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 CapeHenryCollegiate.org
 SAT/ACT CODE: 472-286

ADMINISTRATION

DR. CHRISTOPHER S. GARRAN
 Head of School

MR. WILLIAM TRAGERT
 Head of Upper School

COLLEGE COUNSELORS

MRS. LIZ STELLO
 Director of College Counseling
 lizstello@capehenry.org – (757) 963-8210

MRS. KATIE ALPIGINI
 Associate Director of College Counseling
 katiealpigni@capehenry.org – (757) 963-8229

APPOINTMENTS

MS. BRENDA STONE
 Administrative Assistant
 brendastone@capehenry.org – (757) 963-8223

ENROLLMENT

PK-12: 1072
 Upper School: 347
 Seniors: 88
 Middle School: 247
 Lower School: 478

UPPER SCHOOL STATS

Faculty with Advanced Degrees: 48%
 Student-Faculty Ratio: 10:1
 Average Class Size: 16
 Retention Rate for Upper School: 94%
 International Students: 2% from 7 countries
 Students Receiving Financial Aid: 21%

ACCREDITATION

Southern Association of Independent Schools
 Members of NACAC, ACCIS, and PCACAC

MEMBERSHIPS

Cape Henry Collegiate is one of the founding members of the Global Education Benchmark Group, a leading organization of K-12 schools that researches and establishes best practices in the field of global education.

Cum Laude is an academic honor society. Cape Henry names the top 20% of the class in the fall of the senior year and was granted a chapter in 2013.

2023-2024 ACADEMIC PROFILE

community | opportunity | scholarship | integrity

MISSION STATEMENT

We know, value, and challenge each student.
 We commit to building a diverse and inclusive community.
 We graduate independent thinkers and globally aware citizens.

THE SCHOOL COMMUNITY

Cape Henry Collegiate is an independent, coeducational, PK-12 college-preparatory school located on a 30-acre campus just a few miles from the Atlantic Ocean in Virginia Beach. Founded as the Everett School in 1924 for students in K-6, the Upper School was added in 1970 and the first senior class graduated in 1975.

THE CLASS OF 2023



90

Students in the Class



122

Colleges and Universities
 Offered Acceptances



7

Average Number of
 Colleges Applied To



Attending **46** Colleges in
18 States, D.C.
 and Canada



18%

Matriculated at a College
 Where No Other
 Cape Henry Student Is
 Enrolled

ACADEMIC SNAPSHOT



92

Courses in 6 Disciplines



18

AP Offerings



24%

Participate in a
 Signature Program



100%

Students Accepted to
 Four-Year Colleges



3.59-4.22

Mid-50% GPA Range for
 Class of 2024

ACADEMIC CALENDAR

Cape Henry Collegiate utilizes a semester system and is not on a block schedule. **MID-YEAR** grades are available in January. Mid-semester grades are available upon request and are not considered part of the students' official records.

ALL full-year classes for all years are reflected as one credit each.

WEIGHTING

The GPA for an academic year increases .1 for each AP class taken that year and .05 for each honors class taken.

CLASS RANK

We recognize a Valedictorian and a Salutatorian, but do not rank.

COURSE REPEAT

Courses repeated a second time provide no additional credit. The grade earned on the initial attempt of the class remains on the transcript, but only the new grade receives credit and is calculated into the GPA.

DISCIPLINE DISCLOSURE

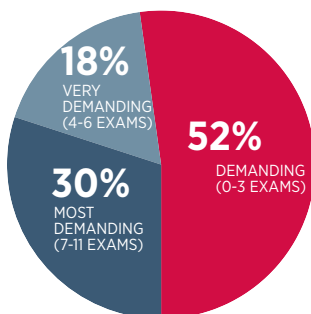
Our policy is to report to colleges any major honor or disciplinary violations that result in suspension and/or dismissal.

AP SNAPSHOT

82% of the Class of 2023 Took at Least One AP Course

3.6 Average AP Score for
386 Exams Taken in May 2023.

Total AP Courses and Course Rigor for the Class of 2023



GRADUATION REQUIREMENTS

All students must be enrolled in a minimum of six courses each year at Cape Henry Collegiate.

English <i>(To include English 12 or equivalent AP)</i>	4 Credits
History	4 Credits
Science <i>(To include Biology and Chemistry)</i>	4 Credits
Mathematics <i>(Minimum completion through Algebra II)</i>	4 Credits
World Language <i>(Three years of the same language in Upper School, or until a student completes the highest level offered of one language.)</i>	3 Credits
Fine Arts	1 Credit
Health	½ Credit
Additional Courses	3 Credits
Total	23 ½ Credits

Students are required to participate in a minimum of four athletic seasons across their four years at Cape Henry Collegiate. This requirement may be fulfilled through team participation, afterschool fitness training, or participation in a major school production in the performing arts.

