

## CLEAR CREEK ISD COLD WEATHER GUIDELINES

Outdoor activities are an integral part of the school day and provides students with a break from structured classroom time. Outdoor activities promote opportunities for physical exercise and social development. The outside temperature including wind chill helps to determine cold weather safety. Children are expected to come to school prepared to participate in outdoor activities.

When the outside temperature including wind chill falls below 35° F, outside activities should be held indoors.

<b>Temperature Guidelines</b>	
<u>When windchill or feels like temperature reads</u>	<u>Recommendation</u>
59° F - 50° F	Jacket and/or long sleeves
49° F - 40° F	Jacket/ long sleeves, layers, hats, gloves
39° F - 35° F	<ul style="list-style-type: none"> <li>• Same as above protocols</li> <li>• Elementary and secondary P.E. or recess limit time outdoors to 20 minutes</li> <li>• Athletes – warm up and stretch inside and all team members follow above protocols</li> </ul>
Below 35° F	Indoor activities

\*All activities can be altered depending upon weather conditions.