

# OCTOBER



## Pre-School & HeadStart

Menus subject to change due to unforeseen circumstances  
Check our Facebook page or Website for any changes.

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
WG Waffle ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk <b>2</b>	Chicken Sausage on WG Croissant ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk <b>3</b>	Cinnamon Toast Cereal ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk <b>4</b>	WG Blueberry Muffin ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk <b>5</b>	WG Breaded Steak on Biscuit ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk <b>6</b>
<b>9</b>	<b>10</b>	<b>11</b>	<b>12</b>	<b>13</b>
<b>FALL BREAK</b>				
Cinnamon Toast Cereal ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk <b>16</b>	Sausage, Egg & Cheese Burrito ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk <b>17</b>	Mini Maple Pancakes ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk <b>18</b>	WG Blueberry Muffin ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk <b>19</b>	WG Breaded Steak on Biscuit ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk <b>20</b>
WG Waffle ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk <b>23</b>	Chicken Sausage on WG Croissant ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk <b>24</b>	Cinnamon Toast Cereal ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk <b>25</b>	WG Blueberry Muffin ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk <b>26</b>	WG Breaded Chicken on Biscuit ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk <b>27</b>
WG Waffle ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk <b>30</b>	Chicken Sausage on WG Croissant ½ cup Fruit 1 cup 1% Sweet Acidophilus Milk <b>31</b>			



**“THIS INSTITUTION IS AN EQUAL OPPORTUNITY PROVIDER”**