

OCTOBER 1 • 2023

TWENTY-SIXTH SUNDAY IN ORDINARY TIME



Our Lady of Good Counsel Catholic Church

8601 Wolftrap Rd., Vienna, VA 22182-5026

P: 703.938.2828 • F: 703.938.2829

www.olgcva.org • www.olgcschool.org

Administered by the Oblates of
St. Francis de Sales

Mass Schedule

Mon-Sat - 8:30am; 9am on holidays

Saturday Vigil 4pm

Sunday 8am, 10am (online),

12pm (en español), 5pm

View Mass Online

www.youtube.com/c/StreamingOLGC

Chapel open for prayer

Mon - Fri, 9am - 5pm

Confessions Saturdays 9:00am

or by appointment

Office Hours

Mon - Fri 9am - 4:30pm,

Closed 12-12:30pm for lunch

Vincent de Paul Society

In the heart of our parish, there exists a beacon of hope and compassion, the Vincent de Paul Society. This remarkable organization, often referred to as the Society of St. Vincent de Paul, plays a vital role in our community by extending a helping hand to those in need. In this article, we will delve into the history, mission, and impact of the Vincent de Paul Society within our parish.

The Origins of the Vincent de Paul Society:

The Vincent de Paul Society traces its roots back to 1833 in Paris, France, when a young law student named Frédéric Ozanam and his companions founded the organization. Inspired by the teachings of St. Vincent de Paul, they dedicated themselves to serving the impoverished and marginalized in their community. Today, this spirit of service and solidarity continues to guide society worldwide.

Mission and Values:

The core mission of the Vincent de Paul Society is to alleviate suffering and promote the dignity of every individual. This mission is deeply rooted in Catholic social teaching and reflects the values of compassion, empathy, and charity. Members of the society, often called Vincentians, commit themselves to the service of those experiencing poverty, hunger, homelessness, and other forms of hardship.

Local Impact:

Within our parish, the Vincent de Paul Society has made a profound impact. Its members work tirelessly to identify and address the needs of our neighbors in distress. Through food drives, clothing donations, financial assistance, and other forms of support, they provide a lifeline to individuals and families facing adversity. Their outreach extends not only to parishioners but also to the wider community, ensuring that no one is left behind.

Community Partnerships:

The Vincent de Paul Society does not work in isolation. It collaborates with local organizations, charities, and businesses to amplify its impact. These partnerships enable society to access additional resources and expand its reach, creating a more significant and lasting effect on the lives of those it serves.

Volunteer Opportunities:

One of the strengths of the Vincent de Paul Society is its inclusivity. It welcomes volunteers of all backgrounds and



*"From time to time, one
must recreate and relax
in mind and body."*

- St. Francis de Sales

*"De vez en cuando, uno
debe recrearse y relajarse
en cuerpo y mente."*

- San Francisco de Sales

Continued on page 3



James and Ashley Bogart
Makenna, Peyton, and Landon

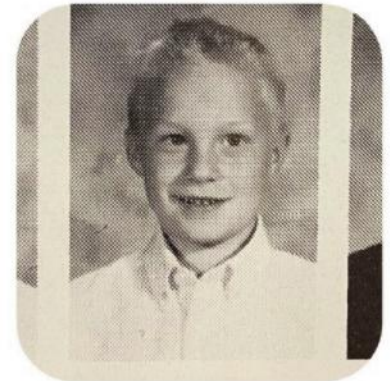


WHY WE GIVE

A donor's personal reflection

"The OLGC community is a huge part of our family's life. When The Cornerstone Project was first presented to us, we knew, without a doubt, that we wanted to be a part of it.

We are parishioners of the church, a school family with two of our three children currently attending OLGC, and James also attended OLGC School from 1990-1999.



The school was the foundation of James's education and was a key contributor to his success later in life. We chose OLGC for our children because we know it provides a high level of education. Just as important as the educational foundation OLGC provides, it is the core beliefs and values that OLGC teaches and emphasizes that reaffirm why we are a part of this special community. OLGC is a second home for our children, and we want this environment to be as safe and comfortable as possible for our children and all children who attend.

