

# Settling into School

with Naomi Bartholomew, Headmistress, Emily Jefford,  
Head of Pre-Prep and Wendy Gibbs, Deputy Head at  
St Catherine's Prep School



St Catherine's Prep School, Bramley

# How can you help your child?

- Try not to let them see your worries
- Give plenty of reassurance
- Talk positively about school
- Give yourself time
- Give your child time to build friendships
- Make time for your child
- Establish routines
- Build a relationship with your child's teacher
- Encourage an 'I can' attitude



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# Moving to a new school at Year 3 and beyond



What key differences are they likely to face as they step up to Year 3 and beyond?

What can parents and guardians do in the build up to help them feel confident and at ease?

What about on the first day and then into first term?

Any special tips for those starting at a new school site entirely?

What sort of things might schools be doing to ease the transition?



What sort of ongoing parental support will help children handle the differences in Year 3 and beyond?

Any skills they can be helping them build?



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# Next School Matters Webinar:

**The importance of Sleep for Children**

***Thursday 12th October – 11am***

with host Prep Headmistress, Naomi Bartholomew  
and panellists Emily Jefford, Head of Pre-Prep and  
Rebecca Collier, Parenting Consultant.



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