GRADING SCALE

Cape Henry Collegiate utilizes a weighted **4.33-point** grading scale. The transcript shows the cumulative scholastic average of all classes taken annually during Upper School enrollment.

Point Range	96>	93-96	90-92	87-89	83-86	80-82	77-79	73-76	70-72	67-69	65-66	<65
Grade	A+	A	A-	B+	B	B-	C+	C	C-	D+	D	F
G.P.A. Value	4.33	4	3.67	3.33	3	2.67	2.33	2	1.67	1.33	1	0

SAT HISTORY – MIDDLE 50% RANGE

Middle 50% range and mean best test results for the Classes of 2020-2023.

Class	2023	2022	2020
EBRW	520-680 (602)	530-650 (593)	565-685 (622)
Math	520-690 (604)	520-665 (591)	560-715 (630)
% of Class	85%	94%	89.5%

* Due to limited testing opportunities, the Class of 2021 does not have accurate testing data.

NEXUS GLOBAL STUDIES

In 2022-2023, **52%** of Upper School students participated in a Nexus Global Studies program, **30%** of which were international programs.

Our 2022-2023 international Nexus destinations: Spain, Netherlands, France, Botswana, Belize, Fiji, Iceland, England, Vietnam and Cambodia.



UPPER SCHOOL CURRICULUM (GRADES 9-12)

All Cape Henry courses are taught at the college-preparatory level. All science courses are labs. Course descriptions are available on the Cape Henry Collegiate website.

Students must get departmental approval to enroll in an honors or an Advanced Placement class. **AP students are required to take the examinations.**

Advanced Placement Courses at Cape Henry offered in:

- Art (3D, 2D, Drawing)
- Biology
- Calculus (AB, BC)
- Chemistry (Honors Chemistry prerequisite)
- English Language
- English Literature
- Environmental Science
- European History (Alternate years)
- French Language
- Government: Comparative
- Government: United States
- Physics C: Mechanics (Honors Physics prerequisite)
- Spanish Language
- Statistics
- United States History

The history department does not offer an honors track.

Tropical Ecology Field Research culminates with a required two-week international research program in Central America.

Independent Studies are available in multiple disciplines for highly motivated students with unique scheduling needs. These are indicated on the transcript.

Honors Courses are offered in:

- Algebra II/Trigonometry
- Anatomy
- Asian History (Alternate years)
- Biochemistry
- Biology
- Chemistry
- English 9
- English 10
- French III
- French IV
- Global Public Health
- Linear Algebra (BC Calculus Prerequisite)*
- Multivariable Calculus (BC Calculus Prerequisite)
- Physics
- Precalculus with Differential Calculus
- Spanish II
- Spanish III
- Spanish IV
- World History

* Honors Linear Algebra is a semester course that receives Virginia Wesleyan University credit. AP BC Calculus is a prerequisite.

SIGNATURE PROGRAMS

GLOBAL SCHOLARS



4

Years of
1 World Language



1

Additional Global
Science Class
Tropical Ecology,
Global Environmental Issues,
AP Environmental Science, or
Honors Global Public Health

2

Required Global
Senior History Classes
AP Comparative Government and
International Relations

25

Page Senior
Thesis
on a unique global topic defended
in front of five faculty members.



3

Required Classes
Introduction to Health Science
Honors Anatomy
Physics/H Physics



2

Seminars
Per Month with
Speakers in the
Healthcare Field

Partnerships

*Children's Hospital of
The King's Daughters*
Eastern Virginia Medical School
*Virginia Beach
Emergency Medical Services*

25

Hours Annually
of Service and
Shadowing with
Healthcare
Professionals



Weekly Class Discussion-Based Seminar
reviewing current global issues.



Culminating Senior Portfolio Presentation

Further information can be found on the Cape Henry Collegiate website.

COLLEGE MATRICULATION (2019-2023)

