

## BCCHS OCTOBER 2023 Breakfast Menu



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
10/2/2023	10/3/2023	10/4/2023	10/5/2023	10/6/2023
Pancake served with tater tots and pork sausage  <small>Vegetarian Available</small>	French toast bites served with tater tots and pork sausage  <small>Vegetarian Available</small>	Cinnamon Roll with hash brown  <small>Vegetarian Available</small>	French toast sticks served with tater tots and pork sausage  <small>Vegetarian Available</small>	Waffle served with tater tots and pork sausage  <small>Vegetarian Available</small>
Daily Offerings: Breakfast fruit parfait, PB & J, Stuffed strawberry bagel, Breakfast sandwich, Muffin & yogurt, French toast bite, Pop tart, Plain bagel				
10/9/2023	10/10/2023	10/11/2023	10/12/2023	10/13/2023
Pancake served with tater tots and pork sausage  <small>Vegetarian Available</small>	French toast bites served with tater tots and pork sausage  <small>Vegetarian Available</small>	Cinnamon Roll with hash brown  <small>Vegetarian Available</small>	French toast sticks served with tater tots and pork sausage  <small>Vegetarian Available</small>	Waffle served with tater tots and pork sausage  <small>Vegetarian Available</small>
Daily Offerings: Breakfast fruit parfait, PB & J, Stuffed strawberry bagel, Breakfast sandwich, Muffin & yogurt, French toast bite, Pop tart, Plain bagel				
10/16/2023	10/17/2023	10/18/2023	10/19/2023	10/20/2023
Pancake served with tater tots and pork sausage  <small>Vegetarian Available</small>	French toast bites served with tater tots and pork sausage  <small>Vegetarian Available</small>	Cinnamon Roll with hash brown  <small>Vegetarian Available</small>	French toast sticks served with tater tots and pork sausage  <small>Vegetarian Available</small>	Waffle served with tater tots and pork sausage  <small>Vegetarian Available</small>
Daily Offerings: Breakfast fruit parfait, PB & J, Stuffed strawberry bagel, Breakfast sandwich, Muffin & yogurt, French toast bite, Pop tart, Plain bagel				
10/23/2023	10/24/2023	10/25/2023	10/26/2023	10/27/2023
Pancake served with tater tots and pork sausage  <small>Vegetarian Available</small>	French toast bites served with tater tots and pork sausage  <small>Vegetarian Available</small>	Cinnamon Roll with hash brown  <small>Vegetarian Available</small>	French toast sticks served with tater tots and pork sausage  <small>Vegetarian Available</small>	Waffle served with tater tots and pork sausage  <small>Vegetarian Available</small>
Daily Offerings: Breakfast fruit parfait, PB & J, Stuffed strawberry bagel, Breakfast sandwich, Muffin & yogurt, French toast bite, Pop tart, Plain bagel				
10/30/2023	10/31/2023			
Pancake served with tater tots and pork sausage  <small>Vegetarian Available</small>	French toast bites served with tater tots and pork sausage  <small>Vegetarian Available</small>			
Daily Offerings: Breakfast fruit parfait, PB & J, Stuffed strawberry bagel, Breakfast sandwich, Muffin & yogurt, French toast bite, Pop tart, Plain bagel				
FRUIT Assorted Chilled Fruit & Whole fruit MILK 1% Milk and Fat free chocolate milk		Visit <a href="https://birmingham.nutrislice.com">https://birmingham.nutrislice.com</a> for monthly breakfast and lunch menus, allergens and nutritional info		ALL STUDENTS EAT FOR FREE First lunch is FREE Second Breakfast \$3.00
				
This institution is an equal opportunity provider				