

# NOTES HOME



**OCTOBER 2023**

**Q** [EAST.WAUSAUSCHOOLS.ORG](http://EAST.WAUSAUSCHOOLS.ORG)

**2607 N. 18TH AVE.  
WAUSAU, WI 54403**

**MAIN OFFICE HOURS**  
**7:30 A.M. - 4:00 P.M.**

**MAIN OFFICE**  
**715-261-0650**  
**FAX: 715-261-2913**

**ATTENDANCE OFFICE**  
**715-261-0690**

**COUNSELING OFFICE**  
**715-261-0660**

**ATHLETIC OFFICE**  
**715-261-0655**

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**PRINCIPAL,**  
**WEHS ADMINISTRATION:**  
**Mr. Lucas Barth**  
**Mr. Jason Sinz**  
**Mr. Kurt Vanden Heuvel**

**ASSOCIATE PRINCIPAL,**  
**PROGRAMMING,**  
**MR. LUCAS BARTH**

**ASSOCIATE PRINCIPAL,**  
**STUDENT SERVICES,**  
**MR. JASON SINZ**

**ACTIVITIES DIRECTOR,**  
**MR. KURT VANDEN HEUVEL**

## G-ELITE AAU TEAM WINS BIG IN LAS VEGAS!



Wausau's 16U G-Elite AAU (Amateur Athletic Union) basketball team won their division in a summer Las Vegas tournament. The team, made up of high schoolers from Wausau East, Wausau West, D.C. Everest and Stevens Point Pacelli defeated teams from Texas, California, Nevada, Oregon and Colorado along their path to the championship game. Wausau East students include Charlie Cayley, Jesse Napgezek, Orion Ison, Jayden Garrett and Teddy Schlindwein. Other teammates are Bennett Matteson, Griffin Lange, Casey Stuedemann, Cohen Priebe, Zekhari Jones and Cam Schurk.

Over the past two seasons, the G-Elite 16U team has gone an impressive 32-3 in 2022 and 28-3 in 2023. The team was formed in 2018 by Dan Garrett. G-Elite 16U is coached by John Schurk and Matt Priebe.

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# New Faces at Wausau East



**Brad Bernarde**

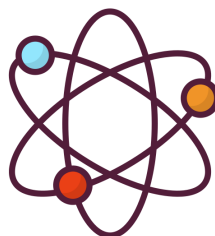
I am originally from Marathon, WI, where I graduated high school. From there I went to the UW-Madison where I received my undergraduate degree in History and was a member of the track and field team. I did my student teaching at Wausau West; from there I taught for one year at Merrill High School and four years at Marathon High School.

I have been married to my wife Kaitlyn for six years. We have a daughter named Harper who will be three in November and a newborn little boy, who was just born at the end of September.

Personally I enjoy reading, exercising, hiking, and eating all of the finest breakfast foods. My wife and I can be seen frequently walking around the Forest Park neighborhood or the Saturday morning farmer's market.

**Mike Diamond**

Hey everybody! My name is Mike Diamond, and this is my first year teaching at Wausau East! I will be teaching Social Studies here, US History I and II. I previously spent the last six years as a Social Studies teacher at Clintonville High School. I graduated from UW-Madison with a degree in History, and received my teaching certification at Edgewood College. I am recently engaged to another Wausau teacher who teaches at West (shout out Ms. Baumann!). When I am not teaching I enjoy watching as much soccer as possible, running, and cooking unique cuisines. I am ecstatic to be at Wausau East and looking forward to a great school year - Go Lumberjacks!



**Jacob Dick**

Hello, I am the new Physics teacher here at East. This is my first year on the teaching side of education. I am originally from Marshfield and I just got my Bachelor's of Science at UW-Eau Claire. In high school I competed in cross country, swim, and track. In my free time, I love to hangout with my friends and family and do some disc golfing, volleyball, pickle ball, boating, and snowboarding.

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## Katie Dykhuis

Hi! I'm Katie Dykhuis, a new Family and Consumer Science teacher here at Wausau East. This is my first year teaching full time. I have been a substitute teacher in Mosinee for five years and decided to get my teacher certificate in FCS and masters degree in Education. I will graduate in May 2024 from UWSP. I'm looking forward to meeting new people and learning a lot!



## Jenny Genrich

My name is Jenny Genrich. I have been teaching for 24 years. Previously I taught at John Muir Middle School, but I did begin my career here at Wausau East. I am married and have two grown sons. My home is busy with a pug, an Australian Shepherd, and four rescue cats. I love doing everything that I teach (Family and Consumer Science) in my free time.



## Curtis Hanson

My name is Curtis Hanson, and I am the new Band teacher at Wausau East. I grew up in River Falls and went to college at UWSP. In my free time, I enjoy hiking, camping, fishing, and playing/listening to music. I am looking forward to this year at Wausau East!



