



GRILL

EVERYDAY SELECTIONS

Vegetarian Burger, Regular & Spicy
Chicken Burger, Hamburger &
Cheeseburger



M: Grilled Cheese Sandwich(v)
T: Turkey Hot Dog
W: BBQ Pulled Pork Sandwich
Th: Roasted Mushroom Swiss Burger
F: Fishstick Po' Boy

TOPPINGS: Lettuce Mix, Tomato, Red Onion, Jalapeno and Dill Pickle



Vegetarian Rainbow Chili From Scratch Offered Daily

PIZZA

EVERYDAY SELECTIONS

Cheese Stuffed Breadsticks with Spaghetti Sauce(v)
Cheese Pizza, Pepperoni Pizza

M: Vegetarian Pizza Slice(v)
T: Buffalo Chicken
W: Supreme Pizza
Th: Hawaiian Pizza
F: Meatlovers Pizza



FAST TAKES

DAILY SPECIALS

M: Fiesta Dip Box(v)
Turkey & Cheese Sub

T: Strawberry Banana Parfait(v)
American Sub

W: Hummus Box w/Flatbread(v)
Italian Sub

Th: Protein Power Up Box
Turkey & Cheese Sub

F: Deli Bento Box w/Flatbread
(Turkey) Ham & Cheese Sub

Chef Salad
Crispy Chicken Wrap

Hearty Garden Veg Salad(v)
Chicken Caesar Wrap

Crispy Chicken Salad
Buffalo Chicken Wrap

Chicken Caesar Salad
Crispy Chicken Wrap

Garden Fiesta Salad(v)
Chicken Caesar Wrap



MEXICO

EVERYDAY SELECTIONS

Nachos with a Variety of Fillings, Toppings, & Sides.



This institution is an equal opportunity provider.
Additional nutrition information available upon request.

ADVENTURE: TUESDAY - FRIDAY



WHAT'S FOR LUNCH?

BIG-CITY BITES
Get Across North America

MONDAY, OCT 9TH

CHICKEN TERIYAKI RICE BOWL

This chicken teriyaki rice bowl features juicy chicken strips coated in a flavorful, sweet, savory teriyaki glaze, served on a bed of steamed brown rice. To add some greens and crunch to the bowl, it's also topped with roasted broccoli and garnished with sliced green onions, adding a zesty flavor that will brighten even the rainiest Seattle day.

EXTRAS



A hearty garden bar, fresh fruits and a variety of vegetables and sides are offered daily. We hope to inspire and encourage all students to make healthy choices regularly.