We support causes that align with our beliefs and make an impact within our community. The Cornerstone Project will enable OLGC to do just that and will allow the church and school to continue to thrive for many years to come."

The Cornerstone Project

HELP SECURE THE FUTURE OF OUR LADY OF GOOD COUNSEL

Use this card to pledge your support for OLCG. The card can be mailed to The Office of Advancement at OLCG, 8601 Wolftrap Road, Vienna, Virginia 22182, or dropped off at the Administration building during business hours. For assistance, contact advancement@olgcv.org

To make your gift now, scan the QR code at right to visit the Cornerstone page on our website.



THE CORNERSTONE PROJECT PLEDGE COMMITMENT

Date: _____
Name: _____
Address: _____
Phone: _____
E-mail: _____

In support of The Cornerstone Project, I/We pledge the following:

☐ \$100,000 ☐ \$75,000 ☐ \$50,000 ☐ \$25,000 ☐ \$15,000 ☐ \$10,000 ☐ \$5,000
☐ Other: \$ _____

Payable as follows:

☐ Annually ☐ Quarterly ☐ Monthly

Timeframe:

☐ 5 yrs ☐ 4 yrs ☐ 3 yrs ☐ 2 yrs ☐ 1 yr

Payment Method:

☐ Faith Direct ☐ Check ☐ Electronic Funds Transfer

☐ Check this box and the Office of Advancement will contact you to establish your gift.

Vincent de Paul Society from page 1

beliefs to join in its mission of service. Whether you can spare a few hours a week or wish to contribute in other ways, there are opportunities for everyone to get involved and make a difference.

The Vincent de Paul Society in our parish is a shining example of what can be achieved when a community comes together to care for its most vulnerable members. Through a deep commitment to their mission, unwavering dedication, and the support of generous parishioners, society continues to be a source of hope, compassion, and assistance to those in need. As we reflect on its history, values, and impact, let us be inspired to support and engage with this remarkable organization, for it is through collective effort that we can create a brighter, more compassionate future for all.

FR. JOHN DOLAN, OSFS INSTALLED AS PASTOR AT OUR LADY STAR OF THE SEA CAPE MAY

SEPTEMBER 9TH, 2023



FR. MATT'S MUSING: SEPTEMBER 23 French Onion Soup

Some mistakes lead to wonderful results. Who would think that cooking onions for over 20 minutes would lead to a delicious result such as French onion soup?...

Read more at bit.ly/FrMattsMusing-Sept23



Mass Intentions/ Intenciones de la Misa

Presider schedule available at:
bit.ly/OLGC-Presider-Schedule

Sat./Sun. Sept. 30– Oct. 1, 2023

+ Shelling & Van Lierde Families
+ Pacon & Matilde Berrios
+ Alfredo Pestana
+ Patrick Joseph Carolan
The Caputy Family

Monday, October 2, 2023

8:30am + Lorraine Nicole Fagen

Tuesday, October 3, 2023

8:30am Maria Saucedo

Wednesday, October 4, 2023

8:30am + Mark Daniel Labeda

Thursday, October 5, 2023

8:30am + Colleen Tinsley

Friday, October 6, 2023

8:30am The OLGC Community

Saturday, October 7, 2023

8:30am + Annaline & Warren Besore

Sat./Sun. October 7– 8, 2023

+ Luchito Vivanco
Mr. & Mrs. Nate Cofsky
+ Mercedes Carrera Bowen
+ Alfredo A. Ortiz
+ Gloria Veru & Lynn Chalmers

**Please keep those listed in the prayer
intention book and the recently
deceased in your prayers.**

+ Richard McDonald, brother of
Donald Rutherford

**Please pray for those for whom
candles are lit:**

Church Special intention Catalina
“Lulu” Moore & Nathan Cofsky
Chapel For the OLGC Community
OL Votive In Loving Memory of
+ Laura Guano

WEDDINGS

Please pray for those who are
preparing for marriage:

Lulu Moore & Nate Cofsky
October 7th



CORRECTION

+ Dr. Myles R. DiGennaro's name was
spelled incorrectly in the Sept. 3 Bulletin.
We apologize for the error.

