

What's on the Menu?

Discovery Kitchen
Mood Boost

Seed to Table
Calm

V-Vegetarian

Menu is subject to change

Snoqualmie Valley School District Elementary Menu

October 2023

USDA and this institution are equal opportunity providers and employers.

Monday	Tuesday	Wednesday	Thursday	Friday
1: Cheeseburger 2: Veggie Burger (V) 3: Hummus Fun Lunch Baked Beans Fresh Baby Carrots Fresh or Canned Fruit <i>Cereal or Breakfast Sandwich</i>	1: Sloppy Joe 2: Chicken Nuggets 3: Cereal Fun Lunch Oven Tots Pea Salad Fresh or Canned Fruit <i>Fruit Parfait or Cereal</i>	Taste of Washington 1: French Toast Sticks V w/ Sausage Links 2: Ham, Egg & Cheese Biscuit Broccoli Buds Garbanzo Beans Apple Yogurt Salad Fresh or Canned Fruit <i>Fruit Smoothies, Brkft Sandwich</i>	Alternate menu FCE 1: Grilled Cheese 2: Chicken Caesar Salad 3: Sun butter & Jelly Sandwich Tomato Soup Goldfish Crackers Carrots Fresh or Canned Fruit <i>French Toast or Cereal</i>	National Smile Day 1: Pepperoni Pizza 2: Cheese Pizza V 3: Tuna Hoagie Fresh Celery Sticks Fresh Baby Carrots Fresh or Canned Fruit <i>Cinnamon Roll, Sausage Muffin</i>
NO School Non Student Day	1: Orange Chicken w/ Rice 2: Chicken Burger 3: Muffin Fun Lunch Roll Golden Corn Fresh Broccoli Florets Fresh or Canned Fruit <i>Fruit Parfait or Cereal</i>	1: Waffles V w/ Sausage Links Egg Patty 2: Ham & Cheese Hoagie Cauliflower Fresh Baby Carrots Fresh or Canned Fruit <i>Fruit Smoothies, Brkft Sandwich</i>	Mood Boost 1: Creamy Macaroni & Cheese w/Dinner Roll 2: Chef Salad w/ Cheese & Roll 3: Sun Butter & Jelly Sandwich Seasoned Corn Broccoli Salad w/ Raisins Fresh or Canned Fruit <i>Waffles w/ Sausage</i>	1: Pepperoni Pizza or 2: Cheese Pizza V (Both on whole Grain Crust) 3: Fish Sticks, Fries & Fresh Baby Carrots Garbanzo Beans Fresh or Canned Fruit <i>Cinnamon Roll, Sausage Muffin</i>
1: Chicken Nuggets 2: Veggie Nuggets (V) w/Roll 3: Turkey & Cheese Flatbread Oven Smiles Fresh Baby Carrots Fresh or Canned Fruit <i>Cereal or Pancake on a Stick</i>	1: Beef Taco w/ Fiesta Brown Rice 2: Cheese Quesadilla 3: Bagel Fun Lunch Corn & Pepper Side Salad Tossed Salad Fresh or Canned Fruit <i>Fruit Parfait or Cereal</i>	1: French Toast Sticks V w/ Sausage Links 2: Ham, Egg & Cheese Biscuit Broccoli Buds Garbanzo Beans Blueberry topping Fresh or Canned Fruit <i>Fruit Smoothies, Brkft Sandwich</i>	1: Baked Potato w/ Toppings 2: Chicken Burger 3: Chef Salad Dinner Roll Seasoned Broccoli Fresh Baby Carrots Fresh or Canned Fruit <i>French Toast or Cereal</i>	Mood boost 1: Pepperoni Pizza 2: Cheese Pizza V 3: Egg Salad Sandwich Cucumber Coins Fresh Baby Carrots Spinach Strawberry Salad Fresh or Canned Fruit <i>Cinnamon Roll, Sausage Muffin</i>
1: Teriyaki Dippers 2: Cheeseburger 3: Veggie Nuggets V Rice Fresh Baby Carrots Cucumber Slices Fresh or Canned Fruit <i>Cereal or Breakfast Sandwich</i>	1: Chicken & Cheese Quesadilla 2: Mini Corn Dogs 3: Veggie Burger V Seasoned Black Beans Celery Fresh or Canned Fruit <i>Fruit Parfait or Cereal</i>	1: Waffles V w/ Sausage Links Egg Patty 2: Pretzel Fun Lunch Cauliflower Fresh Baby Carrots Fresh or Canned Fruit <i>Fruit Smoothies, Brkft Sandwich</i>	Pumpkin Day 1: Turkey Gravy Mashed Potatoes 2: Chef Salad w/ Cheese & Roll 3: Sun Butter Sandwich Fun Lunch Fresh Baby Carrots/Corn Pumpkin Bars Fresh or Canned Fruit <i>Waffles w/ Sausage</i>	1: Pepperoni Pizza or 2: Cheese Pizza V (Both on Whole Grain Crust) 3: Hummus Fun Lunch Fresh Baby Carrots Broccoli Buds Fresh or Canned Fruit <i>Cinnamon Roll, Sausage Muffin</i>
1: Hot Dog 2: Ham & Cheese Sandwich 3: Garden Salad w/ Cheese w/ Roll Oven Fries Celery Sticks Fresh or Canned Fruit <i>Cereal or Pancake on a Stick</i>	1: Beef Nachos 2: Cheese Nachos V 3: Veggie Burger V Refried Beans Fresh Baby Carrots Fresh or Canned Fruit <i>Fruit Parfait or Cereal</i>	National School Lunch Week Oct 9-13		

* You may qualify for free or reduced price meals. Applications are available online in Family Access, at all schools and at the district office. For questions regarding the food service program you may call the food service office at

Breakfast Prices: Paid = \$2.50, *Reduced = \$0.00, *Free = \$0.00, Adults = \$0.00
Lunch Prices: Paid = \$4.25, *Reduced: K-12 = \$0.00, *Free = \$0.00, Adults = \$ 0.00
 Milk = \$0.50