## Susan Holster

My name is Susan Holster and I am the new school counselor at Wausau East this year! I earned my Bachelor of Science degree from UW-Madison in Human Development and Family Studies, and then went on to earn my Master of Education degree in School Counseling from the University of Arizona. I also recently completed my Administrative license. I have been a school counselor for 17 years and have served families in Tucson, AZ, Rhinelander, WI, and have spent the past nine years at John Muir Middle School in Wausau.

I grew up in Wausau and graduated from the "old" Wausau East! I enjoy spending time with my family - my husband and I have two boys, ages 7 and 10, and they keep us busy! We spend a lot of time at kids' sporting events, and also enjoy camping, hiking, traveling, and attending Brandi Carlile concerts! I

look forward to working with all of you!





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## Zakary Kachel

Hello, my name is Zakary (Zak) Kachel and I'm a Technology Education teacher at Wausau East High School. I'm coming here after teaching the last three years at Mosinee High School; before that a year at Weyauwega-Fremont. I'm a 2019 Graduate of UW-Stout (Go Blue Devils). I grew up in the area attending D.C. Everest where I was involved in football, hockey, and lacrosse. In my free time I enjoy traveling. One of my favorite places in the U.S. is Glacier National Park and I have a goal of getting to all the national parks in my lifetime. I am excited to be here and am also looking forward to advising SkillsUSA this year.

## Amy Marquardt

Hello, My name is Amy Marquardt and I am the new Physical Science teacher at Wausau East High School. I have been teaching Science for 21 years at area schools including St. John's Catholic School (Edgar), Lincoln Hills/Copper Lake School, Antigo High School, and Newman Catholic Middle School. I have taught students of all ages, but most of my experience is in a middle school environment. I am excited to teach high school students again and really get to dive into concepts.

In my free time I teach yoga at the YMCA, and for my own business, Ahimsa Yoga. I also like to run and have competed in two half marathons. I like to cook, read, watch TV, and play board games with my husband, family and friends. I also like to travel and this summer I took my first international trip to Bonaire where I enjoyed scuba diving with my family.



## Jessica Novitzke

Hello Wausau East! I'm Mrs. Novitzke. I am very excited to be joining the East family! You can find me in the gym, weight room, and the health room this year. This is currently my 19th year in education. I grew up in Sussex then attended UWSP where I met my husband who is also a Physical Education

instructor. We have four children, Wes, Wyatt, Rylie, and Reanna who also keep us extremely busy. We love spending time together as a family and being outdoors as much as possible. I look forward to meeting the families and having students from our community in my classes. Go Jacks!



## Michael Rivers

Hello! I'm Michael Rivers and I am one of the new Special Education paras here at East. I'm excited to get to know everyone and I'm looking forward to a great year!



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## Aaron Rothwell

Hey Lumberjacks! I'm Aaron Rothwell and this will be my first year teaching special education. This year I am working with freshmen, and at times it feels just like being back in high school. So far I love the culture here, and I can't wait to make lots of enjoyable memories with you all throughout the year. When I'm not teaching, I am either coaching or spending time with family. Currently, I coach wrestling and football, and you will usually see my son Lakota following me around on the mat and in the field. I personally love cooking, visiting with friends and family, and staying active in the gym. I often wish I was in warmer weather, but I love Wisconsin deeply and couldn't imagine leaving my family and friends. If you want to learn more, come and find me in the math department - room C221. Feel free to stop by and say hello!!



## Ryan Schroder

My name is Ryan Schroder and I will be teaching in the Tech Ed department here at East and Horace Mann. This is my fifth year teaching, having previously taught in Madison, Tomahawk, and Merrill. In my "free" time, I enjoy coaching soccer, hockey, and lacrosse as well as refereeing hockey. My family loves to go camping, kayaking, and biking during the summer months.



## Ken Smith

Hey fellow Lumberjacks!!

I'm Ken Smith and I am super excited to be at Wausau East! I am a 1996 graduate of UW-Lacrosse, with a degree in Exercise and Sports Science. I received my master's degree in Educational Leadership from Silver Lake College. I may look familiar to you as I taught at Horace Mann for the past 26 years. I am also the head boys soccer coach here at East. My family has been heavily involved in Lumberjacks athletics. My boys, Kenny and Connor, played multiple sports and my wife, Chris, was president of Backyurjax. We are Lumberjacks through and through and I can't wait to be an even larger part of Wausau East.



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## Jenna Snortheim

My name is Ms. Jenna Snortheim and I am an Agriculture Education teacher here at Wausau East and Wausau West. Along with teaching, I will be one of the Wausau FFA advisors. I graduated from Auburndale High School, and then from UW-River Falls in December of 2022. I am excited to start my very FIRST year of teaching at Wausau. When I am not in the classroom or working with FFA members, you will find me outdoors. I spent my summer being a commercial applicator and spraying corn and soybean fields. I grew up raising market lambs for our county fair, which expanded to our own flock of crossbred sheep. I really enjoy outdoor activities, especially bow fishing, hunting, and riding ATV/UTV. When the weather is not permitting for those activities you may find me working on different crafts or cooking a new recipe.

