



# CCSD Employee Wellness Ambassador Meeting

September 11, 2023

ESF Auditorium, 1:00-2:30pm

## Agenda

- Welcome  
**Dr. Debra Murdock**, *Chief Operations Officer, CCSD*
- School Year 22-23 District Wellness Recap & Future Direction  
**Dr. Tara Quinn-Schuldt**, *Student Support Specialist, CCSD*
- SHBP BeWell/ShareCare – Benefits, Monthly Challenges & Incentives  
**Melissa Whatley**, *Executive Director of Risk Management & Benefits, CCSD*
- Wellness Activity Information – Active Schools National Summit Review  
**Keith Furstenburg**, *Wellness Ambassador and Teacher, Free Home Elementary School*
- School Nutrition – School-based Wellness Plans & Healthy Cooking  
**Toni Hedges**, *Supervisor, School Nutrition*  
**Trang Pham**, *Coordinator, School Nutrition*
- Closing