

AMERICAN CANYON HIGH SCHOOL



Parent Night for 9th grade families

Spanish language interpretation will be provided tonight!

- Please get an interpretation device from our ACHS Parent Liaison in the lobby.



Mr. Christian Pitayo-Cuevas

Mondays, Wednesdays, Fridays

8:30am-3:30pm



Can help translate and provides support for all Spanish speaking families!!

Who is your ACHS School Counselor?

Tricia Hernandez



- **9th year at American Canyon High School!**
- **This class will be my 4th graduating class (Class of 2015, 2019, 2023...and now 2027!!)**
- **20th year as a High School Counselor**
- **I was born and raised in the Bay Area (Go Giants, Niners, and Warriors!)**
- **I received both my Bachelor's Degree in Psychology and Master's Degree in Counseling from San Francisco State University**
- **I am a mother and have three children (7th grade, 4th grade, and 2nd grade)**

What is the role of a school counselor at ACHS?

- ❖ Academic & social emotional support and guidance
- ❖ College and Career Readiness/Post Secondary Planning
- ❖ Someone you can trust and develop a sense of security with during your four years at ACHS
- ❖ 504 Plan coordinator, Gender Support Plan creator, and SpEd Team Member for IEP's
- ❖ Your most IMPORTANT ADVOCATE!



ACHS ADMINISTRATION



Theo Dykzeul,
Assistant Principal
Last Names: P-Z

Linda Peete,
Assistant Principal
Last Names: G-O

Andrew Goff,
Interim Principal

Dean Gor,
Assistant Principal
Last Names: A-F



School Resource Officer:

Joshua Coleman
American Canyon Police Department



Campus Supervisors



Coach Holmes (JV Football), Chris, Mrs. Pitt, Dallas

WOLVES Athletics



Aaron Johnson, Athletic Director

aaron_johnson@nvusd.org

OR

dana_plummer@nvusd.org

American Canyon High School

Athletic Program

Fall Sports:

Cross Country (boys & girls)

Football

Golf (girls)

Tennis (girls)

Volleyball (girls)

Water Polo (boys & girls)



Winter Sports:

Basketball

(boys & girls)

Soccer (boys & girls)

Wrestling (boys & girls)



Spring Sports:

Badminton (boys & girls)

Baseball

Golf (boys)

Softball

Swimming (boys & girls)

Tennis (boys)

Track (boys & girls)

Volleyball (boys)

Link Crew

Coordinators: Elizabeth Goff & Y Vu

- Orientation/Transition to HS
- Positive Role Models & Connections
- Classroom visits each month
- Freshmen only events
- Promote High School Participation





ACHS Wellness Center

MS. THWANI SATTEN, MSW

**FULL TIME SOCIAL WORKER IN THE WELLNESS CENTER
HERE TO SUPPORT STUDENTS AND THE ACHS COMMUNITY WITH FINDING
RESOURCES, ACCESSING OUTSIDE SUPPORTS, UNDERSTANDING
WELLNESS, INDIVIDUAL COUNSELING, AND GROUPS.**



Wellness Center Staff

Thwani Satten, Wellness Center coordinator and School social
worker

thwani_satten@nvusd.org

Sara Amado- Wellness Youth Outreach Coordinator

sara_amadovasquez@nvusd.org

Christian Pitayo-Cuevas - Parent Liaison

christian_pitayocuevas@nvusd.org

What programs and services are available?

- **Aldea Wolfe**-individual, family and group services, substance abuse
- **NEWS**-Relationship Counseling-domestic violence and sexual abuse
- **Mentis**- individual and groups 
- **LGBTQ Connection**- groups and individual support 
- **Youth Matters**- relationship counseling, self esteem, self identity
- **10,000 Degrees**- College assistance
- **Mariposa**-Youth Development program 
- **Voices**- Youth Support program

Intervention Counselor



Mrs. Cherole Lee, M.A., PPSC

I am here to provide social emotional support, meet with students individually, run groups and provide other wellness supports!