## Zachary Steinberger

I received my bachelor's degree in Broadfield Social Sciences from the UW-Stevens Point last December. I completed my student teaching experience at Wausau West High School and taught at John Muir in the spring. I am very excited to continue my teaching career at Wausau East High School. Students will be encouraged to understand problems of the past with an open mind and academic curiosity. Through the study of history, students will be learning skills to benefit them on their academic paths and critical thinking skills which will benefit them well beyond the classroom. Outside of school I enjoy spending time with family and friends, spending time outside: camping, fishing, canoeing and traveling the country.



## Stephany Tatro

Hello! My name is Stephany Tatro. I am very excited to be joining the Wausau East family as the new commons supervisor. I graduated from Wausau West and then took off to North Carolina for college at N.C. State University, where I received my bachelor's degree in Criminal Justice and Law Enforcement. I later moved back to Wisconsin and went to Upper Iowa University where I earned my Human Services and Social Work degree. Last year, I took a temporary position at D.C. Everest as a behavior advocate and found that I really enjoy working with high school students. Prior to that, I spent about 20 years working in the criminal justice and mental health field as a probation and parole agent and social worker. In my free time, I enjoy spending time with my family camping, horseback riding and traveling. I have three daughters that keep me busy. My oldest is a freshman at UW-Oshkosh, I am trying to adjust to her being

gone. My middle daughter is 13 and keeps me on my toes with her competitive barrel racing. My youngest is 11 and she loves soccer and shopping! I am excited for this new adventure and all the opportunities it will bring.



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## Zoe Treinen

Hi, my name is Zoe Treinen and I'll be teaching physical science, biology, and environmental science this year. I graduated from Wausau East in 2017 and UW-Stevens Point in 2021. I spent my first two years teaching science in Niagara, WI. Some of my hobbies include running, hiking, fishing, playing video games, and spending time with my loved ones.



## Calista Treptow

Hello Wausau East Community!

My name is Calista Treptow and I'm excited to join Wausau East High School as a first year teacher. In May 2023, I graduated from UW-Stevens Point with a degree in Broadfield Social Studies. Before the school year began I was hired to be an AE (Academic Enrichment) teacher.

Some of my hobbies include spending time with my friends and family, watching movies/TV, reading, hiking, traveling. One fun fact about me is that I am a huge Green Bay Packer fan. I hope everyone has a fantastic school year and I can't wait to meet all of you!



## Andrea Tyler

Hello! I'm Andrea Tyler. This is my second year with the Wausau School District as a 1:1 school nurse. I'm new to Wausau East this year! My family moved to the Wausau area two years ago from Arkansas to start River City Church and to be closer to family, as I'm originally

from Marshfield. My husband and I have been married for nearly 15 years and we've been blessed with three amazing children and two adorable dogs. In my spare time, I enjoy watching sports (and playing them), camping, hiking, evening walks, and kayaking.



## Suan Wilson

Hello, my name is Suan Wilson and I'm a new Special Education para this year.

I also coach Lumberjack football! Go Jacks!!

I'm looking forward to a great year at East High!

*Welcome to each and every  
one of you!  
We're glad you're here!!*

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## PARENT/TEACHER CONFERENCES

The first round of parent/teacher conferences for the 2023-2024 school year is scheduled for Thursday, October 12, from 3:30-7:00 p.m. and Wednesday, October 25, from 12:30-7:30 p.m. here at Wausau East High School.

## CLASS RINGS ...

### Attention Sophomores and Parents!

Josten's will be here on Wednesday, November 1, from 2:35-3:00 p.m., in the Auditorium, to present information and hand out packets with class ring options. A \$30 deposit is suggested to place an order. Online ordering is an option; please find information in the class ring packet that your student brings home. Extra packets will be available in Student Services (E123). If you have questions, please call Ms. Hollander at 715-261-0651.

## ANNUAL SENIOR CLASS PICTURE

The Senior Class of 2024 will have their annual photo taken on Wednesday, November 1, between 2:35-3:00 p.m., in the gym. Order flyers will be available mid-October prior to the picture being taken. If you would like to place an order, please bring the flyer back with you on November 1. If you have any questions or concerns, please contact Ms. Hollander at 715-261-0651.

## 2024 GRADUATION ...

### Attention Seniors & Parents!

Graduation 2024 is scheduled for Saturday, May 18, and will be here before we know it! Now is the time to start planning.

Josten's will be here on Wednesday, November 1, (right after senior class picture) to present seniors with information and distribute graduation packets.

