OCTOBER

XLunch

Pre-School & Headstart Menu

<u>Menus subject to change due to unforeseen circumstances</u> Check our Facebook page or Website for any changes.

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
WG Breaded Popcorn Chicken ½ cup Sweet Glazed Carrots ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk	2	BBQ Sandwich on WGR Bun White Beans ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk	3	Cheeseburger Mac & Cheese 4 ½ cup Green Beans ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk	ŀ	WG Cheese Pizza ½ cup Corn ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk	5	Scrambled Eggs, Biscuit Chicken Sausage ½ cup Tater Tots ½ cup Fruit 1 cup 1% Sweet Acidophilus Mil	6 Ik
	9		10	1	11		12		13
				FALL BREA	K				
WG Breaded Chicken & Waffle ½ cup Mashed Potatoes ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk	16	Hamburger on WGR Bun ½ cup French Fries ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk	17	Cheesy Grilled Cheese ½ Cup Broccoli & Cheese	18	WG Cheese Pizza ½ cup Corn	19	Breaded Chicken Sandwich on	20
			½ cup Fruit 1 cup 1% Sweet Acidophilus Milk		½ cup Fruit 1 cup 1% Sweet Acidophilus Milk		WGR Bun ½ cup Baked Beans ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk		
Mandarin Orange Chicken & Rice ½ cup Steamed Carrots ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk	23	Totally Taco Meat w/Chips ½ cup Pinto Beans ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk	24	Cheesy Grilled Cheese ½ cup Fresh Broccoli w/Ranch ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk	25	WG Cheese Pizza Corn ½ cup Corn ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk	26	Meatball Sub	27
								½ cup French Fries ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk	
WG Breaded Popcorn Chicken ½ cup Baked Beans ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk	30	Turkey Sandwich on WGR Bread ½ cup Celery Sticks w/Ranch ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk	31						

SCHOOL "THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER"