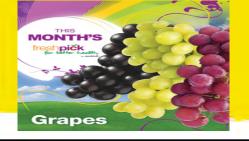


High School Lunch Menu @ LWSD Week of Oct 30th -Nov 3rd



GRILL

EVERYDAY SELECTIONS

Vegetarian Burger, Regular & Spicy Chicken Burger, Hamburger & Cheeseburger



Grilled Cheese Sandwich(v)

Turkey Hot Dog

BBQ Pulled Pork Sandwich

Roasted Mushroom Swiss Burger Th:

Fishstick Po' Boy

TOPPINGS: Lettuce Mix, Tomato, Red Onion, Jalapeno and Dill Pickle



Vegetarian Rainbow Chili From Scratch Offered Daily

PIZZA

EVERYDAY SELECTIONS

Cheese Stuffed Breadsticks with Spaghetti Sauce(v Cheese Pizza(v), Pepperoni Pizza

M: Vegetarian Pizza Slice(v)

Buffalo Chicken T:

W: Supreme Pizza

Th: Hawaiian Pizza

Meatlovers Pizza

FAST TAKES

DAILY SPECIALS

M: Fiesta Dip Box(v)

Turkey & Cheese Sub

Chef Salad Crispy Chicken Wrap

Strawberry Banana Parfait(v) T:

Hearty Garden Veg Salad(v)

American Sub

Chicken Caesar Wrap

W: Hummus Box w/Flatbread(v) Italian Sub

Crispy Chicken Salad Buffalo Chicken Wrap

Th: Protein Power Up Box

Chicken Caesar Salad

Turkey & Cheese Sub

Crispy Chicken Wrap

F: Deli Bento Box w/Flatbread (Turkey) Ham & Cheese Sub Garden Fiesta Salad(v) Chicken Caesar Wrap

MEXICO

EVERYDAY SELECTIONS

Nachos with a Variety of Fillings, Toppings, & Sides.



ADVENTURE



EXTRAS



A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.

Eating food from local farms can provide you with numerous benefits, including access to fresh and nutritious produce, support for local economies and farmers and an increased appreciation for

where your food comes from.