

SHAC Meeting Minutes_ April 27, 2023

Participants:

In person: Anila Deliu (staff, chair) Dr. Janelle Porter (staff), Dylan Nguyen (student), Dimitri Nguyen (student), Vincent Yang (student), Shannon Tilsworth (staff), Andrea Wilhoit (staff), Ryan Shafer (CCPHC), Dr. Jacklyn Gentry (Liberty Hospital); Dr. Dustin Miller (Liberty Hospital), Maren Stoflet (parent), Frances Yang (parent), Tonja McCoy (CCPHC).

Online: Jesse Tyler (staff), Dr. Alexander Schoofs (Liberty Hospital), Lezlie Paden (staff), Shaimah Sentamu (student)

Minutes

- ✓ **Meeting minutes** from March 7 approved
- ✓ **Bylaws** approved
- ✓ Overview of the WSCC model
- ✓ End of the year achievement reviewed:
 - The NKCS SHAC up and running
 - We have now 24 members
 - SHI- assessed 3 components of WSCC (Health Services, Health education, Counseling, Psychological and Social Services)
 - The health services has now a Medical Advisor – Dr. Dustin Miller, thanks to the partnership with the Liberty Hospital which is providing much needed support to the nurses.
 - Health education teachers were provided up to date teaching resources on topics they selected as relevant. We will continue to find ways to better support them.
 - Tobacco and Vaping education policy is being reviewed. We are working with a few principals to get feedback and with the community partners to get support implementing the changes – especially the ones related to vape education.
 - Strengthened community partnerships
- ✓ Ryan Shafer with the Clay County PHC shared that the HD will start their Community Health Needs Assessment (CHNA) and will connect with schools and other community organization to get people to participate.
- ✓ Diane with Tri County MHS could not attend but send notes to share with the members. They are working with the NKC high school to implement VapeEducate curriculum with students caught in violation and during the ISS. They have already purchased 40 licenses that would need to be used by the end of January 2024.
- ✓ Small group discussions:

These involved identifying health related trends among our students and in community. Anila reminded everyone that last year we set the goal to look over the Food and Nutrition Services and go through the assessment using the School Health Index tool. However, could be beneficial to look into the trends in health issues present in our schools and the community as a whole. She invited the members to participate in reviewing the Community Health Needs Assessments (CHNAs) and

implementation plans for Liberty Hospital, Children's Mercy Hospital, and NKC Hospital, along with the Strategic Goals and Action Plans of our district for the upcoming years. Anila also invited the participants to think of the resources and the support these organization have set aside as part of their implementing plans to support schools and community projects. Working towards common goals could provide opportunities to leverage each other's resources and build new partnerships.

After reviewing the CHNAs and drawing on their personal and professional experiences serving youth and families, each small group was tasked with identifying three key topics for our team to prioritize in the coming year. Below you can find their suggestions:

A. Mental health

Understanding of the impact of mental health among students

Increase access to mental health resources

More mental health education in school (need identified by high school students in the meeting)

B. Substance Use

Uptick of marijuana use among high school students (as reported by students present in the meeting)

Add regulation on marijuana and increase surveillance related to substance use in schools (identifying hot spots)

Adding Marijuana into the Smoke Free Air signs around the schools.

C. Physical health and Nutrition

Childhood obesity and access to healthy food

Access to health insurance and resources

Increase the number of families and students who have a primary health care provider – which may decrease the number of urgent care visits.

✓ Next Steps:

- Increase membership
- Plan for onboarding meeting with new members
- Continue to work on ongoing projects
- Next meeting will be held the second week of September where we would decide on the key goals for next year.

✓ Meeting was Adjourned at 6PM.