Welcome to Our Lady of Good Counsel

We, as members of Our Lady of Good Counsel Parish, strive to witness to the Good News of Jesus Christ by proclaiming our faith, educating ourselves and our children, sharing our persons, resources and gifts in the care and service of one another. We are called to foster an environment of hospitality in accordance with the Spirituality of St. Francis de Sales.

Please be in contact with our staff if you have questions about any matter related to the life of the church. Below is a list of the many people here to help.

Pastor Rev. Matthew Hillyard, OSFS..... fhillyard@olgcva.org
Parochial Vicar Rev. Mathias Kumar, OSFS..... mkumar@olgcva.org
Retired Rev. William Metzger, OSFS..... william.metzger@olgcva.org
Retired Rev. Lewis Fiorelli, OSFS..... lfiorelli@oblates.org
Deacon Christopher Moore cgmoores@olgcva.org
School Principal Robin Williams 703.938.3600 rwilliams@olgcva.org
School Admissions & Testing Valerie Taylor 703.938.3600 vtaylor@olgcva.org
Liturgy/Music/Funerals 703.896.7411 liturgy@olgcva.org
Children's Faith Formation Amy MacKinnon 703.896.7426 .. amackinnon@olgcva.org
Faith Formation Office Jackie Madden 703.896.7415..... jmadden@olgcva.org
Dir. of Faith Formation/Youth Derek Rogers 703.896.7409 youth@olgcva.org
Communications/Bulletin Maude Hales 703.896.7412 .. communications@olgcva.org
Director of Finance Emilynda Clomera 703.896.7402 eclomera@olgcva.org
Records Manager John League 703.896.7413 records@olgcva.org
Child Protection Liaison Christine Moan 703.896.7423 cmoan@olgcva.org
Advancement/Annual Giving Alison McKee & JoAnne Kinyon . advancement@olgcva.org
Events Manager Frank Fletcher 703.896.7418 events@olgcva.org
Events & Fellowship Coordinator Pam Trimble 703.896.7457 .. ptrimble@olgcva.org
Parish Office Manager Maria Romero 703.896.7419..... welcome@olgcva.org
Intentions/Ministry of Care Maria Romero 703.896.7419..... welcome@olgcva.org
RCIA/Adult Sacraments Barb Steele rcia@olgcva.org
Información en español Maria Romero 703.896.7419 welcome@olgcva.org
Pastoral Council (Tina Wickham) PastoralCouncil@olgcva.org
Finance Council (Regina Stranix) FinanceCouncil@olgcva.org
Society of St. Vincent DePaul (Linea de Ayuda) 703.938.3210..... svdp@olgcva.org
Respect Life/Gabriel Project Betsy Argauer 703.255.3744 betstim@gmail.com
Knight of Columbus Santa Maria Council #4654..... www.knightsvienna.org
Counseling Catholic Charities **Consejería** Caridades Catolica 703.425.0109

Our website, OLGCVA.org, is a source of lots of information about our parish life. There are a number of ways you can communicate with staff for specific needs through the site. The links below provide first steps to various things you may need.

OLGC Funerals: www.olgcva.org/liturgy-worship/funerals

Devotional Candles: www.olgcva.org/liturgy-worship

Join the Parish: olgcva.org/register

Schedule an Event: olgcva.org/about-us/facilities

Add Item to Bulletin/Media: olgcva.org/about-us/communications

Mass Intention Request: olgcva.org/liturgy-worship/devotions/mass



OLGC GOLF CLASSIC

SPONSORSHIPS STILL AVAILABLE!