Seniors will be asked to take this packet home and share it with their parents. The Josten's rep will be back on Tuesday, November 7, from 10:30 a.m.-1:00 p.m. to take graduation orders. A \$30 deposit is suggested to place an order. Online ordering is an option; please find information in the graduation packet your student brings home. Extra graduation packets will be available in Student Services (E123) if seniors are unable to attend November 1. If you have questions, please call Ms. Hollander at 715-261-0651.

## SCHOOL LUNCH Q & A



**Q:** How do I put money in my child's account?

**A:** Visit the Wausau School District website, select the "nutrition department" and then select "LINQconnect" to register and be able to put money into your child's account using a credit card. You may also send cash or check with your child in an envelope with your child's name on it as well as their grade. The envelope should be placed in the drop box labeled: Nutrition Services Meal Payments, located to the left of the Business Office window.

**Q:** Why didn't I hear back after I filled out the Free and Reduced Application that I completed?

**A:** If you qualify for F/R meals based on an application, we will send you either an email OR a paper letter. **If** you qualify for Free or Reduced and **if** you provided an email, we will use that method of communication first, so please check your spam folder

All direct certification letters were sent out the Aug 21, 2023 ; so please check your spam. If you still have questions after checking your spam folder, please contact our office 715-261-0806, April or 715-261-0807, Ann.

*Thank you,  
Nutrition Services Staff for  
Keeping our Students Well Fed!*



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## INTERNATIONAL BACCALAUREATE Registration for the May 2024 IB Exams

Registration for the May 2024 IB exams opened **September 25, and will run through October 25**. Be sure to mark your calendars because this is the only time for IB exam registration. Eligible students will complete a registration form through google forms that will be emailed to them. The fee for each IB exam is \$119. Payments can be made with a credit or debit card through the Infinite Campus Parent Portal or by a check made out to Wausau East High School. **Registration fees are not refundable.**

Examinations will be administered in accordance with IB regulations. The exam dates are not negotiable. As a result, exams take priority over other school activities.

The [IB Exam schedule for the May 2024 session](#), and other information about the registration process, will be shared with students in IB classes eligible to test. Emails from Campus Messenger with registration information will also be sent to the parents and students in these classes.

### **Who is eligible to register?**

Anyone who is enrolled in an IB class, and is in good academic standing, can take the IB exam in that subject. For all higher level (HL) and some standard level (SL) courses, students would need to complete both years of instruction to be eligible to take the exam.

### **Should your junior or senior student register for the IB exams?**

Students enrolled in an IB class have already chosen to take on an academic challenge. These classes are designed to teach the skills required to work with the content at the college level, including critical thinking and research methods. They also develop communication, organizational, and time management skills.

Extending that challenge to include taking the IB exam may provide additional benefits:

- Certainly, many consider that their performance on the exam may earn them credits at the college/ university they plan on attending. Be a wise consumer and check the IB credit policies of the colleges the student might attend.
- Also consider that having committed to taking the exam may keep students more focused throughout the year.
- Imagine the gratification and confidence a student could gain after taking a college level exam and performing admirably when their results are compared to tens of thousands of students from around the world!
- Students who are IB Diploma Candidates must take six IB exams over their junior and senior years.

### **If you have questions:**

- Stop by the IB Resource Center, next to the JackShack, during parent conferences on October 12, to pick up handouts that will explain the IB Exam Registration process.
- If you would like to discuss the registration process, please sign up for a parent conference with the IB Coordinator, Darlene Beattie.
- Feel free to call or email Mrs. Beattie at a time that is convenient to you. 715-261-0650 (ext.23248) or [dbeattie@wausauschools.org](mailto:dbeattie@wausauschools.org)

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## Wausau East's DECA Officers Welcome All Students to Join DECA This Year!

Wausau East DECA has a lot to offer our members this year. Students who join DECA will have the opportunity to meet a lot of new students, attend social events, do community service, and enhance their entrepreneurship and leadership skills. This year we are planning on having a pumpkin carving night, a tailgate party prior to a football game, a games night, and many more fun events throughout the school year.

Our DECA officers will also help each member participate in numerous community service projects. Students will have the opportunity to do food drives for local food pantries, prepare meals for the homeless, among several other worthy causes.

DECA members will also have the option of competing in various Business and Marketing competitions. DECA competitions give students a chance to test their skills and knowledge in various Business, Finance, Marketing, Communications, and Management categories against students from all over the state and potentially world!

Please consider joining DECA. It's a great way to meet new students, build business relationships, have fun, develop skills that will help in your school, personal, and career lives, and give back to your community.

