# SHAC meeting minutes \_ October 6,

Participants in this meeting: Anila Deliu, Dimitri L. Nguyen, Jeni Friend (she/her), Jacklyn Gentry, Shannon Tilsworth, Dylan L. Nguyen, Amber Paxton, Ryan Shafer, Lezlie Paden, Erin Gabert, Amy Rohrs, Shaimah Sentamu, Julie Clemens, Dr. Dustin Miller, Dr. Alexander Schoofs, DuJuan Hord

#### 1. Welcome: Introductions and Overview

Anila gave an Overview of School Health Advisory Council concept and its potential scope and role within the district. Anila advised the SHAC needs to implement the Whole Child (Whole School, Whole Child, Whole Community – WSCC) approach that focuses on many factors that impact child health.

All present members, 16, introduced each other.

Anila will put a list of all members with their contact information together and share with everyone.

### 2. Mission Statement

There was a brief review of the district's mission statement. Participants were asked to work on developing a SHAC mission aligned with the district's one Below a version to be improved upon.

"To provide a diverse and collaborative forum and to advise on the delivery of coordinated and culturally affirming school health programs that address the physical, social, and emotional health of students."

#### 3. SHAC goals for this year were reviewed and agreed on

- a. Asses the status of policies and/or practices on specific areas
- b. Develop and Implement an Improvement plan
- c. Share changes and results with buildings and stakeholders as needed.

The group was asked to make an educated selection of the areas for assessment, considering the resources, support from SHAC members and their expertise, and the availability of time. The most voted modules were Health Education, Health Services, and Social and Psychological Services. SHAC members will work on smaller groups and the participants will need to select the topic they would prefer to work on.

Shaimah (student) asked if students should select a topic. Anila encouraged them to select one of the areas they are more passionate about to work on.

Amber Paxton (Employee wellness) stated she would like to work on the Employee module, next semester. Amy Rohrs (Food and Nutrition services) also agreed to get to work on the Nutrition module next semester.

Anila stated she will work with Shannon Tilsworth (Health Services), Ken Clemens (Health Education) and Dr. Porter (Social and Psychological Services) to decide the time

and the location for the working sessions. She will check with Dr. Porter about her availability this semester to work on her module.

## 4. SHAC structure for this year

Next meetings dates were discussed and decided as below.

October – December work on scheduling the working sessions times, locations and have the meetings). Goals for these meetings: Complete module specific assessments/Complete module specific improvement plans. Share goals with Council members

**Second meeting** – December (second week, 5th-9th) - **Third meeting** –March (second week – 5th-10th) **Forth meeting** –April (end 24th – 28th)