I am located in the Wellness Center.

Wellness Center Hours

**The ACHS Wellness center is open from
8:30am-4:00 pm**

**to get an appointment? Contact Ms. Hernandez or ask a
teacher or email directly to:**

Thwani_Satten@nvusd.org or Cherole_Lee@nvusd.org



<-----OR SCAN THE CODE



We welcome you to come visit our Wellness Center **TONIGHT!**

Our Wellness Center will be open after our 9th grade Parent Night to any families who would like to see what we are all about!

Come visit us!!

American Canyon High School

Graduation Requirements

Class of 2027

- **Earn a total of 220 credits**
- **Pass specific subject requirements**
- **Complete 40 hours of community service**
- **Completion of the EAFSA / CADAA application
(Senior year)**

Subject Requirements

English - 4 years, 40 credits

Math - 3 years, 30 credits

Science - 2 years, 20 credits

Social Studies - 3 years, 30 credits

Language – 2 years, 20 credits

Visual and Performing Arts - 1 year, 10 credits

Physical Education - 2 years, 20 credits

Electives – 50 credits needed for graduation



Volunteer Requirement

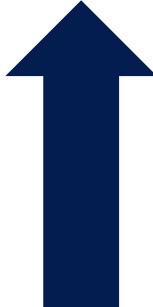
- **40 total hours**
- **Recommendation = Complete 10 hours per year**
- **A copy of local volunteer opportunities are available in the counseling office**
- **Encourage students to complete hours sooner than later**

EAESFA / CADAA Requirement

- **In order to get a high school diploma in the State of California, all parents/students MUST complete a FAFSA (Free Application for Federal Student Aid) or CADAA (California Dream Act Application) or have a signed OPT-out form on file.**
- **Parents will be using tax year 2025 on your EAESFA/CADAA for your Class of 2027 graduates.**



Association
of
Independent
California
Colleges and
Universities



The Four Systems of Higher Education in California

Stats for the Class of 2023

- **427 out of 428 Seniors Graduated = 99.7% grad rate**
- **234 reported attending a Community College = 55%**
- **82 reported attending a CSU = 19%**
- **48 reported attending a UC = 11%**
- **12 reported attending a Private School = 2%**
- **5 reported joining a branch of the military = 1%**
- **34 reported attending a trade school = 7%**
- **Remainder of students elected to begin working**

** Self-reported stats taken from Naviance

CALIFORNIA COMMUNITY COLLEGES

- **121 COMMUNITY COLLEGES ACROSS THE STATE OF CALIFORNIA**
- **ALL STUDENTS ARE ELIGIBLE TO ATTEND A COMMUNITY COLLEGE IF THEY HAVE A HIGH SCHOOL DIPLOMA OR ARE 18 YEARS OF AGE**
- **IN 2016, GOVERNOR BROWN SIGNED INTO LAW, THE PROMISE GRANT, WHICH PROVIDES FREE TUITION FOR THE FIRST TWO YEARS AT ANY COMMUNITY COLLEGE**
- **55% OF OUR ACHS GRADUATING CLASS ATTENDS A COMMUNITY COLLEGE AFTER GRADUATION (APPROXIMATELY STUDENTS)**



Meet the NVC Team!



Hector Brambila

Student Affairs Specialist

hbrambila@napvalley.edu

Text: (707) 867-1424

At American Canyon High School

Mondays 1-4pm in A131



Napa Valley College

Some of the Benefits

- free** College Courses
- Many courses are **Transferable to 4-year** Colleges/Universities
- Can be used for **Credit Recovery**
- Students Receive **College Credit AND Weighted High School Credit** (Up to 4 classes)
- Explore** Personal Interests

It's Easy to Dual Enroll

- Students must be in **10th Grade** or be at least **15 years old**.
(exceptions for Freshmen)
- Complete the Napa Valley College **Admissions Application**
- Complete the **Permit to Attend** form and Obtain Signatures from Ms. Hernandez and your administrator



HIGH SCHOOL DUAL ENROLLMENT
at NAPA VALLEY COLLEGE

Why dual enroll?