If you're interested in joining, please contact Mr. Knight, our DECA Advisor, or one of our DECA Leadership Team members. This year's officer team consists of:



Charlie Cygan: VP of Communications



Brian Nguyen: Jack Shack Manager



Ben Schuette: Jack Shack Manager



Ari Thielen: VP of Business Partnerships



Alexandra Klemp-North: VP of Community Service Campaigns



Allison Her: VP of Communications



Sawyer Krembs: VP of Events



Robbie Angulli: VP of Business Partnerships



Quinn Barber: VP of Operations



Garrison Stockwell: VP of Membership

If you would like to become a DECA member or business partner or support us in other ways, please contact our DECA advisor, Trevor Knight by emailing him at: [tknight@wausauschools.org](mailto:tknight@wausauschools.org)

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## HEALTH SERVICES NEWS

### Information Regarding Your Child & Illness

**IMPORTANT: If your child is feeling ill during the school day,**

**please have them report to the Health Office.**

**We will contact you (parent/guardian) to make arrangements for them to be picked up.**

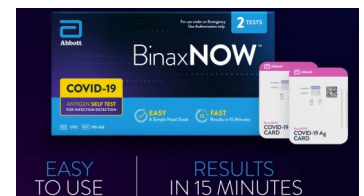
### Please follow these guidelines from the WSD for illnesses:

**Students may be excluded from school for communicable disease control for the following conditions:**

- ◆ Undiagnosed or untreated skin rash or sores **that cannot be covered**
- ◆ Fever (temperature 100.4°F or greater or if behaviors such as excessive sleepiness or coughing which might be interfering with the student's learning). Child must be fever-free without fever medicine for 24 hours before returning to school
- ◆ Vomiting **more than once** in the previous 24 hours. Child must not have vomited in the past 24 hours before returning to school.
- ◆ Diarrhea **three times** in the previous 24 hours or child is incontinent (has an "accident")
- ◆ Upper respiratory illness with **frequent** cough/drainage
- ◆ "Pinkeye" (conjunctivitis) **if accompanied by fever, behavioral change or inability to avoid touching eyes.** (Antibiotics not required for return).
- ◆ Strep throat (until 24 hours after treatment has begun, or health practitioner approval)
- ◆ Students whose immunization status is not in compliance with the Wisconsin Immunization Law
- ◆ Students with known suppressed immunity may be excluded, for their protection, when cases of communicable disease (i.e., measles, chickenpox) occur in school

**Please contact the East Health Office if your child has Covid. They should remain home following the guidelines listed above. Their absence will be marked accordingly. We will not quarantine students.**

**A limited number of Covid tests are available in the Health Office. You may request one at any time.**



A reminder that all medication, prescription or over-the-counter, (i.e., ibuprofen, Tylenol, Tums, cold medication) must be kept in the Health Office during the school day. Students may carry emergency medication, inhalers, diabetic supplies, and cough drops if needed.

Immunization requirements and the Marathon County Health Dept. immunization schedule maybe found here:



Please contact your healthcare provider or the Marathon County Health Dept. at 715-261-1900, if you have to schedule an appointment for immunizations or have questions/concerns about your child's immunization status.

Nancy Peters, Health Aide, 715-261-0678 [npeters@wausauschools.org](mailto:npeters@wausauschools.org)

Emilee Mootz, School Nurse, 715-261-0713 [emootz@wausauschools.org](mailto:emootz@wausauschools.org)

**Office hours: 7:15 a.m. - 3:15 p.m. school days**



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## COUNSELING & CAREER CENTER NEWS

### SENIOR ACP (ACADEMIC & CAREER PLANNING) MEETINGS

A mandatory [Senior ACP Planning Meeting](#) was held on September 14, to help seniors with post-secondary options. We discussed many paths, including the world of work, military, apprenticeships, technical and four year colleges. In follow up to the meeting, all seniors should be signing up for individual ACP meetings with their counselor to discuss specific plans tailored to them. If your child has not scheduled a meeting yet, please have them stop into counseling or make an appointment using the following links:

[Schedule appointments with Mr. Boulanger](#)

[Schedule appointments with Mr. Beal](#)

[Schedule appointments with Mrs. Holster](#)

[Schedule appointments with Ms. Gilles](#)

### COLLEGE BOUND? YOU MAY WANT TO CONSIDER INCLUDING YOUR ACT OR SAT RESULTS



Many colleges, including all the UW's, are test-optional, meaning that the ACT or SAT is not required for admission. The ACT and SAT are standardized tests that students can choose to include with their college application for admission. If you would like to discuss whether you should include your test score, please see your counselor or Mrs. Gauger. Keep in mind that some scholarships may require applicants to submit an ACT or SAT score. To see upcoming test dates and register, utilize the following links: [ACT](#) or [SAT](#)

NOTE: The ACT has an optional writing test. It is important for students to check if the college(s) requires the writing test prior to registering to take the test since not all schools require it. The SAT has a writing section that is included as part of the test so all students who take the SAT will take the writing component.

