

**2022-2023**  
**School Health Advisory Council (SHAC)**  
**Meeting Agenda**

A meeting of the Midlothian ISD School School Health Advisory Council will be held October 2, 2023 beginning at 9:00 AM via TEAMS. [LINK TO TEAMS RECORDING](#)The subjects to be discussed or considered or upon which any formal action may be taken are as listed below. Items do not have to be taken in the order shown on this meeting notice.

**1. CALL TO ORDER**

A. Announcement by the presiding officer that a quorum of members is present, that the meeting has been duly called, and that notice of the meeting has been posted in accordance with the Texas Open Meetings Act, Texas Government Code Chapter 551

**2. PUBLIC COMMENT**

Members of the public may address the SHAC during the public comment portion of the meeting in accordance with Board policy BED (LOCAL). Individuals wishing to speak shall email [krista.tipton@mysd.gs](mailto:krista.tipton@mysd.gs) by 4:00 pm the day prior to the scheduled SHAC meeting. Failing to meet this requirement will forfeit the requested public comment. According to the Texas Open Meetings Act, committee members will listen to the comments but will not conduct an interchange with the speaker. Speakers are limited to one minute each and if multiple individuals are speaking on the same item not listed on the agenda, a spokesperson must be appointed to speak.

**3. INFORMATION / DISCUSSION ITEMS**

- A. SHAC purpose & goals
- B. MISD Parent/Community Resources
- C. Coordinated School Health
- D. Fentanyl Awareness- Tucker's Law
- E. At a Glance Programs

**4. ACTION ITEMS**

- A. Monique Burr Vote
- B. Elect Parent Co-Chair

**5. ADJOURNMENT**

## The SHAC Meeting Minutes

10/02/23

1. Welcome– Krista Tipton called the meeting to order and welcomed everyone and introduced the speakers for the meeting.
2. Krista provided Shac overview of program purpose and goals.
3. Sabra Golden reviewed district site parent/community resources. (Drug and Alcohol Prevention, Child Nutrition, Child Abuse Prevention, Trauma Informed Practices, Bullying & Cyberbullying Resources, Mental, Suicide Prevention, Character Education, Human Sexuality, and Reach Council).
4. Coordinated Health- Wendy Hein shared about the coordinated school health and some of the programs we will be using.
5. Fentanyl Awareness- Wendy Hein spoke about Tucker's Law and the requirements of the law and how we will be doing this in the schools. Awareness Week in the Spring, RedRibbon Week this month, and Fentanyl Awareness Day May 9th. Posters are already on campuses for students' reference. REACH will assist in meeting the new requirements with Tucker's Law.
6. At a Glance Program Schedule- Krista shared the infographic Wendy created with the SHAC programs that will be presented in the district. (YES, REACH, CATCH, Monique Burr, and FitnessGram)These are all presented through outside organizations that have been approved by SHAC.
7. Monique Burr - Krista presented the Teen Safety Matters curriculum and requested moving the years to 7th, 10th, and 12th. Rachel Bryant motioned and Bruce Prindle seconded. The motion passes unanimously.
8. Elect Parent Co-Chair- Following Policy BDF (Legal) nominations were made: Meagan Newsome (Longbranch)was nominated by Wendy Hein. Delaney Wayland seconded. No other nominations were made. Meagan Newsome was unanimously voted in as the Parent Co-Chair.
9. Future Meeting Topics were shared by Krista (School Nutrition, FitnessGram, New Health TEKS, CATCH & the Great Body Shop Updates, Hearing Loss Awareness, and other program updates. Krista opened the floor for other recommendations for future meetings topics. No other topics were raised at this time.
10. Future Meetings Dates- Krista presented the future meetings dates.

11. Krista Tipton adjourned the meeting at 9:32.

**Representatives in attendance:**

Krista Tipton -Co-Chair  
Sabra Golden - Co-Chair  
Wendy Hein  
Bruce Prindle  
Lauren Williams  
Susie Rouw  
Roberrto Torres  
Beth Stokman  
Jessica Martin  
Phillip Evitt  
Mandy Berry  
Jaime Martin  
Aaron Carroll  
Sandra Mendoza  
Johnna Stinchcomb  
Rachel Bryant  
Zuleyma Gonzal  
Heather Beck  
John Davidson  
Lisa Jenney  
Karis Schumacher  
Jolene Bargsley  
Zach Sitton  
Leslie Deen  
Christine Thorpe  
Meagan Newsome- golfmegs01@gmail.com  
Amariah White  
Danielle White  
Sarah Ingram  
Delaney Wayland  
Kristin Vernon