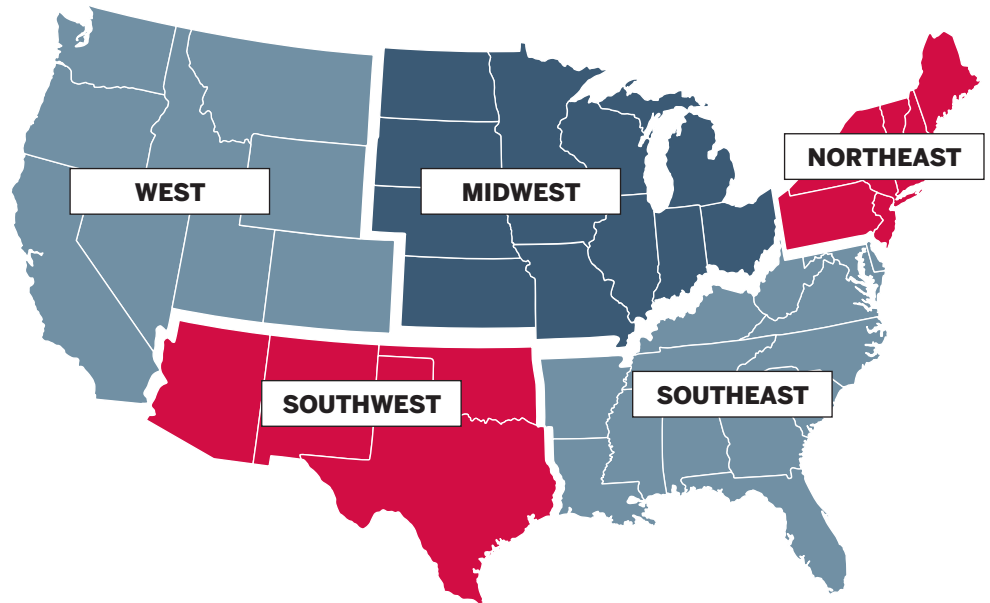
One hundred percent of graduates are accepted at four-year institutions. In 2023, 90 students attended 50 different colleges in 18 different states, D.C. and Canada. College matriculations for the Classes of 2019-2023 include:

■ **NORTHEAST**

Amherst College
Babson College
Barnard College
Berklee College of Music
Boston College
Boston University
Brown University
Carnegie Mellon University
Champlain College
Colgate University
College of the Atlantic
Culinary Institute of America
Curry College
Drexel University
Fordham University
Gettysburg College
Harvard University
Hobart and William Smith Colleges
Hofstra University
Maine Maritime Academy
Marymount Manhattan College
Middlebury College
New York University
Northeastern University
Pratt Institute
Princeton University
Seton Hall University
Smith College
Syracuse University
Trinity College
United States Military Academy
University of New Hampshire
University of Vermont
Vassar College
Worcester Polytechnic Institute
Yale University

■ **SOUTHEAST**

American University
Appalachian State University
Auburn University
Belmont Abbey College
Belmont University
Bridgewater College
Christopher Newport University
Clemson University
Coastal Carolina University
College of Charleston
College of William and Mary
Davidson College
East Carolina University
Eckerd College
Elon University
Emory & Henry College
Emory University
Flagler College
George Mason University
George Washington University
Georgia Institute of Technology
Goucher College
Hampden-Sydney College
Hampton University
High Point University
Howard University
James Madison University
Johns Hopkins University
Liberty University
Longwood University



Loyola University Maryland
Marshall University
North Carolina State University
Old Dominion University
Pfeiffer University
Radford University
Randolph-Macon College
Regent University
Rhodes College
Roanoke College
Savannah College of Art and Design
St. Mary's College of Maryland
The Catholic University of America
The George Washington University
The University of Alabama
The University of Tennessee, Knoxville
The University of the South
Tulane University
United States Naval Academy
University of Delaware
University of Lynchburg
University of Mary Washington
University of Maryland, College Park
University of Miami
University of Mississippi
University of North Carolina at Chapel Hill
University of North Carolina at Charlotte
University of North Carolina at Greensboro
University of North Carolina School of the Arts
University of North Carolina, Wilmington
University of Richmond
University of South Carolina
University of Virginia
Vanderbilt University
Virginia Commonwealth University
Virginia Military Institute
Virginia Tech
Virginia Wesleyan University
Wake Forest University
Washington and Lee University
West Virginia University
William & Mary

■ **MIDWEST**

Ohio State University
Purdue University
University of Chicago
University of Illinois at Urbana-Champaign
University of Michigan
University of Michigan
University of Notre Dame
University of Wisconsin, Madison
Washington University in St. Louis

■ **WEST**

California Polytechnic State University, San Luis Obispo
Colorado State University
Oregon State University
Pepperdine University
Stanford University
University of California, Berkeley
University of California, Davis
University of California, Irvine
University of California, San Diego
University of California, Santa Barbara
University of Denver
University of Southern California
University of Utah
University of Washington, Seattle
Whitman College

■ **SOUTHWEST**

Rice University
Texas A & M University, College Station
Texas A & M University, Galveston
The University of Arizona
The University of Texas at Austin

■ **FOREIGN COUNTRIES**

Brunel University London
Chuo University
The University of British Columbia
Universiteit van Amsterdam
University of Toronto

For a list of 2023 Matriculations, please visit capehenrycollegiate.org/matriculation