CONTACT [GOLF@OLGCVA.ORG](mailto:golf@olgcva.org) FOR MORE INFORMATION

(2) Silver Sponsorships Available - Includes 2 Golfers
(2) Bronze Sponsorships Available - Includes 1 Golfer
Contest, Flag, and Tee Box Sponsorships

OLGC YOUTH MINISTRY EVENT
ALL HIGH SCHOOLERS ARE INVITED!

COST COVERING ALL EQUIPMENT
\$45



PEV'S PAINTBALL PARK
Meet at Location

DATE: SATURDAY OCT. 14TH, 2023
39835 NEW RD, ALDIE, VA 20105
ARRIVE AT 10:45AM
ENDING TIME: 1:30PM



contact Derek Rogers at drogers@olgcva.org or register QR code above

Cub Scouts Catholic Religious Emblem

Is your cub scout interested in earning a religious emblem?

Anyone interested in the Catholic Religious Emblem award for cub scouts who is NOT part of Pack 976 please contact Jasmine Hernandez no later than September 30th at

JasmineAHernandez@yahoo.com or 703.216.7098.



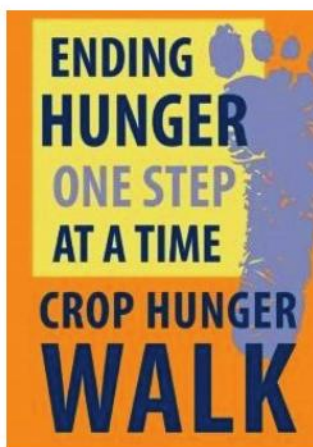
Join OLGC at the Vienna CROP Hunger Walk

Join OLGC parishioners at the Vienna CROP Walk on Sunday, October 1, 12:30 pm.

The Walk is 2.4 miles and takes about an hour. A shorter 1.2-mile walk is also available.

The Walk begins at 12:30 pm (registration starts at 12:15), at Emmaus United Church of Christ, 900 Maple Avenue, Vienna. You can register to walk yourself, join the OLGC team, form your own team, or donate.

Go to crophungerwalk.org/2023/event/viennava to register, donate,



or learn more. To donate or to join the OLGC team, browse the list of teams and find TEAM OLGC.

On that page, use the button that allows you to register to walk, or, if you just wish to donate to the team, there is a donate button. For further information,

or if you cannot register or donate online, contact Anne Moran Hamisevicz at

amoranelm@gmail.com or Peggy Loudin at peggy.loudin@cox.net.

OLGC CYO and House League Basketball is Back!

House League & CYO Basketball - Deadline to register is Oct. 2nd.

House League is open to 4th and 5th grade boys and girls to play on teams made up of their OLGC School and CCF peers. Practices will be held once a week and games are played on Sundays in our beautiful OLGC gym. There is a boys and girls basketball clinics for House League participants on Sept. 24th and Oct. 1st.

The CYO program is open to 6th - 8th grade OLGC School boys and girls to compete against other parish teams throughout the Northern Virginia area. Practices will be held once or twice a week with games scheduled at a variety of parish gyms, including at OLGC. Evaluations for team formation will begin in early to mid-October and practices will begin soon thereafter. Games begin in November with end-of-season tournaments in late February. Visit olgcva.org/fellowship/athletics/basketball to register. Any questions, contact Eric Andres (EricNAndres@gmail.com).



OLGC YOUNG PROFESSIONALS (YOUNG ADULTS 18-39)
ARE INVITED TO JOIN OUR MOVIE AND DISCUSSION THROUGH THE LENS OF OUR CATHOLIC FAITH

FAITH IN FILM MONTHLY MOVIE SERIES

FRIDAY, OCT 13TH 7PM

FILM THIS MONTH: NEFARIOUS

ST. JOSEPH'S CENTER
drogers@olgcva.org
Rated R 97 min

DRINKS DISCUSSION SNACKS

October Dining for Dollars at Bear Branch Tavern

Help support the OLGC PTO for October Dining for Dollars at Bear Branch Tavern on October 18th 11am-2am.