Additional resources:

[UW System ACT/SAT FAQ](#)

[Additional ACT information](#)

### COUNSELING DEPARTMENT STAFF

|                                                                  |      |
|------------------------------------------------------------------|------|
| <u>John Boulanger</u><br>Department Chair<br>715-261-0661        | A-F  |
| <u>Jason Beal</u><br>Counselor<br>715-261-0664                   | G-L  |
| <u>Susan Holster</u><br>Counselor<br>715-261-0667                | M-Si |
| <u>Katie Gilles</u><br>Counselor<br>715-261-0663                 | Sj-Z |
| <u>Gina Walters</u><br>Guidance Secretary<br>715-261-0677        |      |
| <u>Cathy Gauger</u><br>Career Center Coordinator<br>715-261-0657 |      |
| <u>Matthew Mitchell</u><br>School Psychologist<br>715-261-0653   |      |
| <u>Sarah Nilles</u><br>School Social Worker<br>715-261-0668      |      |

### MID-TERM GRADUATION



Seniors who are planning to graduate in January should meet with their counselor to verify they will meet all graduation requirements by the end of first semester. They will also need to complete a Mid-Term Graduation Application and submit it to the counseling office by December 1.

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## UNIVERSITY OF WISCONSIN COLLEGES

The UW System is now accepting applications! The standard [online application](#) is user friendly and can be used to apply to more than one campus. The following UW universities charge an application fee for every application submitted: UW-Eau Claire (\$25), UW La Crosse (\$25), and UW-Madison (\$70).

For the other UW universities, you may submit up to three applications for free to either the main campus or branch campus. After that, you will be charged \$25 per application. *Note that UW-Stevens Point and UW-Whitewater allow you to apply to both their main campuses and branch campuses. Doing so will incur the same fee as applying to any single campus within that university.*

The [UW Help Website](#) is your complete guide to the UW college process! Students can explore all 26 UW campuses, find their best-fit and learn strategies to pay for college. It includes information on the admission processes, preparing students for college, financial aid, majors at each campus, scholarships and more!

Seniors applying to a UW campus will also need to write an essay as part of the application ([UW essay prompts](#)). All UW's share the same essay prompt: [This part is all about you. Tell us about something you've done — academically or personally — and what you've learned from it. Was it a success or a challenge? Did it represent a turning point in your life? How did this particular moment in your life influence you, and how will it continue to influence you as you pursue your college education?](#)

UW-LaCrosse and UW-Madison have an additional essay question:

UW-La Crosse: [Please respond to ONE of the following: \(1\) How will your life experiences or commitments enrich the UW-La Crosse campus community? OR \(2\) Tell us why you are interested in attending UW-La Crosse and what aspects of the campus are especially important to you.](#)

UW-Madison: [Tell us why you would like to attend the University of Wisconsin–Madison. In addition, please include why you are interested in studying the major\(s\) you have selected. If you selected undecided, please describe your areas of possible academic interest.](#)

## FINANCIAL AID

If you want help paying for school, it all starts with submitting your [Free Application For Federal Student Aid](#) (FAFSA). This year the [FAFSA](#) will become available in [December](#) for the 2024-2025 academic year. They are in the process of improving the application and we will make you aware when the updates are completed and open to applicants.

## PSAT - 2023 TEST DATE

The **PSAT/NMSQT® exam** will be offered at Wausau East on Tuesday, October 17, beginning at 8:00 a.m. **This test is optional and the cost is \$18.**

## ASVAB

The ASVAB (Armed Services Vocational Aptitude Battery) will be offered at Wausau East to interested juniors and seniors on November 28, at 7:45 a.m. sharp. The ASVAB is a voluntary, free career aptitude test for students who plan to enter the military upon graduation or for students who want more career exploration. The ASVAB will match student's skills and interests to hundreds of occupations. The ASVAB is a three-hour assessment given during the school day followed by the interpretations of those results. If you have questions, see Mrs. Gauger in the Career Center.

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## SCHOLARSHIPS = FREE MONEY FOR COLLEGE!!

Visit the [Wausau East High School scholarship page](#) to see an updated, running list of scholarships available to seniors. Keep in mind, this list is not all-inclusive and there are other avenues for searching for scholarships. If you would like help with scholarship searches, please visit the Career Center. Here are some tips for successful scholarship searching/applying:



- Ask your teachers, mentors, etc. if they will write a letter of recommendation for you. Don't wait until right before it is due!
- Keep organized and track scholarships using a spreadsheet.
- Look for scholarships that are specific for your major, career field or interests.
- If you have a unique situation, look for scholarships that are open to students with your situation, i.e. overcame an obstacle or hardship.
- Be willing to put the time and effort in each day. Remember it is money you don't have to pay back.
- Ask for help and visit the Career Center often! In addition to the online scholarship page, the Career Center also posts scholarships on the scholarship board. Your school counselor, Career Center coordinator, teachers, etc. are all here to help.