CSU CAMPUSES

CALIFORNIA STATE
UNIVERSITY
EAST BAY

 HUMBOLDT
STATE UNIVERSITY



SAN DIEGO STATE
UNIVERSITY


Cal State San Marcos

 CSU
BAKERSFIELD

 CALIFORNIA STATE UNIVERSITY
Monterey Bay



CALIFORNIA STATE UNIVERSITY
SAN BERNARDINO

 **FRESNO STATE**
Discovery. Diversity. Distinction.

 CALIFORNIA STATE UNIVERSITY
FULLERTON

 SONOMA
STATE UNIVERSITY

 CSU
Channel Islands
CALIFORNIA STATE UNIVERSITY

California State University
Northridge



SAN FRANCISCO
STATE UNIVERSITY



SACRAMENTO
STATE



CAL MARITIME



CALIFORNIA STATE UNIVERSITY SYSTEM

- **23 CAMPUSES IN CALIFORNIA**
- **MINIMUM GPA IS 2.5 OR HIGHER TO APPLY**
- **ELIGIBILITY CRITERIA IS BASED UPON:**
 - ***A-G COURSES AND GPA ONLY***
- **APPLICATION COST: \$70 PER CAMPUS****



UC CAMPUSES



UCDAVIS
AGGIES



UNIVERSITY OF CALIFORNIA SYSTEM

- 10 CAMPUSES IN CALIFORNIA (9 UNDERGRAD AND 1 GRADUATE SCHOOL)
- MINIMUM GPA IS 3.0 OR HIGHER TO APPLY
- ELIGIBILITY CRITERIA IS BASED UPON:
 - ***A-G COURSES AND GPA***
 - ***PERSONAL INSIGHT QUESTIONS (4)***
 - ***COMPREHENSIVE REVIEW***
- APPLICATION COST: \$80 PER CAMPUS **



PRIVATE COLLEGES AND UNIVERSITIES



PRIVATE COLLEGES / UNIVERSITIES / H.B.C.U.'S

- 77 CAMPUSES THROUGHOUT CALIFORNIA ALONE BUT HUNDREDS THROUGHOUT THE NATION
- MINIMUM GPA TO APPLY IS TYPICALLY 2.0 AND HIGHER
(VARIES DEPENDING ON UNIVERSITY)
SAT/ACT EXAMS ***
PERSONAL STATEMENTS
LETTERS OF RECOMMENDATION

				
	California Community Colleges	California State University (CSU)	University of California (UC)	California Independent Colleges (based on median costs)
Fees/Tuition	free	\$7,025	\$13,200	\$32,100
Books and supplies	\$1,675	\$1,666	\$1,550	\$1,650
Room and board	\$7,900**	\$10,924	\$13,400	\$13,070
Miscellaneous	\$3,250	\$3,829	\$3,550	\$3,650
TOTAL	\$13,929	\$23,444	\$31,700	\$50,470

PLEASE REFER TO YOUR HANDOUT AT THIS TIME

- All students should have their student emails and student ID. They should be able to access their AERIES. If your child does not have this information, please email me.
- Most students should be enrolled in the following:

English

Math

Science

PE

Elective

Language

- If there is an error please notify me immediately.**
- Schedule changes are in full swing right now. Please know that there are limitations to schedule changes. No changes due to teacher preferences.