Bear Branch Tavern will donate 10% of entire checks (including alcohol). They are located at 133 Maple Ave - 571.669.3663. Please bring this article with you (or show on your phone) when dining in or out. They will even honor ONLINE orders!



Readings for the Week/ Lecturas de la Semana

Week of October 1-8, 2023

SUNDAY Twenty-sixth Sunday in Ordinary Time

Ez 18:25-28; Ps 25:4-5, 6-7, 8-9; Phil 2:1-11 or Phil 2:1-5; Mt 21:28-32

MONDAY Memorial of the Guardian Angels

Zec 8:1-8; Ps 102:16-18, 19-21, 29 & 22-23; Mt 18:1-5, 10

TUESDAY

Zec 8:20-23; Ps 87:1b-3, 4-5, 6-7; Lk 9:51-56

WEDNESDAY Memorial of Saint Francis of Assisi

Neh 2:1-8; Ps 137:1-2, 3, 4-5, 6; Lk 9:57-62

THURSDAY Saint Faustina Kowalska, Virgin

Neh 8:1-4a, 5-6, 7b-12; Ps 19:8, 9, 10, 11; Lk 10:1-12

FRIDAY Saint Bruno, Priest and Blessed Marie-Rose Durocher, Virgin

Bar 1:15-22; Ps 79:1b-2, 3-5, 8, 9; Lk 10:13-16

SATURDAY Memorial of Our Lady of the Rosary

Bar 4:5-12, 27-29; Ps 69:33-35, 36-37; Lk 10:17-24

SUNDAY Twenty-Seventh Sunday in Ordinary Time

Is 5:1-7; Ps 80:9, 12, 13-14, 15-16, 19-20; Phil 4:6-9; Mt 21:33-43

Monthly Collections

Fiscal Year July 2023—June 2024

	July 2023	Aug 2023
Offertory	185,545	100,832
Total Budgeted	181,936	178,304
Variance	3,609	(77,473)
YTD Received	185,545	268,377
Budget YTD	181,936	360,241
Variance	3,609	(73,864)

Weekly & Second Collections

You may give with checks or cash via envelopes, give online at membership.faithdirect.net/VA875, or text amount to 703.810.7674. Thank you.

October Collections

	All Souls Day
8	Little Sisters of the Poor
22	World Mission Sunday

Calendar (Subject to change, updates at www.olgcva.org/about-us/calendar) October 2-8

MONDAY

2

Blue Dress Out of Uniform Day		
Little Rock Scripture Study	10 - 11:30 AM	Zoom
Rosary Makers	10 AM - 12 PM	SJC-Aviat Rm
Quilters	11 AM - 3 PM	SJC-Brisson Rm
CYO Track & Field	3 - 4:15 PM	

TUESDAY

3

Tuesday Bible Study	9:45 - 11:45 AM	Zoom
Daisy Girl Scout Troop 50296	3 - 5 PM	School-Loft
Girl Scout Troop 50274	3 - 4:30 PM	SJC-Brisson Rm
Divorced - Separated Ministry	7:30 - 9 PM	Zoom

WEDNESDAY

4

St Paul Leadership Forum	8 - 9:30 AM	DeSales Hall
Book Study: <i>Our Thoughts Determine Our Lives</i>	9:30 - 11 AM	SJC-Aviat Rm
Girl Scout Troop 50198	3 - 4:30 PM	SJC-Brisson Rm
BSA Troop 976 Adult Mtg	6:30 - 8:30 PM	School
BSA Troop 976 meeting	7 - 8:30 PM	Counsel Rm
RCIA Catechumenate	7:30 - 9 PM	SJC-Brisson Rm
Small Faith Group	7:30 - 8:30 PM	Zoom
St. Vincent DePaul Society	7:30 - 9 PM	DeSales Hall
Men's Basketball	8 - 10 PM	Fr. Brisson Gym

THURSDAY

5

Prayer Shawl Ministry	9:30 - 11 AM	SJC-Brisson Rm
Men's Basketball	8 - 10 PM	Fr. Brisson Gym