## PSA - SELECTIVE SERVICE REGISTRATION



Federal Law requires nearly all male US citizens and male immigrants, age 18 through 25, register with the [USA Selective Service](#) within 30 days of their 18th birthday. Students may register as early as three months after their 17th birthday. Failure to register will affect a student's ability to receive financial aid or job training. Registering with Selective Service is easy and only takes about two minutes.

WHAT IS YOUR  
**DREAM**  
and what are you  
going to do about  
it  
**TODAY?**



# NOTES HOME

## CAREER CENTER

In the Career Center - Room E146 - students can access a variety of career related resources to help research and develop their career plan for after high school. Exploration includes post-secondary options of employment, military, apprenticeships, technical or four year colleges.

Students can drop in during their open resource or lumberjack time to access:

- Job or college application assistance
- Job boards
- Scholarship board
- College representative visits
- Military recruiter visits
- Local employer representative visits
- Community organization representative visits
- Job shadows
- Field trips taken throughout the year
- Financial aid application assistance
- And much more!



## COMMUNICATION

**Email** - Students need to check their Wausau School District email regularly to keep informed of important information coming from the Career Center. This is an important life skill for post-secondary education as well as employment. It is how important school and employment information is shared!

## EAST CAREER CENTER EVENTS CALENDAR

View upcoming events, college and business rep visits and military recruiter visits that will take place in the Career Center during the school year. Information is continually added and sometimes dates/times change, so view it often!

## ANNOUNCEMENTS

Listen to morning verbal announcements, look at screens in the Commons and check out the white board in front of the Career Center. Make a point to stop by the Career Center to meet with our visiting representatives and learn more about their post-secondary options.

For help or more information, stop in or contact:

Cathy Gauger

Career Center Coordinator

715-261-0657

[cgauger@wausauschools.org](mailto:cgauger@wausauschools.org)

# NOTES HOME

## WAUSAU EAST ACP PROCESS

Academic and Career Planning (ACP) is a student-driven, adult-supported process in which students create and cultivate their own unique, information-based visions for post-secondary success, obtained through self-exploration, career exploration, and the development of career management and planning skills. Each grade level will practice goal setting and planning through assessments and written activities with the guidance of counselors, homeroom advisors, and parents. Student goals and plans are expected to change annually based on their own personal experiences. The components of the ACP will be saved in Xello, an online career platform.

[Wausau East ACP Website](#)

Yearly, **ALL** students will:

- ❖ Complete **ACP Xello Lessons**
- ❖ Participate in **Course Registration Presentation**
- ❖ Participate in **Advisory Meetings**
- ❖ Complete Leader in Me **WIGS** (Wildly Important Goals)
- ❖ Have access to **\*Career Center Services**



In addition, each grade will complete the following specific **ACP Portfolio Tasks**:



Freshman year is a very important year for developing self-identity and students will assess their strengths, needs, and interests in addition to establishing ownership of their academic progress.

- ☐ Attend **Freshmen Meet & Greet** - Counselor Introduction & Services
- ☐ Attend **Freshmen Class Meeting** - Transitioning to High School



Sophomore year is the time for students to continue to develop an awareness of their individual interests and strengths and start to explore careers and educational opportunities.

- ☐ Attend **Career Fair**
- ☐ Participate in **ACP Lessons** - Matchmaker, My Skills, along with Saving Careers and Completing a Worksheet in US II
- ☐ Attend **Sophomore Conference** with counselor, student and guardian:  
Matchmaker results, course planning, transcript review, post-secondary planning



Junior year is the time for students to start to identify more specific career and academic interests and research the appropriate steps to reach their future goals.

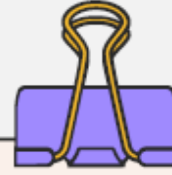
- ☐ Attend **Junior Parent Night** - post-secondary planning & graduation
- ☐ Attend **Individual Junior Meetings** - post-secondary planning & graduation
- ☐ Participate in **ACT Prep & Exam**
- ☐ Attend **Wisconsin Education Fair Field Trip**



Senior year is the time for students to focus-in on their post-secondary plans. Seniors will make active steps towards transitioning to work, military or higher education.

- ☐ Attend **Senior Class Meeting** - graduation & post-secondary planning
- ☐ Attend **Individual Senior Meetings** - graduation & post-secondary planning
- ☐ Attend **Financial Aid Night**

**\*Career Center Services:** College, military, & employer visits, job postings, job shadows, job applications



# ONE Network *for* VOLUNTEERS

WAUSAU SCHOOL DISTRICT

WANT TO HELP WITH FIELD TRIPS, SCHOOL EVENTS, SPORTING EVENTS,  
MATH, READING, CLASSROOM HELP, SCHOOL ASSISTANCE OR PROJECTS?

