vaping, you will automatically be sent to DAEP.
- Harris County Public Health's Manal Elhaj spoke on respiratory illness season, the flu, Covid, and RSV. The flu & Covid vaccines can be given at the same time, but the new RSV vaccine should be given on it's own. They spoke about their free vaccine clinics that are available to school districts.
- Kat Yarbrough spoke on a new program they are starting to implement, "Grow Gardens through Nutrition", partnering with Texas A & M's Ag Dept. There will be seedling kits available.
- During Open Discussion: Janci Alfaro would like to see a future SHAC meeting topic on the health effects of vaping. Perhaps Bacoda could present In Plain Sight items that resemble everyday items, but are really vapes.

The meeting adjourned at 4:48 pm. The next SHAC meeting will be held on January 8, 2024.