FRIDAY

6

Early Dismissal, No ECAP		
Adoration	9 AM - 3 PM	Church
Coffee Social	9 - 10:30 AM	DeSales Hall

SATURDAY

7

Elementary CCF	8:30 - 10 AM	School
Confessions	9 - 9:30 AM	Reconciliation Room
Elementary CCF	10:30 AM - 12 PM	School
Emmaus	10:30 AM - 12 PM	School
RCIC	10:30 AM - 12 PM	School
Wedding: Downs-Wolford	1 - 2 PM	Church

SUNDAY

8

Christ House Food Collection	9:30 AM - 1 PM	Parking Lot-St. Joseph Center
Children's Liturgy of the Word	10 - 10:30 AM	Chapel
Breaking Open the Word	10:30 - 11 AM	Chapel
Jr. High CCF	6:15 - 7:45 PM	School



Coffee Social

Friday, October 6

Please join us following the 8:30 Mass for our monthly Coffee Social in DeSales Hall

Informacion Parroquial en español

Preguntas o sugerencias, ofrecer misas, pedir oración durante la misa por recién fallecidos, funerals, comuníquese con Maria 703.896.7419, mromero@olgcv.org



SACRAMENTO DEL BAUTISMO DE NIÑOS MENORES DE 6 AÑOS:

Comuníquese con Maria Romero 703.896.7419 welcome@olgcv.org
Sacramento del bautismo: para Charlas de padres y padrinos deben inscribirse de antemano, una vez completada esta y entregado los documentos requeridos le confirmaremos su fecha del bautizo. olgcv.org/sacraments/baptism

CATEQUESIS

¡Inscríbese AHORA para la Catequesis! bit.ly/CCF-in-person-2023-24 o comuníquese con Amy MacKinnon, 703.896.7426, amackinnon@olgcv.org.

CONFESIONES

Confesiones en español durante el mes de agosto son el sábado 19 de 9 - 9:30 a.m. o de lunes a jueves únicamente con cita. Puede llamar para hacer una cita con el Padre

Mateo al 703.938.2828 o envíe un correo electrónico a frhillyard@olgcv.org. No se escuchan confesiones los domingos antes o después de la misa.

CORNERSTONE

El mes de junio lanzamos nuestro Proyecto Cornerstone; Pueden encontrar información adicional en nuestro correo electrónico semanal, en el mostrador de bienvenida o en nuestra página web. Nuestro Párroco P. Hillyard les pide como comunidad en espíritu de oración, consideren donar y ayuden a recaudar 12.5 millones de dólares. La parroquia tiene urgencia de hacer reparaciones de nuestra instalaciones de la iglesia y la escuela. Recuerde no importa la cantidad solo le pedimos que cada familia se comprometa



apoyarle. Puede usar el código QR. Gracias por su generosidad.

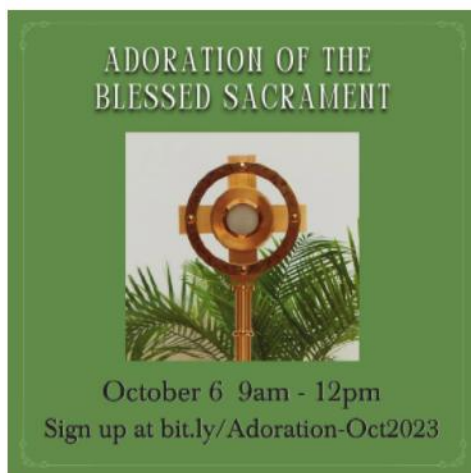
REZAR EL ROSARIO

Acompañemos en el jardín de Ntra. Sra. del Buen Consejo, los domingos a las 11:15am y los lunes a las 7:30pm vía Zoom. Comuníquese con Carlos Berrios berrioscg@gmail.com.