Freshmen Year:
American Canyon High School
Class of 2027

[Introduction: Welcome](#)
[Suggestion for Parents](#)
[Tips for Freshmen](#)
[Important Dates to Remember 2023-2024](#)



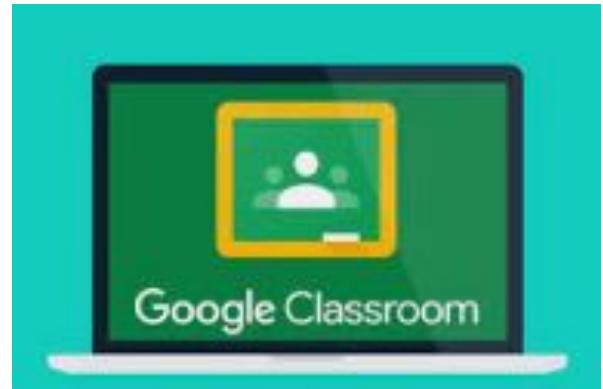
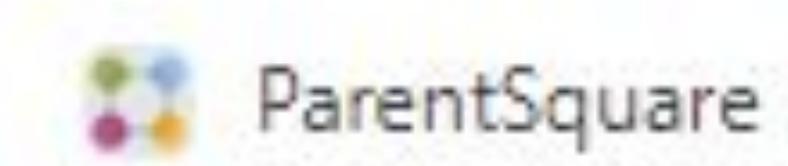
PLEASE REFER TO YOUR HANDOUT AT THIS TIME

Check Homework/Grades/Attendance Consistently but don't let it be all consuming

Parents should log on consistently to their parent AERIES accounts to check whether homework assignments are being completed, whether assignments are completed in full, and how your child did on tests/exams/essays/projects. Remember, teachers may or may not update your student's assignments and grades in AERIES daily, so be patient. Don't just ask your student if they did their homework. The answer will always be "YES"! Have them explain to you what they are doing in class. This is an excellent way of assessing their understanding of the subject. You should always know how your child is doing in all six (or possibly seven) of their classes. There should never be any surprises. This includes attendance. You need to be vigilant and keep up to date with excusing absences and reviewing tardies.



Communication is Key!!



PLEASE REFER TO YOUR HANDOUT AT THIS TIME

Focus on today (high school) versus the future (college)

This is a tough one. It may seem like you have to start worrying about AP classes, the SAT, your child's college resume, and how to raise their GPA to the highest it can be. Please don't get lost in the fact that your child is still in high school and that they are still discovering who they are in this world. Focusing on the here and now will help your child find themselves and enjoy this last chapter of childhood. I have seen too many kids become burnt-out, depressed, and anxious because they forget to have fun and enjoy high school because they are worrying too much about the next stage in their lives.

ENJOY
every
moment
here
AND
now

PLEASE REFER TO YOUR HANDOUT AT THIS TIME

Know your child's friends

The shift from middle school to high school often means expanding your child's network of friends. Get to know your child's new friends and their parents/guardians too. You can get a wealth of information from other parents who have children who attend ACHS. Join our parent programs (Choir, Band, Athletics, etc.) and get involved in our campus community.



PLEASE REFER TO YOUR HANDOUT AT THIS TIME

Communicate, Communicate, Communicate

Communicate with your student's teachers by email as soon as difficulties arise. Teachers will reach out to you via ParentSquare if there are concerns in the classroom. Now is the time to establish good communication with your child as well—listen to them with empathy. You too were once a curious, nervous, and awkward teenager. Talk to your child about your experiences in high school. Although they are growing up and peer relationships sometimes tend to be a higher priority than family relationships, it is important that your child knows that you are available to talk with them and to listen to them if (and when) they need it. Although your teenage student may think they know everything—you know the truth—they don't! Use your better judgment when your child goes out on their own. If it sounds suspicious, it probably is. Let them know that you love them and that you are concerned for their well-being. It may come across as being too nosy, too pushy, or too involved—but they will thank you for it later in life. Guaranteed!



BACK TO SCHOOL NIGHT! SEPTEMBER 6, 2023

MAKE THIS A PRIORITY TO ATTEND!

