LUNCH MENU 2

Middle Schools, ICS, & STEM October 16th - 20th

Our menus are aligned with the USDAs Healthier U.S. School Challenge.

OCTOBER IS NATIONAL FARM TO SCHOOL MONTH!

Eating locally grown fruits and vegetables allows us to eat what is in season when it's the freshest and tastiest.





MONDAY Spice House with Vegetarian Option

TUESDAY Fiesta Nachos with Vegetarian Option

WEDNESDAY Spice House with Vegetarian Option

THURSDAY Fiesta Nachos with Vegetarian Option

NO SCHOOL FRIDAY



Every Day Choices

Cheese Stuffed Breadsticks with Spaghetti Sauce(v) Cheese Pizza Slice(v) Pepperoni Pizza Slice

Sausage Pizza **MONDAY**

Buffalo Chicken Pizza **TUESDAY**

Supreme Pizza **WEDNESDAY**

THURSDAY Hawaiian Pizza

NO SCHOOL FRIDAY



Special Menu Item Offered Every Other Monday

Cheese Lasagna Rollup with Roll & Vegetarian MONDAY

Pancakes & Turkey Sausage with Baked Cinnamon **TUESDAY**

BBQ Chicken Strip Sandwich with Mexican Black WEDNESDAY

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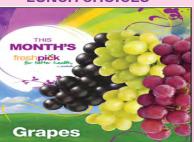
Baked WG Macaroni Pasta(v) with Roll & Green **THURSDAY**

FRIDAY NO SCHOOL



Garden Greens plus a variety of Fresh & Canned Fruits & Vegetables. Locally Grown items are offered whenever seasonally available. Low Fat or Fat Free Milk offered with all meals.

THRIVE SIDES OFFERED DAILY WITH **LUNCH CHOICES**



Daily Classic Grill Fare with Fries

Vegetarian Burger WG Chicken Patty Burger Spicy WG Chicken Patty Burger Hamburger Cheeseburger



MONDAY Grilled Cheese Sandwich(v)

TUESDAY Turkey Hot Dog

WEDNESDAY BBQ Pulled Pork Sandwich

THURSDAY Roasted Mushroom Swiss Burger

NO SCHOOL **FRIDAY**



Check out your NEW! Fast Takes Items

Fiesta Dip Box(v) Classic Hummus with Flatbread(v) Protein PowerUp Box Deli Bento Box with Flatbread

MONDAY Fiesta Dip Box(v) Chef Salad with Rolls

Turkey & Cheese Sub Crispy WG Chicken Wrap

Strawberry Banana Parfait Cup(v) **TUESDAY** Hearty Garden Veg Salad with Rolls

American Sub Chicken Caesar Wrap

WEDNESDAY Classic Hummus Box with Flatbread(v)

Crispy WG Chicken Salad with Rolls Italian Sub

Buffalo Chicken Wrap

Protein PowerUp Box **THURSDAY**

Chicken Caesar Salad with Rolls Turkey & Cheese Sub

Crispy WG Chicken Wrap

NO SCHOOL **FRIDAY**

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Nutrition Information is available upon request.