VOLUNTARIOS

“La oportunidad de hacer grandes cosas no llega a menudo, pero en todo momento, podemos hacer pequeños actos con gran amor.”
- San Francisco de Sales

Como seguidores de Cristo, somos llamados por medio de nuestro Bautismo a servir a nuestros hermanos en nuestra parroquia, comunidad, país y el mundo entero. Es nuestra esperanza que todos los feligreses tengan la oportunidad de descubrir y desarrollar sus dones dados por Dios. Si desea participar como Sacristán, Ministro Extraordinario de La Sagrada Comunión, Lector, Portero/Ujier, Ministerio de La Bienvenida o Monaguillo por favor pase por el mostrador de Bienvenida o llame al 703.896.7419 o visite nuestra página web de la parroquia para ver la variedad de formas en que puede ayudar en olgcv.org/outreach/serve.



Mass Intentions 2024

Mass intentions for 2024 are now being accepted. Given the number of Masses celebrated at OLGC and the overwhelming requests for Mass intentions every year, each household is limited to **3 intentions** for Masses celebrated at OLGC. However, there are unlimited intentions for Masses celebrated by the Oblates at the DeSales Center Residence in Childs, MD. Mass intention request forms are

available online at olgcv.org/liturgy-worship/devotions/mass. In-person requests will be accepted in the Narthex during the Donut Social on Oct. 1

Requests will be accepted in the Parish Administration Office during business hours.

Requests will be handled on a first-come-first-served basis. For more information, please contact Maria Romero at 703.896.7419 or welcome@olgcv.org.

Senior Moments

Marge Van Lierde
Gitkagirl@gmail.com
571.831.3951



SEASONED CITIZENS' LUNCHEON

Thursday, October 19th will usher in another luncheon for OLGC seniors. Doors to De Sales Hall will open at Noon. "Fall Harvest" is the theme this month, and the menu will feature roasted pork loin, carrots, buttered noodles, apple walnut garden salad, rolls and butter, and apple crumb cake with whipped cream. That all sounds like a delicious Fall meal! Nan Cox will be working with the team this month, providing freshly-prepared food for your dining pleasure. There's no charge, but reservations are required, for planning purposes. Call Dagny, 703.281.5525 or e-mail seasonedcitizens@olgcv.org.

And while you're there, avail yourself of the Book Swap Table. If you have a recent book or two to donate, or a jigsaw puzzle, it would be appreciated (nothing else, please), and feel free to take home something new to read. Without your donations, this popular feature of the senior luncheons wouldn't be possible.

MEDICARE & YOU 2024

This official U.S. government Medicare handbook should be hitting your mailboxes very soon, if it hasn't already. This is an extremely helpful resource for understanding what's covered by Medicare and what's not. You'll find answers to a lot of questions in this handy booklet. The publication you'll get has special information for Virginia.

FIRST FRIDAY FLICKS

On October 6 you'll be able to enjoy a free movie at the Vienna

Community Center. The feature film is "In the Heat of the Night," a 1967 classic. There's a new 13' x 9' screen with specialized surround sound. Free popcorn will be available, or you can bring your own snacks. Show time is 2:00.



AGING IN PLACE

There's been high interest in this subject, an alternative to moving to an active retirement community. This free class will help you make your decision. With a host of new technologies, products, and services available, it's more viable for people to stay in their homes longer. This presentation focuses on such areas as home modification and services available to age in place. Jeff Wu will be the presenter. It'll be held at the Vienna Community Center on October 12 from 10-11 am. You may register via your WebTrac account for Activity #242486-A1 or call the Center, 703.255.6360.

MEDICARE OPEN SEASON ENROLLMENT

There are numerous dates that you can attend this event which will be held at the Vienna Community Center. It's an opportunity for a one-on-one discussion to learn more about Medicare options for Open Season, and it's an opportunity to enroll in a Medicare Advantage Plan for the first time, or to switch your current provider. You can also change your Part D (drug) plan.