- Must come with your child's schedule from AERIES
- Early Flight starts at 5:50pm
- 1st period starts at 6:00pm
- This is your opportunity to meet your students teachers, get to know what each teachers expectations are, and learn more about their grading policies.

Back To School Night
September 6, 2023



Classroom Visitations:

Please follow your student's class schedule (this can be found via Aeries - please have your student's schedule in hand). Thank you!

5:50-6:00	Early Flight
6:00-6:10	Period 1
6:17-6:27	Period 2
6:34-6:44	Period 3
6:51-7:01	Period 4
7:08-7:18	Period 5
7:25-7:35	Period 6



	ACHS Graduation Requirements	CSU Subject Requirements	UC / Privates Subject Requirements
English	40 credits	4 Years	4 Years
World History	10 credits	1 Year	1 Year
US History	10 credits	1 Year or ½ year US History and ½ American Gov't	1 Year or ½ year US History and ½ American Gov't
American Government	5 credits	See Above	See Above
Economics	5 credits	No Requirement	No Requirement
Physical Science	10 credits	2 Years	2 Years (4 years recommended)
Life Science	10 credits	1 year Physical Science and 1 year Biological Science	1 year Physical Science and 1 year Biological Science
Mathematics	30 credits	3 Years	3 Years (4 years recommended)
Foreign Language	20 credits	2 Years (in same language)	2 Years (3 years recommended) (in same language)
Physical Education	20 credits	No requirement	No requirement
Visual and Performing Arts	10 credits	1 Year	1 Year
Electives	50 credits	1 Year 1 College Preparatory Elective	1 Year 1 College Preparatory Elective
Total Credits	220 credits	15 Core A-G Courses (minimum requirement)	15 Core A-G Courses (minimum requirement)
	40 hours of community service	Community service strongly recommended	

Important Dates to Remember: 2023-2024 Academic School Year

August:

Fall Sports Mandatory Parent Meeting: Monday, August 14 at 6pm-7:30pm THEATER
Freshman Parent Night: Friday, August 18, 2023 at 7:00pm-8:30pm THEATER
Freshmen Only Dance: Friday, August 18, 2023 at 7:00pm-9:00pm GYM
Picture and Student ID Days: All English 9 Classrooms:
August 22, 2023 (**Fultz**)
August 23, 2023 (**Ferrer, Brace, and Feinberg**)
August 24, 2023 (**Goff**)

September:

Back to School Night: Wednesday, September 6, 2023 at 5:45pm-7:30pm
Club Rush at LUNCH in the Quad: Wednesday, September 13th
Picture and Student ID: Make-Up Days: Wednesday, September 20th and Thursday, September 21, 2023
1st Fall Progress Report: Friday, September 29, 2023

October:

Homecoming Dance: Saturday, October 7, 2023 at 6:30pm-9:30pm in GYM
2nd Fall Progress Report: Friday, October 27, 2023

November:

Thanksgiving Break: (NO SCHOOL) November 20, 2023- November 24, 2024

December:

FINALS: December 13 (1 & 4), 14 (2 & 5), 15 (3 & 6)
End of Fall Semester: Friday, December 15, 2023

January:

Spring Sports Mandatory Meeting: Monday, January 8 at 6pm-7:30pm THEATER

February:

1st Spring Progress Report, Friday, February 23, 2024
[Physical Fitness Testing](#) in ALL PE classes

March:

Spring Break (NO SCHOOL) March 25, 2024-April 1, 2024
[Physical Fitness Testing](#) in ALL PE classes

April:

2nd Spring Progress Report: Friday, April 25, 2024

May:

June:

FINALS: June 10 (1 & 4), 11 (2 & 5), 12 (3 & 6)
End of Spring Semester: Wednesday, June 12, 2024
Last Day of School: Wednesday, June 12, 2024

Graduation: June 8, 2027*

The day we are all looking forward to...



COMMENTS? QUESTIONS?

let's
DISCUSS



Email: tricia_hernandez@nvusd.org