*GET STARTED TODAY!*

Become a Volunteer at School



CHECK US OUT ON THE WEBSITE!  
**RESOURCES • LINKS • VIDEOS**  
[wausauschools.org/programs/one-volunteer-network](http://wausauschools.org/programs/one-volunteer-network)



## 3 EASY STEPS



**KATIE CROTTEAU**  
VOLUNTEER & COMMUNITY  
INVOLVEMENT COORDINATOR  
**715-261-0584**  
[kcrotteau@wausauschools.org](mailto:kcrotteau@wausauschools.org)





# UPCOMING EVENTS

## OCTOBER

- 2-7 Homecoming
- 12 Parent/Teacher Conferences, 3:30-7:00 p.m.
- 23 All City String Festival, 7:00 p.m., Auditorium
- 24 PSAT, Periods 1-5
- 25 No PM Classes  
Parent/Teacher Conferences, 12:30-7:30 p.m.
- 26 Teacher Inservice, **No Classes**
- 27 **No Classes**



## NOVEMBER

- 10 Musical, "Mean Girls", 7:00 p.m., Auditorium
- 11 Musical, "Mean Girls", 2:00 & 7:00 p.m., Auditorium
- 12 Musical, "Mean Girls", 2:00 p.m., Auditorium
- 22-24 Thanksgiving Break, **No Classes**

## DECEMBER

- 8 Independent Learning Day
- 18 Music Dept. Concert, 7:00 p.m., Auditorium
- 25- Winter Break, **No Classes**
- Jan 1

## JANUARY

- 2 Classes Resume
- 10-12 Exams
- 13 Junior Girls
- 15 Teacher Inservice, **No Classes**

**WAUSAU EAST HIGH SCHOOL CALENDAR**



**WAUSAU SCHOOL DISTRICT CALENDAR**

## Mission Statement

*The Mission of Wausau East High School is to positively impact the future by helping students reach their full potential in a rigorous learning environment of respect, integrity, compassion and excellence.*

### WSD Continuous Nondiscrimination Notice

**The Wausau School District does not discriminate on the basis of race, age, color, religion, national origin, ancestry, creed, pregnancy, marital status, parental status, sexual orientation, sex (including transgender status, change of sex or gender identity), or physical, mental, emotional, or learning disability ("Protected Classes").**

Anyone who believes that the Wausau School District has inadequately applied the principles and/or regulations of Title VI, Title VII, Title IX, Section 504 or the Americans with Disabilities Act, may file a complaint with the WSD Equity Director at the Longfellow Administration Center, 415 Seymour Street, Wausau, Wisconsin 54402-0359, or by telephone at 715-261-0500.

Lub Wausau School District txwv tsis pub leejtwg ua saib tsis taus ib tus neeg twg txawm yog hais tias nej yog pojniam los yog txivneej, yog haiv neeg dabtsi, ntseeg dabtsi, poj koob yawm txiv yog leejtwg, nyiam pojniam los yog txivneej li cas, muaj mob nkees li cas los yog xiam oob qhab li cas. Kevcai nyob rau tebchaws no txwv tsis pub leejtwg yuav ua saib tsis taus nej yog nej tuaj nrhiav haujlwm ntawm peb txawm yog nej yog haiv neeg twg, muaj noob nyoog li cas, cev nqaij daim ntawv yog xim dabtsi, nyiam pojniam txivneej, ntseeg dabtsi, los yog muaj kev xiam oob qhab li cas.

Yog leejtwg ntseeg tau hais tias lub khoog tsev kawm ntawv Wausau School District ua tsis raws li txojcai thiab/los yog cov lus teev tseg nyob rau Title VI, Title VII, Title IX, Section 504 los yog Txojcai Tiv Thaiv Haiv Neeg Mekas uas Xiam Oob Qhab, nej sau tau ib tsab ntawv tsis txaus siab tuaj rau tus saib xyuas tej teebmeem zoo li no uas yog tus WSD Equity Director nyob tom Longfellow Administration Center, 415 Seymour Street, Wausau, Wisconsin 54402-0359, los yog hu rau nws ntawm tus xovtooj 715-261-0549.

El Distrito Escolar de Wausau no discrimina contra las personas por motivos de sexo, raza, religión, nacionalidad, ancestro, credo, embarazo, estado civil, orientación sexual, o discapacidad física, emocional, mental o de aprendizaje. La Ley Federal prohíbe cualquier tipo de discriminación en la educación y empleo por motivos de edad, raza, color, nacionalidad, sexo, religión o discapacidad.

Cualquier persona que crea que el Distrito Escolar de Wausau ha aplicado inadecuadamente los principios y/o reglas del Título VI, Título VII, Título IX, Sección 504 o del Acta para Americanos con Discapacidades, podrá presentar una denuncia ante el Director de Igualdad del Distrito Escolar de Wausau al Centro de Administración Longfellow, 415 Seymour Street, Wausau, Wisconsin 54402-0359, o por teléfono al 715-261-0596.