Maddie Sharpe will be on site to assist in helping you make the appropriate choices. To be sure you get time with her on any of the dates

listed below, you can schedule an appointment by calling 703.923.0022 or you can come to the Center without an appointment (although you may have to wait). If you have questions about Medicare Open Season that you would like to have answered prior to the special enrollment dates listed below, you can call 703.924.0022.

Dates for this event are:

October 17 at 9 am,
October 25 at 10 am,
November 2 at 9 am,
November 14 at 10 am,
November 21 at 10 am,
November 29 at 10 am, and
December 5 at 9 am.

UNDERSTANDING LONG COVID

Vienna Parks & Recreation is offering this course where you'll learn about some of the common symptoms of long COVID. The impact of COVID on certain parts of your body's cells—the mitochondria—will be discussed, along with some nutritional strategies to help your body cope with this impact. Research into this problem by Vienna Chiropractic Associates will be summarized. Plenty of time will be allowed for questions and answers. This is a free class for mature adults that will be held on October 10 from 10-11 am at the Vienna Community Center. Register using your WebTrac account for Activity #241334-A1 or call the Center 703.255.6360 to let them know you'll be there, for planning purposes.

Elder Wisdom

As I've grown older, I've learned that pleasing everyone is impossible, but annoying everyone is a piece of cake!



DIOCESAN & COMMUNITY NEWS

October is Respect Life Month

Join the Nation—Pray the Rosary at 4:00 pm Saturday October 7th

The 8th Annual Rosary Coast to Coast (rosarycoasttocoast.com) will celebrate the Feast of the Battle of Lepanto, starting with Mass at 9:30 AM at St. Peters on Capitol Hill. They will proceed with Benediction and Adoration until 12:30 pm when the National Eucharistic Procession

will proceed from St. Peters to the US Supreme Court, Join with the Men's March at 1:00 pm and continue to the West Front of the U.S. Capitol for the National Rosary Rally. Join us at 4:00 pm to say the Rosary simultaneously at 1200+ sites across the USA.

www.TheMensMarch.com will begin with Mass at 9:30 am at St. Peters. They will rally at Planned Parenthood National HQ, 1225 4th St NE at 11:00 am. Then march to the US Supreme Court for prayers and speeches. Noon - 1:00 pm.

Fr. Richard Heilman, US Grace Force, will have a collection of 20 relics on display.



31st International Week of Prayer and Fasting

The 31st International Week of Prayer and Fasting coalition, in collaboration with the Legion of Mary, Marian Fathers, and others are asking members of parishes to unite for nine days of prayer and fasting from October 20-28, 2023.

The closing day of the International Week of Prayer and Fasting will be held in-person on Saturday, October 28, from 8:30am to 4:00pm at the Basilica of the Shrine of the Immaculate Conception in Washington, DC, with Eucharistic Adoration, Mass at 12 noon, the Rosary, and guest speakers throughout the day.

The week will begin with a Virtual Conference starting on October 20, 21, & 23.

Registration is required for the Virtual Conference, and watch **FREE on Day of Presentation** at www.iwopf.org or call 888.478.PRAY.

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National Preparedness Month

Upcoming Diocesan Events

Visit arlingtondiocese.org/all-events for details

Theology on Tap with Bishop Burbidge
Monday, October 2 | 6:30pm

Holy Hour for Healing
Thursday, October 5 | 7:00pm

Retreat for Persons Facing Serious Illness
Friday, October 6 | 1:30pm

Marian Art and Concert Series featuring Chrissy Curtis
Friday, October 6 | 7:00pm

Pilgrimage to Emmitsburg
Saturday, October 7 | 8:00am

Mass for People with Disabilities
Sunday, October 8 | 10:30am

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St. Paul VI Catholic High School, Chantilly, VA invites families to learn more about our caring, Catholic community where we inspire the extraordinary in one another. Visit our website www.paulvi.net/admissions to learn more. Save the date for our fall Open House on Sunday, October 22, 2023 from 1 - 3 p.m. There is bus service to and from OLGC to PVI every school day. Reach out to our Enrollment Management team at admissions@paulvi.net with any questions you may have.

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